**Bharati College**

 **(University of Delhi)**

Janak Puri, Delhi- 100058

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**Lesson Plan (CORE, Semester I, July to November2022)**

| **Name of Teacher** | Swati Bawa Sawhney | **Department** | Human Development and Family Empowerment |
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| **Course** | B.A Prog | **Semester** | V |
| **Paper** | Parent and Community Education | **Academic Year** | 2022 |
| **Learning Objectives** |
| * To understand the need and importance of parent and community education
* To understand parental roles and responsibilities.
* To identify the role of community and their participation.
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| **Learning Outcomes** |
| * Understand parenthood and its impact on child development.
* Learn about different parenting styles and types of families.
* Understand the importance of community education.
* Become aware of the resources in the community.
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| **Lesson Plan** |
| **Week No.** | **Theme/Curriculum** | **Any Additional Information** |
| Week 1 -Week 4 | **UNIT I: Parents and their role in Child Development** * Development aspect of Parenthood
* Theoretical Perspective (Erikson’s Psychosocial Theory, Levinson’s Stages of Life, Bronfenbrenner’s Ecological Theory)
* Parenting Styles: Authoritarian, Authoritative, Permissive, Uninvolved
 |  Allocation of Assignment I (Last Date 20th  September 2022) |
| Week 5 -Week 9 | **UNIT II: Family configurations and parent relationships*** Parents and Family dynamics-Nuclear, joint & extended Family
* Parents and community
 |  Test Scheduled |
| Week 10 – Week 15 | **UNIT III: Engaging with families and communities** * Parent Education: Need and aspects/types
* Parent and Community Education Programmes
* Evaluation of parent and community education programmes
 |  Allocation of Assignment II |
| Week 15 – Week 20 | **UNIT IV: Valuing community as a Resource*** Principles of Community Organization
* Role of professionals in parent and community education
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| **References*** Berk, L. E. (2007). Development through the lifespan (4th ed). Boston MA: Allyn and

Bacon.* Chaudhury, D. (2017). Parenting tips for Indian parents: Pre-conception to

adulthood. New Delhi: Notion Press, Inc.* Sapra, R. (2010). Child development: Issues and concerns for the well-being of

the child. New Delhi: Vishwabharati.**Additional Resources*** Child Welfare Information Gateway (2013). Parent education to strengthen families and

reduce the risk of maltreatment. Washington, DC: U.S. Department of Health and Human Services, Children Bureau.* Nair V. R. and Yamuna, S. (2011). Parenting of adolescents: Facilitator’s manual

for capacity building of parents. Tamil Nadu: Rajiv Gandhi National Institute of Youth Development.* Rajaratnam, A. C. (2013). Parenting innocence to inner sense. New Delhi:

Notion Press, Inc.* Simpson, A. R. (1997). The role of the mass media in parenting education. Boston:

Harvard, Center for Health Communication. |
| **Online Resources (If Any)** |  |
| **Assignment and Class Test Schedule for Semester** | Link the assignment and Test (optional) |