**Bharati College**

**(University of Delhi)**

**Department of Sanskrit**

**Teaching Plan** (April 2021-  July 2021)

**Course:       Upaniṣad and Bhagawad Gītā**

**Teacher(s):** Dr. Pratibha Tripathi (Shared with Dr. Prem Ballabh Deoli)

**Semester:** 2nd, B.A. (P)

**Course Objective**

The general objective of this course is to give the students basic idea of Philosophy of the Upaniṣads and the Bhagawad Gītā, which are recognised as representative texts of Indian thought. The Students will be able to peep into understand the spiritual depth of the intellectual wisdom of Indian seers. The Ishopanishad teaches the art of harmonising materialism and spiritualism. The subject matter of the Bhagawad Gita II comprising of the concepts of Niṣkām karmyoga, Self and Sthita Prajña (the ideal human being) will enable learners to attain a proper balance between intellectual and emotional faculties.

After the completion of this paper the students will be aware of the solutions of many modern day conflicts available in the upanishadic literature and Bhagavad Geeta. They will get to know the spiritual aspects of Indian traditions separated from the religious tradition**.**

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| **Week** | **Unit** | **Topics covered** | **Required Readings** |
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| **Ishavasyopnisad** |  |
| Introduction to Ishavasyopnisad  |

 | Isha Upanishad, The Complete Works Of Sri Aurobindo,  |
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| **Ishavasyopnisad** |  |
| Text Reading of Ishavasyopnisad  |

 | Isha Upanishad, The Complete Works Of Sri Aurobindo,  |
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| **Bhagavadgita** |  |
| Text Introduction: Chapter Two  |

 | Śrimadbhagavadgītā - English commentary by Jayadayal Goyandka,  |
| 4 | 2 | **Bhagavadgita**Text Reading:Chapter Two, Verse:01-25.  | Śrimadbhagavadgītā - English commentary by Jayadayal Goyandka,  |
| 5 | 3 | Text Reading Chapter Two, Verse: 26-72.  | Śrimadbhagavadgītā - English commentary by Jayadayal Goyandka,  |
| 6 | 3 | General Introduction to Upanisadic Philosophy  | Gaurinath Shastri, A Concise History of Sanskrit Literature,  |
| 7 | 4 | General Introduction to Upanisadic Philosophy  | Gaurinath Shastri, A Concise History of Sanskrit Literature,  |
| 8 | 4 | General Introduction to Upanisadic Philosophy  | Bharatiya Darshana Ki Rupa Rekha, [Baldev upadhayay](https://epustakalay.com/writer/80-baldev-upadhayay/)  |
| 9 | 5 | General Introduction to Upanisadic Philosophy  | Bharatiya Darshana Ki Rupa Rekha, [Baldev upadhayay](https://epustakalay.com/writer/80-baldev-upadhayay/) |
| 10 | 5 | Atman, brahman, Isvara, karma, srishti.   | Bharatiya Darshana Ki Rupa Rekha, [Baldev upadhayay](https://epustakalay.com/writer/80-baldev-upadhayay/) |
| 11 | 6 | Atman, brahman, Isvara, karma, srishti.   | Bharatiya Darshana Ki Rupa Rekha, [Baldev upadhayay](https://epustakalay.com/writer/80-baldev-upadhayay/) |
| 12 | 6 | Atman, brahman, Isvara, karma, srishti.   | Bharatiya Darshana Ki Rupa Rekha, [Baldev upadhayay](https://epustakalay.com/writer/80-baldev-upadhayay/) |

**Assessments of the Students:**

**1st Assignment** is due in the fourth week (weightage 5 marks)

**2nd Assignment** is due in the 7th week (weightage 5 marks)

**Class test** is tentatively scheduled in the 10th week (weightage 10 marks)

**Attendance** (weightage 5 marks)

Total weightage of IA:        25 marks

**Internal assessment:** Assignments, class test, group discussions, presentations. (25 marks)

(The main exam is conducted by the University of Delhi by a written test of 75 marks)

**Pedagogy/Teaching Methodology/Tools**: Lectures, group discussions and mutual interactions of students take place in the classes. Students are encouraged to participate in presentations. Intermittently students are given home work to write on some Upanisadic Sutra’s of the syllabus and their write ups are discussed in the tutorial class. Tutorial classes also aim to do develop writing skills of students and improving their linguistic skills.

**Bharati College**

**(University of Delhi)**

**Department of Sanskrit**

**Teaching Plan** (July 2018- November 2018)

**Course: DSE-2 , Art of Balanced Living (12137902)**

**Teacher(s):** Dr.Asha Tiwari , Dr.Prem Ballabh Deoli

**Semester:** 5th B.A. (P)

**Meetings:** 5 in a week for lectures and two for tutorials.

The course aims to make students aware of the importance of balance in life and to make them aware of the theoretical and practical aspects of Balanced Living inherent in Sanskrit texts and apply them to live a better life. Graduates who read this course should be to able to see that in order to bring balance in life, a proper understanding one’s life situation is necessary. For this understanding, shravana manana and nididhyasana are important tools.

Graduates must know the true essence of listening (acquisition of information) manana (reflection) and nididhyasana (unflinching commitment). In this segment students can learn how to improve concentration. They will be able to identify the causes for indecisiveness and confusion and will learn how emotional stability can lead to clearer thinking. This section should help students to understand the importance of Ashtang yoga and Kriyayoga for the purification mind. Team work and social cohesion require inter personal skills. One needs to know that one’s behaviour can create conflicts. Learners should know how to improve their behaviour through jnana, dhyan, karma and bhakti yoga. Student should learn how active engagement with action is most conducive to healthy and successful living. By reading this segment, leaners should develop a more balanced approach to life.

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| **Week** | **Unit** | **Topics covered** | **Required Readings** |
| 1 | 1 | * Method of Self-presentation : Hearing (śravaṇa), Reflection (manana) & meditation (nididhyāsana) - (Bṛhadāraṇyakopaniṣad, 2.4.5) and Vedantasara
 | वेदान्तसार : राममूर्ति **शर्मा**,  ‎[उपनिषद्](http://vedicheritage.gov.in/hi/upanishads/) रहस्य , एकादश ‎[उपनिषद्](http://vedicheritage.gov.in/hi/upanishads/), महात्मा नारायण स्वामी,  |
| 2 | 1 | * Method of Self-presentation : Hearing (śravaṇa), Reflection (manana) & meditation (nididhyāsana) - (Bṛhadāraṇyakopaniṣad, 2.4.5) and Vedantasara
 |  वेदान्तसार : राममूर्ति **शर्मा**,  ‎[उपनिषद्](http://vedicheritage.gov.in/hi/upanishads/) रहस्य , एकादश ‎[उपनिषद्](http://vedicheritage.gov.in/hi/upanishads/), महात्मा नारायण स्वामी,  |
| 3 | 2 | * Concentration : Concept of Yoga : (Yogasūtra, 1.2) ; Restriction of fluctuations by practice (abhyāsa) and passionlessness (vairāgya) :(Yogasūtra, 1.12-16)
 | *Yoga Sutras of Patanjali*पातञ्जल योग  दर्शन : सुरेश श्रीवास्तव  |
| 4 | 2 | * Concentration : Concept of Yoga : (Yogasūtra, 1.2) ; Restriction of fluctuations by practice (abhyāsa) and passionlessness (vairāgya) :(Yogasūtra, 1.12-16)
 | पातञ्जल योग  दर्शन : सुरेश श्रीवास्तव ***Yoga Sutras of Patanjali*** |
| 5 | 3 | * Eight aids to Yoga (aṣṭāṅgayoga): (Yogasūtra - 2.29, 30,32, 46, 49, 50; 3.1-4).
 | ***Yoga Sutras of Patanjali***पातञ्जल योग  दर्शन : सुरेश श्रीवास्तव  |
| 6 | 3 | * Eight aids to Yoga (aṣṭāṅgayoga): (Yogasūtra - 2.29, 30,32, 46, 49, 50; 3.1-4).
 | ***Yoga Sutras of Patanjali***पातञ्जल योग  दर्शन : सुरेश श्रीवास्तव  |
| 7 | 4 | * Yoga of action (kriyāyoga) : (Yogasūtra, 2.1)

Four distinct means of mental purity (cittaprasādana) leading to oneness : (Yogasūtra - 1.33) | ***Yoga Sutras of Patanjali***पातञ्जल योग  दर्शन : सुरेश श्रीवास्तव  |
| 8 | 4 | * Yoga of action (kriyāyoga) : (Yogasūtra, 2.1)

Four distinct means of mental purity (cittaprasādana) leading to oneness : (Yogasūtra - 1.33)  | ***Yoga Sutras of Patanjali*** पातञ्जल योग  दर्शन : सुरेश श्रीवास्तव  |
| 9 | 5 | Refinement of Behaviour : Means of improving behaviour : Jñāna-yoga – Gita Ch. II – 14,15,16,19, Ch XIII- 11,12,14,15,16,19,20,21,23,29,31,32 dhyāna-yoga – VI – 24 to 27, 30, 32,  | श्रीमद् भगवद् गीता |
| 10 | 5 | Refinement of Behaviour : Means of improving behaviour : Jñāna-yoga – Gita Ch. II – 14,15,16,19, Ch XIII- 11,12,14,15,16,19,20,21,23,29,31,32 dhyāna-yoga – VI – 24 to 27, 30, 32,  | श्रीमद् भगवद् गीता |
| 11 | 6 | bhakti-yoga – Gita Ch. IX – 17,22,23,27,29,34 ; Ch XI – 10,11,12, 13; Ch. - XII – 4, 6 to 12, 20 Karma : A natural impulse, essentials for life journey, harmony with the universe, an ideal duty and a metaphysical dictate - Gītā, Ch. – III 5, 8, 10-16, 20 & 21  | श्रीमद् भगवद् गीता  |
| 12 | 6 | bhakti-yoga – Gita Ch. IX – 17,22,23,27,29,34 ; Ch XI – 10,11,12, 13; Ch. - XII – 4, 6 to 12, 20 Karma : A natural impulse, essentials for life journey, harmony with the universe, an ideal duty and a metaphysical dictate - Gītā, Ch. – III 5, 8, 10-16, 20 & 21  | श्रीमद् भगवद् गीता, |

**Assessments of the Students:**

**1st Assignment** is due in the fourth week (weightage 5 marks)

**2nd Assignment** is due in the 7th week (weightage 5 marks)

**Class test** is tentatively scheduled in the 10th week (weightage 10 marks)

**Attendance** (weightage 5 marks)

Total weightage of IA: 25 marks

**Internal assessment:** Assignments, class test, group discussions, presentations. (25 marks)

(The main exam is conducted by the University of Delhi by a written test of 75 marks)

**Pedagogy/Teaching Methodology/Tools**: Lectures, group discussions and mutual interactions of students take place in the classes. Students are encouraged to participate in presentations. Intermittently students are given home work to write on some Sutra’s of the syllabus and their write ups are discussed in the tutorial class. Tutorial classes also aim to do develop writing skills of students and improving their linguistic skills.

**Bharati College**

**(University of Delhi)**

**Department of Sanskrit**

**Teaching Plan** (July 2018- November 2018)

**Course: C-10, Sanskrit and World Literature (12131403)**

**Teacher(s):** Dr.Bindia Trivedi , Dr.Prem Ballabh Deoli ,

**Semester:** 4th B.A. (H)

**Meetings:** 5 in a week for lectures and two for tutorials.

This course aims to expose students to the spread & influence of Sanskrit literature and culture through the ages in various parts of the world. Scholars who pursue this course will learn about the cultural contacts between India on the one hand and Europe, West Asia and South East Asia on the other during different phases of history. They will also see how colonialism distorted India’s achievements in knowledge production.They will become aware of Indo European linguistic and cultural affinities, spread of Indian fables, the Upanishads, the Gita and Kalidasa’s works in the west. They will be able to appreciate the close relation between Upanishadic thought and Sufism.

They will study how Sanskrit literature has impacted India’s cultural ties with South East Asian countries.

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| **Week** | **Unit** | **Topics covered** | **Required Readings** |
| 1 | 1 | **Survey of Sanskrit Literature in the World*** Approaches in the west to Indian literature – Romanticism to the colonialist agenda
* Vedic elements in the Avesta and Greek and Roman religions
* Presence of Sanskrit words in Indo-European languages

  |  Rohman, Todd (2009). "The Classical Period". In Watling, Gabrielle, Quay, Sara.  |
| 2 | 1 | **Survey of Sanskrit Literature in the World*** Approaches in the west to Indian literature – Romanticism to the colonialist agenda
* Vedic elements in the Avesta and Greek and Roman religions
* Presence of Sanskrit words in Indo-European languages

  |  Rohman, Todd (2009). "The Classical Period". In Watling, Gabrielle, Quay, Sara. ,  |
| 3 | 2 | **Upaniṣads and Gītā in the West*** Dara Shikoh's Persian translation of the Upaniṣads and its influence on Sufism
* Impact of the Upaniṣads on western thought
* Translation of the Gītā in European languages and their impact on religious and philosophical thought of the west.
 | 1.Neria H. Hebber, Influence of Upaniṣads in the West, Boloji.com. Retrieved on : 2012-03-02. 2.arisebharat.com/2011/10/22/impact-of-bhagvad-gita-on-west |
| 4 | 2 | **Upaniṣads and Gītā in the West*** Dara Shikoh's Persian translation of the Upaniṣads and its influence on Sufism
* Impact of the Upaniṣads on western thought
* Translation of the Gītā in European languages and their impact on religious and philosophical thought of the west.
 | 1.Neria H. Hebber, Influence of Upaniṣads in the West, Boloji.com. Retrieved on : 2012-03-02. 2.arisebharat.com/2011/10/22/impact-of-bhagvad-gita-on-west |
| 5 | 3 | **Sanskrit Fables in World Literature*** Translation of Pan͂catantra in Eastern and Western Languages.
* Translation of Vetālapan͂caviṁśatikā, Siṁhāsanadvātriṃśikā and Śukasaptati in Eastern countries.
* Illustrated Sanskrit texts in medieval India – Ramayana, Mahabharata, Gita Govinda, Suka saptati, Chaurapanchashika and others.
 | 1.Edgerton, Franklin (1924), *The Paňcatantra Reconstructed* (Vol.1: Text and Critical Apparatus, Vol.2 : Introduction and Translation), New Haven, Connecticut: American Oriental Series. Volumes 2-3. 2.Excerpt from Wood's 2008 update of *Kalila and Dimna- Fables of Friendship and Betrayal.* 3. Jacobs, Joseph (1888), *The earliest English version o the Fables of Bidpai* , London.  |
| 6 | 3 | **Sanskrit Fables in World Literature*** Translation of Pan͂catantra in Eastern and Western Languages.
* Translation of Vetālapan͂caviṁśatikā, Siṁhāsanadvātriṃśikā and Śukasaptati in Eastern countries.
* Illustrated Sanskrit texts in medieval India – Ramayana, Mahabharata, Gita Govinda, Suka saptati, Chaurapanchashika and others.
 | 1.Edgerton, Franklin (1924), *The Paňcatantra Reconstructed* (Vol.1: Text and Critical Apparatus, Vol.2 : Introduction and Translation), New Haven, Connecticut: American Oriental Series. Volumes 2-3. 2.Excerpt from Wood's 2008 update of *Kalila and Dimna- Fables of Friendship and Betrayal.* 3. Jacobs, Joseph (1888), *The earliest English version o the Fables of Bidpai* , London.  |
| 7 | 4 | **Rāmāyaṇa and Mahābhārata in South East Asia*** RāmaKathā in South East Asia
* Rāmāyana and Mahābhārata in folk cultures of South East Asia
 | 1.Mahulikar, Gauri, Effect of Ramayana On Various Cultures And Civilisations, Ramayana Institute. 2.The Rāmāyana Tradition in Asia, Dr. V. Raghavan Ed. https://raahi.wordpress.com/2010/05/14/on-versions-of-the-ramayana-and-mahabharata-in-south-east-asia/ |
| 8 | 4 | **Rāmāyaṇa and Mahābhārata in South East Asia*** RāmaKathā in South East Asia
* Rāmāyana and Mahābhārata in folk cultures of South East Asia
 | Mahulikar, Gauri, Effect of Ramayana On Various Cultures And Civilisations, Ramayana Institute. https://raahi.wordpress.com/2010/05/14/on-versions-of-the-ramayana-and-mahabharata-in-south-east-asia/ |
| 9 | 5 | **Kālidāsa in the West** * English and German translations of Kālidāsa's works and their influence on western literature and theatre.
 | Kalidaas Granthavali,[Revaprasad Dwivedi](https://epustakalay.com/writer/42532-revaprasad-dwivedi/) |
| 10 | 5 | **Kālidāsa in the West** * English and German translations of Kālidāsa's works and their influence on western literature and theatre.
 | Kalidaas Granthavali, [Revaprasad Dwivedi](https://epustakalay.com/writer/42532-revaprasad-dwivedi/), |
| 11 | 6 | **Sanskrit Studies across the World: Past and Present** * Sanskrit Studies in Asia (China and Japan)
* Sanskrit Studies in Europe (England, France and Germany)
* Sanskrit Studies in America (USA and Canada)
 | Banarji, Suresh Chandra- 'Influence of Sanskrit outside India, A Companion to Sanskrit Literature, MLBD, 1971.  |
| 12 | 6 | **Sanskrit Studies across the World: Past and Present** * Sanskrit Studies in Asia (China and Japan)
* Sanskrit Studies in Europe (England, France and Germany)
* Sanskrit Studies in America (USA and Canada)
 | Banarji, Suresh Chandra- 'Influence of Sanskrit outside India, A Companion to Sanskrit Literature, MLBD, 1971. , |

**Assessments of the Students:**

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**Class test** is tentatively scheduled in the 10th week (weightage 10 marks)

**Attendance** (weightage 5 marks)

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**Pedagogy/Teaching Methodology/Tools**: Lectures, group discussions and mutual interactions of students take place in the classes. Students are encouraged to participate in presentations. Intermittently students are given home work to write on some Sutra’s of the syllabus and their write ups are discussed in the tutorial class. Tutorial classes also aim to do develop writing skills of students and improving their linguistic skills.

**Bharati College**

**(University of Delhi)**

**Department of Sanskrit**

**Teaching Plan** (July 2018- November 2018)

**Course: Upaniṣad and Bhagawad Gītā (72132802)**

**Teacher(s):** Dr.Prem Ballabh Deoli

**Semester:** 2th B.A. (H)

**Meetings:** 4 in a week for lectures.

The general objective of this course is to give the students basic idea of Philosophy of the Upaniṣads and the Bhagawad Gītā, which are recognised as representative texts of Indian thought. The Students will be able to peep into understand the spiritual depth of the intellectual wisdom of Indian seers. The Ishopanishad teaches the art of harmonising materialism and spiritualism. The subject matter of the Bhagawad Gita II comprising of the concepts of Niṣkām karmyoga, Self and Sthita Prajña (the ideal human being) will enable learners to attain a proper balance between intellectual and emotional faculties.

After the completion of this paper the students will be aware of the solutions of many modern day conflicts available in the upanishadic literature and Bhagavad Geeta. They will get to know the spiritual aspects of Indian traditions separated from the religious tradition**.**

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| **Week** | **Unit** | **Topics covered** | **Required Readings** |
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| **Ishavasyopnisad**  |  |
| Introduction to Ishavasyopnisad  |

 | Isha Upanishad, The Complete Works Of Sri Aurobindo,  |
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| **Ishavasyopnisad**  |  |
| Text Reading of Ishavasyopnisad  |

 | Isha Upanishad, The Complete Works Of Sri Aurobindo,  |
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| **Bhagavadgita**  |  |
| Text Introduction: Chapter Two  |

 | Śrimadbhagavadgītā - English commentary by Jayadayal Goyandka,   |
| 4 | 2 | **Bhagavadgita**Text Reading:Chapter Two, Verse:01-25.  | Śrimadbhagavadgītā - English commentary by Jayadayal Goyandka,  |
| 5 | 3 | Text Reading Chapter Two, Verse: 26-72.  | Śrimadbhagavadgītā - English commentary by Jayadayal Goyandka,  |
| 6 | 3 | General Introduction to Upanisadic Philosophy  | **Gaurinath Shastri, A Concise History of Sanskrit Literature,**  |
| 7 | 4 | General Introduction to Upanisadic Philosophy  | **Gaurinath Shastri, A Concise History of Sanskrit Literature,**  |
| 8 | 4 | General Introduction to Upanisadic Philosophy  | Bharatiya Darshana Ki Rupa Rekha, [Baldev upadhayay](https://epustakalay.com/writer/80-baldev-upadhayay/)  |
| 9 | 5 | General Introduction to Upanisadic Philosophy  | Bharatiya Darshana Ki Rupa Rekha, [Baldev upadhayay](https://epustakalay.com/writer/80-baldev-upadhayay/) |
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