

TEACHING PLAN for Academic Year 2020-21

PAPER: C-PSY-01- INTRODUCTION TO PSYCHOLOGY Core Course - (CC)

SEMESTER: I

SESSION: JULY - FEBRUARY 2021-22

TEACHER NAME: Theory: Ms. Preeti, Ms. Ribbika

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SYLLABUS

UNIT 1

Introduction: Definitions of Psychology, Perspectives in Psychology; Research Methods of Psychology; Subfields of Psychology

UNIT 2

Perception: Perception and Cultural Influences on Perception: Perceptual Processing, Perceptual Sets; Role of Attention; Perceptual Organization; Perceptual Constancies; Depth Perception; Illusions

UNIT 3

Learning: Learning, Principles and Applications of Classical Conditioning, Operant Conditioning, and Observational Learning; Cognitive Influences on Learning

UNIT 4

Memory: Definition of Memory, Models of Memory: Levels of Processing, Parallel Distributed Processing, Information Processing; Reconstructive Nature of Memory; Forgetting; Improving Memory; Culture and Memory

COURSE DESCRIPTION

This paper provides an in-depth overview of the dominant theoretical and empirical trends in the field of psychology. An endeavour will be made to create a learning environment for students in which the excitement of learning psychology is enhanced, complexities of and debates within the discipline are rigorously interrogated and its unique relevance in understanding the human subjectivity as shaped by the social, historical and political is dwelt upon. The curriculum may be transacted using several pedagogical methods such as lectures, technology-enabled learning, classroom discussions, use of case studies/films and documentaries/fiction, field visits, workshops etc. The practical component attached to this paper allows students the opportunities to design research studies using various kinds of tools

and techniques and also to carry out both qualitative and quantitative analysis of the findings. Students will be imparted a variety of skills such as how to conduct a psychological experiment ensuring controlled conditions, keeping in mind ethics of experimentation.

TEACHING TIME

12 Weeks approximately

The course is organized around daily lectures as per the time table. Students will be given reading assignments each week to help them follow the course content. These readings will be discussed in class in detail. There are 5 marks for attendance as part of Internal Assessment.

UNIT WISE BREAK UP OF SYLLABUS

UNIT I (Week 1-3)

Introduction: Definitions of Psychology, Perspectives in Psychology; Research Methods of Psychology; Subfields of Psychology

UNIT II (Week 4-6)

Perception: Perception and Cultural Influences on Perception: Perceptual Processing, Perceptual Sets; Role of Attention; Perceptual Organization; Perceptual Constancies; Depth Perception; Illusions

UNIT III (Week 7-9)

Learning: Learning, Principles and Applications of Classical Conditioning, Operant Conditioning, and Observational Learning; Cognitive Influences on Learning

UNIT IV (Week 10-12)

Memory: Definition of Memory, Models of Memory: Levels of Processing, Parallel Distributed Processing, Information Processing; Reconstructive Nature of Memory; Forgetting; Improving Memory; Culture and Memory

ASSESSMENT

Internal Assessment: 25 Marks

Students in this course will primarily have three modes of assessment:

- 1) Written assignment
- 2) Presentation
- 3) Class Test

Students in this course will primarily have one mode of assessment: 2 Assignments each of marks 12.5 where they were tested of their analytical knowledge from the whole syllabus.

Students will have to write one essay based assignment inclusive of bibliographies, and for the second assignment they will have to prepare a presentation on an empirical based. The topics for the first assignment will be shared in class by the end of the first week of August. Field work is an important component of learning in this course for theory and practical both. Students will be assessed on their understanding of disciplinary knowledge, their ability to express their knowledge accurately and aesthetically, their capability to review, design, conduct research and write reports. A variety of assessment methods can be used in the assessment: written assignments, class tests, home assignments, term papers, project work, class presentations, research reports, viva voce and observation of practical skills.

Practicals of this Paper:

These practicals will be done in smaller groups of 10-12 students under the supervision of teachers. The specific disciplinary concerns of Psychology, given our requirement for interaction with human participants, make it nearly impossible to work with a group size of more than 10-12 students. Students will be closely monitored and taught the necessary know-how of experimentation using human participants. It is envisaged as a collaborative learning space wherein each student of the group shares in the group discussion, puts forth one's findings for analysis and learns from other students' work, with the teacher helping each student to relate his findings to theory and research literature.

PRACTICAL

Any 2 experiments based on C-PSY-01 (Introduction to Psychology). Each practicum group will consist of 10-12 students.

ESSENTIAL READINGS:

Baron, R. & Misra, G. (2016). Psychology. 5th Edition. New Delhi: Pearson.

Ciccarelli, S. K., White, N.J., & Misra, G. (2017). Psychology, 5th Edition. South Asian Edition. New Delhi: Pearson Education.

Galotti, K.M. (2014). Cognitive Psychology: In and Out of the Laboratory, 5th Edition. New Delhi: Sage.

Passer, M.W. & Smith, R.E. (2010). Psychology: The science of mind and behaviour. New Delhi: Tata McGraw-Hill.

SUGGESTED READINGS:

Craik, F.I.M. & Lockhart, R.S. (1972). Levels of processing: A framework for memory research. *Journal of Verbal Learning and Verbal Behaviour*, 11(6), 671-684.

Danziger, K. & Dzinas, K. (1997). How Psychology got its variables. *Canadian Psychology*, 38, 43- 48. Fox., I. Prilleltensky & S. Austin (Eds.)(2009). *Critical Psychology: An Introduction* (2nd Edition.) Thousand Oaks, CA: Sage.

Graham, R. (2008). *Psychology: The Key concepts* (1 st Ed). India: Routledge.

Morgan, C.T., King, R.A., Weiss, R.A., & Schopler, J. (2004). *Introduction to Psychology* (7th Edition). New York, NY: Mc Graw Hill.