

# DEEPIKA DHIMAN

**Working in the Income Tax Department, Delhi (Ministry of Finance) Govt. of India**

**Rajiv Gandhi State Sports Awardee** (Awarded in 2015 by the Government of NCT of Delhi).

**4-Time USA Open Gold Medallist** (Achieved Gold in 2015, 2018, 2019, and 2022).

**6-Time Consecutive Commonwealth Medallist** (Won Gold, Silver and Bronze medals from 2011 to the present.)

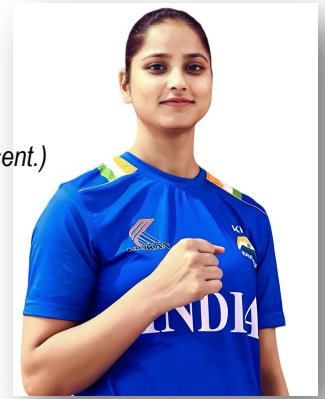
**5-Times Consecutive South Asian (SAF) Gold/Silver/Bronze Medallist** since from 2014 till date

**2-Times Consecutive Style Open Asian Gold/Silver Medallist** Seikokai Open Asian Championship

**15-Times Consecutive Official National Gold/Silver/Bronze Medallist** since from 2005 till date

**16-Times Consecutive Official State Gold Medallist** since from 2004 till date

**Coach** from World Karate Federation (WKF) & WKF National Federation (WKF-NF)



With due respect, I would like to inform you about my recent achievements as an athlete in an international event. I participated in the Commonwealth Karate Championship 2024, held in Durban from 27th November to 1st December 2024. During this prestigious championship, I secured 1st, 2nd, and 3rd places, winning Gold, Silver, and Bronze Medals.

I am proud to say that I am the only karate athlete from Delhi to receive the Rajiv Gandhi Sports State Award in 2015 from the Government of the National Capital Territory of Delhi. This prestigious recognition was bestowed upon me for my extraordinary performance in national and international competitions.

I am particularly proud to be the only female karate player from India, as well as South Asia and Asia, to have won medals in the Commonwealth Karate Championship across both Senior and Junior event categories for six consecutive editions (2011, 2013, 2015, 2018, 2022, and 2024). Additionally, I am the sole female karateka from India and South Asia to have achieved Gold Medals at the USA Open on four occasions (2015, 2018, 2019, and 2022).

Currently, I hold the distinction of being a 5-time consecutive SAF Medalist at the South Asian Karate Do Federation Championship, a record I have maintained since 2014. I am also a 2-time consecutive Style Asian Medalist in the Open Event. My dedication to the sport is further demonstrated by my 15-time consecutive Official National Medals awarded by the National Sports Federation in Karate (since 2009) and my status as a 16-time consecutive Official State Champion (since 2009).

In terms of qualifications, I am certified as a Kata & Kumite Coach by both the World Karate Federation (WKF) and the WKF-National Federation (WKF-NF). Additionally, I hold a Black Belt 4th Dan/Degree from several esteemed organizations, including those in Japan, Canada, the WKF, Seiko Kai International, Xtreme Martial Arts India (XMA Academy India), and the WKF-National Federation.

With 16 years of experience as a trained professional martial artist, I have consistently excelled at international, national, and state levels. I have attended seminars conducted by world grandmasters and am deeply committed to promoting the art of karate, especially among girls and women. I continue to train under the guidance of respected international instructors, striving for excellence while sharing my passion for karate with others.

It has been a privilege to represent the Indian Karate Team (Cadet, Junior & Senior) in various prestigious competitions, including the WKF World Championship, AKF Asian Championship, CKF Commonwealth Championship, and SAKF South Asian Championship. Additionally, I have actively participated in numerous international Open and Invitational tournaments since 2010-11.

Further, Detail of my all achievements is tabled as under: -

## PROFESSIONAL QUALIFICATION in KARATE

- ❖ **Black Belt 4th Dan / Degree from World Karate Federation (WKF)**  
WKF -Recognized by: International Olympic Committee - IOC
- ❖ **Black Belt 4th Dan / Degree from WKF-National Federation (NF)**  
NF -Recognized and Affiliated with World Karate Federation, Asian Karate Federation and Commonwealth Karate Federation.
- ❖ **Black Belt 4th Dan / Degree from JAPAN/CANADA**  
Sato Ha Shito Ryu Kokusai Rengo/Sato Ha Shito Ryu International Federation
- ❖ **Black Belt 4th Dan / Degree from Seiko Kai Karate India**  
Affiliated with Karate India Organisation (KIO).
- ❖ **International Official Acc. Certified Kata and Kumite Coach from World Karate Federation (WKF)**  
WKF -Recognized by: International Olympic Committee – IOC.
- ❖ **International Official Certified Kata and Kumite Coach from WKF-National Federation**  
NF -Recognized and Affiliated with World Karate Federation, Asian Karate Federation and Commonwealth Karate Federation.

## INTERNATIONAL EVENTS

### **(World, Asian, Commonwealth, South Asian and Other Internationally Recognized Competitions)**

I am proud to share that I have represented India on the international stage, securing a total of 38 medals (Gold, Silver, and Bronze) since the 2010-11 season. My achievements span various prestigious competitions, including official events such as the Asian Championships, Commonwealth Championships, South Asian Championships, USA Open, Youth World Cup/League, and Invitational/Style International Championships. These events have been organized, sanctioned, hosted, and supported by esteemed bodies such as the World Karate Federation (WKF), Asian Karate Federation (AKF), Commonwealth Karate Federation (CKF), South Asian Karate Federation (SAKF), as well as various National Federations (NF), National Olympic Committees (NOC), and the Ministry of Sports of the respective countries. I have participated in these competitions continuously for the past 15 years, since 2010-11, without any breaks, demonstrating my commitment and dedication to the sport.

<b>Sl. No.</b>	<b>Results/Rank Positions</b>	<b>Tournament / Event Name</b>	<b>Organiser/Host/Supported</b>	<b>Date &amp; City (Country)</b>	<b>Country/Team (Participation)</b>
1.	<b>1 Gold, 1 Silver &amp; 1 Bronze Medals</b>	11th Commonwealth Karate Championship / Commonwealth Karate Federation Club Championship 2024	Sanctioned by Commonwealth Sport, Commonwealth Game Federation (CGF)/Commonwealth Karate Federation (CKF)/ National Federation (NF) & Ministry of Sports of respective country.	27 <sup>th</sup> November to 2 <sup>nd</sup> December 2024 at Durban (South Africa)	Over 250 athletes in elite & 505 athletes in Club from more than 18 countries
2.	<b>5<sup>th</sup> Position</b>	20 <sup>th</sup> Senior Asian Karate Championship 2024	Asian Karate Federation / National Federation (NF) & Ministry of Sports of respective country.	16 <sup>th</sup> to 24 <sup>th</sup> September 2024 at Hangzhou (China)	Total 355 athletes from 30 countries
3.	<b>1 Silver &amp; 1 Bronze Medals</b>	8 <sup>th</sup> SAF South Asian Karate Federation Championship 2024	South Asian Karate Federation / National Federation (NF) & Ministry of Sports of respective country.	13 <sup>th</sup> to 21 <sup>st</sup> July 2024 at Thimphu, Bhutan	Total 300 athletes from 4 countries
4.	<b>Gold Medal</b>	UAE Open International Karate Championship 2024	World Karate Federation / National Federation (NF) & Ministry of Sports of respective country.	18 <sup>th</sup> to 20 <sup>th</sup> February 2024 at Fujairah (UAE)	Total Above 500 athletes from 40 countries
5.	<b>2 Silver &amp; 1 Bronze medals</b>	7 <sup>th</sup> SAF South Asian Karate Federation Championship 2023	South Asian Karate Federation / National Federation (NF) & Ministry of Sports of respective country.	27 <sup>th</sup> November to 4 <sup>th</sup> Dec. 2023 at Kathmandu (Nepal)	Total 248 athletes from 6 countries
6.	<b>Participated World Rank 64</b>	26 <sup>th</sup> Senior World Karate Championship 2023	World Karate Federation / National Federation (NF) & Ministry of Sports of respective country.	19 <sup>th</sup> to 31 <sup>st</sup> October 2023 at Budapest (Hungary)	Total 1049 athletes from 103 countries
7.	<b>9<sup>th</sup> Position</b>	19 <sup>th</sup> Senior Asian Karate Championship 2023	Asian Karate Federation / National Federation (NF) & Ministry of Sports of respective country	18 <sup>th</sup> to 24 <sup>th</sup> July 2023 at Melaka (Malaysia)	Total 388 athletes from 31 countries
8.	<b>Participation</b>	World Karate Federation (WKF) Karate 1 Premier League 2023	World Karate Federation / National Federation (NF) & Ministry of Sports of respective country	12 <sup>th</sup> to 14 <sup>th</sup> May 2023 at Rabat, (Morocco)	Total 370 athletes from 56 countries
9.	<b>Participation</b>	World Karate Federation (WKF) Karate 1 Series A Athens 2023	World Karate Federation / National Federation (NF) & Ministry of Sports of respective country	13 <sup>th</sup> to 15 <sup>th</sup> January 2023 at Athens (Greece)	Total 1110 athletes from 73 countries

10.	<b>7<sup>th</sup> Position</b>	18 <sup>th</sup> Senior Asian Karate Championship 2022	Asian Karate Federation / National Federation (NF) & Ministry of Sports of respective country	16 <sup>th</sup> to 20 <sup>th</sup> December 2022 at Tashkent (Uzbekistan)	Around 700 athletes from 28 countries
11.	<b>1 Gold &amp; 1 Silver Medals</b>	6 <sup>th</sup> SAF South Asian Karate Federation Championship 2022	South Asian Karate Do Federation / National Federation (NF) & Ministry of Sports of respective country	27 <sup>th</sup> to 28 <sup>th</sup> November 2022 at Colombo (Sri Lanka)	Total 198 athletes from 5 countries
12.	<b>Participation</b>	World Karate Federation (WKF) Karate 1 Series A Jakarta 2022	National Federation (NF) & Ministry of Sports of respective country	18 <sup>th</sup> to 20 <sup>th</sup> November 2022 at Jakarta (Indonesia)	Around 600 athletes from 65 countries
13.	<b>Participation</b>	World Karate Federation (WKF) Karate 1 Series A Kocaeli 2022	National Federation (NF) & Ministry of Sports of respective country	22 <sup>nd</sup> to 24 <sup>th</sup> September 2022 at Kocaeli (Turkey)	Around 1000 athletes from 75 countries
14.	<b>2 Silver &amp; 1 Bronze Medals</b>	10 <sup>th</sup> Commonwealth Karate Championship / Commonwealth Karate Federation Club Championship 2022	Sanctioned by Commonwealth Sport, Commonwealth Game Federation (CGF) / Commonwealth Karate Federation (CKF)/ National Federation (NF) & Ministry of Sports of respective country	7 <sup>th</sup> to 11 <sup>th</sup> September 2022 at Birmingham (UK)	Around 500 athletes in elite & 1400 athletes in Club from 21 countries
15.	<b>Participation</b>	World Karate Federation (WKF) Karate 1 Series A Cairo 2022	World Karate Federation / National Federation (NF) & Ministry of Sports of respective country	10 <sup>th</sup> to 12 <sup>th</sup> June 2022 at Cairo (Egypt)	Around 900 athletes from 69 countries
16.	<b>1 Gold, 1 Silver &amp; 1 Bronze Medals</b>	USA OPEN 2022 (International Championship)	USA National Karate Federation under the USA Olympic Committee	14 <sup>th</sup> to 17 <sup>th</sup> April 2022 at Las Vegas (USA)	Around 3000 athletes from 100 countries
17.	<b>7<sup>th</sup> &amp; 15<sup>th</sup> Position</b>	18 <sup>th</sup> Senior Asian Karate Championship 2021	Asian Karate Federation / National Federation (NF) & Ministry of Sports of respective country	16 <sup>th</sup> to 23 <sup>rd</sup> December 2021 at Almaty, (Kazakhstan)	Total 751 athletes from 28 countries
18.	<b>Participation</b>	25 <sup>th</sup> Senior World Karate Championship 2021	World Karate Federation / National Federation (NF) & Ministry of Sports of respective country y	16 <sup>th</sup> to 22 <sup>nd</sup> November 2022 at Dubai UAE	Total 982 athletes from 105 countries
19.	<b>Participation</b> I am the only female player from India as well as from entire south asian countries who qualified to participated and Only 64 athletes out of World's top 200 Ranking players were shortlisted.	WKF Karate 1 Premier League Tournament 2021  (Qualification for Olympic Games Tokyo Standings)	World Karate Federation / National Federation (NF) & Ministry of Sports of respective country	11 to 14 March 2021 at Istanbul (Turkey)	Around 600 athletes from 72 countries.
20.	<b>9<sup>th</sup> Position</b>	World Karate Federation (WKF) Karate 1 Series A Santiago 2020 and qualified for 2020 Olympic Games Tokyo Standings	World Karate Federation / National Federation (NF) & Ministry of Sports of respective country.	From 7 <sup>th</sup> to 15 <sup>th</sup> January 2020 at Santiago (Chile)	Total 412 athletes from 56 countries



21.	<b>5<sup>th</sup> Position.</b>	Sharjah Open International Karate Championship 2019	Sharjah/UAE Karate Federation/ National Federation (NF) & Ministry of Sports of respective country.	From 15 <sup>th</sup> to 17 <sup>th</sup> November 2019 at Sharjah, UAE	Over 1000 athletes from more than 50 countries
22.	<b>1 Silver &amp; 2 Bronze Medals</b>	5 <sup>th</sup> SAF South Asian Karate Federation Championship 2019	South Asian Karate Do Federation / National Federation (NF) & Ministry of Sports of respective country.	From 7 <sup>th</sup> to 9 <sup>th</sup> November 2019 at Dhaka, Bangladesh	Total 198 athletes from 6 countries
23.	<b>9<sup>th</sup> Positions</b>	16 <sup>th</sup> Senior Asian Karate Championship 2019	Asian Karate Federation / National Federation (NF) & Ministry of Sports of respective country.	15 <sup>th</sup> to 22 <sup>nd</sup> July 2019 at Tashkent, (Uzbekistan)	Total 377 athletes from 31 countries
24.	<b>Participated</b>	World Karate Federation (WKF) Karate 1 Series A Championship Istanbul and Qualified for 2020 Olympic Games Tokyo Standings	World Karate Federation / National Federation (NF) & Ministry of Sports of respective country.	13 <sup>th</sup> to 21 <sup>st</sup> May 2019 at Istanbul, Turkey	Total 1749 athletes from 101 countries
25.	<b>Gold Medals</b>	USA OPEN 2019 (International Championship)	USA National Karate Federation under the USA Olympic Committee	17 <sup>th</sup> to 22 <sup>nd</sup> April 2019 at Las Vegas (USA)	Over 3000 athletes from More than 100 countries
26.	<b>Participated</b>	World Karate Federation (WKF) Karate 1 Series A Championship Salzburg 2019 and qualified for 2020 Olympic Games Tokyo Standings	World Karate Federation / National Federation (NF) & Ministry of Sports of respective country.	28 <sup>th</sup> Feb. to 3 <sup>rd</sup> March 2019 at Salzburg, Austria	Total 1805 athletes from 98 countries
27.	<b>Participated</b>	World Karate Federation (WKF) Karate 1 Series A Championship Shanghai and Qualified for 2020 Olympic Games Tokyo Standings	World Karate Federation / National Federation (NF) & Ministry of Sports of respective country.	From 6 <sup>th</sup> to 9 <sup>th</sup> December 2018 at Shanghai, China	Over 1100 athletes from More than 80 countries
28.	<b>1 Silver &amp; 1 Bronze Medals</b>	9 <sup>th</sup> Commonwealth Karate Championship / Commonwealth Karate Federation Club Championship 2018	Commonwealth Karate Federation (CKF)/ National Federation (NF) & Ministry of Sports of respective country.	29 <sup>th</sup> November to 2 <sup>nd</sup> December 2018	Over 500 athletes in elite & 1000 athletes in Club from more than 20 countries
29.	<b>Participated</b>	24 <sup>th</sup> Senior World Karate Championship 2018	World Karate Federation / National Federation (NF) & Ministry of Sports of respective country.	From 5 <sup>th</sup> to 11 <sup>th</sup> November 2018 at Madrid, Spain	Total 1114 athletes from 131 countries
30.	<b>Participated</b>	World Karate Federation (WKF) Karate 1 Series A Championship Santiago and Qualified for 2020 Olympic Games Tokyo Standings	World Karate Federation / National Federation (NF) & Ministry of Sports of respective country.	18 <sup>th</sup> to 25 <sup>th</sup> September 2018 at Santiago, Chile	Total 855 athletes from 69 countries
31.	<b>2 Gold Medals</b>	USA OPEN 2018 (International Championship)	USA National Karate Federation under the USA Olympic Committee	30 <sup>th</sup> March to 2 <sup>nd</sup> April 2018 at Las Vegas (USA)	Over 3000 athletes from 100 countries
32.	<b>Participated</b>	23 <sup>rd</sup> Senior World Karate Championship 2016	World Karate Federation / National Federation (NF) & Ministry of Sports of respective country.	24 <sup>th</sup> to 30 <sup>th</sup> October 2016 at Linz, Austria	Total 1049 athletes from 110 countries
33.	<b>1 Gold Medals</b>	Independence Cup International Karate Championship 2016	Organized by Shito Ryu Seiko Kai Karate Do India	12 <sup>th</sup> August to 14 <sup>th</sup> August 2016 at Talkatora Indoor	Over 2000 athletes from 500 Club/Team

				Stadium, Delhi India	
34.	<b>Participated</b>	<i>"Karate Premier League "K1" World Karate Championship 2016"</i>	<i>World Karate Federation / National Federation (NF) &amp; Ministry of Sports of respective country.</i>	<i>9<sup>th</sup> to 10<sup>th</sup> April 2016 at Dubai, UAE</i>	<i>Total 504 athletes from 55 countries</i>
35.	<b>Silver Medal</b>	<i>8<sup>th</sup> Commonwealth Karate Championship 2015</i>	<i>Commonwealth Karate Federation (CKF)/ National Federation (NF) &amp; Ministry of Sports of respective country.</i>	<i>18<sup>th</sup> to 20<sup>th</sup> September 2015 at Talkatora Indoor Stadium New Delhi</i>	<i>Total 541 athletes from 8 countries</i>
36.	<b>2 Gold Medal</b>	<i>USA OPEN 2015 (International Championship)</i>	<i>USA National Karate Federation under the USA Olympic Committee</i>	<i>1<sup>st</sup> to 5<sup>th</sup> April 2015 at Las Vegas (USA)</i>	<i>Over 3000 athletes from 100 countries</i>
37.	<b>1 Gold &amp; 1 Silver Medals</b>	<i>2<sup>nd</sup> SAF South Asian Karate Federation Championship 2014</i>	<i>South Asian Karate Do Federation / National Federation (NF) &amp; Ministry of Sports of respective country.</i>	<i>June 2014 at New Delhi India</i>	<i>Over 190 athletes from 5 countries</i>
38.	<b>Participated</b>	<i>8<sup>th</sup> Cadet, Junior &amp; U-21 World Karate Championship 2013</i>	<i>World Karate Federation (WKF) / National Federation (NF) &amp; Ministry of Sports of respective country.</i>	<i>7<sup>th</sup> to 10<sup>th</sup> November 2013 at Guadalajara, Spain</i>	<i>Over 1000 athletes from More than 100 countries</i>
39.	<b>1 Silver &amp; 1 Bronze Medals</b>	<i>7<sup>th</sup> Commonwealth Karate Championship / Commonwealth Karate Federation Club Championship 2013</i>	<i>Commonwealth Karate Federation (CKF)/ National Federation (NF) &amp; Ministry of Sports of respective country.</i>	<i>11<sup>th</sup> to 13<sup>th</sup> October 2013 at Montreal, Canada</i>	<i>Over 500 athletes in elite &amp; 1000 athletes in Club from more than 10 countries</i>
40.	<b>2 Silver Medals</b>	<i>3<sup>rd</sup> Asia Cup (SSKI) Karate Do Championship 2013</i>	<i>Organised By Shito Ryu Seiko Kai Karate India</i>	<i>3<sup>rd</sup> May to 5<sup>th</sup> May 2013 at Talkatora Indoor Stadium, New Delhi</i>	<i>Over 500 athletes from more than 15 countries</i>
41.	<b>Participated</b>	<i>21<sup>st</sup> Senior World Karate Championship 2012</i>	<i>World Karate Federation / National Federation (NF) &amp; Ministry of Sports of respective country.</i>	<i>19<sup>th</sup> to 23<sup>rd</sup> November 2012 at Paris (France)</i>	<i>Over 1000 athletes from 100 countries</i>
42.	<b>Participated</b>	<i>7<sup>th</sup> World Cadet, Junior &amp; 2<sup>ND</sup> Under 21 Year World Championship 2011</i>	<i>World Karate Federation / National Federation (NF) &amp; Ministry of Sports of respective country.</i>	<i>11<sup>th</sup> to 17<sup>th</sup> October 2011 at Malacca, Malaysia</i>	<i>Total 1099 athletes from 75 countries</i>
43.	<b>2 Gold Medals</b>	<i>International Karate Championship 2012</i>	<i>Shito Ryu Seiko Kai Karate Do India (Gujarat)</i>	<i>From 21<sup>st</sup> to 22<sup>nd</sup> December 2012 at Talkatora Indoor Stadium, Delhi</i>	<i>Over 500 athletes from more than 100 Club/Team.</i>
44.	<b>Silver Medal</b>	<i>Malaysian Tamilnadu Singapore - Indian Youth Games 2011</i>	<i>Organised By the Malaysian Indian Congress (MIC)</i>	<i>26 to 28 August 2011 at, Subang Jaya Malaysia</i>	<i>Over 1000 athletes from all other Sports</i>
45.	<b>Bronze Medal</b>	<i>6<sup>th</sup> Commonwealth Karate Championship / Commonwealth Karate Federation Club Championship 2011</i>	<i>Commonwealth Karate Federation / National Federation (NF) &amp; Ministry of Sports of respective country.</i>	<i>From 30<sup>th</sup> to 31<sup>st</sup> of July 2011 at Sydney, Australia</i>	<i>Over 800 athletes from more than 12 countries</i>
46.	<b>1 Gold &amp; 1 Silver Medals</b>	<i>Malaysian Indian &amp; Tamilnadu Youth Games 2010</i>	<i>Organised By the Malaysian Indian Congress (MIC)</i>	<i>28<sup>th</sup> 2010 to 31<sup>st</sup> October 2010 at AIMST University, Kedah, Malaysia</i>	<i>Over 1000 athletes from all other Sports</i>

## NATIONAL & ZONAL EVENTS

*I am proud to have secured a total of 69 medals (Gold, Silver, and Bronze) since 2009 in various competitions, including Official National Federation Nationals, Zonal Championships, and Invitational Style National Championships. This achievement reflects my dedication to karate. Notably, I have earned 39 of these medals in 15 consecutive tournaments officially recognized by the World Karate Federation (WKF), Asian Karate Federation (AKF), Commonwealth Karate Federation (CKF) and South Asian Karate Federation (SAKF) I have participated in these events continuously for the past 16 years, since 2009, without any breaks.*

Sl. No.	Results/Rank Positions	Tournament/Event Name	Organiser/Host/Supported	Date & City (State)	State/Team (Participation)
1.	<b>1 Gold, 1 Silver &amp; 1 Bronze Medals</b> It my 15 <sup>th</sup> times consecutively (Gold/Silver/Bronze) medal and this is my 39 <sup>th</sup> Medals in World Karate Federation (WKF) and Asian Karate Federation (AKF) Affiliated and Recognised Official National Championship	<b>"Official Nationals"</b> All India Karate Championship 2024	Karate India Organization (KIO) / State Association/Body & Olympic/Government of Respective State	From 9 <sup>th</sup> to 12 <sup>th</sup> May 2024 at Multipurpose Hall, Parade Ground, Dehradun (Uttarakhand)	Over 1200 athletes from 34 State/UT Team.
2.	<b>1 Gold &amp; 1 Silver Medals</b>	<b>"All India Inter-Zonal"</b> 2 <sup>nd</sup> All India Inter-Zonal Karate Championship 2023	Karate India Organization (KIO) / North India karate Association (NIKA) / Karate Association of Delhi (KAD)	From 18 <sup>th</sup> to 19 <sup>th</sup> November 2023 at Talkatora Indoor Stadium, New Delhi	Over 500 athletes from 34 State/UT Team.
3.	<b>2 Gold Medals</b>	<b>"North Zonal"</b> 3 <sup>rd</sup> North India Zone Karate Championship 2023	North India Karate Association (NIKA) / Karate Association of Delhi (KAD)	From 16 <sup>th</sup> to 17 <sup>th</sup> November 2023 at Talkatora Indoor Stadium, New Delhi	Over 1000 athletes from 8 State/UT Team.
4.	<b>Gold Medal</b>	<b>"Official Nationals"</b> All India Team Karate Championship 2023	Karate India Organization (KIO) / State Association/Body & Olympic/Government of Respective State	From 23 <sup>rd</sup> to 24 <sup>th</sup> September 2023 at Multipurpose Hall, Parade Ground, Dehradun (Uttarakhand)	Over 500 athletes from 34 State/UT Team.
5.	<b>1 Gold &amp; 1 Silver Medals</b>	<b>"Official Nationals"</b> All India Karate Championship 2023 (Senior and U -21 Years)	Karate India Organization (KIO) / Official State Association	From 17 <sup>th</sup> to 19 <sup>th</sup> February 2023 at Multipurpose Hall, Parade Ground, Dehradun (Uttarakhand)	Over 800 athletes from 34 State/UT Team.
6.	<b>Silver Medal</b>	<b>"All India Inter-Zonal"</b> All India Karate Championship 2022	Karate India Organization (KIO) / North India karate Association (NIKA) / Karate Association of Delhi (KAD)	On 2 <sup>nd</sup> December 2022 at Talkatora Indoor Stadium, New Delhi	Over 500 athletes from 34 State/UT Team.
7.	<b>2 Gold Medals</b>	<b>"North Zonal"</b> 2 <sup>nd</sup> North India Zone Karate Championship 2022	North India Karate Association (NIKA) / Karate Association of Delhi (KAD)	On 1 <sup>st</sup> December 2022 at Janak Puri, Delhi	Over 1000 athletes from 8 State/UT Team.
8.	<b>1 Gold Medal</b>	<b>"Official Nationals"</b>	Karate India Organization (KIO) /	From 17 <sup>th</sup> to 19 <sup>th</sup> June at Balewadi	Over 2000 athletes from



		<i>All India Karate Championship 2022</i>	<i>Official State Association Respective State</i>	<i>Stadium Pune, Maharashtra 2022</i>	<i>34 State/UT Team.</i>
9.	<b>2 Gold, 1 Silver &amp; 1 Bronze Medals</b>	<b>“Official Nationals”</b> <i>Senior National Karate Championship 2019</i>	<i>Karate Association of India (KAI) / State Association/Body &amp; Olympic/Government of Respective State</i>	<i>From 10<sup>th</sup> to 12<sup>th</sup> June 2019 at New Delhi</i>	<i>Over 1000 athletes from 34 State/UT Team.</i>
10.	<b>2 Bronze Medals</b>	<b>“Official Nationals”</b> <i>Senior National Karate Championship 2018</i>	<i>Karate Association of India (KAI) / State Association/Body &amp; Olympic/Government of Respective State</i>	<i>From 13<sup>th</sup> to 14<sup>th</sup> Jan. 2018 at Kolkata, West Bengal</i>	<i>Over 1000 athletes from 34 State/UT Team.</i>
11.	<b>2 Bronze Medals</b>	<b>“Official Nationals”</b> <i>Senior National Karate Championship 2017</i>	<i>Karate Association of India (KAI) / State Association/Body &amp; Olympic/Government of Respective State</i>	<i>On 26<sup>th</sup> February 2017 at Panaji, Goa</i>	<i>Over 1000 athletes from 34 State/UT Team.</i>
12.	<b>1 Gold &amp; 1 Silver Medals</b>	<i>Battle of Champion Karate Championship 2016</i>	<i>Style Organisation</i>	<i>On 7<sup>th</sup> October 2016 at Balata, Punjab</i>	<i>Over 1000 athletes from 20 State/UT Team.</i>
13.	<b>2 Silver &amp; 1 Bronze Medals</b>	<b>“Official Nationals”</b> <i>Senior National Karate Championship 2016</i>	<i>Karate Association of India (KAI) / State Association/Body &amp; Olympic/Government of Respective State</i>	<i>From 11<sup>th</sup> to 14<sup>th</sup> February 2016 at Thiruvananthapuram, Kerala</i>	<i>Over 1000 athletes from 34 State/UT Team.</i>
14.	<b>1 Gold &amp; 1 Bronze Medals</b>	<i>Bangalore Open Karate Championship 2016</i>	<i>Shito Ryu Seiko Kai Karate Do India (Karnataka)</i>	<i>From 15<sup>th</sup> to 17<sup>th</sup> January 2016 at Bangalore, Karnataka</i>	<i>Over 2000 athletes from 34 State/UT Team.</i>
15.	<b>1 Silver Medals</b>	<b>“Official Nationals”</b> <i>Senior National Karate Championship 2015</i>	<i>Karate Association of India (KAI) / State Association/Body &amp; Olympic/Government of Respective State</i>	<i>From 18<sup>th</sup> to 20<sup>th</sup> February 2015 at Talkatora Indoor Stadium, Delhi.</i>	<i>Over 1000 athletes from 34 State/UT Team.</i>
16.	<b>1 Gold &amp; 1 Bronze Medals</b>	<b>“Federation Cup”</b> <i>KAI Open National Karate Championship 2014</i>	<i>Karate Association of India (KAI) / State Association/Body &amp; Olympic/Government of Respective State</i>	<i>From 16<sup>th</sup> to 18<sup>th</sup> December 2014 Talkatora Indoor Stadium, Delhi</i>	<i>Over 2500 athletes from 34 State/UT Team.</i>
17.	<b>2 Gold Medals</b>	<i>10<sup>th</sup> All India Independence Cup Karate Do Championship-2014</i>	<i>Shito Ryu Seiko Kai Karate Do India &amp; Bharat Karate Academy</i>	<i>From 16<sup>th</sup> to 17<sup>th</sup> August 2014 at Talkatora Indoor Stadium, Delhi</i>	<i>Over 2000 athletes from more the 200 Club/Team.</i>
18.	<b>2 Silver Medal</b>	<b>“Official Nationals”</b> <i>Cadet, Junior &amp; U-21 National Karate Championship 2014</i>	<i>Karate Association of India (KAI) / State Association/Body &amp; Olympic/Government of Respective State</i>	<i>May 2014 at Talkatora Indoor Stadium, Delhi</i>	<i>Over 1500 athletes from 34 State/UT Team.</i>
19.	<b>1 Silver &amp; 2 Bronze Medals</b>	<b>“Official Nationals”</b> <i>Senior National Karate Championship 2014</i>	<i>Karate Association of India (KAI) / State Association/Body &amp; Olympic/Government of Respective State</i>	<i>From 23<sup>rd</sup> to 26<sup>th</sup> January 2014 at Talkatora Indoor Stadium, Delhi</i>	<i>Over 1200 athletes from 34 State/UT Team.</i>
20.	<b>1 Gold &amp; 2 Bronze Medals</b>	<b>“Official Nationals”</b> <i>National Karate Championship 2013</i>	<i>Karate Association of India (KAI) / State Association/Body &amp; Olympic/Government of Respective State</i>	<i>From 11<sup>th</sup> to 13<sup>th</sup> September 2013 at Talkatora Indoor Stadium, Delhi</i>	<i>Over 1500 athletes from 30 State/UT Team.</i>
21.	<b>1 Gold &amp; 1 Silver Medals</b>	<i>9<sup>th</sup> Kotaka-Ha Cup International Karate Championship – 2013</i>	<i>International Karate Federation (IKFI)</i>	<i>From 27<sup>th</sup> to 28<sup>th</sup> April 2013 at Talkatora Indoor Stadium, Delhi</i>	<i>Over 1000 athletes from more than 150 Club/Team.</i>
22.	<b>1 Gold &amp; 1 Bronze Medals</b>	<b>“Federation Cup”</b>	<i>All India Karate Do Federation (AIKF) / State Association/Body &amp;</i>	<i>From 8<sup>th</sup> to 10<sup>th</sup> November 2012 at</i>	<i>Over 2500 athletes from</i>

		<i>1<sup>st</sup> AIKF Open National Karate Championship 2012</i>	<i>Olympic/Government of Respective State</i>	<i>Thiyagraj Stadium, Delhi</i>	<i>34 State/UT Team.</i>
23.	<b>Bronze Medals</b> (Selected for the Senior World Championship)	<b>“Official Nationals”</b> <i>25<sup>th</sup> AIKF Senior National Karate Championship 2012</i>	<i>All India Karate Do Federation (AIKF) / State Association/Body &amp; Olympic/Government of Respective State</i>	<i>From 27<sup>th</sup> to 28<sup>th</sup> August 2012 at Talkatora Indoor Stadium, Delhi</i>	<i>Over 1000 athletes from 34 State/UT Team.</i>
24.	<b>2 Gold Medals</b>	<i>International Seiko Kai Open Karate Championship 2012</i>	<i>International / National / State of Respective Style Association</i>	<i>From 27<sup>th</sup> to 29<sup>th</sup> 2012 at Vadodara Gujarat</i>	<i>Over 500 athletes from more than 100 Club/Team.</i>
25.	<b>2 Gold Medals</b>	<i>8<sup>th</sup> All India Independence Cup Karate Do Championship-2012</i>	<i>International / National / State of Respective Style Association</i>	<i>From 11<sup>th</sup> to 12<sup>th</sup> August 2012 at Haridwar, UK</i>	<i>Over 2500 athletes from more than 30 State and 300 Club/Team.</i>
26.	<b>Bronze Medal</b>	<b>“Official Nationals”</b> <i>24<sup>th</sup> AIKF Senior National Karate Championship 2011</i>	<i>All India Karate Do Federation (AIKF) / State Association/Body &amp; Olympic/Government of Respective State</i>	<i>From 19<sup>th</sup> to 20<sup>th</sup> De 2011 December at Talkatora Indoor Stadium, Delhi</i>	<i>Over 1200 athletes from 34 State/UT Team.</i>
27.	<b>4 Gold Medals</b>	<i>Maharaja Hari Singh Memorial National Karate Championship 2011</i>	<i>International / National / State of Respective Style Association</i>	<i>From 6<sup>th</sup> to 7<sup>th</sup> May 2011 at Jammu, J &amp; K</i>	<i>Over 1500 athletes from more than 100 Club/Team.</i>
28.	<b>Silver Medal</b>	<i>7<sup>th</sup> All India Kotaka-Ha Karate Tournament – 2011</i>	<i>International Karate Federation (IKFI)</i>	<i>From 29<sup>th</sup> to 30<sup>th</sup> April 2011 at Talkatora Indoor Stadium, Delhi</i>	<i>Over 1000 athletes from more than 100 Club/Team.</i>
29.	<b>Bronze Medal</b>	<i>Champion of Champions</i>	<i>International / National / State of Respective Style Association</i>	<i>From 11<sup>th</sup> to 12<sup>th</sup> March 2011 at Talkatora Indoor Stadium, New Delhi</i>	<i>Over 500 athletes from more than 30 State Team.</i>
30.	<b>2 Gold Medals</b>	<i>26<sup>th</sup> All India Karate Championship 2010</i>	<i>International / National / State of Respective Style Association</i>	<i>From 27<sup>th</sup> to 29<sup>th</sup> May 2010 at Manali, Himachal Pradesh</i>	<i>Over 1000 athletes from more than 300 Club/Team.</i>
31.	<b>2 Gold Medals</b>	<i>6<sup>th</sup> All India Seiko Kai Karate Championship 2010</i>	<i>International / National / State of Respective Style Association</i>	<i>at Kurukshetra, Haryana</i>	<i>Over 1500 athletes from more than 500 Club/Team.</i>
32.	<b>Bronze Medal</b>	<b>“Official Nationals”</b> <i>23<sup>rd</sup> AIKF Junior National Karate Championship 2009</i>	<i>All India Karate Do Federation (AIKF) / State Association/Body &amp; Olympic/Government of Respective State</i>	<i>From 27<sup>th</sup> to 29<sup>th</sup> December at Erode Tamilnadu</i>	<i>Over 1000 athletes from 34 State/UT Team.</i>
33.	<b>2 Gold Medals</b>	<i>1<sup>st</sup> Akshay Kumar Invitational National Karate Championship</i>	<i>International / National / State of Respective Style Association</i>	<i>From 18<sup>th</sup> to 21<sup>st</sup> October 2009 at Mumbai, Maharashtra</i>	<i>Over 3000 athletes from more than 30 State Team.</i>
34.	<b>2 Gold Medals</b>	<i>5<sup>th</sup> All India Seiko kai Karate Championship 2009</i>	<i>International / National / State of Respective Style Association</i>	<i>at Uttarakhand</i>	<i>Over 1500 athletes from more than 500 Club/Team.</i>



35.	<b>2 Gold Medals</b>	<i>5<sup>th</sup> All India Independence Cup Karate Do Championship-2009</i>	<i>International / National / State of Respective Style Association</i>	<i>From 4<sup>th</sup> to 5<sup>th</sup> October 2009 at Babu Samaj Kendra Delhi</i>	<i>Over 1500 athletes from more than 200 Club/Team.</i>
36.	<b>Gold Medal</b>	<i>All India Shito Ryu Seiko Kai Karate Do Championship – 2009</i>	<i>International / National / State of Respective Style Association</i>	<i>From 2<sup>nd</sup> to 3<sup>rd</sup> May 2009 at Babu Samaj Kendra New Delhi</i>	<i>Over 1000 athletes from more than 30 State and 100 Club/Team.</i>
37.	<b>Gold Medal</b>	<i>5<sup>th</sup> All India Kotaka-Ha Karate Tournament – 2009</i>	<i>International Karate Federation (IKFI)</i>	<i>From 25<sup>th</sup> to 26<sup>th</sup> April 2009 at Babu Samaj Sewa Kendra New Delhi</i>	<i>Over 1000 athletes from more than 100 Club/Team.</i>

## OFFICIAL STATE EVENTS

***I am proud to have secured a total of 45 Gold and 3 Silver medals over the last 16 years in official state games and championships in karate. I have won gold medals consecutively for 16 years in events recognized by the National Federation, State Olympic bodies, maintaining this achievement without any breaks since 2009.***

<b>Sl. No.</b>	<b>Results/Rank Positions</b>	<b>Tournament/Event Name</b>	<b>Organiser/Host/Supported</b>	<b>Date &amp; City (District)</b>
1.	<b>2 Gold Medals</b> <i>It's my 16<sup>th</sup> Consecutive Gold Medals in the National Federation and State Olympic Affiliated and Recognised Official State Championship since 2009 till date without any break</i>	Delhi State Karate Championship 2025	Karate Association of Delhi / State Govt./Olympic Affiliated Recognised Official State Association Championship	On 11 <sup>th</sup> January 2025 at Talkatora Indoor Stadium New Delhi
2.	<b>2 Gold Medals</b>	21 <sup>st</sup> Uttarakhand State Karate Championship 2024	Uttarakhand Karate Association and State Olympic Affiliated and Recognised Official State Association Championship	From 5 <sup>th</sup> to 7 <sup>th</sup> May 2014 at Multipurpose Hall Aamwala Tapovan, Dehradun, Uttarakhand
3.	<b>2 Gold Medals</b>	23 <sup>rd</sup> Delhi State Karate Championship	Karate Association of Delhi / State Govt./Olympic Affiliated Recognised Official State Association Championship	February 2023 at New Delhi
4.	<b>3 Gold Medal</b>	22 <sup>nd</sup> Delhi State Karate Championship	Karate Association of Delhi / State Govt./Olympic Affiliated Recognised Official State Association Championship	On 4 May 2022 at New Delhi
5.	<b>3 Gold Medal</b>	21 <sup>st</sup> Delhi State Karate Championship	Karate Association of Delhi / State Govt./Olympic Affiliated Recognised Official State Association Championship	September 2021 at New Delhi
6.	<b>3 Gold Medals</b>	20 <sup>th</sup> Delhi State Karate Championship	Karate Association of Delhi / State Govt./Olympic Affiliated Recognised Official State Association Championship	On 27 <sup>th</sup> January 2020 at New Delhi
7.	<b>3 Gold Medals</b>	19 <sup>th</sup> Delhi State Karate Championship	Karate Association of Delhi / State Govt./Olympic Affiliated	From 5 <sup>th</sup> to February 2019 at New Delhi

			<i>Recognised Official State Association Championship</i>	
8.	<b>3 Gold Medals</b>	18 <sup>th</sup> Delhi State Karate Championship	<i>Karate Association of Delhi / State Govt./Olympic Affiliated Recognised Official State Association Championship</i>	From 2 <sup>nd</sup> to 3 <sup>rd</sup> December 2017 at New Delhi
9.	<b>3 Gold Medals</b>	17 <sup>th</sup> Senior Delhi State Karate Do Championship -2017	<i>Karate Association of Delhi / State Govt./Olympic Affiliated Recognised Official State Association Championship</i>	From 21 <sup>st</sup> to 22 <sup>nd</sup> January 2017 at Delhi
10.	<b>3 Gold Medals</b>	16 <sup>th</sup> Senior Delhi State Karate Do Championship -2016	<i>Karate Association of Delhi / State Govt./Olympic Affiliated Recognised Official State Association Championship</i>	At Delhi
11.	<b>3 Gold Medals</b>	15 <sup>th</sup> Delhi State Senior Karate Championship 2015	<i>Karate Association of Delhi / State Govt./Olympic Affiliated Recognised Official State Association Championship</i>	On 20 <sup>th</sup> December 2015 at New Delhi
12.	<b>2 Gold Medals</b>	Delhi Olympic Games	<i>Delhi Olympic Association (DOA)</i>	From 23 <sup>rd</sup> October to 30 <sup>th</sup> October 2015 at New Delhi
13.	<b>3 Gold Medals</b>	14 <sup>th</sup> Delhi State Senior Karate Do Championship -2014	<i>Karate Association of Delhi / State Govt./Olympic Affiliated Recognised Official State Association Championship</i>	December at Delhi 2014
14.	<b>2 Gold Medals</b>	14 <sup>th</sup> Delhi State Cadet, Junior & U-21 Karate Do Championship -2014	<i>Karate Association of Delhi / State Govt./Olympic Affiliated Recognised Official State Association Championship</i>	May at Delhi 2014
15.	<b>2 Gold Medals</b>	13 <sup>th</sup> Delhi State Senior Karate Do Championship -2013	<i>Karate Association of Delhi / State Govt./Olympic Affiliated Recognised Official State Association Championship</i>	December at Delhi 2013
16.	<b>2 Gold Medals</b>	12 <sup>th</sup> Delhi State Karate Do Championship 2012	<i>Karate Association of Delhi / State Govt./Olympic Affiliated Recognised Official State Association Championship</i>	From 30 <sup>th</sup> to 31 <sup>st</sup> December 2012 at Delhi
17.	<b>2 Gold Medals</b>	11 <sup>th</sup> Delhi State Karate Do Championship	<i>Karate Association of Delhi / State Govt./Olympic Affiliated Recognised Official State Association Championship</i>	From 5 <sup>th</sup> to 6 <sup>th</sup> November 2011 at Delhi
18.	<b>1 Gold &amp; 2 Silver Medals</b>	10 <sup>th</sup> Delhi State Karate Do Championship -2010	<i>Karate Association of Delhi / State Govt./Olympic Affiliated Recognised Official State Association Championship</i>	On 2010 at Delhi
19.	<b>1 Gold Medals</b>	9 <sup>th</sup> Delhi State Karate Do Championship -2009	<i>Karate Association of Delhi / State Govt./Olympic Affiliated Recognised Official State Association Championship</i>	On 2009 at Delhi
20.	<b>Silver Medals</b>	8 <sup>th</sup> Delhi State Karate Do Championship -2008	<i>Karate Association of Delhi / State Govt./Olympic Affiliated Recognised Official State Association Championship</i>	On 2008 at Delhi

## As an COACH in WORLD EVENTS

I have had the privilege of serving as a Team Coach for the Indian Karate Team (Cadet, Junior, and U-21) during the Youth World Cup/League in 2024, after receiving my license from the World Karate Federation (WKF). In this role, I have the opportunity to mentor and guide athletes, helping them refine their skills and perform at their best.

Sl. No.	Role / Positions	Tournament / Event Name	Organiser/Host/Supported	Date & City (Country)	Country/Team (Participation)
1.	Junior Team Coach	WKF Karate 1 Youth League Fujairah 2024	World Karate Federation / National Federation (NF) & Ministry of Sports of respective country.	20 <sup>th</sup> to 26 <sup>th</sup> February 2024 at Fujairah (UAE)	Total 1856 athletes from more than 76 countries

## EDUCATION QUALIFICATION

- ❖ **M P Ed. (Master of Physical Education)** in year of **2015-2017**  
From - Indira Gandhi Institute of Physical Education & Sports Sciences – IGIPSS (Delhi University)
- ❖ **B P Ed. (Bachelor of Physical Education)** in year of **2014-2015**  
From - Indira Gandhi Institute of Physical Education & Sports Sciences – IGIPSS (Delhi University)
- ❖ **Graduated in BA (Programme)** in year of **2010-2013**  
From – Bharti College (Delhi University)
- ❖ **10+2 (Senior Secondary School)** in year of **2010**  
From – Government Girls School, (CBSE Board)
- ❖ **10<sup>th</sup> (Secondary School)** in year of **2008**  
From – Government Girls School, (CBSE Board)

## IMPORTANT AWARD

- ❖ **Rajiv Gandhi State Sports Award for 2013 in the year of 2015**  
Awarded by Director of Education Sports Govt. of NCT of Delhi in the month of May 2015.
- ❖ **Best Player, All Rounder and Best Achiever Award Received (Consecutive 3yrs) from the Bharti College University of Delhi.**  
in the year of 2011, 2012 & 2013.

## TRAINING ABROAD

- ❖ International Training and Tournament in Canada (2018) Participated in an advanced level training and international invitation tournament cum award ceremony organized by Sato-Ha and Kubudo International Federation from April 4th to 10th, 2018, in Vancouver, Canada.
- ❖ International Training Camp in Macau (2019) Attended an advanced level training camp organized by the Macau National Federation from May 22nd to June 9th, 2019, in Macau.
- ❖ International Training Camp in Iran (2019) Completed advanced karate training under Shihan Hossein Rouhani, a 4-time World Champion (WKF) and 2-time Asian Games Champion (Asiad), who is also the Iranian National Karate Senior Team Coach and Chairman of the Board of Karate Golden Club and the Chief Coach of the Russian National Karate Team.

With regards,

Thanking you,

(DEEPIKA DHIMAN)