

Bharati College
(University of Delhi)
Department of Sanskrit
Teaching Plan (Nov 2021- March 2021)

Course: Niti Literature (AECC)

Teacher(s): Dr. Pratibha Tripathi shared with Madhav Gopal

Semester: 1st BA (P) (AECC)

Meetings: 4 in a week for lectures

Course Objective

This course aims to get the students acquainted with the outline of Sanskrit Nīti literature through texts Pañcatantram and Nītiśatakam with the General Introduction to Sanskrit Literature. The students will learn the essence of the ways of life depicted and enjoined in the Niti Literature of Sanskrit language. They will also learn various aspects and forms of Sanskrit as one of the modern Indian Languages through the practice of easy and simple Sanskrit texts of Niti Literature. The storylines and the study and verses from the prescribed texts will instill in the students the moral and ethical values that will be an asset in the lived lives. They will be familiar with the general history of Sanskrit Literature and with the style and contents of the works of eminent literary figures like Bhasa, Kalidas, Bhavabhuti and Banabhatta etc.

This course will enhance the skill of chaste Sanskrit pronunciation as well as competence and performance of language. This will help them translate, explain the prescribed Sanskrit texts in their native language.

Week	Unit	Topics covered	Required Readings
1	1	Introduction to the text Panchatantra ksapanakakatha,	Pañcatantra translated by Shrishyamacharan Pandey (2006)
2	1	sinha-karaka-murkhabrahmana katha	Pañcatantra translated by Shrishyamacharan Pandey (2006)
3	2	murkhapandita-katha, vanara-magaramaccha-katha	Pañcatantra translated by Shrishyamacharan Pandey (2006)
4	2	gangadattamanduka katha	Pañcatantra translated by Shrishyamacharan Pandey (2006)
5	3	Introduction to nitishatakam Text reading of nitishatakam from verses: 01-10	Savitri Gupta, Vidyanidhi Prakashan, (2015)
6	4	Text reading of nitishatakam from verses: 11-20	Savitri Gupta, Vidyanidhi Prakashan, (2015)

7	4	Text reading of nitishatakam from verses: 31-30	Savitri Gupta, Vidyanidhi Prakashan, (2015)
8	5	Sanskrit Mahakavya- works of Kalidasa and Bharavi	Sanskrit Sahitya ka Itihas by Umshankar Sharma Rishi
9	5	Sanskrit Prose – works of Banabhatta and Dandin	Sanskrit Sahitya ka Itihas by Umshankar Sharma Rishi
10	6	Sanskrit Drama- plays of Bhasa	Sanskrit Sahitya ka Itihas by Umshankar Sharma Rishi
11	6	Plays of Kalidasa and Bhavabhuti	Sanskrit Sahitya ka Itihas by Umshankar Sharma Rishi
12	6	Revision of some major topics	

Assessments of the Students:

1st Assignment is due in the fourth week (weightage 5 marks)

2nd Assignment is due in the 7th week (weightage 5 marks)

Class test is tentatively scheduled in the 10th week (weightage 10 marks)

Attendance (weightage 5 marks)

Total weightage of IA: 25 marks

Internal assessment: Assignments, class test, group discussions, presentations. (25 marks)

(The main exam is conducted by the University of Delhi by a written test of 75 marks)

Pedagogy/Teaching Methodology/Tools: Lectures, group discussions and mutual interactions of students take place in the classes. Students are encouraged to participate in presentations. Intermittently students are given home work to write on some issue of the syllabus and their write ups are discussed in the tutorial class. Tutorial classes also aim to do develop writing skills of students and improving their linguistic skills.

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Bharati College (University of Delhi)
Department of Sanskrit Teaching Plan (2020-21)

Course: Critical survey of Sanskrit literature

Teacher(s): Dr. Pratibha Tripathi and Dr. Suman Rani

Semester: I sem (B.A Hons.Sanskrit-1st year) Nov 2020 to March 2021

This is our main paper that is offered to Sanskrit Honors students. It deals with salient elements of Indian culture and certain social issues that sprung up from ancient Sanskrit texts. Keeping in mind the un-comfortability of students in Sanskrit language, this paper is taught in Hindi and English media and reading materials include translated works from Sanskrit. The learners are expected to assimilate the nuances of Indian culture, evolution of different cultural traditions, adaptability with respect to foreign elements and undercurrent of Sanskrit-led culture in vernacular cultural life. They are also equipped with the weapons of logic to engage in significant socio-cultural issues.

Week	Unit	Topics covered	Required Readings
1	SEC.A unit 1	vedic literature,samhita time,subject matter,religion	Sanskrit sahitya ka itihās by Dr.pushpa Gupta, all 4 veda original text
2	unit 1	social life of vedic period,economic life,education system ect.	Vedic sahitya ka Itihās Baldev dvivedi ,parasnath
3	2	Brahmana ,Aranyaka,upanishad ,s brief introduction	vedic sahitya ka Itihās Baldev dvivedi ,parasnath
4	2	vedāᅅga	panini shiksha
5	SEC.B unit 1	Ramayana-Time,subject -matter,Ramayana as an Adikavya	original text of Ramayana

6	unit 2	Ramayana as a Source Text and its cultural importance	original text of Ramayana
7	Section C UNIT 1	Mahabharata and its Time ,Development ,and subject matter	original text of Mahabharat ,
8	unit 2	Mahabharata: Encyclopaedic nature,as a Source Text,Cultural Importance	vedic sahitya ka Itihas Baldev dvivedi ,parasnath
9	Sec.D unit 1&2	Puranas: Subject matter,Characteristic,Social,Cultural and Historical Importance	vedic sahitya ka Itihas Baldev dvivedi ,parasnath
10	SEC.E Unit 1	General Introduction to vyakaran-Brief History Of Vyakaran Shastra	ashtadhyayi,siddhanta kaumudi
11	unit 2	General Introduction to Darsana-Major schools of Indian Philosophy Carvaka,Buddha Jaina	Darshan shastra ka itihias
12	unit 2	Sankhya-yoga,Nyaya-Vaisesika,Purva-Mimamsha and uttara mimamsa	same above
13	Unit 3	General Introduction to Poetics -six major School of Indian Poetics-Rasa,Alamkara	kavyashastra ,sahityadarpan
14	Unit 3	Riti dhvani,vakrokti and Auchitya	same above

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Bharati College
(University of Delhi)
Department of Sanskrit
Teaching Plan (April 2021- July 2021)

Course: Upaniṣad and Bhagawad Gītā

Teacher(s): Dr. Pratibha Tripathi (Shared with Dr. Prem Ballabh Deoli)

Semester: 2nd, B.A. (P)

Course Objective

The general objective of this course is to give the students basic idea of Philosophy of the Upaniṣads and the Bhagawad Gītā, which are recognised as representative texts of Indian thought. The Students will be able to peep into understand the spiritual depth of the intellectual wisdom of Indian seers. The Ishopanishad teaches the art of harmonising materialism and spiritualism. The subject matter of the Bhagawad Gita II comprising of the concepts of Niṣkāṃ karmyoga, Self and Sthita Prajñā (the ideal human being) will enable learners to attain a proper balance between intellectual and emotional faculties.

After the completion of this paper the students will be aware of the solutions of many modern day conflicts available in the upanishadic literature and Bhagavad Geeta. They will get to know the spiritual aspects of Indian traditions separated from the religious tradition.

Week	Unit	Topics covered	Required Readings
1	1	Ishavasyopnisad Introduction to Ishavasyopnisad	Isha Upanishad, The Complete Works Of Sri Aurobindo,
2	1	Ishavasyopnisad Text Reading of Ishavasyopnisad	Isha Upanishad, The Complete Works Of Sri Aurobindo,
3	2	Bhagavadgita Text Introduction: Chapter Two	Śrimadbhagavadgītā - English commentary by Jayadaya Goyandka,
4	2	Bhagavadgita Text Reading: Chapter Two, Verse: 01-25.	Śrimadbhagavadgītā - English commentary by Jayadaya Goyandka,
5	3	Text Reading Chapter Two, Verse: 26-72.	Śrimadbhagavadgītā - English commentary by Jayadaya Goyandka,
6	3	General Introduction to Upanisadic Philosophy	Gaurinath Shastri, A Concise History of Sanskrit Literature,
7	4	General Introduction to Upanisadic Philosophy	Gaurinath Shastri, A Concise History of Sanskrit Literature,

8	4	General Introduction to Upanisadic Philosophy	Bharatiya Darshana Ki Rupa Rekha, <u>Baldev upadhayay</u>
9	5	General Introduction to Upanisadic Philosophy	Bharatiya Darshana Ki Rupa Rekha, <u>Baldev upadhayay</u>
10	5	Atman, brahman, Isvara, karma, srishti.	Bharatiya Darshana Ki Rupa Rekha, <u>Baldev upadhayay</u>
11	6	Atman, brahman, Isvara, karma, srishti.	Bharatiya Darshana Ki Rupa Rekha, <u>Baldev upadhayay</u>
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Assessments of the Students:

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Total weightage of IA: 25 marks

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Bharati College
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Department of Sanskrit
Teaching Plan (August 2021- December 2021)

Course: Basic Elements of Ayurveda (SEC)

Teacher(s): Dr. Pratibha Tripathi (Shared with Madhav Gopal)

Semester: 3rd BA (P) SEC

Meetings: 4 in a week for lectures

This course offers an introduction to Āyurveda system of medicine. This has been designed in a well-rounded, comprehensive and useful manner so that the students could use it in their own day-to-day life. The major objective is to understand the basic principles and concepts of preventative medicine and health maintenance, diet and nutrition, usage of commonly used spices and herbs and outline of Āyurvedic therapeutic procedures in Āyurveda. This course will enable the students to appreciate the principles of traditional Indian medicine system which has focused not only to physical health but a healthy life style including food habits, diets, preventive medicine, and medicinal plants available in their surroundings. The course will make the learner able to know the history of Ayurveda through original sources of Ancient medicine in Sanskrit texts i.e. Charaksamhita, Sushruta-samhita and Ashtanghridaya. They also get basic knowledge of physiology, health care, the way of diagnosing the illness and preventive medicine.

Week	Unit	Topics covered	Required Readings
1	1	Introduction of Āyurveda, History of Indian Medicine in the pre-caraka period	A Beginner's Guide to Ayurveda by Rajesh Kotecha and Mita Kotecha (2016)
2	1	The two schools of Āyurveda: Dhanvantari and Punarvasu	A Beginner's Guide to Ayurveda by Rajesh Kotecha and Mita Kotecha (2016)
3	2	Caraka, Suśruta, Vāgbhatta,	A Beginner's Guide to Ayurveda by Rajesh Kotecha and Mita Kotecha (2016)
4	2	Mādhava, Sārṅgadhara and Bhāvamiśra	A Beginner's Guide to Ayurveda by Rajesh Kotecha and Mita Kotecha (2016)
5	3	Carakasa Samhitā (Sūtra-sthānam): Division of Time and condition of nature and body in six seasons	A Beginner's Guide to Ayurveda by Rajesh Kotecha and Mita Kotecha (2016)

6	3	Regimen of Fall Winter (Hemanta), Winter (Śísira) & Spring (Vasanta) seasons.	A Beginner's Guide to Ayurveda by Rajesh Kotecha and Mita Kotecha (2016)
7	3	Regimen of Summer (Grīṣma), Rainy (Varṣā) and Autumn (Śarada) seasons	A Beginner's Guide to Ayurveda by Rajesh Kotecha and Mita Kotecha (2016)
8	4	General introduction to Carakasa Samhitā	A Beginner's Guide to Ayurveda by Rajesh Kotecha and Mita Kotecha (2016)
9	4	General introduction to Ashtanghridaya	A Beginner's Guide to Ayurveda by Rajesh Kotecha and Mita Kotecha (2016)
10	5	Taittirīyopaniṣad: Bhṛguvallī, anuvāk 1- 3	Taittirīyopaniṣad- Jyoti Hindi Teeka by Kanhaiyalal Johi (2009)
11	5	Taittirīyopaniṣad: Bhṛguvallī, anuvāk 4- 6	Taittirīyopaniṣad- Jyoti Hindi Teeka by Kanhaiyalal Johi (2009)
12		Revision of some major topics	

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Teacher(s): Dr. Pratibha Tripathi (Shared with Madhav Gopal)

Semester: 3rd BA (P) SEC

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3	2	Caraka, Suśruta, Vāgbhatta,	A Beginner's Guide to Ayurveda by Rajesh Kotecha and Mita Kotecha (2016)
4	2	Mādhava, Sārṅgadhara and Bhāvamiśra	A Beginner's Guide to Ayurveda by Rajesh Kotecha and Mita Kotecha (2016)
5	3	Carakasa Samhitā (Sūtra-sthānam): Division of Time and condition of nature and body in six seasons	A Beginner's Guide to Ayurveda by Rajesh Kotecha and Mita Kotecha (2016)
6	3	Regimen of Fall Winter (Hemanta),	A Beginner's Guide to Ayurveda

		Winter (Śiśira) & Spring (Vasanta) seasons.	by Rajesh Kotecha and Mita Kotecha (2016)
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Bharati College
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Teaching Plan (July 2020- December 2020)

Course: Sanskrit Drama

Teacher(s): Dr. Pratibha Tripathi (Shared with Dr. Suman Rani)

Semester: 3rd BA (P) DSE-3

Course Objectives:

This course is intended to acquaint the students with three of the most famous dramatic works of Sanskrit literature which represent the three stages of the development of Sanskrit drama.

Week	Unit	Topics covered	Required Readings
1	1	Pratimānāṭakam: Act I – Bhāsa First Act (प्रथम अङ्क) Introduction,	Achrarya Jagdish Chandra Mishra, Pratimānāṭakam , Chaukhmbha Surbharti Granth Mala, Varanasi. Sanskrit Sahitya ka Itihas, Kapildev dwivedi, Ramnarayanlal vijaykumar, Allahabad. Rūpanārāyaṇa Tripāṭhī, Māṇikya Lāla Śāstrī (Ed.)Pratimānāṭakam: Saṃskṛta-Hindī vyākhyā sahita, Haṃsā Prakāśana, 2007
2	1	Pratimānāṭakam: Act I – Bhāsa Text Reading (Grammar, Translation, and Explanation), Poetic excellence, Plot.	Achrarya Jagdish Chandra Mishra, Pratimānāṭakam , Chaukhmbha Surbharti Granth Mala, Varanasi. Rūpanārāyaṇa Tripāṭhī, Māṇikya Lāla Śāstrī (Ed.)Pratimānāṭakam: Saṃskṛta-Hindī vyākhyā sahita, Haṃsā Prakāśana, 2007

3	2	Pratimānāṭakam: Act III – Bhāsa Third Act (तृतीय अङ्क) Introduction,	Achrarya Jagdish Chandra Mishra, Pratimānāṭakam , Chaukhmbha Surbharti Granth Mala, Varanasi. Rūpanārāyaṇa Tripāṭhī, Māṇikyā Lāla Śāstrī (Ed.)Pratimānāṭakam: Saṃskṛta-Hindī vyākhyā sahita, Haṃsā Prakāśana, 2007
4	2	Pratimānāṭakam: Act III – Bhāsa Text Reading (Grammar, Translation, and Explanation), Poetic excellence, Plot.	Achrarya Jagdish Chandra Mishra, Pratimānāṭakam , Chaukhmbha Surbharti Granth Mala, Varanasi. Rūpanārāyaṇa Tripāṭhī, Māṇikyā Lāla Śāstrī (Ed.)Pratimānāṭakam: Saṃskṛta-Hindī vyākhyā sahita, Haṃsā Prakāśana, 2007
5	3	Abhijñānaśākuntalam Act IV- Kālidāsa Text Reading (Grammar, Translation, Explanation), Poetic excellence, Plot, Timing of Action. Personification of nature. <i>kāvyeṣu nāṭakam ramyam, upamā</i> , Language of Kālidāsa, <i>dhvani</i> in Kālidāsa, Purpose and design behind <i>Abhijñanaśākuntalam</i> and other problems related to the text.	Abhijñānaśākuntalam by Kapildev dwivedi. M.R. Kale (Ed.), <i>Abhijñanaśākuntalam</i> , MLBD, Delhi. Sanskrit Sahitya ka Itihas, Kapildev dwivedi, Ramnarayanlal vijaykumar, Allahabad. सुबोधचन्द्र पंत, अभिज्ञानशाकुंतलम, मोतीलाल बनारसीदास, दिल्ली
6	3	Abhijñānaśākuntalam Act IV- Kālidāsa Text Reading (Grammar, Translation, Explanation), Poetic excellence, Plot, Timing of Action. Personification of nature. <i>kāvyeṣu nāṭakam ramyam, upamā</i> , Language of Kālidāsa, <i>dhvani</i> in Kālidāsa, Purpose and design behind <i>Abhijñanaśākuntalam</i> and other problems related to the text.	Abhijñānaśākuntalam by Kapildev dwivedi. M.R. Kale (Ed.), <i>Abhijñanaśākuntalam</i> , MLBD, Delhi. Sanskrit Sahitya ka Itihas, Kapildev dwivedi, Ramnarayanlal vijaykumar, Allahabad. सुबोधचन्द्र पंत, अभिज्ञानशाकुंतलम,

			मोतीलाल बनारसीदास, दिल्ली
7	4	Technical Terms from Sanskrit Dramaturgy नाटक, नायक, नायिका, पूर्वरङ्ग, नानदी, सूत्रधार, नेपथ्य, प्रस्तावना, कञ्चुकी, विदूषक,	Sanskrit Sahitya ka Itihas, Kapildev dwivedi, Ramnarayanlal vijaykumar, Allahabad. Abhijñānaśākuntalam by Kapildev dwivedi. Ten technical terms in sanskrit drama and dictionaries by Anuru Ranjan Mishra, Bulletin of the Deccan College Post-Graduate and Research Institute, <u>Vol. 76</u> (2016), pp. 155-160
8	4	अङ्क, स्वगत, प्रकाश, अपवारित, जनान्तिक, आकाशभाषित, विष्कंभक, प्रवेशक एव भरतवाक्य ।	Sanskrit Sahitya ka Itihas, Kapildev dwivedi, Ramnarayanlal vijaykumar, Allahabad. Abhijñānaśākuntalam by Kapildev dwivedi. Ten technical terms in sanskrit drama and dictionaries by Anuru Ranjan Mishra, Bulletin of the Deccan College Post-Graduate and Research Institute, <u>Vol. 76</u> (2016), pp. 155-160
9	5	History of Sanskrit Drama: Origin	Sanskrit Sahitya ka Itihas, Kapildev dwivedi, Ramnarayanlal vijaykumar, Allahabad. संस्कृत साहित्य का इतिहास : History of Sanskrit Literature Hindi Edition by Dr. Uma Shankara Sharma 'Rishi.
10	5	History of Sanskrit Drama: Development	Sanskrit Sahitya ka Itihas, Kapildev dwivedi, Ramnarayanlal vijaykumar, Allahabad.

			संस्कृत साहित्य का इतिहास : History of Sanskrit Literature Hindi Edition by Dr. Uma Shankara Sharma 'Rishi.
11	6	Some important dramatists: Bhāsa, Kālidāsa, Śūdraka,	Sanskrit Sahitya ka Itihas, Kapildev dwivedi, Ramnarayanlal vijaykumar, Allahabad. संस्कृत साहित्य का इतिहास : History of Sanskrit Literature Hindi Edition by Dr. Uma Shankara Sharma 'Rishi.
12	6	Viśākhadatta, Harṣa, Bhavabhūti, and their works.	Sanskrit Sahitya ka Itihas, Kapildev dwivedi, Ramnarayanlal vijaykumar, Allahabad. संस्कृत साहित्य का इतिहास : History of Sanskrit Literature Hindi Edition by Dr. Uma Shankara Sharma 'Rishi.

Assessments of the Students:

1st Assignment is due in the fourth week (weightage 5 marks)

2nd Assignment is due in the 7th week (weightage 5 marks)

Class test is tentatively scheduled in the 10th week (weightage 10 marks)

Attendance (weightage 5 marks)

Total weightage of IA: 25 marks

Internal assessment: Assignments, class test, group discussions, presentations. (25 marks)

(The main exam is conducted by the University of Delhi by a written test of 75 marks)

Pedagogy/Teaching Methodology/Tools: Lectures, group discussions and mutual interactions among students are the regular activity in classes. Students are encouraged to participate in presentations and teaching learning activity. Intermittently students are given homework to improve their writing skills from the syllabus and the same are discussed in the tutorial class. Tutorial classes also aim to do develop writing skills of students and improving their linguistic skills.