



Bharati COLLEGE
UNIVERSITY OF DELHI



Department of Physical Education

in collaboration with

National Service Scheme (NSS), Bharati College

organises an Interactive Webinar on

Utility of Yoga in Present Scenario

Date: 21st June, 2020



Time: 11:00 am Onwards

Webinar Platform: Google Meet



Prof. Mahesh Prasad Shilori

Former Dean- Department of Philosophy
Head of the Department- Yoga Science
Sri Lal Bahadur Shastri Central University
New Delhi

SPEAKERS



Yogi Simant

Founder- Spirit Yoga Foundation
www.spiritryoga.org



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Dr. Rekha Sapra

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