**Bharati College**

**(University of Delhi)**

Janak Puri, Delhi- 100058

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**Lesson Plan (CORE, Semester I, July to November2022)**

| **Name of Teacher** | Swati Bawa Sawhney | | **Department** | | Human Development and Family Empowerment |
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| **Course** | B.A Prog | | **Semester** | | V |
| **Paper** | Parent and Community Education | | **Academic Year** | | 2022 |
| **Learning Objectives** | | | | | |
| * To understand the need and importance of parent and community education * To understand parental roles and responsibilities. * To identify the role of community and their participation. | | | | | |
| **Learning Outcomes** | | | | | |
| * Understand parenthood and its impact on child development. * Learn about different parenting styles and types of families. * Understand the importance of community education. * Become aware of the resources in the community. | | | | | |
| **Lesson Plan** | | | | | |
| **Week No.** | | **Theme/Curriculum** | | **Any Additional Information** | |
| Week 1 -Week 4 | | **UNIT I: Parents and their role in Child Development**   * Development aspect of Parenthood * Theoretical Perspective (Erikson’s Psychosocial Theory, Levinson’s Stages of Life, Bronfenbrenner’s Ecological Theory) * Parenting Styles: Authoritarian, Authoritative, Permissive, Uninvolved | | Allocation of Assignment I (Last Date 20th  September 2022) | |
| Week 5 -Week 9 | | **UNIT II: Family configurations and parent relationships**   * Parents and Family dynamics-Nuclear, joint & extended Family * Parents and community | | Test Scheduled | |
| Week 10 – Week 15 | | **UNIT III: Engaging with families and communities**   * Parent Education: Need and aspects/types * Parent and Community Education Programmes * Evaluation of parent and community education programmes | | Allocation of Assignment II | |
| Week 15 – Week 20 | | **UNIT IV: Valuing community as a Resource**   * Principles of Community Organization * Role of professionals in parent and community education | |  | |
| **References**   * Berk, L. E. (2007). Development through the lifespan (4th ed). Boston MA: Allyn and   Bacon.   * Chaudhury, D. (2017). Parenting tips for Indian parents: Pre-conception to   adulthood. New Delhi: Notion Press, Inc.   * Sapra, R. (2010). Child development: Issues and concerns for the well-being of   the child. New Delhi: Vishwabharati.  **Additional Resources**   * Child Welfare Information Gateway (2013). Parent education to strengthen families and   reduce the risk of maltreatment. Washington, DC: U.S. Department of Health and Human  Services, Children Bureau.   * Nair V. R. and Yamuna, S. (2011). Parenting of adolescents: Facilitator’s manual   for capacity building of parents. Tamil Nadu: Rajiv Gandhi National Institute of  Youth Development.   * Rajaratnam, A. C. (2013). Parenting innocence to inner sense. New Delhi:   Notion Press, Inc.   * Simpson, A. R. (1997). The role of the mass media in parenting education. Boston:   Harvard, Center for Health Communication. | | | | | |
| **Online Resources (If Any)** | |  | | | |
| **Assignment and Class Test Schedule for Semester** | | Link the assignment and Test (optional) | | | |