

**swati.sawhney@outlook.com**

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**From:** Rekha Sapra <rekhasapra@gmail.com>  
**Sent:** Friday, September 24, 2021 9:20 AM  
**To:** Swati Sawhney  
**Subject:** Fwd: Letter of appreciation

----- Forwarded message -----

From: **Rekha Sapra** <[rekhasapra@gmail.com](mailto:rekhasapra@gmail.com)>  
Date: Sat, 10 Jul, 2021, 8:58 PM  
Subject: Fwd: Letter of appreciation  
To: Swati Sawhney <[swati.sawhney@outlook.com](mailto:swati.sawhney@outlook.com)>

----- Forwarded message -----

From: **Nirmala Muralidhar** <[nirmala@jdm.du.ac.in](mailto:nirmala@jdm.du.ac.in)>  
Date: Sat, 10 Jul, 2021, 8:52 PM  
Subject: Letter of appreciation  
To: <[rekhasapra@gmail.com](mailto:rekhasapra@gmail.com)>

Dear Dr.Sapra,

We thank you for addressing our gathering at JDMC on ' Ensuring wellbeing during covid crisis' on 29th April 2020. The talk was v.well received and was informative & enriching.

We look forward to more such interactions.

Warm regards

Nirmala Muralidhar  
Project coordinator  
Social & Emotional Wellbeing in Young Adults