**Bharati College**

**(University of Delhi)**

**Department of Sanskrit**

**Teaching Plan** (July 2021- November 2021)

**Course: YOGASUTRA OF PANTANJALI IN SANSKRIT**

**Teacher: DR BINDIA TRIVEDI**

**Semester: 3rd YRS, B.A(P)SEM V, SEC**

**No of lectures per week-4**

**No of hours allotted - 48**

**Pedagogy and teaching tools**

**This course aims to get the students to know about the most important text of our ancient yoga tradition. This course has been prescribed for basic knowledge of yoga darshan. It is an important school of 6 systems of Indian Philosophy. It helps to acquire a necessary tool for a balanced life. It creates an awareness about how to control your body and mind for a successful life.**

**Various tools have been adopted like reading and explaining the text to the students. Topic wise discussions to be held in the class.**

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| **UNIT** | **WEEK** | **TOPICS COVERED** | **REFERENCES** |
| Section A UNIT-1 | 1,2 | Yogasutra of Patanjali Samadhi Pada. Sutra 1-15th. | Yogasutra of Patanjali. |
| Unit -2 | 3,4&5 | Yogasutra of Patanjali Samadhi Pada. Sutra 16-29th. | Yogasutra of Patanjali. |
| Section B  Unit - 1 | 6,7 | Yogasutra of Patanjali Sadhan Pada. Sutra 29-45th. | Yogasutra of Patanjali. |
| Unit -2 | 8,9,10 | Yogasutra of Patanjali Sadhan Pada. Sutra 46-55th. | Yogasutra of Patanjali. |
| Section C  Unit -1 | 11,12 | Yogasutra of Patanjali Vibhuti Pada, Sutra 1-3. | Yogasutra of Patanjali. |

**Assessments Methods**

**A variety of assessment methods like class room teaching, class test, assignments, individual projects, oral presentation, quiz etc. are important methods for students. General discussions related with ancient and modern polity.**

**Bharati College**

**(University of Delhi)**

**Department of Sanskrit**

**Teaching Plan** (July 2022- November 2022)

**Course: YOGASUTRA OF PANTANJALI IN SANSKRIT**

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**Various tools have been adopted like reading and explaining the text to the students. Topic wise discussions to be held in the class.**

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| **UNIT** | **WEEK** | **TOPICS COVERED** | **REFERENCES** |
| Unit-I | 1,2 | Yogasutra of Patanjali Samadhi Pada. Sutra 1-15th. | Yogasutra of Patanjali. |
| Unit -II | 3,4 | Yogasutra of Patanjali Samadhi Pada. Sutra 16-29th. | Yogasutra of Patanjali. |
| Unit -III | 5,6,7 | Yogasutra of Patanjali Sadhana Pada. Sutra 29-45th. | Yogasutra of Patanjali. |
| Unit - IV | 8,9, | Yogasutra of Patanjali Sadhana Pada. Sutra 46-55th. | Yogasutra of Patanjali. |
| Unit – V | 10,11 | Yogasutra of Patanjali Vibhuti Pada, Sutra 1-15 | Yogasutra of Patanjali. |
| Unit - VI | 12 | General Survey of Yoga Darshan |  |

**Assessments Methods**

**A variety of assessment methods like class room teaching, class test, assignments, individual projects, oral presentation, quiz etc. are important methods for students. General discussions related with ancient and modern polity.**

**Bharati College**

**(University of Delhi) Department of Sanskrit**

**Teaching Plan** (Nov 2021-Mar 2022)

**Course : Sanskrit Poetry. Teacher(s) :** Dr. Bindia Trivedi

**Semester :** 1st B.A. Sanskrit (P).

**Meetings :** 5 in a week for lectures and two for tutorials.

This course aims to get the students acquainted with the Classical Sanskrit Poetry. It also intends to give an understanding of literature, through which students will be able to understand the basics of Sanskrit. The course also seeks to help the students negotiate the text independently with the help of Proficiency of Sanskrit.

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| **Section – A** | | | |
| **Raghuvamśam** | | | |
| **WEEK** | **UNIT** | **TOPIC (Theory/Practical)** | **References** |
| **1** | **I** | Introduction (Author and Text) Canto-I (Verses 1-8) Meaning/translation, Explanation, Story, Characteristics of Raghu Clan, Characteristics of Dilīpa. | *M.R. Kale (Ed.), Raghuvaṁśam of*  *Kālidāsa, MLBD, Delhi; Raghuvansh Mahakavya, Dr. Ravikant Mani.* |
| **2** | **I & II** | Canto-I (Verses 9-15) Meaning/translation, Explanation. | *M.R. Kale (Ed.), Raghuvaṁśam of*  *Kālidāsa, MLBD, Delhi* |
| **3** | **II** | Canto-I (Verses: 16-25) Meaning/translation, Explanation, Role of Dilīpa for the welfare of the subjects. Appropriateness of title, Background of given contents | *M.R. Kale (Ed.), Raghuvaṁśam of*  *Kālidāsa, MLBD, Delhi* |

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| **Section – B** | | | |
| **Śiśupālavadham** | | | |
| **WEEK** | **UNIT** | **TOPIC (Theory/Practical)** | **References** |
| **4** | **I** | Introduction (Author and Text), Appropriateness of title, Background of given contents. **Canto II, Verses 26-32,** Grammar, Translation, Explanation, Poetic excellence, thematic analysis. | *Śiśupālavadham, Dr. Ramdev Sahoo* |
| **5** | **I** | **Canto II, Verses 33-41,** Grammar, Translation, Explanation, Poetic excellence, thematic analysis. | *Śiśupālavadham, Dr. Ramdev Sahoo* |
| **6** | **II** | **Verses 42-56,** Grammar, Translation, Explanation, Poetic excellence, thematic analysis. | *Śiśupālavadham, Dr. Ramdev Sahoo* |
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| **Section – C** | | | |
| **Nītiśatakam** | | | |
| **WEEK** | **UNIT** | **TOPIC (Theory/Practical)** | **References** |
| **7** | **I** | Verses (1-10) Translation, explanation. | *Nītiśatakam, Vishnudutt Sharma Shashtri* |
| **8** | **II** | Verses (11-20) Translation, explanation. | *Nītiśatakam, Vishnudutt Sharma Shashtri* |
| **9** | **II** | Social experiences of Bhartṛhari, Types of Fool. | *Nītiśatakam, Vishnudutt Sharma Shashtri* |
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| **Section – D** | | | |
| **History of Sanskrit Poetry** | | | |
| **WEEK** | **UNIT** | **TOPIC (Theory/Practical)** | **References** |
| **10** | **I** | A**ś**vaghoṣa, Kālidāsa, Bhāravi, Māgha, Śriharṣa, Jayadeva, Bhartrhari and their works. | Keith, A.B.: *History of Sanskrit Literature*, MLBD, Delhi; Sanskrit Sahitya Ka ithihas, Dr. Pushpa Gupta. |

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| **11** | **II** | Origin and Development of Different types of Mahakavya | Keith, A.B.: *History of Sanskrit Literature*, MLBD, Delhi; Sanskrit Sahitya Ka ithihas, Dr. Pushpa Gupta. |
| **12** | **II** | Origin and Development of Different types of Gītikāvya with special reference to the following Poets and their works. | Keith, A.B.: *History of Sanskrit Literature*, MLBD, Delhi; Sanskrit Sahitya Ka ithihas, Dr. Pushpa Gupta. |

# Assessments of the Students:

**1st Assignment** is due in the fourth week (weightage 5 marks)

**2nd Assignment** is due in the 7th week (weightage 5 marks)

**Class test** is tentatively scheduled in the 10th week (weightage 10 marks)

**Attendance** (weightage 5 marks) Total weightage of IA: 25 marks

**Internal assessment:** Assignments, class test, group discussions, presentations. (25 marks) (The main exam is conducted by the University of Delhi by a written test of 75 marks)

**Pedagogy/Teaching Methodology/Tools:** Lectures, group discussions and mutual interactions of students take place in the classes. Students are encouraged to participate in presentations. Intermittently students are given home work to write on some issue of the syllabus and their write ups are discussed in the tutorial class. Tutorial classes also aim to do develop writing skills of students and improving their linguistic skills.

**Bharati College   
(University of Delhi) Department of Sanskrit**

**Teaching Plan** (Aug.2021-Dec 2021)

# Course : Vedic Literature.

**Teacher(s) :** Dr. Bindia Trivedi and Dr. Parveen Bala.

**Semester :** 5th B.A. Sanskrit (H) Core

**Meetings :** 5 meetings in a week for lectures and three for tutorials.

This Vedic literature course aims to get the students to know about the world’s most ancient texts and the vision of our ancient seers. For this, selected hymns from three Vedas and a portion of the Brāhmaṇa literature has been prescribed. Also, students will be able to read one great Upaniṣad, namely, Muṇḍaka, where primary Vedānta-view is propounded.

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| **Section ‘A’** | | | |
| **Saṁhitā and Brāhmaṇa** | | | |
| **WEEK** | **UNIT** | **TOPIC (Theory/Practical)** | **References** |
| **1** | **I** | **Ṛgveda**- Agni- 1.1, Uṣas- 3.61 | *Vedic Sangraha by Prof. Krishna Lal* |
| **2** | **I** | Akṣa Sūkta 10.34,  Hiraṇyagarbha- 10.121 | *Vedic Sangraha by Prof. Krishna Lal* |
| **3** | **II** | Vedic Samhita:Yajurveda | *Vedic Sangraha by Prof. Krishna Lal* |
| **4** | **II** | ***Yajurveda*-** Śivasaṁkalpa Sūkta- 34.1-6 | *Vedic Sangraha by Prof. Krishna Lal* |
| **5** | **III** | Vedic Samhita- Atharvaveda | *Vedic Sangraha by Prof. Krishna Lal* |
| **6** | **III** | ***Atharvaveda*-** Sāmmanasyam- 3.30, Bhūmi- 12.1-12 | *Vedic Sangraha by Prof. Krishna Lal* |

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| **Section ‘B’** | | | |
| **Vedic Grammar** | | | |
| **WEEK** | **UNIT** | **TOPIC (Theory/Practical)** | **References** |
| **7** | **I** | Declensions (*śabdarūpa*), Subjunctive Mood (*leṭ*). | *Vedic Grammer by Dr. Nayantara Bansal* |
| **8** | **I** | Gerunds (ktvārthaka, Tumarthaka), Vedic Accent and Padapāṭha. | *Vedic Grammer by Dr. Nayantara Bansal* |
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| **Section ‘C’** | | | |
| **Muṇḍakopaniṣad** | | | |
| **WEEK** | **UNIT** | **TOPIC (Theory/Practical)** | **References** |
| **9** | I | Mundakopanishad 1.1 - 1.5 | *Mundakopanishad by Jiya Lal Kamboj* |
| **10** | I | Mundakopanishad 1.6 - 2.1 | *Mundakopanishad by Jiya Lal Kamboj* |
| **11** | II | Mundakopanishad 2.2 - 2.7 | *Mundakopanishad by Prof. Shashi Tiwari* |
| **12** | II | Mundakopanishad 2.8 - 3.2 | *Mundakopanishad by Prof. Shashi Tiwari* |

# Assessments of the Students:

**1st Assignment** is due in the fourth week (weightage 5 marks)

**2nd Assignment** is due in the 7th week (weightage 5 marks)

**Class test** is tentatively scheduled in the 10th week (weightage 10 marks)

**Attendance** (weightage 5 marks) Total weightage of IA: 25 marks

**Internal assessment:** Assignments, class test, group discussions, presentations. (25 marks) (The main exam is conducted by the University of Delhi by a written test of 75 marks)

**Pedagogy/Teaching Methodology/Tools**: Lectures, group discussions and mutual interactions of students take place in the classes. Students are encouraged to participate in presentations. Intermittently students are given home work to write on some issue of the syllabus and their write ups are discussed in the tutorial class. Tutorial classes also aim to do develop writing skills of students and improving their linguistic skills.

**Bharati College**

**(University of Delhi) Department of Sanskrit**

**Teaching Plan** (Apr. 2022-Aug. 2022)

# Course : Sanskrit Prose (DSC).

**Teacher(s) :** Dr. Bindia Trivedi and Dr. Parveen Bala.

**Semester :** 2nd B.A. Sanskrit (P) Core.

**Meetings :** 5 meetings in a week for lectures and two for tutorials.

This course aims to acquaint students with Classical Sanskrit Prose literature. Origin and development of prose, important prose romances and Sanskrit fables are also included here for students to get acquainted with the beginnings of Sanskrit Prose literature.

The course will enable students to familiarize themselves with some leading classical prose works and the individual literary styles of their authors. After the completion of this course the learner will be exposed to the socio-cultural conditions of the Indian society as reflected in the prescribed texts. They will acquire skills in advanced Sanskrit communication.

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| **WEEK** | **UNIT** | **TOPIC (Theory/Practical)** | **References** |
| **1** | **I** | Introduction to the poet Bana and his literary works | *Shukanashopadesha by Prahlad Kumar (1974)* |
| **2** | **I** | Reading and decoding the text of Śukanāsopadeśa  (Grammar, Translation, and Explanation) | *Shukanashopadesha by Prahlad Kumar (1974)* |

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| **3** | **I** | Reading and decoding the text of Śukanāsopadeśa  (Grammar, Translation, and Explanation) | *Shukanashopadesha by Prahlad Kumar (1974)* |
| **4** | **II** | Society and political thought depicted in Śukanāsopadeśa | *Shukanashopadesha by Prahlad Kumar (1974)* |
| **5** | **II** | logical meaning and application of sayings in the text | *Shukanashopadesha by Prahlad Kumar (1974)* |
| **6** | **III** | Introduction to the author Ambikadatta Vyasa and his works.  Para 1 to 5 of Prathamo Nishvasah | *Shivarajavijayah (Prathamo Nishvasah) by Ramashankar Mishra (2015)* |
| **7** | **III** | Para 6 to 20 of Prathamo Nishvasah: Grammar, Translation, and Explanation | *Shivarajavijayah (Prathamo Nishvasah) by Ramashankar Mishra (2015)* |
| **8** | **IV** | Para 21 to the 30 of Prathamo Nishvasah: Grammar, Translation, and  Explanation | *Shivarajavijayah (Prathamo Nishvasah) by Ramashankar Mishra (2015)* |
| **9** | **IV** | Para 31 to the end of Prathamo Nishvasah: Grammar, Translation, and Explanation | *Shivarajavijayah (Prathamo Nishvasah) by Ramashankar Mishra (2015)* |
| **10** | **V** | Origin and development of prose and important prose romances. Subandhu, Bāṇa, Daṇḍin | *Sanskrit Sahitya ka Itihas by Umshankar Sharma Rishi* |
| **11** | **VI** | Pañcatantra, Hitopadeśa, Vetālapañcavṁsattikā, Siṁhāsanadvātriṁśikā and Purūṣaparīkṣā | *Sanskrit Sahitya ka Itihas by Umshankar Sharma Rishi* |
| **12** | **VI** | Revision of some major topics |  |

# Assessments of the Students:

**1st Assignment** is due in the fourth week (weightage 5 marks)

**2nd Assignment** is due in the 7th week (weightage 5 marks)

**Class test** is tentatively scheduled in the 10th week (weightage 10 marks)

**Attendance** (weightage 5 marks) Total weightage of IA: 25 marks

**Internal assessment:** Assignments, class test, group discussions, presentations. (25 marks) (The main exam is conducted by the University of Delhi by a written test of 75 marks)

**Pedagogy/Teaching Methodology/Tools**: Lectures, group discussions and mutual interactions of students take place in the classes. Students are encouraged to participate in presentations. Intermittently students are given home work to write on some issue of the syllabus and their write ups are discussed in the tutorial class. Tutorial classes also aim to do develop writing skills of students and improving their linguistic skills.

**Bharati College**

**(University of Delhi)**

**Department of Sanskrit**

**Teaching Plan** (January 2021 – April 2021)

**Course: Indian Ontology and Epistemology**

**Teacher: Dr. Bindia Trivedi**

**Semester: B. A (Hons) Sanskrit, Sem VI**

**No. Of hours Allotted: 72 Hours**

Pedagogy and Teaching Tools

Introduction of the book and its importance. Classroom teaching through various activities such as assignment and class test to ensure the understanding of various concepts of philosophy

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| **WEEK** | **UNIT** | **TOPIC (Theory/Practical)** | **References** |
| 1 | Section-A,unit 1 | Meaning and purpose of darshana, classification of philosophical schools of Indian philosophy | History of Indian philosophy by Baldev Upadhyay |
| 2 | 2 | Different concepts of philosophical schools | Bhartiya Darshana by yadunath sinha |
| 3,4 | 3 | Different vada of Indian philosophy | History of Indian philosophy by C.D Sharma |
| 5 | Section-B,unit,1 | Concept of Padarth its Dharmas and definition of Dravya | Tark Samgraha of Annanam bhatt. |
| 6 | 2 | Samanya, Vishesh,Samvaya, Abhava | Tark Samgrah |
| 7 | 3 | Definition of Seven Dravya and their examination.Atma and Manas | Tark Samgrah |
| 8 | 4 | Guna and five karma | Tark Samgrah |
| 9 | Section-C,Unit-1 | Nature of jnana, smriti anubhava and their bhedas | Tarka Sangraha |
| 10 | 2 | Karan, Karan, Types of prama, Karta, Karana, vyapar phala | Tarka Sangraha |
| **11** | **3** | **Pratyaksha** | **Tark Samgraha** |
| **12** | **4** | **Anumana with Hetvabhas** | **Tark Sangrah** |
| **13** | **5** | **Upmana and Sabda Pramana** | **Tark Sangraha** |
| **14,15** | **6** | **Types of Ayatharth Anubhava** | **Tark Sangraha** |

**COURSE OBEJECTIVE AND COURSE LEARNING OUTCOMES**

**This course aims at to get the students acquainted with the principals of Nyaya Vaisheshik Philosophy. It also intends to help them in understanding the important aspects of Indian Philosophy.**

**Outcome of this course is that students will become familiar with important school of Indian philosophy through its basic text Tark Samgraha,**

**Bharati College**

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**Department of Sanskrit**

**Teaching Plan** (July 2022- November 2022)

**Course: Indian Perspectives on Personality Development**

**Teacher(s): Dr. Madhav Gopal and Dr. Bindia Trivedi**

**Semester: 5th BA (P) DSE-2**

**Meetings:** 5 meetings in a week for lectures and one for tutorials.

Indian philosophical tradition advocates an integrated approach to human personality where material and psychological growth complement each other. This course seeks to introduce some theoretical concepts and practical techniques for development of the human person.

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| **Week** | **Unit** | **Topics covered** | **Required Readings** |
| 1 | 1 | Historical Perspective : Ṛigveda, 1.164.37; | Ṛigveda, [Swami Dayanand Saraswati](https://www.amazon.in/s/ref=dp_byline_sr_book_1?ie=UTF8&field-author=Swami+Dayanand+Saraswati&search-alias=stripbooks) (Author) |
| 2 | 1 | Chāndogyopaniṣad,VI. 2.3, VI.8.6, VIII.1.4  Bṛhadāraṇyakopaniṣad, II.5.18-19 | 1. Chāndogyopaniṣad, Gita press Gorakhpur 2. The Chāndogyopaniṣad by Rājendralāla Mitra (Raja) Bharatiya Kala Prakashan, 2001 3. The Upnishads by Eknath Easwaran, Jaico Books. |
| 3 | 2 | Concept of a person, Gītā, Chapter:1, Verses:1-30  Jīva as Core and Eight-fold Nature as Cover | 1. Radhakrishana, The Bhagvadgītā.  2. Gītā with Hindi Translation, Gita Press, Gorakhpur. |
| 4 | 2 | Kṣetrajña as Core and Kṣetra as Cover Chapter-13, Verses-1-2, Chapter-13, Verses: 5-6, Chapter-13, Vrses-19-23.  Akṣara as Core and Kṣara as Cover, Chapter-15, Verses:7-11 and 6-19). | 1. Radhakrishana, The Bhagvadgītā.  2. Gītā with Hindi Translation, Gita Press, Gorakhpur. |
| 5 | 3 | Personality Types  Gītā, Chapter-14, Verses:5-14, | 1. Radhakrishana, The Bhagvadgītā.  2. Gītā with Hindi Translation, Gita Press, Gorakhpur. |
| 6 | 3 | Chapter-17, Verses:2-6, Chapter-17, Verses:11.21 | 1. Radhakrishana, The Bhagvadgītā.  2. Gītā with Hindi Translation, Gita Press, Gorakhpur. |
| 7 | 3 | Measures for behavioral Improvement - Part -I Control of Senses and Mind (Gītā: Chapter-2, Verses:59-60, 64 and 68. | 1. Radhakrishana, The Bhagvadgītā.  2. Gītā with Hindi Translation, Gita Press, Gorakhpur. |
| 8 | 3 | Measures for behavioral Improvement - Part -I Control of Senses and Mind Chapter:3, Verses:41-43, Chapter: 6, Verses:19-23. | 1. Radhakrishana, The Bhagvadgītā.  2. Gītā with Hindi Translation, Gita Press, Gorakhpur. |
| 9 | 4 | Measures for behavioral Improvement - Part -II  Right Faith (Gītā, Chapter: 9, Verses:3, 22, 23-28, 30-34)  Recognition of Svadharma - Inner Urge; (Gītā, Chapter: 2, Verses:31,41-44. | 1. Radhakrishana, The Bhagvadgītā.  2. Gītā with Hindi Translation, Gita Press, Gorakhpur. |
| 10 | 4 | Measures for behavioral Improvement - Part -II  Chapter:3, Verses:4, 5, 8, 9, 27-30, 33-34, Chapter:4, Verses:18-22, Chapter:5, Verses:11-12, Chapter:7, Verses:15, 18, 20- 23, 27-29) | 1. Radhakrishana, The Bhagvadgītā.  2. Gītā with Hindi Translation, Gita Press, Gorakhpur. |
| 11 | 5 | Measures for behavioral Improvement - Part -III  Channelizing Innate Urges on Social Lines: (Gītā, Chapter:18, Verses:41-51) | 1. Radhakrishana, The Bhagvadgītā.  2. Gītā with Hindi Translation, Gita Press, Gorakhpur. |
| 12 | 6 | Measures for behavioral Improvement - Part -III  Channelizing Innate Urges on Social Lines: (Gītā, Chapter:18, Verses:52-62) | 1. Radhakrishana, The Bhagvadgītā.  2. Gītā with Hindi Translation, Gita Press, Gorakhpur. |

**Assessments of the Students:**

**1st Assignment** is due in the fourth week (weightage 5 marks)

**2nd Assignment** is due in the 7th week (weightage 5 marks)

**Class test** is tentatively scheduled in the 10th week (weightage 10 marks)

**Attendance** (weightage 5 marks)

Total weightage of IA: 25 marks

**Internal assessment:** Assignments, class test, group discussions, presentations. (25 marks)

(The main exam is conducted by the University of Delhi by a written test of 75 marks)

**Pedagogy/Teaching Methodology/Tools**: Lectures, group discussions and mutual interactions among students are the regular activity in classes. Students are encouraged to participate in presentations and teaching learning activity. Intermittently students are given homework to improve their writing skills from the syllabus and the same are discussed in the tutorial class. Tutorial classes also aim to do develop writing skills of students and improving their linguistic skills.