



NATIONAL SERVICE SCHEME

BHARATI COLLEGE

UNIVERSITY OF DELHI



The National Service Scheme Unit of Bharati College, University of Delhi organised a webinar on the topic “PANCHKOSHA: HOLISTIC DEVELOPMENT” on 21st December 2022.



Bharati College
University of Delhi

Department of Sanskrit
IN COLLABORATION WITH

National Service Scheme
Presents a webinar on

PANCHKOSHA : HOLISTIC DEVELOPMENT

Dr. jai singh bhdia
Assistant professor :Yoga Science Department
Shri Lal Bhadur Shastri National Sanskriti University
New delhi

DATE- 21 December 2022 TIME- 5 PM
PLATFORM- Google Meet

Open to all Student, faculty and non teaching members of
Bharati College

Prof. Rekha Sapra
(Principal)
Dr.Asha Tiwari
(Programme Officer NSS)

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Simply put, holistic development is the social, emotional, physical, mental, and intellectual growth of a person.

ABOUT HOLISTIC DEVELOPMENT: Holistic development essentially means the development of intellectual, mental, physical, emotional, and social abilities in a child so that he or she is capable of facing the demands and challenges of everyday life. These abilities are vitally important for success in professional



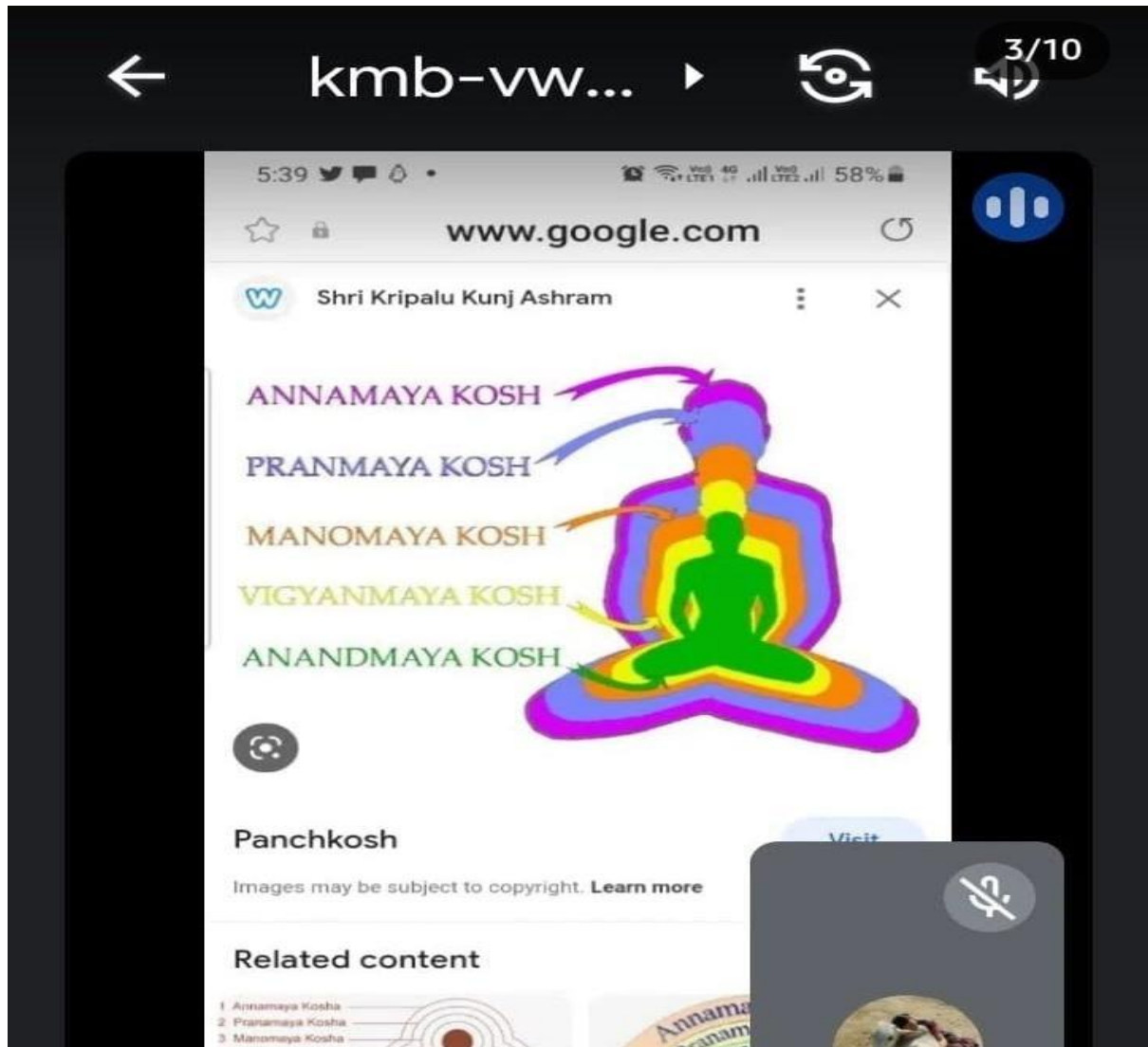
DURATION AND TIMING OF THE SESSION:

The webinar was held on 21st December 2022 at 5 pm and lasted for around 2hrs.

ABOUT THE EVENT: The event was organised in collaboration with the Department of Sanskrit. The event aimed at making the participants aware of holistic development. The participants were made aware through the use of presentation and visuals.

CONCLUSION: It was a successful one with more than 70 participants being part of the webinar. It was an informative and interactive webinar. All the participants are actively listening and understanding . NSS Bharati aims to host more such

webinars.



PRESIDENT: KOMAL BAKSHI

VICE-PRESIDENT: GUNJAN

NSS PROGRAMME OFFICER: DR. ASHA

PRINCIPAL: PROF. REKHA SAPRA