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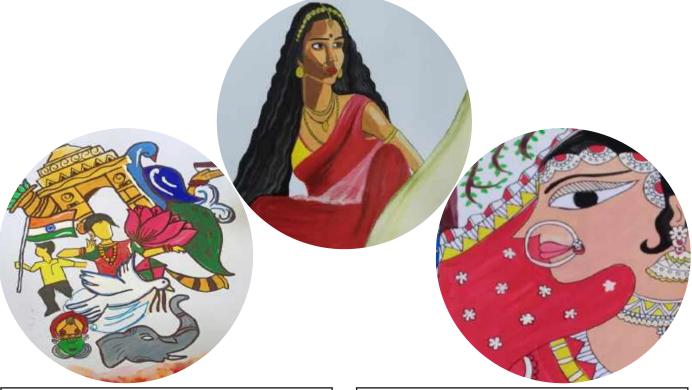
ONE EARTH • ONE FAMILY • ONE FUTURE

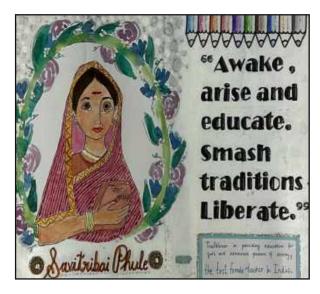


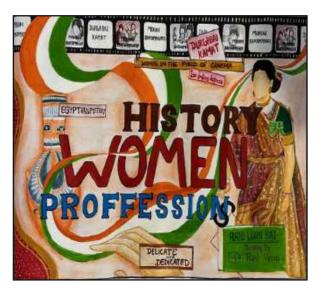














भारती कॉलेज BHARATI COLLEGE University of Delhi 2023

© Bharati College, University of Delhi *Printed by :* Jiwan Jyoti Offset Printers "We want that education by which character is formed, strength of mind is increased, the intellect is expanded, and by which one can stand on one's own feet." - **Swami Vivekananda**



वशुधेव कुटुम्बकम् ONE EARTH • ONE FAMILY • ONE FUTURE

Principal's Desk



I am pleased to introduce the latest edition of our college magazine. This publication is a testament to the hard work and dedication of our students and faculty, who have contributed their time and talents to create a diverse and engaging collection of articles, stories and artwork. The college magazine is an important platform for our students to showcase their creativity, share their thoughts and ideas, and connect with their peers. It provides a window into the vibrant and dynamic culture of our college, and reflects the many interests and perspectives of our student body. From writings on social, political and economic issues, to inspiring stories of personal triumph and achievement, to an expression of creativity of students as well as teachers, this magazine truly captures the spirit of our college community.

This year's edition of the magazine is particularly special, as it features a wide range of content that speaks to the challenges and opportunities of the times we are living in; in the backdrop of the year of India's first ever G-20 Presidency.

Today, I would like to emphasize the significant role that Indian youth can play in the G-20, the premier forum for international economic cooperation. As we all know, the G-20 brings together the world's major economies, representing both developed and developing nations, to discuss and address pressing global challenges. It provides a platform for leaders to



collaborate and find solutions for a more inclusive and sustainable future.

The theme of India's G-20 Presidency - "Vasudhaiva Kutumbakam" or "One Earth · One Family · One Future" conveys a powerful message of striving for just and equitable growth for all in the world. It represents a uniquely Indian approach to our G-20 Presidency, of living in harmony with the surrounding ecosystem; as we navigate through these turbulent times; in a sustainable, holistic, responsible, and inclusive manner. The 18th G-20 Summit in New Delhi, in September 2023, will be a culmination of all the G-20 processes and meetings held throughout the year among ministers, senior officials, and civil societies. For India, the G-20 Presidency also marks the beginning of "Amritkaal", the 25- year period beginning from the 75th anniversary of its independence on 15 August 2022, leading up to the centenary of its independence, towards a futuristic, prosperous, inclusive and developed society, distinguished by a human-centric approach at its core.

As an institution dedicated to nurturing future leaders, our college plays a vital role in empowering the Indian youth to actively engage with the G-20. Through various academic programs, research opportunities, and extracurricular activities, we strive to equip our students with the knowledge, skills, and values necessary to become agents of positive change on a global scale. I am of the firm belief that the Indian youth; with their enthusiasm, creativity, and resilience, possess the power to drive meaningful change and contribute to the global dialogue on crucial issues such as climate change, sustainable development, technological innovation, and economic growth. I urge all our students to embrace their role as torchbearers of a brighter future.

I would like to congratulate all the students and faculty members who have contributed to this magazine, and thank them for their hard work and dedication. Your contributions have made this publication a truly remarkable showcase of our college's talent and creativity.

I invite all our students, faculty and staff to take the time to read this magazine, and to appreciate the many talents and perspectives of our college community. I hope that this edition of the magazine inspires you to engage more deeply with the issues that matter to you, and to contribute your own voice there.

Thank you for your continued support, and best wishes for a successful and fulfilling year ahead.

Sincerely,

Professor (Dr.) Saloni GuptaPrincipal
Bharati College



आजादी का अमृत महोत्सव। जी 20 को आधार बनाया। भारती पत्रिका का मूल विषय समिति ने मिलकर सुझाया।। छात्रा, शिक्षक सभी सहकर्मी किया योगदान रचनाओं का। कविता, कहानी, लेख, संस्मरण संकलन कला कृतियों का।। स्थूल- सूक्ष्म उभय माध्यम में पत्रिका उपलब्ध पाठक हेतु। सरल, सुगम, सफलतम साधन लेखक- पाठक मध्य सेतु।। अथक प्रयास को युवा मन के मिले सभी की शुभ कामना। नन्हीं कोमल कली सम रचनाएं बने विकसित सुमन बाग़ का।। प्रो मन्जु शर्मा



संयोजक की कलम से....



प्रतीक्षा के क्षणोंपरान्त भारती पत्रिका अपने सुगठित , आकर्षक एवं समसामयिक विषय सामग्री से युक्त नूतन कलेवर के साथ हम सभी के समक्ष प्रस्तुत है। यह मूलतः भारती कालेज की छात्राओं की स्वाभिव्यक्ति पर केन्द्रित है। साथ ही शिक्षण एवं शिक्षणेत्तर वर्ग की अभिव्यक्ति को भी समुचित स्थान प्राप्त हुआ है।

वित्त मंत्रियों और सेन्ट्रल बैंक के गवर्नरों का समूह जी -20 या बीस का समूह के रूप में जाना जाता है। इस संगठन में 19 देश और यूरोपीय संघ सिम्मिलित हैं। इसका प्रतिनिधित्व यूरोपीय परिषद् के अध्यक्ष और यूरोपीय केन्द्रीय बैंक द्वारा किया जाता है। 17 वें जी- 20 शिखर सम्मेलन का आयोजन 9-10 सितम्बर 2023 को दिल्ली (भारत) में प्रधानमंत्री श्री नरेन्द्र मोदी जी की अध्यक्षता में सम्पन्न हुआ। भारत 30 सितम्बर 2023 तक जी- 20 का अध्यक्ष बना रहेगा। इसका सिद्धांत 'वसुधैव कुटुम्बकम्' अर्थात् एक धरती, एक परिवार और एक भविष्य है। जिसका उद्देश्य वैश्विक अर्थव्यवस्था में प्रणाली बद्ध महत्वपूर्ण औद्योगिक और विकासशील अर्थव्यवस्थाओं को एक साथ लाने के लिए महत्वपूर्ण बिंदुओं पर चर्चा करना है।

आजादी का अमृत महोत्सव प्रगतिशील भारत के 75 वर्ष पूरे होने और भारत के महान व्यक्तित्व, संस्कृति और उपलब्धियों के गौरवशाली इतिहास को याद करने और उत्सव मनाने के लिए भारत

सरकार द्वारा की जाने वाली एक पहल है। यह महोत्सव भारत की जनता को समर्पित है, जिन्होंने न केवल भारत को और उसकी विकास यात्रा को आगे लाने में महत्वपूर्ण भूमिका निभाई है वरन् उनके अन्दर प्रधानमंत्री मोदी जी के जी- 20 को सिक्रय करने के दृष्टिकोण को सम्भव बनाने की शक्ति और क्षमता भी है, जो आत्मिनर्भर भारत की भावना से प्रेरित है। आजादी का अमृत महोत्सव भारत की सामाजिक, सांस्कृतिक, राजनैतिक और आर्थिक अस्मिता को प्रगित की ओर ले जाने वाले सभी मूल्यों का मूर्त रूप है। इसकी समय सीमा 12 मार्च 2021 से 75 सप्ताह में 15 अगस्त 2023 तक थी। इस आजादी के अमृत महोत्सव का उद्देश्य सहयोगात्मक अभियानों के माध्यम से इस जन आंदोलन को प्रोत्साहित करके इसे सम्पूर्ण भारत और विश्व के विभिन्न स्थलों तक पहुंचाना है।

ऐसे इन उभयपक्षीय ज्वलंत विषयों को वर्तमान 'भारती' पत्रिका' के लिए चयनित किया गया है। जिसमें चतुर्भाषाओं में संकलित विषय सामग्री न केवल पठनीय है, अपितु इन विषयों पर आधारित विभिन्न महाविद्यालयीन क्रियाकलापों से भी अवगत कराती है।

संस्करण को मूर्तरूप देकर हस्तगत कराने में संपादकीय समिति के सभी सदस्यों का सहयोग अतुलनीय रहा है। साथ ही इसे त्रुटि रहित आकर्षक एवं सुन्दर स्वरूप प्रदान करने में प्रकाशक का योगदान महत्वपूर्ण है। अतः आशा ही नहीं वरन् पूर्ण विश्वास भी है कि 'भारती पत्रिका' का यह संस्करण अतुलित विषय सामग्री से युक्त, आकर्षक, रोचक, पठनीय एवं संग्रहणीय होगा। पाठक वर्ग भी अपनी निशब्द शुभकामनाओं से अभिव्यक्ति कर्ताओं को लाभान्वित अवश्य करेगा। सधन्यवाद।

प्रो मन्जु शर्मा संयोजिका संपादक मंडल, भारती पत्रिका



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- Dr. Asha Tiwari
- Dr. Abhishek Puneet
- Ms. Kangkana Roy
- Dr. Nazish Hena Khan
- Dr. Sarita Kadian
- Dr. Shalu Kaur



Department of Commerce



FACULTY MEMBERS:-

Ms. Uma Grover, Dr. Poonam, Prof. Saloni Gupta, Ms. Himanshu Garg, Dr. Vandana Bansal, Prof. Anupama Mahajan, Dr. Mala Rani, Dr. Rajni, Dr. Kamini Bhutani, Dr. Nishtha Bhushan, Ms. Monika Arya, Dr. Roopa Johri, Dr. Harikishni, Dr. Sonia Kaushik, Dr. Kalpana Kataria, Ms. Seema Kwatra, Dr. Arshi Zareen, Dr. Sahaj Wadhwa, Ms. Chitrangda, Dr. Arif Hussain Haidary, Dr. Divya Sharma, Dr. Sonali Jain, Ms. Alka Devi, Dr. Sakshi Mittal, Ms. Sunita, Dr. Monica Shokeen, Ms. Deepika Dewan, Dr. Shilpi Sahi

Convenor: - Dr. Sakshi Mittal

Co-Convenor: - Ms Chitrangada

Student President: - Ms. Laiba Khan

Student Vice President: - Ms. Palak Sharma

Vanijya Samiti

"Vanijya Samiti", the Commerce Society at Bharati College, was formed in the year 2013.

The society aims to make a difference in the domain of learning through practical exposure of the students to the insights of the business world. The society has been, since its inception, organizing various events and activities each academic year related to the domain of commerce as an extension of the curriculum. It aspires:

- To provide a platform to the students to hone their skills at networking as well as understanding the nuances of the business world.
- To provide opportunities to the students to explore subjects beyond the classroom.



- To comprehend and imbibe critical life skills.
- To develop their communication skills, boost their confidence and increas their motivation levels, creating well rounded individuals and making them great team players.

Events for the academic year 2022-23:

- Seminar by ICSI on Company Secretary.
- Seminar in collaboration with TIME on "What after Graduation?"
- Jamming Session in collaboration with MRIDANG- The music and dance society, Bharati College.
- Seminar by Prof. Dr. Amarpreet Singh Ghura on "Entrepreneurship".
- Research Workshop by Prof. H.K Dangi on "Bibliometric Analysis".
- Seminar in collaboration with Time on "How to do well in personal interviews?"
- Seminar by Career Launcher on "Why MBA?"
- An Investor Awareness Workshop by Shri Suryakant Sharma on "Financial Empowerment Through Wealth Creation".
- Vanijya Samiti organised an Education Fair along with various other Universities.
- Vanijya Samiti organised "SHARK TANK" A Product Pitch competition under Bharati College's three day annual fest "Abhivyakti".
- War of Departments in which the participant has to defend their department and roast other departments (HR, Finance, Marketing).
- Bingo in which you have to complete the given channel to win exciting cash prizes.
- 00's ka Dummmm in which₹ 100 were given to every team and they had to utilize ₹100 in the best possible way to earn more.
- Like each year, the society also organized its Fest, Fresher's Party and Farewell Party this year.









Department of Computer Science



FACULTY MEMBERS:-

Dr. Aruna Jain Dr. Sarita Kadian

Dr. Vinesh Kumar

Computer Application in B.A. (Prog) course at Bharati college, was started in 1994 by the Department of Computer Science.

Discipline Course in Computer Applications is designed to introduce computational methods to BA program students. The course promotes computer literacy and programming skills so that the students can make effective use of computer technology in their courses of study. It will help students in making an informed decision regarding the goals that they wish to pursue in further education and life, at large.

The program strives to achieve the following aims:

- To attain an understanding of computer technology, their applications and fundamentals.
- To develop an ability to apply knowledge of computing to solve computational problems.
- To design, implement, and evaluate a computer-based system, process or program to meet the desired needs.

Introduction to Generic Electives (Computer Science Department) Generic elective of Computer Science:

The courses are designed for students studying BA/BSc (Hons) programme, and those studying BA/B.Com. (Non-Hons) programme of University of Delhi.

On successful completion of the course, the students will be able to:

Describe the components of a computer and the notion of an algorithm.



- Apply suitable programming constructs and built-in data structures to solve a problem.
- Develop, document, and debug modular python programs.
- Use classes and objects in application programs and visualize data

Events organized by the Computer Science Department during 2022-2023

- IMCTF (Initiative for Moral and Cultural Training Foundation).
 - The Workshop on Paramveer Vandan under the roof of IMCTF was conducted by the Department of Computer Science, Bharati College, University of Delhi. This Workshop aimed to promote moral and cultural values in the community towards the nation. Lt. Col. Rajan Gupta and Shri Bhala ji were the speaker and Chief Guest at the event. Further, Shri Laxmi Narayan Bhalaji discussed the various role and responsibilities of young girls in society.
- Workshop/ Training on Python Programming for Artificial Intelligence and Machine Learning. It was conducted by the Computer Science Department of Bharati College. The Workshop was designed to give students a better understanding of how to use Python programming language for artificial intelligence and machine learning.
- Workshop on Information Security and Cyber Attacks.

It was conducted by the Computer Science Department of Bharati College. The Workshop aimed to educate students about the importance of information security and the risk associated with cyber attacks. He explained various security threats faced by individuals and businesses and how they can be prevented.







Department of Economics



FACULTY MEMBERS:-

Dr. Loveleen Gupta, Ms. Princy Jain, Ms. Mahima, Dr. Vandana Yaday, Mr. Hanish Pal

Freakonomics

Freakonomics society strives to extend economic concepts beyond the realms of the classroom through a series of multidisciplinary events, across students from different streams. The vision of the society is to develop a student-run endeavour with the energy and ideas into the areas of research and policy.

Events for Academic Year 2022-23

- Organized annual event ECOSPARK'23, from 5-6th April'23, which included various inter-college competitions. The ECO-PRO-QUO competition was an **Economics quiz cum Treasure Hunt**, on the theme "G20" organized on the 5th of April 2023. **Economic Policy Analysis** competition, conducted on the 6th of April 2023, was an essay writing competition concerning "Policies addressing Sri Lanka Economic Crisis". Snap-onomics was the **photography competition** on the topic "Co-existence of different forms of markets" wherein the students were required to submit their entries online. The highlight of the event was the **Open Mic** competition, conducted on the 6th of April 2023, where the participants reflected their ideas on the topic "Our relationship with money" in the form of poetry, stand-up comedy, speech, skit etc.
- A **seminar** about the "Intellectual Property Rights" was conducted on the 2nd of March 2023 in collaboration with the Political Science department and Sociology department of Bharati College. The renowned speaker Dr. Raju Tiwari, senior examiner of patents and designs, Ministry of Commerce and Industry, Government of India, explained the different types of IPRs and their relevance to the students.
- The society in collaboration with the Women Development Cell of the college organised a **One-day Workshop** on "Eating Disorders: Impact on women conducted by FREED- a non-profit organisation.



- A student **visit** was organised to the **India International Trade Fair** on the 23rd of November 2022. There the students learned about the macro level monetary management in the RBI pavilion and also participated in the **quiz competition** organized by the **SEBI**.
- An inter-college **Declamation Competition** was organized on the 28th of September 2022, wherein the participants presented their views on the "Challenges and future prospects of the aviation industry". Students from diverse academic backgrounds, including life sciences, mathematics, political science, commerce etc. and different colleges of Delhi University participated in the competition and received exciting cash prizes.
- **Screening** of an Oscar nominee **movie** "Lunana-a Yak in the classroom" was organised on the 27th of June 2022. The movie demonstrated the concept of *human development and gross national happiness index*.









Department of English



FACULTY MEMBERS:-

Dr. Nandini Choudhary Sen, Dr. Rakhi Jain, Dr. Naila Anjum, Dr. Aateka Khan, Dr. Sonali Jain, Ms. Bhavna Kale, Dr. Anavisha Banejee, Dr. Shivani Jha, Kangkana Roy, Dr. Khushee Chaudhary

Convenor:- Dr. Anavisha Banerjee Student President:- Archana Aggarwal Student Vice-President:- Devyani

Redstockings

Redstockings, the English Literary society of Bharati College, was established in the year 1999. It is run by the English Department of the College.

The Society aims to promote and engage with intellectual and literary interests through various events. The Redstockings also runs a monthly online magazine called "The Redstockings Chronicle". It offers a platform for the students to express their creativity through their written articles, art-work, poetry and other literary engagements.

Events for the Academic Year 2022–23

- The Redstockings Literary Society (RLS) organised an Online Writing Summer Camp in July 2022. This idea was born out of the lack of encouragement to creative writing spaces in our community. An open mic event was also organised where students shared their creative writings with the audience.
- "Tales of Sunset"-a special edition of the literary contributions by the students at the Writing summer Camp 2022 was released by the Redstockings Chronicles.
- Yashasvi Vachhani, an educator, writer and poet was invited to interact and inspire students to write.



- On the 15th of November 2022, RLS in collaboration with Iris Queer Collective organized "Trace" to celebrate the Transgender Awareness Week.
- In an initiative started by the Former Principal of Bharati College, Dr. Mukti Sanyal, five students from the department- Aria Susanth, Gauri Shukla, Divyanshi Dash, Ekta Singh and Ananya Dutta attended The AALA (Asian Association for Language Assessment) Conference held at Chennai on 26th October 2022. The students presented papers on the topic: "Exploring Assessment Tools for an Alternate Classroom in the New Normal at Bharati College, University of Delhi".
- A Lecture was delivered by Prof. Tasneem Shahnaaz, on "Partition Across the Border: Introducing Intizar Husain" on 27th of January, 2023.
- A Lecture by Prof. Raj Kumar on "Environment and Literature" was organized to understand a new add- on subject Ecology and Literature for VAC on 13th February, 2023.
- An author talk with Dr. Nandini Sen, the author of *The Second Wife and Other Stories* was organized on 11 April 2022.
- An Author Talk with Tanmoy Bhattacharjee, the author of *The Epic Re-imagined in Modern Mumbai: Mahabharata 2022* was organized online on 5th of March, 2023.

Student Achievements

- Anaya Dutta, a semester 5 student won third prize in the Script Writing Competition event organised by Kamala Nehru College.
- Anaya Dutta, a semester 5 student won third prize in the Fan Fiction Writing organised by Janki Devi Memorial College.
- Gauri Shukla, a semester 5 student won third prize in Paper Presentation organised by Kalindi College.
- Archana Aggarwal, a semester 3 student won second prize cash prize of 1.5k in the Poetry Competition
 [using mathematical concepts], organised by Janaki Devi Memorial College.
- Anjali, a semester 3 student secured second position in the Moment Elite (National level Photography Competition) organised by Blue star publication.
- Nandini Dang, a semester 1 student won second prize in the Open Mic Competition organised by Apeejay School of Management.





Department of Environmental Studies



Faculty Members:-

Assistant Professor:– Dr. Priyambada Patri **Assistant Professor:**– Dr. Rashmi kumari

The Department of Environmental Studies was established in 2015 at Bharati College, University of Delhi. This department is dedicated to exploring and addressing critical environmental issues through classroom teaching, activities and field work. This Department is dedicated to spreading awareness and imparting knowledge related to environmental issues and their conservation.

Achievements

- Students have been awarded for different competitions organised by the Environmental department.
- Dr Rashmi Kumari was awarded certificate of excellence in reviewing for European Journal nutrition and Food Safety, Asian Journal of Chemical Sciences.
- International Journal of Environment and climate, Asian Journal of soil science and plant nutrition in recognition of an outstanding contribution to the quality of the Journal.
- Selected as a best mentor for YRE (Young reporter for Environment) in collaboration with center for Environment Education India and the foundation for Environmental Education Denmark to implement Young Reporters for the Environment (YRE) in Bharati College.

Events of Academic Year 2022 – 23

- Campaign on 'Swachh Bharat Abhiyan' and 'Save Earth Save Water'.
- Plantation Drives organized by the Department of Environmental Studies.
- Participated and celebrated International Forest Day at Yamuna Flood plains.
- Field visit to Yamuna Biodiversity Park, Sanjay van Biodiversity Park and Aravalli Biodiversity Park.
- Conducted awareness programme on 'Erase our E waste, modern technology',
- Organized Plastic Awareness and Cleanliness Drive on the occasion of World Environment Day.
- Celebrated International E Waste Day in which Plastic Awareness and Cleanliness Drive activities were performed by the Department.



Department of HDFE



FACULTY MEMBERS:-

Pro. Rekha Sapra, Ms. Swati Bawa Sawhney

President:- Inza Malik

Vice-President: - Pia Bahl

The Department of HDFE (HUMAN DEVELOPMENT AND FAMILY EMPOWERMENT) at Bharati College was started in 1984. The department was initially called Family and Child Welfare (FCW) though later the nomenclature was changed to Human Development and Family Empowerment.

UTKARSH

Utkarsh is a Hindi word, which means 'Progress' or 'Prosperity'. Utkarsh is the HDFE department society created and managed by students, which, as the name implies, strives to take them to new heights. They organize various activities throughout the year including a two day annual department fest in the spring semester.

The department has been actively engaging with the discipline of Human Development through academics as well as curricular activities. Its aim is to understand the concept of child development and human development as a field of study and make our students learn in a specific way. HDFE has been contextualized and embedded in the broader perspective of life span development. The increasing thrust on development programmes and legislations for women and children generates empowering awareness and prepares the students on quality intervention programmes'. It also emphasizes the integration and application of knowledge on Early Childhood Care and Education(ECCE), to provide stimulating environment to young children.

Events Organised by HDFE in 2022-2023

Seminar on 'Pankosha theory and idea of well-being' The speaker of the talk was Dr. Asha Tiwari, Associate
Professor, Department of Sanskrit .The students studying the Value Addition Course 'Art of being happy'
participated in the event.



- Visit to an Anganwadi center: The Department of HDFE organized a visit of Semester 4 students to the nearby Anganwadi center on 6th April'23. The students got an opportunity to understand quality early childhood practices for young children. They also interviewed the Anganwadi workers and helpers.
- Utkarsh'23: The Department of HDFE celebrated its annual event on 19 th April'23. The theme of the celebration was 'Promoting positive well-being and parental engagement'. It included talk by Dr. R.C. Shukla on the topic 'Developmental disabilities: Early identification and intervention for essential life skills' and 2nd talk by Ms. Neha and Ms. Shreya Singhal on the topic 'Rising above stress: managing anxiety in college.
- The Department of Human Development and Family Empowerment, Bharati College, University of Delhi, organized a series of workshops, via Google Meet, on Early Childhood Education in Pre-schoolers. The events were enlightened under the expertise of Mrs. Savitri Singh, Ex-Principal, IIT Nursery School, IIT Delhi. Students and teachers from various colleges participated in these enriching sessions.
- MoU between Bharati College and Delta Rights Advisors: The students of HDFE department participated
 in an internship program organized by Delta Rights Advisors to collect data to understand the status of
 early childhood education practices among marginalized children in the project location.







Department of Hindi



विभागीय सदस्य:-

डॉ. अनिता सिहमार, प्रो. मन्जु शर्मा, डॉ. संगीता रानी, डॉ. प्रेम कुमारी सिंह, डॉ. रेखा शर्मा, डॉ. सविता जैमिनी, डॉ. राजीव रंजन निराला, डॉ. अभिषेक पुनीत, डॉ. गीता मीणा, डॉ. ललिता रतनू, डॉ. गोपाल जिंगर, डॉ. अनुप्रिया, डॉ. वसुंधरा शर्मा, सुश्री गोल्डी कुमारी, डॉ. प्रत्यय अमृत, डॉ. प्रदीप कुमार

संयोजिका:- प्रो. मन्जु शर्मा छात्रा अध्यक्षा:- कु. टीशा

छात्रा उपाध्यक्षा:- कु. रितिका तिवारी

"सजन"

सृजन हिंदी साहित्य संस्था सभी विद्यार्थियों के व्यक्तित्व-निर्माण एवं समग्र-विकास के लिए अपेक्षित अकादिमक, साहित्यिक, सांस्कृतिक एवं छात्रोपयोगी गितिविधियों का आयोजन करती है। सृजन हिंदी साहित्य संस्था का प्रारम्भ वर्ष 2017 में प्रोफ़ेसर मंजु शर्मा द्वारा हिंदी विभाग के अंतर्गत विद्यार्थीयों में साहित्यिक विधाओं के प्रति रुचि और साहित्यिक संस्कार के विकास हेतु किया गया था। 'सृजन' का मूल उद्देश्य छात्राओं में साहित्य के प्रति रुचि पैदा करने का प्रयास करना है। साथ ही छात्राओं के सर्वागीण विकास के लिए संस्था द्वारा समय- समय पर अनेक प्रकार की गोष्ठियों, कार्यशालाओं के साथ रचनात्मक और सांस्कृतिक कार्यक्रमों, प्रतियोगिताओं जैसे वाद- विवाद प्रतियोगिता, आशु भाषण प्रतियोगिता, रचनात्मक लेखन प्रतियोगिता, नाटक प्रतियोगिता, काव्य पाठ, स्वरचित किवता लेखन प्रतियोगिता, प्रश्लोत्तरी प्रतियोगिता इत्यादि का आयोजन किया जाता है। इन कार्यक्रमों का उद्देश्य छात्राओं की रचनात्मकता को उभारने के साथ-साथ प्रतिष्ठित विद्वानों के विचारों से अवगत कराना और उन बौद्धिक परिस्थितियों का निर्माण करना है, जिससे आगे चलकर एक भूमंडलीय भारत को दिशा मिल सके। हिंदी साहित्य संस्था प्रत्येक वर्ष अपने नवागत छात्राओं का 'स्वागत समारोह', स्नातक के तृतीय वर्ष की छात्राओं के लिए 'विदाई समारोह' तथा विभागीय साहित्योत्सव का आयोजन करती है।

तुलसी, निराला, प्रेमचन्द आदि साहित्यकारों की जयंती के उपलक्ष्य में विभाग द्वारा विभिन्न प्रतियोगिताएं आयोजित की गयी। संस्था द्वारा अकादिमक व्याख्यानों का भी आयोजन किया गया जिसमें हिंदी के कई बडे विद्वानों के व्याख्यानों से छात्राएं लाभान्वित होती रही हैं। जिसमें हिंदी भाषा: तकनीक



और प्रौद्योगिकी पर एक कार्यशाला का भी आयोजन किया गया जिसमें भाषाविद् बालेन्दु शर्मा दाधिची ने हिंदी को तकनीक से जोड़कर छात्राओं को तकनीक का ज्ञान दिया। छात्राओं के रचनात्मक रुझान को ध्यान में रखते हुए ''कवि सम्मलेन '' का आयोजन भी संस्था द्वारा करवाया गया।

छात्राओं की सृजनात्मक प्रतिभा को मंच प्रदान करते हुए संस्था की ओर से प्रति वर्ष अंतरमहाविद्यालय प्रतियोगिता का आयोजन होता रहा है। साथ ही संस्था द्वारा हर वर्ष किसी साहित्यिक विषय पर फिल्म प्रदर्शन का आजोजन किया गया।

संस्था द्वारा छात्राओं में साहित्यिक रुचि को विकसित करने एवं उनमें रचनात्मक कला का विकास करने हेतु भित्ति पत्रिका जैसे रोचक एवं आकर्षक कार्यक्रमों का आयोजन किया गया जिसमें विद्यार्थीयों द्वारा अपनी अभिव्यक्तियों को कविता, कहानी एवं अन्य विधाओं के माध्यम से प्रस्तुत करने का अवसर प्राप्त हुआ।

संस्था की आगामी कार्ययोजनाएं:

संस्था छात्राओं को हिंदी साहित्य के साथ-साथ रंगमंच, अनुवाद, भाषाविज्ञान, जनसंचार एवं पत्रकारिता के क्षेत्र में आगे बढ़ने हेतु कई कार्यक्रम आयोजित करती रहेगी।

उपलब्धियां;

ऐशवर्या मिश्रा (प्रथम वर्ष), रितिका तिवारी (प्रथम वर्ष), तृप्ति ढाका (द्वितिय वर्ष), अल्का (द्वितिय वर्ष), सलोनी सिंह (तृतीय वर्ष), पूजा कुमारी (तृतीय वर्ष), इस वर्ष हिन्दी विभाग की पुरस्कार विजेता रहीं।











Department of History



FACULTY MEMBERS:-

Dr. Shakti Madhok, Dr. Fatima Hussain, Dr. Dinesh Kumar Singh, Mr. Nagendra Kumar, Ms. Shobhana Sinha, Dr. Madhuri Sharma, Mr. Levin N R, Dr. Jaspal Singh

President:- Ishita Sharma **Vice President:**- Riya

Pravah

Pravah - The departmental society of history was created to understand the continuous flow of society from past to present and to prepare them for future through hands-on experience. The society constitutes of all the faculty members and the students. However, to look into the activities of the society, student representatives are elected through democratic process for the post of President, Secretary and Treasurer.

The history society aims to inculcate a spirit of inquiry into the past and to nurture scientific temper and rational thinking through teaching, academic talks and visit to heritage sites in and outside Delhi. These activities allow students to get first hand experience of understanding relevant topics from experts and sharpens their critical thought process. Similarly, visits to heritage sites enables the students to gain visual understanding of the past and promotes imagination, specially crucial for enabling an understanding of the past.

Achievements & Initiatives

- Film Show & Discussion
- Webinars & Seminars with renowned historians
- Heritage Walks
- Visit to Archives and Museum
- Debates & Discussion
- Digital Exhibition





Department of Journalism



FACULTY MEMBERS:-

Dr. Nazish Hena Khan, Mr. Kunal Anand

President: - Mohini Arora

Vice President: - Sakshi Prakash

Treasurer: - Maryada Pareek

Tarseel

Tarseel, the Departmental society of Journalism at Bharati College was established in 2017. 'Tarseel' which means to 'communicate' is the key to creating a culture of dialogue and mode of enquiry towards pertinent issues. Tarseel attempts to provide academic and practical exposure to students by conducting debates, discussions, movie screenings, seminars, workshops etc. concerning the media industry and different facets of politics, society, gender, culture etc. Students get ample opportunity to showcase their talents and hone their communication and interpersonal skills.

The founder and convenor of the Departmental society of Journalism is Dr. Nazish Hena Khan and under her supervision the society strives to nurture aspiring journalists and enable them to become a driving force in society. Tarseel provides the students with a number of opportunities to hone their creative skills and showcase their talent through platforms like department newsletter (Bharati Gazette), department magazine (Bharati Buzz) and department blog (Blickwinkel Youth). Throughout the academic term, students are engaged in debates, discussions, seminars, workshops dedicated to exploring the different facets of politics, society, gender, culture and many other contemporary issues of the time.

Tarseel has achieved numerous successes and implemented several initiatives to promote academic excellence and collaboration during the academic year 2022-2023:

Tarseel organised a special talk by the team of "10 Nahi 40", a short film based on the perspectives of life through the lens of old age.



In honour of the "World News Day", Tarseel organised a panel discussion on the topic "Media Objectivity: Myth or Reality?" The esteemed panelists were Mr. Ashok Srivastava, Senior Editor & Anchor at DD News and Mr. Rohit Upadhyay, an Independent Journalist.

To mark the importance of Indian Newspaper Day, Tarseel organised a seminar on "The Relevance of Newspaper in the Digital Age" by Senior Journalist, Mr. Vinod K Pathak.

This year, Tarseel, again successfully organised its two-day annual media fest Journ $\overline{\mathbf{3}}$ tsav 2023 on 21st and 22nd February which brought together a diverse mix of renowned media professionals from the industry. Journ $\overline{\mathbf{3}}$ tsav 2023 also encompassed exhilarating events like RJ Hunt, Street Play and Open Mic Competitions.

Throughout the academic year, Tarseel also screened various movies and documentaries based on important social issues like Writing with Fire, Ankur, Rear Window and Nishant.

Student Achievements

- Poorti Buttan, a student of fifth semester was featured in a Hindustan Times' show 'HT Kitchen' on its official YouTube Channel. She also worked as a District Coordinator in CGS Samiksha 2022: Uttar Pradesh and Punjab Assembly Election conducted by Centre for Global Studies.
- Suhani Sabharwal, a student of fifth semester secured the first position in Youth RJ Programme organized by Akashvani (All India Radio).
- Ojasvi Gupta, a student of fifth semester successfully hosted the Kaleidoscope Show, played during Aaj Savera at Aakashwani (All India Radio).
- Isha Khandelwal, a student of third semester, authored a book titled "Midnight Glitters: Shine in Dark, published by Notion Press Pvt. Ltd.
- Nityanjali Bulsu, a student of third semester published her poems in two Anthologies by True Dreamster Publishers and The Dream Publishers.
- Bishita Chakraborty, a student of third semester stood third in a Classical Dance Competition organized during Exuberance 2023, the Cultural Fest of Sri Aurobindo College, University of Delhi.







Department of Mathematics



FACULTY MEMBERS:-

Dr. Anubha, Dr. Minakshi Gupta, Dr. Ankit Gupta

Convenor of the Society:- Ms. Meenakshi Gupta

President:- Akanksha Shukla

Vice president: - Shreya Mishra.

The Exponents

"The Exponents: Full of Power" was founded in August 2017 by Dr. Anubha Bhargava (Assistant Professor) and Himanshi Bhatia (student). Exponents as the name suggests, implies e raised to the power of x. It represents the department's firm belief in inevitable and positive growth. The society believes in striving towards positivity.

The aim of the society is to give a platform to the students to get acquainted with mathematics. The students of the department believe in contributing to the society by helping students of other streams. Keeping this in mind, the society conducts many seminars and competitions like quizzes, mind games, etc. to engage students.

Post to hosting its first fest in 2017, the qualitative execution of the follow-up events has increased drastically. Also, each and every member holding a position of responsibility has proven to exhibit great caliber and learning. Henceforth, the aim is to involve new talents each year and to nurture their growth by providing them various opportunities.



Events of Academic Year 2021-2022

- Seminar on Actuarial Science
- Seminar on Civil Services Exam
- Webinar on Data Analytics
- Webinar on Health and Nutrition
- WOW- Women of Worth
- We started "Ek Step For Future" YouTube channel after Pandemic.

Student Achievements

- Sanjana and Tannu Yadav, students of fifth semester stood first in the Quiz Competition on Mathematics organized by Rajdhani College, University of Delhi.
- Anoushka Chowdhury, a student of third semester was declared Runner Up in a Scriptwriting Competition organized by Lady Sri Ram College, University of Delhi
- Anshika Gupta, Sanjana and Kavya, students of fifth semester won the third position in an Inter College Mathematics Quiz organized by Jesus and Mary College, University of Delhi.





Department of Music



FACULTY MEMBERS:-

Dr. Sarita Pathak Yajurvedi

Dr. Amit Singh

The Department of Music was established in the year 1996. The main objective of the Department is to promote Indian classical music among the youth and help them to understand the great beauty and culture it possesses. The vision and mission of the department is to spread the traditional culture of classical music to the students who can in turn expand the scope of this wonderful art form of India. Our vision is not limited to India and is rather focused on global recognition and participation in the art field.

The Music Department offers music as a subject in B.A. Programme alongwith other subjects. Students from different streams can opt for this subject. It is also taught as SEC (Skill Enhancement Course) in all the years. For Hons. courses, music is taught as a generic subject. Shruti Samvad - the departmental society helps in organising Saraswati Pooja, Vasant Utsav (which has been the landmark for the department), and helps students to participate in all cultural programs related to music.



Department Of Political Science



FACULTY MEMBERS:-

Prof. Sangit Sarita Dwivedi, Dr. Jaya Keral, Dr. Deepti Srivastava, Dr. Bindu Kohli, Dr. Anuradha Singh, Dr. Anuranjita Wadhva, Dr. Indu Baghel, Dr. Vibha Maurya, Ms. Sadhna Gupta, Ms. Looke Kumari, Dr. Shailza Singh

Convenor:- Dr. Bindu Kohli

President:- Priyanka

Vice President:- Ankita

LOKSAMVAD

The Department of Political Science was established in the year 1971. Since then, the department has constantly grown and shown remarkable progress in teaching- learning, research and extension. The Department offers Undergraduate Courses in Political Science.

The accomplished faculty members of the Department with specializations spanning diverse fields of political science have been committed to impart the knowledge of the discipline in a holistic, socially relevant and student-centric manner.

Events and Achievements of Loksamvad -

- The department successfully conducted Youth Parliament.
- The department organised activities like Nukkad Natak program with music society, NIPAM (The National Intellectual Property Awareness Mission)



Student Achievements

- Swati Mishra, a semester 5 student secured the 3rd position in an Essay Competition at Miranda House on the topic "Shared Future: Youth in Democracy and Governance" under the theme G20: Making India Count.
- Shalvi Shukla actively participated at UMEED NGO since the year 2021.





Department of Psychology



FACULTY MEMBERS:-

Dr. Nitin Kumar Verma

Convenor: - Dr. Nitin Kumar Verma

President: - Muskaan Makhija

Vice President: - Priyanka

Cathect

The Department of Psychology is dedicated to promoting mental health awareness and encouraging the community to be sensitive to the needs of individuals who may be experiencing mental health challenges. The department's main objective is to promote mental well-being, which is essential for leading a happy and fulfilling life. It was founded by Ms. Roopali Das, a faculty member of the Department of Psychology of Bharati College.

It aims to promote mental health awareness and well-being within the college and the community through education, creativity, and community involvement and to create a society that values and prioritizes mental health and wellness, where the students and all individuals have access to the necessary resources and support to maintain their emotional and social well-being.

Mission

- To educate and raise awareness among the college students and others about mental health issues through innovative initiatives such as seminars, workshops, and community projects.
- To promote creativity and self-expression among all individuals as a means to enhance mental and emotional well-being through initiatives such as art and music therapy sessions, movie screenings, and literary competitions.



• To facilitate community involvement of the university students and engagement in promoting mental health awareness and well-being through initiatives such as volunteer work, mental health advocacy, and community outreach programs.

Achievements/Initiatives:

The Cathect Chronicle aims to raise awareness about mental health issues and promote mental well-being. Our innovative initiative, 'The Cathect Chronicle,' features articles, reviews, and community projects that focus on social and emotional health.

Departmental trips are regularly organized for the students and teachers that offer a blend of education and recreation. These trips are designed to enhance students' learning and practical experience by providing a hands-on understanding of psychological concepts in real-world settings.

Organize Dance, Music, and Art Therapy sessions to promote mental health and creative expression. Dance therapy sessions use movement as a form of expression to help individuals connect with their body and emotions, while music therapy sessions use music as a tool for relaxation and emotional regulation. Art therapy sessions use various art forms, such as painting and drawing, to promote self-expression and reflection.

Cathect organizes various activities such as movie screenings/analysis, seminars and webinars, interesting competition and Alumni Talk.









Department of Punjabi



FACULTY MEMBERS:-

Dr. Shalu Kaur

- The Department organized a lecture on 'Sabhiyachaar ate Punjabi Sabhiyachaar' by Prof. Ravinder Kumar, Head, Deptt of Punjabi, Arts faculty, University of Delhi.
- On 8th September 2022, the Department organized a lecture on 'Concept of Gender Equality and Women Empowerment in Guru Nanak Bani' by Dr. Vanita, a teacher of SGTB Khalsa college, University of Delhi...
- An Article was published by Dr. Shalu Kaur on the topic 'Baal sahit: Samasiyan ate Sambhawnavan' in Aabru journal (UGC Care List) 2023.
- A glorious achievement for us was that the Punjabi Department student Ms. Komal Bakshi became the Bharati college Students Union President in the year 2023.





Department of Sanskrit



FACULTY MEMBERS:-

Dr. Asha Tiwari, Dr. Bindia Trivedi, Dr. Ajit Kumar, Dr. Prem Ballabh Deoli, Dr. Deepti Singh, Dr. Shailendra Vikram, Dr. Suman Rani

Sanskrit Parishad

The Department came into existence in 1971 with the tremendous efforts of Late Dr. Kumudani Sudhir, a stalwart Sanskrit scholar. Since its inception, the department has been consistently striving to provide the best to its students. It always has had high-spirited and committed faculty who have enormously contributed to the academic as well as the corporate ambience of the college.

Currently, it is being operated by a galaxy of eight faculty members who help the students to acquire knowledge, competence and virtue through the practice of their innovative teaching methodologies.

The department has devoted itself in disseminating the traditional Indian knowledge systems amalgamating the modern aspects of learning. Moreover, in the process of revitalizing, rejuvenating and reinstating the Sanskrit language, the contribution of the department over the years is remarkable.

The Sanskrit undergraduate courses are aimed at familiarizing students with different streams of knowledge, especially in the field of language and literature and generating an everlastsing interest in our native knowledge systems that will help them in pursuing further studies in the relevant fields.

It functions with the help of the department teachers and students. Through the Parishad an attempt is made to give an opportunity to our students to refine and polish their overall personality. The initiatives of Sanskrit Parishad help students in nurturing their inner potentials and building leadership qualities in them. In collaboration with Sanskrit Bharati, Vivekanand Foundation, UrjaYog Foundation and SPARSH the Parishad conducts various workshops where students learn linguistic, yogic and social skills.



Events

- Celebration of Azadi ka Amrit Mahotsav on Contribution of Sanskrit
- Literature in the Attainment of Independence
- Azaadi ka Amrit Mahotsav Poster Making competition in collaboration with National Service Scheme
- Seminar and Competitions on the occasion of Yuva Diwas.
- Under the 75 th Azadi Ka Amritmahotsav in Collaboration with NSS Organised Yagya, Meditation and Samrasta Samaroh on the occasion of Sant Ravidas Jayanti.

Some other significant activities:

- Cultural competitions (India's 72 nd Republic Day)22 nd and 23 rd January 2022
- Intercollege competition (Sanskrit week) 13 th and 14 th August 2022
- Webinar (Panchkosha: The Holistic Development)
- Seminar (Yoga, Meditation and form of salvation in the Indian traditional knowledge)







Department of Sociology



FACULTY MEMBERS:-

Dr. Bhawna Shivam

President: - Amisha Prasad

Vice President: - Raunak and Manisha

Hestia

'Hestia'- the departmental society of Sociology at Bharati College came into existence in 2018. Hestia, an ancient Greek Goddess, assumed responsibility for a multitude of societal facets including the hearth, economy, politics, architecture, and the state. Similarly, the discipline of Sociology boasts an extensive scope, forging connections with various other domains such as History, Biology, Economics, Psychology, Political Science, Literature, and more. The Convenor of Hestia is Dr. Bhawna Shivan and under her tutelage, the society strives to create an impact in the realm of education, where students orchestrate events focusing on diverse societal matters, viewed through various sociological perspectives. It represents a hub where ideas and insights take root. The society provides a platform for department students to cultivate a deep understanding and adeptness in applying a range of sociological theories and concepts.

In August 2022, the Department of Sociology initiated its inaugural Sociology Book Club with the goal of fostering the reading habit among students and encouraging the practical application of sociological knowledge. Additionally, the department arranged urban heritage walks to Agrasen ki Baoli, Connaught Place, and Sunder Nursery. These walks served as practical experiences for students to grasp the significance of Robert E Park and Burgess Concentric Zone Model in Urban Sociology. Similarly, visits to Humayun Tomb and Sunder Nursery aimed to help students understand the importance of the Observation method. Collaborating with the Departments of Political Science and Economics, the Department of Sociology coordinated a session on Intellectual Property Rights, featuring Dr. Raju Tiwari, Senior Examiner of Patents and Designs from the Ministry of Commerce and Industry, Government of India. Moreover, a seminar



titled Career Opportunities in Civil Services was organized in partnership with Jigyasa IAS and Future Care Foundation. This event aimed to inspire female students, inviting I.R.S. Smt. Padmini Narayan Sehrawat to share her experiences and motivate students to overcome challenges in pursuing the Civil Service examinations.

On February 14, 2023, the Department of Sociology hosted its fifth annual academic festival, themed "Aikyam-Unity in Diversity: Reflection through Culture and Literature". The event featured a keynote lecture by Dr. Nandini Sen on "Silencing the Voices: Women of Africa". The festival showcased regional performances by students, representing the diverse music and dance forms of various Indian states. Through this festival, the department aimed to emphasize the importance of unity amidst diversity. As part of the course on research methods, the Department of Sociology successfully completed a research project involving third-year students. The project focused on the topic "Negotiating Urban Spaces in Metropolitan Cities: A Case Study of Street Vendors in Delhi". This project provided students with hands-on experience in utilizing various research methods effectively to analyze urban dynamics.

Student Achievements

- Sneha Antal, was honoured with the SBI Youth for India Fellowship. She collaborated with a local NGO in Assam for an year, with a primary focus on enhancing access to clean water in the village of Deosri within the Chirang District.
- Manisha was recognized as a Youth Change Maker during the National Youth Day celebration in 2023.
 Her efforts have been centered around advancing sustainability and promoting equity.









Toppers 2nd year

Name	Course	CGPA
Gajal	B.Com. (Hons.)	9.25
Bhoomi	B.Com. (Prog.)	8.59
Ananya Gaur	B.A. (Prog.)	9.23
Simran Singh	B.A. (Hons.) Sociology	7.89
Mohini Arora	B.A. (Hons.) Journalism	8.39
Ria Manocha	B.A. (Hons.) Psychology	8.71
Akanksha Shukla	B.SC. (Hons.) Mathematics	8.64
Kusum	B.SC. (Hons.) Mathematics	8.64
Sarita Devi	B.A. (Hons.) Political Sc.	8.21
Rida Zainab	B.A. (Hons.) Political Sc.	8.21
Alka	B.A. (Hons.) Hindi	8.39
Jaya Modanwal	B.A. (Hons.) History	7.89
Khushbu Gairola	B.A. (Hons.) Sanskrit	8.71
Divyanshi Dash	B.A. (Hons.) English	7.86

Toppers 3rd year

Name	Course	CGPA
Prachi Arora	B.Com. (Hons.)	9.243
Pranjul Varshney	B.Com. (Prog.)	9.076
Akriti Pandey	B.A. (Prog.)	8.848
Norzin Angmo	B.A. (Hons.) Sociology	7.824
Mamonti Barma	B.A. (Hons.) Journalism	8
Aradhika Sabarwal	B.A. (Hons.) Psychology	8.89
Anjali Kumari	B.SC. (Hons.) Mathematics	9.71
Disha Sharma	B.A. (Hons.) Political Sc.	8.33
Pooja Kumari	B.A. (Hons.) Hindi	8.43
Anusmita Bhattacharjee	B.A. (Hons.) History	8.40
Ganga Kumari	B.A. (Hons.) Sanskrit	9.33
Gauri Shukla	B.A. (Hons.) English	8.16



Centenary Celebration

The University of Delhi was established in the year 1922 and it is celebrating its 100th anniversary this year. It is a historic moment for the university as it has completed a hundred years of academic, extra-curricular and various other multi-faced engagements at local, national and international levels.

The year-long centenary celebrations in the university have highlighted the historic journey of the university throughout the years. It showcases not just the academic and overall milestones covered by the University but also envisions a future of higher excellence, adapting to the innovation of the future and improving it even further.



While the founders of Delhi University Colleges had been active leaders and visionaries during the Indian Nationalistic Movement like Dr. Sarvepalli Radhakrishnan, Dr. Zakir Hussain, Maulana Azad, Sarojini Naidu, Anne Besant and many more, the university has also participated in history making and was at the very heart of the Indian Nationalistic Movement during Indian Freedom struggle against the British Raj. There were various interfaces of the University with the Indian National Movement. Some of the instances which bear witness are Mahatma Gandhi's joint address to the students from St Stephen's, Hindu and Ramjas colleges and his drafting of the Non-Cooperation resolution at the St Stephen's college Principal's house in 1917, the Court trying the Delhi Conspiracy Case at the Viceregal Lodge, to Delhi university students participating in the Civil Disobedience movement, to Delhi university students' organized protests and strikes in 1917 during Home Rule Movement and so on; are only a few examples to quote amongst many others. University of Delhi has indeed been an epicenter of knowledge and revolution.

The University of Delhi celebrated its valedictory function of the Centenary Celebration in the presence of our honorable Prime Minister, Shri Narendra Damodar Das Modi, Education Minister, Shri. Dharmendra Pradhan along with the Vice Chancellor, Prof. Yogesh Singh. It was a well-planned event where a large number of students, faculties, 2200 newly appointed faculties, and college alumni attended the program.

The welcome address was given by the Vice Chancellor who thanked the Prime Minister for attending the event. In his speech, he shared the achievements of the University of Delhi in the fields of science, technology, research, and innovation. Following it, a short film was screened related to the history, contribution, and achievements of the University of Delhi.

The Prime Minister addressed the audience while greeting and thanking the Vice Chancellor of the University of Delhi for inviting him. He shared his experience of having traveled by the Metro. He expressed how it was a lucky coincidence that both the 100th anniversary of the University of Delhi and Azadi Ka Amrit Mahotsav happened to be on the same year. He talked about the value of education and development in education. He appreciated the female students for actively participating in education and thanked the students for making the economy of India strong. He shared the aim of fulfilling the goal of "Developed India" by 2047. He talked about how new inventions such as AI, and robotics are gaining attention among the youth and how they are helping the new generation in becoming independent through their skillful knowledge and expertise. He also appealed to the audience to make a road map so that we can take the Indian education system to the global level.

Bharati College also participated in the Centenary celebrations of the university and streamed the program live at the College Auditorium where the faculty members, non-teaching staff, and the students together witnessed the grand event commemorating the 100 years of success of the university. The first year sociology students of Bharati College also attended the Valedictory Function of Centenary Celebration at the Multipurpose Hall, University of Delhi.



National Service Scheme (NSS)



FACULTY MEMBERS:-

The convenor of the society is Dr.Asha Tiwari.

President: - Komal Bakshi

Secretary:- Diya Singh

Joint Secretary: - Shiva Choudhary

The National Service Scheme (NSS) was introduced in 1969 with the primary objective of developing the personality and character of the student youth through voluntary community service. 'Education through Service' is the purpose of the NSS. The ideological orientation of the NSS is inspired by the ideals of Mahatma Gandhi. Very appropriately, the motto of NSS is "NOT ME, BUT YOU". An NSS volunteer places the 'community' before 'self'.

The NSS was established with the aim of inspiring the youths in the betterment of society. The NSS unit of Bharati College works on ensuring such aim of making society and environment a better place for the destitute and underprivileged section of society.

NSS focuses more on

- Efficient structure
- Inspiring youth
- Better implementation
- Encouraging more people
- Increasing the scope and area of work of NSS unit of Bharati College

The National Service Scheme has been functioning with the motto "NOT ME BUT YOU" in view of making the youth inspired in service of the people and hence NSS Aims Education through Community Service and Community Service through Education.



- Gain skills in mobilizing community participation. Acquire leadership qualities and democratic attitude.
- Develop capacity to meet emergencies and natural disasters.
- Practice national integration and social harmony.

Achievements/Initiatives

A one-month literacy program was organised on the occasion of Teacher's Day in association with Nirmal Chaya Foundation. It was scheduled for one month from 5th September to 5th October. The aim was to teach underprivileged and needy children.

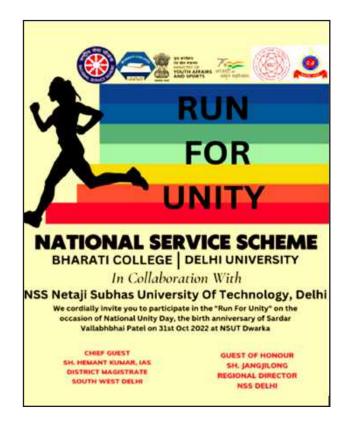
The students who attended the program were highly benefited.

NSS Bharati was part of an event organised by the Ministry of Agriculture and Farmers Welfare, PM KISAN SAMMAN SAMMELAN featuring Shri Narendra Modi, PMO of India. The event was held on 17th October. The members were able to interact with the farmers. It really motivated the members and left them with an everlasting mark of glory.

NSS Bharati also became a part of PM's initiated Swach Bharat Abhiyaan. The event was organised in collaboration with Nehru Yuva Kendra Sangathan on 19th Oct. The event was started by Shri Anuraj Thakur, Minister of Youth Affairs and Sports.

To commemorate the birth of Sardar Vallabhabhai Patel as National Unity Day, NSS Bharati in collaboration with NSS of NSUT, Delhi participated in the event of RUN FOR UNITY on the 21st of Oct.







STUDENTS' HELP DESK (The Helping Hand)



Mentor and Convenor: – Dr. Asha Tiwari Founder & President: – Ms. Aliza Arif Co – Founder & VP: – Ms. Aditi Jain

Senior Student Advisor: – Ms. Komal Bakshi Senior Student Advisor: – Ms. Arya Sharma

Students' Help Desk was inaugurated with the aim of assisting the students and helping the administrative staff. The Help Desk's purpose is to work as a hub for students to connect, collaborate, and support each other. It provides a platform where students can seek assistance. Our aim is to support students' academic journey. It was founded by Ms. Aliza Arif, and co-founded by Ms. Aditi Jain in 2023.

It strives to create a welcoming and supportive space that addresses the diverse needs of all students, regardless of their backgrounds, abilities, or circumstances and offer a wide range of comprehensive support services that cater to the diverse needs of students. Whether it is academic guidance, technological assistance, career counseling, mental health resources, or general inquiries, it believes in taking a proactive approach to student success by offering personalized guidance and resources that empower students to achieve their academic goals.

Mission

"Ye mera nahi mission hamara hai. Bharati College ka sunehra kal banana hai!"

- Students' Help Desk is providing a space where students can seek guidance, support, and assistance from their peers.
- Reducing the burden on the teachers and administrative staff is an important objective. The Help Desk lightens their workload, allowing them to focus more on their core responsibilities.
- Guiding students and resolving their problems, information and assistance they need, ensuring a smoother and more efficient college experience.
- Offering an instant problem-solving platform for students is a significant benefit. By providing timely responses and solutions, the Help Desk helps students overcome challenges promptly.



 Aspiring to provide services to the students demonstrates a strong commitment to student support. By being available round the clock, the Help Desk ensures that students can access assistance whenever they need it, irrespective of the time.

Events

Book Fair: Students Help Desk at Bharati College organized a successful book fair, which drew a diverse crowd due to the participation of Delhi University official publishers and various vendors offering a wide range of books. Shubhika, a second-year student, displayed her entrepreneurial skills by setting up a book stall. Furthermore, an inter-college poetry competition took place on the topic of 'Importance of books'.

Query Quorum: Organizing a seminar focused on queries related to examination forms and providing a demonstration on how to fill it. It helped to address students' doubts and clear understanding of the examination form filling process.

Positive Unfold: The Help Desk organised an interactive online session in collaboration with Ananda. It addressed queries and Counseling sessions to release the stress of students.

Survey Forms: Student's Help Desk is proactive in gathering student feedback through survey forms an effective way to collect valuable insights and opinions from students on various matters. This is enhancing the services and creating a better college environment.











Hostel

The Bharati College Girls Hostel is located within the college campus and is an integral part of Bharati College, University of Delhi. The Hostel affairs are coordinated under the guidance and supervision of the resident warden. There is a Hostel committee, which works under the chairmanship of the Principal. The Hostel is only available for the students from outside Delhi.

The hostel was formally inaugurated on 16th February 2017 by the founding Hostel Committee comprising of Dr. Mukti Sanyal, Dr. Saloni Gupta, Dr. Prem K. Singh and Dr. Mala Rani.

The aim of the hostel is to provide a safe place and a space for women who wish to acquire a Bachelor's degree. Its vision is to help the residents step into the space of responsible citizenship. The balance between rights and duties is carefully calibrated in the hostel. The hostel is the epicenter of initiative and energy. The hostel aspires to form a caring community that celebrates diversity across regional, linguistic, class, religious and ideological differences and embraces an identity of womanhood that is confident, poised and ready to grapple with the challenges and opportunities that await them after college. It is a 'home away from home' or a home exclusively for outstation students. For admission into the hostel, an exhaustive admission process is followed, which includes filling of form, and afterwards an interview with parents and local guardians of the students.

Facilities Provided in Hostel

- **Affordable Mess Facility** We take pride in offering our students a cost-effective mess facility and ensuring nutritious meals at affordable rates.
- **Medical Facility** In case of any illness or medical issue, there is a doctor and nurse. The doctor is Dr. Purnima Loomba and the nurse is Ms. Neha.
- **Common Room Extravaganza** Our common room is a vibrant hub for students to unwind and engage in various activities from watching TV to playing indoor games, and even providing access to newspapers and books for reading enthusiasts. It is a space where bonds are formed and knowledge is shared.
- **Stay Connected with Free WiFi** There is a complimentary WiFi service, available exclusively for the hostel residents.
- **Inclusivity Matters** We've specially designed washrooms to accommodate the needs of PWD (Persons with Disabilities) students, ensuring everyone can enjoy a comfortable stay.

Events Organised by Hostel

- Thrive with Us: Our recent Dandiya Night event, part of our Thrive series, was a spectacular celebration of Dusshera. It brought together students from different backgrounds to enjoy the spirit of this festive season.
- **Embracing Diversity:** We cherish the rich tapestry of cultures, and that's why we celebrate various religious festivals right here on our premises like Eid and Holi to Diwali and Navratri. We ensure every occasion is marked with joy and togetherness.
- **Health and Wellness:** Health is wealth, and we prioritize it. We observe Yoga Days and engage in yoga activities to promote physical and mental well-being among our residents.

Student Union Members of Hostel

President:- Ms. Kaumudi Kumari Vice - President:- Ms. Anushka Dwivedi



Hostel Committee Members

Principal Prof. Saloni Gupta, Dr. Vandana Bansal (Convener), Dr. Nishtha Bhushan, Dr. Roopa Johri, Dr. Madhuri Sharma, Dr. Indu Baghel, Dr. Dinesh Singh, Dr. Bindiya, Mr. I. K. Mishra, and Ms. Lajwanti.

It also consists of warden Prof. Rajni and hostel manager Dr. Suman. In addition, there are two caretakers Mr. Himanshu and Mr.Sajjan. The doctors are Dr. Purnima Loomba and a nurse, Ms. Neha.

At our hostel, we are committed to providing an inclusive, enriching, and enjoyable living experience for all our residents.













Bharati College Students' Union



Every organisation requires a set of pillars to behold it for its longevity and ease of working. A Student Union is a body that comprises of students who are passionate about the welfare of their college students and who campaign above all odds to fight for their rights, and do their duties with a sense of responsibility.

Bharati College Students' Union (BCSU) aims to serve the students faithfully and act as a link between the students and the college.

The Convenors are Dr. Looke Khanna and Prof. Rajni.

The present office bearers of BCSU are:

President- Komal Bakshi
Vice- President- Anmol Shokeen
Secretary- Sandhya Kumari
Joint-Secretary - Prakshi Chopra
Treasurer - Shruti Rastogi
3rd Year Representative
Vaageesha Vriddhi
2nd Year Representative
Rishika Singh
1st Year Representative

Some notable events/initiatives led by the Bharati College Students' Union:

Bharati college student's union organised a well rounded seminar for UPSC aspirants on 13th March, 2023. The seminar was conducted by highly renowned name Mr. Rashid Yasin, author of history books and faculty of GS scores. In this seminar, guidance was provided regarding UPSC preparations with campus study.

The Bharati College Students' Union organised a seminar for career guidance for Journalism Students on 16th March 2023. Guidance on the topic 'Career Tracks In Journalism' was given by' Dr. Harsh Taneja



Prerna Bhute

Associate Professor, University of Illinois at Urbana Champaign, USA and Adjunct Faculty Communication, Technology and Society. The seminar was a great success as it enlightened journalism students and provided answers to their pertinent questions about the media industry.

The Bharati College Students' Union organized a spectacular Freshers' Party, Panache, on 17th February, 2023 to make our newcomers feel at home. The theme was to "Carry your own style". Panache was an excellent opportunity for the freshmen to break free from their initial nervousness and get to know their college community. The event helped create a welcoming environment and set the stage for a fantastic year ahead. Mr. Parvesh Verma was invited as the chief guest. He is a Member of Parliament who represents the BJP in the West Delhi seat. He led the oath taking ceremony of the Student Union and gave an enriching and thought-provoking speech.

Abhivyakti, the three-day annual cultural fest of Bharati college organized by the Students Union, was held from April 10-12, 2023. The fest was a perfect blend of music, dance, and cultural activities that kept the attendees entertained throughout.









National Cadet Corps (NCC) NCC 'A'-COY



The National Cadet Corps (NCC) is the youth wing of the Indian Armed Forces with its headquarters in New Delhi engaged in developing the youth of the country into disciplined and patriotic citizens. The cadets are given basic military training in small arms and drills. In living up to its motto, "Unity and Discipline" the NCC strives to be and is one of the most significant cohesive forces of the nation, bringing together the youth hailing from different parts of the country and molding them into united and disciplined citizens of the nation.

The first form of NCC was organized by Brigadier M. L. Rawat in 1948. The NCC in India was formed in 1948. It can be traced back to the 'University Corps', which was created under the Indian Defence Act 1917 with the objective to make up for a shortage of personnel in the Army. A committee headed by H. N. Kunzru recommended a cadet organization to be established in schools and universities at a national level.

The NCC in BHARATI COLLEGE is a responsive, learning and continuously evolving organization. It encourages cadets to have a sense of patriotic commitment, to contribute to national development, and to acquire respect for diversities in religion, language, culture, ethnicity, lifestyle, and habitat. It aims to instill a sense of National Unity, social cohesion, ability to participate in community development and other social programs. It also inculcates the values of honesty, truthfulness, self-sacrifice, perseverance, and hard work.

Important Events

Since 2016, NCC 'A' - Coy of Bharati College has been dutifully guided by Associate NCC Officer (ANO), Dr. Lt. Vibha Maurya. Under her rightful guidance, the cadets of NCC have participated in various events and reflected their charisma. Some of the events are listed below:



- YUVA Utsav@2047
- Puneet Sagar Abhiyan: Awareness rally against water pollution
- Puneet Sagar Abhiyan: Cleanliness Drive
- Run for Unity Marathon in collaboration with NSS UNIT OF NSUT and DM South Delhi
- Blood Donation Drive
- Tree Plantation Drive
- Har Ghar Tiranga Campaign

Achievement/Initiatives

- Stand Up against Unjust: Protest against Unfair E-rickshaw fares.
- FIT India.
- COVID awareness and helpline desk.
- JUO Sanjyoti completed THAL SAINIK CAMP and with Delhi DTE secured 2nd AIR in OBSTACLE TRAINING.
- Cdt Simmi Pathak excellently completed 4 Shooting Camps at the National level and qualified for the national team.
- Cdt Muskan successfully completed ADVANCE LEADERSHIP CAMP, held at Agra.
- Cdt Kajal and Cdt Nisha gave Guard of Honor to the VC of DU and 21 cadets participated in PRIME MINISTER'S RALLY.







NCC 'A'-COY I YEAR







NCC 'A'-COY III YEAR



NCC 'B'-COY



The National Cadet Corps is a prestigious tri-services organisation that includes the Army, Navy, and Air Force. In India, the NCC is a voluntary organisation, and our 'B' Company, under the Army wing, consists of 164 active cadets from all years.

Ms. Sadhna Gupta, an Assistant Professor of Political Science at Bharati College, is the founder and Associated NCC Officer (ANO) of NCC B COY. With over 8 years of experience, she has played a pivotal role in establishing and nurturing the NCC B COY.

The aim of the NCC is to develop disciplined and motivated youth who are committed to serving their country and communities. Our mission is to instill self-confidence, a sense of discipline, immediate and implicit obedience to orders, and improve bearing, smartness in appearance, and turnout. NCC B COY serves as a platform for cadets to explore their inner potential, showcase their talents with discipline, and become physically fit. Our vision is to develop discipline, etiquettes, and a sense of self-confidence and self-reliance among the youth of the nation.

Initiatives

Bharati 'B' Company's cadets actively participate in various social drives such as tree plantation, Puneet Sagar Abhiyan, blood donation camps, Har Ghar Tiranga, International Yoga Day, World Habitat Day, and the Tobacco-Free India campaign. These initiatives reflect our commitment to social service and community welfare.

Achievements

Bharati 'B' Company has consistently achieved meritorious performances and won numerous awards and medals in various competitions such as squad drill, quarter guard competition, best cadet awards, tug of war, and cultural competitions.



Some areas of achievement include:

- **Social Service:** It includes blood donation camps, cleanliness drives like the 'Swachh Bharat Abhiyan' or 'Puneet Sagar Abhiyaan,' Unity Run, and many more.
- **Adventure Activities:** Adventure activities such as obstacle training, rock climbing, para slithering, and parasailing.
- **Training and Education:** NCC focuses on military training and education, covering areas like drill, weapon training, map reading, first aid, and physical fitness. We have won many trophies and achieved excellence in guard drill and squad drill.
- Various Camps: Our cadets have been part of camps such as Ek Bharat Shresth Bharat, Ajmer Trek
 Camp, Thal Sena Camp, Republic Day Camp, PM Rally Camp, and others. We take pride in our SUO
 Anjali Sharma, who marched at Rajpath during the 73rd Republic Day Camp and received the DG
 Commendation.
- **Webinars and Seminars:** We organize seminars on social issues, climate change, and its economic impact, as well as national integration.
- **Competitions:** NCC B COY organizes various competitions in fields like drill, essay writing, firing, speech and debate, and more, providing a platform for cadets to showcase their talents.

Important Events

- Azadi Ka Amrit Mahotsav
- Kargil Vijay Diwas Webinar
- Webinar on National Integration
- NCC Fest











Sports Club



The Sports Culture in Bharati college received a boost with the inception of the Department of Physical Education. The endeavor is to provide a platform to young talented sports persons with state-of- theart amenities so that they learn, train, and improve their standard in sports and games, and excel at the national and international level.

Bharati Sports Club has been there since 1998. It has an extensively wide range of sports and games which includes Athletics, Boxing, Taekwondo, Kho-Kho, Table-tennis, Volleyball, Chess and Football. It also includes a cricket academy for all age groups.

Sports department has been actively involved in the development of games and sports. However, the inception of Bharati Sports Club is recent, which is chaired by the convenor Dr. Harikishni. The President of the Bharati Sports Club is Raksha Singh.

The Sports Club is committed to provide a healthy sporting habit among the students. It helps to learn teamwork, coordination among diverse cultural and ethnic groups, developing self-confidence, courage, and mainly infuses discipline.

Individual Games

Name		Class & Course			
1. Jyoti	B.A. (H	listory Hons) Sem 4			
	1.	Race 800 m	Inter-college	2nd Position	
	2.	Race 3000 m	Open Delhi State	Participation	
	3.	Race 1500 m	Open Delhi State	Participation	
	4.	Race 5000 m	Inter-Univers ity	Participation	
2. Kumari Neelam	B.A. (F	B.A. (Pol Science Hons) Sem 4			
	1.	Marathon 5km.	Open Tournament	3rd Position	
	2.	4 x 200 relay	Inter College	1st Position	



Name		Class	Class & Course				
ranic	3.	Tic tac Toe	Inter College	1st Position			
	3. 4.	Tug of war	Inter College	2nd Position			
	5.	100 M	Open Tournament	2nd Position			
	6.	200 m	Open Tournament	2nd Position			
	7.	4*100m Relay	Open Tournament	1st Position			
3. Peddapolu Manasa		nons journalism) Sem 2	Орен Юшпатенс	13t FOSItiOII			
3. reduapola Manasa	1.	South West Delhi WUSHU Championship	District Level	2nd Position			
4. Erica Gupta	B.A. Jo	ournalism Honours Sem 2					
	1.	19th Delhi Wushu Championship	Delhi State	2nd Position			
5. Komal Kukreti	B.A. E	nglish Hons Sem 4					
	1.	Tic Tac Toe 2022	Inter College	1st Position			
6. Aditi Tokas	B.A. E	nglish Hons Sem 4					
	1.	Tug of War 2022	Inter University	2nd Position			
7. Sapna kumari	B.A. S	anskrit Honours Sem 4					
	1.	Delhi State Hapkibo Championship (2022)	State	2nd Position			
	2.	19 th Delhi Wushu Championship (2020)	State	3rd Position			
	3.	Hapkibo National Championship (2020)	National	3rd Position			
	4.	Taekwondo (2023)	Inter-College	3rd Position			
	5.	South West Delhi Wushu Championship (2023)	State	Participated			
8. Gisum Romin	B.A Pr	ogramme (History+Political Scienc	e) Sem 2				
	1.	South West Delhi Wushu Championship 2023	District	1st Position			
	2.	Taekwondo 2023	Inter-College	2nd Position			
9. Archana Maurya	B.A. P	olitical Science Honours Sem 4					
	1.	19th Delhi State Wushu Championship (2020)	State	2nd position			
	2.	South west Delhi Wushu Championship (2023)	District	2nd position			
	3.	Taekwondo (2023)	Inter - college	3rd Position			
10. Shalini	B.A. P	olitical Science Honours Sem 4					
	1.	3 km Run	Open	3rd Position			
	2.	Tic-Tac-Toe 2022	Inter-College	1st Position			
	3.	Tug-of-war 2022	Inter-College	2nd position			
	4.	4*100 relay race	Inter-College	1st position			
	5.	4.5 km Marathon	Open-Maratha n	2nd position			
11. Shourya Sharma	B. Con	n Sem 4					
(Table – Tennis)	1.	Umang (Table Tennis Tournament) 2022	Inter - College	Participation			
	2.	Open State Championship Himachal Pradesh 2022	Open State - Championship	Participation			



Name		Class	& Course			
	3.	North Zone Inter- University Table	Inter- University	Participation		
		Tennis Tournament 2022				
12. RITU (Athletics)	B.A Pr	B.A Programme (History+Political Science) Sem 4				
	1.	LONG JUMP	STATE 2021	3rd		
	2.	LONG JUMP	National 2021	1st		
	3.	LONG JUMP	OPEN STATE 2022	1st		
	4.	LONG JUMP	Inter-College 2022	2nd Position		
	5.	LONG JUMP	Inter-Universit y 2022	13th Position		
	6.	LONG JUMP	KHELO INDIA 2023	2nd Position		
	7.	LONG JUMP	Inter-College 2023	2nd Position		
	8.	LONG JUMP	Inter-College 2023	1st Position		
	9.	100 m	Inter-College 2023	1st Position		
	10.	200 m	Inter-College 2023	1st Position		
	11.	4*100 m relay race	Inter-College 2023	1st Position		
	12.	Best Player Award	Inter-College 2023			
13. Risha Singh	B.A. P	sychology Honours Sem 2				
	1.	1st South West Delhi Wushu Championship	District 2023	1st Position		
14. Shubhi Grewal	B. Con	B. Com Hons Sem 6				
(Fencing)	1.	33rd Senior National Fencing Championship	National	Participation		
	2.	All India Inter University Fencing Championship	University Games	Participation		
	3.	Trials for All India University Championship	Intra-University	1st position		
	4.	11th Senior Delhi State Fencing Championship	State	2nd Position		
	5.	Senior South West District Fencing Championship	District	2nd Position		
	6.	Under 23 South west District fencing championship	District	3rd Position		
15. Triveni Hritika	B. A E	nglish Hons Sem 4				
(Taekwondo & Hapkido)	1.	Senior Delhi State Taekwondo Championship	State	Participation		
	2.	Martial Art Games	State	1st position		
	3.	Delhi Olympic	Delhi Olympic games	2nd Position		
	4.	Achiever's Cup	Open Nationals	1st position		
	5.	Taekwondo Inter-College	Inter-College	Participation		
	6.	Hapkido	State	2nd Position		
	7.	Taekwondo Inter-College	Inter-College	Participation		
	8.	Bits pilani Taekwondo championship	Open National	1st position		
	9.	Taekwondo Open National	National	1st position		
	10.	Poomsae and Kyogrogi Taekwondo Seminar				



Name	Class & Course				
16. Pragati Goyal	ВДЕ	nglish Hons Sem 6	a. course		
To. Fragati Goyai	1.	Inter College Taekwondo championship	Inter-college 2022	Participation	
	2.	Bits Pilani Taekwondo championship	Open National 2022	1st position	
	3.	State Hapkido Championship	State 2022	1st position	
17. Karishma Table Tennis	B Sc N	lathematics Hons Sem 4			
	1.	UMANG 2022	Inter-college	Participation	
	2.	Spardha	Inter-college	Participation	
18. Megha		B A Hindi Hons Sem 6			
	1.	24th Women Elite Delhi State Boxing Championship 2022	State	3rd Position	
	2.	1st South West Delhi Wushu Championship 2023	Open Tournament	1st position	
	3.	Trials for All India Boxing Championship Delhi University 2023	Delhi University	Participated	
19. Muskan Yadav	B A Hi	ndi Hons Sem 4			
	1.	1st Delhi State Hapkido Championship	Open Tournament	1st position	
	2.	Taekwondo Inter-College	Inter-college	2nd Position	
	3.	1st South West Delhi Wushu Championship	District	2nd Position	
20. Tanaya Singh	B.A. (ł	ons) Journalism Sem 2			
	1.	1st South West Delhi Wushu Championship 2023	District	2nd Position	
21. Isha Pandey	B A Hi	story Hons Sem 6			
	1.	14th South West District Taekwondo (2022)	District	2nd Position	
	2.	1st Delhi State Hapkido Championship (2022)	State	1st position	
	3.	7th National Hapkido Championship (2022)	National	1st position	
	4.	Taekwondo University Trials (2022)	Inter-University	Participation	
22. Kumkum Baghel	B A Pr	og. (History + Political Science) Se	m 4		
	1.	Delhi State Boxing Championship (2022)	State	2nd Position	
	2.	Manikarnika Race (2021)	Open	2nd Position	
23. Shreya Sagar	B A En	glish Hons Sem 4			
	1.	Jharkhand State Boxing Elite Men and Women Championship	State	3rd Position	
24. GARIMA SLATHIA		OURNALISM HONOURS Sem 4			
	1.	16th National Matsogi-Do Championship 2021-22	National	2nd Position	
	2.	18th J&K UT Matsogi-Do Championship 2021	State	Official	



Name	Class & Course			
	3.	3rd Samba Penciaksilat Championship 2022	Open	1st position
	4.	BOSM 2022 Open Sports Meet	Open National	1st position
	5.	1st Delhi State Hapkido Championship 2022	State	1st position
25. Muskan	B Com	Sem 4		
	1.	North Zone Ball Badminton Championship	National	1st position
26. Ekta	B A Pr	ogram (Pol+HDFE) Sem 4		
	1.	1st Delhi State Hapkido Championship	State	1st position
	2.	7th National Hapkido Championship	National	1st position
	3.	4*100 m Relay Race	Inter-College	1st Position
	4.	Tug of War (IBA Gurugram)	Inter-University	2nd position
	5.	Tug of War (AMITY)	Inter-University	2nd position
	6.	Unity Run (DU)	Open-marathon	2nd position
	7.	5000 m Run	Open-Tournament	3rd Position
	8.	100m	Open-Tournament	1st Position
	9.	200m	Inter-University	Participation
	10.	Boxing	State	Participation
	11.	1st South West Delhi Wushu Championship	District	2nd Position
27. Pragya Kumari	B A Ps	ychology Hons Sem 2		
	1.	Southwest Delhi Wushu Championship 2023	District	3rd Position
28. Riya Gupta	B. Con	n Hons Sem 2		
	1.	Southwest Delhi Wushu Championship	District	2nd Position
29. Manisha	B A pr	ogram (History + Pol Sc.) Sem 4		
	1.	6 km Race	Open tournament	3rd Position

1. Cricket

Sl. No.	Name	Course	Semester
1.	Shalini (Captain)	B.A Program Computer + Political Science	4
2.	Charu Pal (Vice-Captain)	B.A Political Hons.	6
3.	Mahashweta	B.A Political Science Hons.	6
4.	Himanshi Yadav	B.Com Hons.	6
5.	Muna	B.A Hindi Hons.	4
6.	Aarti	B.A Hindi Hons.	4
7.	Anjali	B.A Political Science Hons.	4
8.	Pooja	B.A Program History + Political Science	4
9.	Mansha Kumari	B.A History Hons.	4
10.	Durga Mishra	B.A Program History + Sanskrit	4



Sl. No.	Name	Course	Semester		
11.	Ravina	B.A History Hons.	4		
12.	Anjali Dubey	B.Com Program	4		
13.	Namita	B.Com Hons.	2		
14.	Khushbu Rai	B.Com Program	2		
15.	Priyanka Badgujar	B.Com Program	2		
16.	Jyotika	B.A Hindi Hons.	2		
17.	Gisum Romin	B.A Program History + Political Science	2		
18.	Iqra Nafees	B.A Hons Journalism	2		
19.	Jasmine Swain	B.A Hindi Hons.	2		
20.	Niharika	B.A. English Hons.	4		
1. RBCC	1. RBCC Womens Delhi (March 2022) - INTER COLLEGE - Participated				
2. RBCC	Womens Delhi (March 2023) - INT	FER COLLEGE - Participated			

2. Kho-Kho

Sr. No.	Name	Class Course	Semester
1.	Shalini (Captain)	BA Political Science Hons.	4
2.	Kr Neelam (Vice-Captain)	BA Political Science Hons.	4
3.	Shalvi shukla	BA Political Science Hons.	4
4.	Ekta	BA Progrm.	4
5.	Kumkum baghel	BA Progrm	4
6.	Rehana khatoon	BA Progrm	4
7.	Nikita Yadav	B.Com	2
8.	Priyanka	B.Com (Hons.)	2
9.	Varsha pal	BA Journalism Hons.	4
10.	Shalini	BA Program	4
11.	Tushita	BA English Hons.	4
12.	Jyoti	BA History Hons.	4

Participation in Tournaments/Open/National/Inter-College/Inter-University etc. from Feb., 2021- April, 2023

Sr. No.	Name of the Tournament	Date of the Tournament	Place of the Tournament (Delhi/Outside Delhi)	State Whether Open/National/ Inter-College/Inter- University etc.	Do you have Proof Yes/ No	Position of your team in that game
1.	SRC Inter College	19,20 Jan (2023)	SRC College	Inter College	Yes	1
2.	IGNITE	17,18 Feb (2023)	JLN Stadium	Inter College	Yes	1

Special Achievement of any Player

*Delhi State Tournament (8 April)

Participants:

1. Kr Neelam, 2. Shalini, 3. Rehana Khatoon, 4. Kumkum Baghel, 5. Shalvi Shukla, 6. Nikita Yadav, 7. Varsha Pal

*Khelo India

SAI 10 KADAM (10 March, 2023)

1. Rehana Khatoon, 2. Kr. Neelam, 3. Shalini

(1st Cirtificate)

*Delhi OLYMPIC (2nd and 3rd October 2021)



1. Shalini, 2. Rehana Khatoon

(1st Medal, Cirtificate)

1. Kr. Neelam

(2nd Medal, Cirtificate)

District West Kho Kho Championship 1st to 2nd October 2021

- 1. Shalini, 2. Kr. Neelam, (1st Position)
- 3. Kumkum Baghel, 4. Rehana Khatoon (2nd Position)
- *2nd Delhi State (2021)

At Jawaharlal Nehru Stadium

1. Shalini, 2. Kr. Neelam, 3. Rehana Khatoon, 4. Kumkum Baghel, 5. Ekta (Participation Cirtificate)

North Zone inter University Kho Kho Championship 3rd to 6th January 2022-2023

Name:- Kr Neelam Held at *Haryana's Jind*

3. Hockey

S. No.	Name	Course	Semester
1.	Nidhi (Captain)	BA Program (History+Poltical)	Six
2.	Muskan (Vice-Captain)	B.Com Program	Fourth
Team Men	nbers		
3.	Ishita Bhatnagar	BA Honours (Journalism)	Six
4.	Archna	BA Honours (English)	Six
5.	Manisha	BA Program (History+Poltical)	Fourth
6.	Aanchal	BA Sanskrit Honours	Fourth
7.	Renu Bhatt	BA History Honours	Fourth
8.	Naman	B.Com Honours	Fourth
9.	Kajal Raman	History honours	Fourth

Participation in Tournaments/Open/National/inter-College/Inter-University etc. from Feb 2021- April 2023.

S. No.	Name of the Tournament	Date of the Tournament	Place of the tournament (Delhi/Outside Delhi)	State whether Open/National/ Inter-College/Inter- University etc.	Position of your team in that game
1.	Satguru jagjeet singh 6A side Hockey tournament	20-01-2023	Rameshnagar (Delhi)	Inter Collage	Semi Finalist
2.	6A side Hockey Tournament (Aero Line hockey club)	25-02-2023	Rameshnagar (Delhi)	Inter Collage	Semi Finalist
3.	6A side Hockey tournament (Aero Line Hockey club)	19-2-2022	IGIPESS College Delhi	Delhi State Inter College	Semi Finalist
4.	Khelo India 6A side Hockey tournament	10-3-2023	Major Dhyan Chand National Stadium	Open Tournament	Particiated
5.	22 Aeroline Hockey Tournament	2-4-2021	Subash Nagar New Delhi	Open Tournament	Semi Finalist



Special Achievement of any player North Zone Inter University Hockey Tournamnet of The Year 2022-23

1.	Nidhi	19-24 DEC 2023	Panjab	Inter University	Participation
2.	Muskan	19-24 DEC 2023	Panjab	Inter University	Participation
3.	Aanchal	19-24 DEC 2023	Panjab	Inter University	Participation
		25-3-22 April	Andhra Pradesh	National	Participated
4	Manisha	19-24 DEC 2023	Panjab	Inter University	Participation
		6-17 May 2022	Madhya Pradesh	National	Participated

4. Volleyball

Sr. No	Name	Course	Semester
1.	Raksha Singh (Captain)	History Hons.	6th
2.	Gauri Gowali (Vice-Captain)	B.Com Hons.	6th
3.	Aarti	B.A Hindi Hons.	6th
4.	Pratibha Kashyap	B.Com	6th
5.	Neha Kumari	B.A Hindi Hons.	6th
6.	Shagun Vashishth	B.Com	4th Sem
7.	Sandhya Kumari	B.A Hindi Hons.	4th Sem
8.	Himanshi Kashyap	B.A Maths Hons.	4th Sem
9.	Khiulamwi	B.A History Hons.	4th Sem

Participation in Tournaments/Open/National/inter-college/Inter-university etc. from Feb 2021- April 2023

Sr. No.	Name of the Tournamet	Date of the Tournament	Place of the Tournament (Delhi/Outside Delhi)	State whether Open/National/ Inter-College/Inter- University etc.	Position of your team in that game
1.	Inter College sports fest IBA (Umang)	10th and 11th Nov 2022	I.B.B Gurgaon	Inter College sports fest	2nd
2.	Inter College Spardhaa 23	18 and 19 Jan 2023	Shaheed Rajguru College New Delhi	Inter College	Participated
3.	Inter College InternationI level sports meet	3rd Frb to 5th Feb 2023	LNMIIT Jaipur	Inter College international level sports meet	Participated
4.	Delhi Senior State Championships	25th to 28th March 2023	Najafgarh New Delhi	Senior State	Participated

Football Team

Sr. No.	Designation	Name	Course	Semester
1.	Captain	Komal Kukreti	B.A (H) English	IV
2.	Vice Captain	Aditi Tokas	B.A (H) English	IV
3.	Member	Aakriti Vaish	B.A (H) Journalism	
4.	Member	Dolly	B.Com (H)	II



Sr. No.	Designation	Name	Course	Semester
5.	Member	Kirti Joon	B.A (H) History	VI
6.	Member	Yashika	B.Com (P)	IV
7.	Member	Sejal Jha	B.Com (H)	II
8.	Member	Priyanshi	B.Com (H)	IV
9.	Member	Poonam Kunwar	B.Com (P)	II
10.	Member	Indrani Borah	B.A (H) History	II
11.	Member	Himanshi	B.A (H) History	VI
12.	Member	Ritishka Tokas	B.Sc (H) Mathematics	IV
13.	Member	Hareswari	B.A (H) Sanskrit	IV
14.	Member	Sapna	B.A (H) Sanskrit	IV
15.	Member	Garima Gusain	B.Com (P)	IV

Participation in Tournament/Open/National/Inter College/ Inter Univ. etc From Feb. 2021 to April 2023

Name the Tournament	Date of the Tournament	Place of the Tournament	Open/National/ Inter College/ Inter Univ	Do you have Proof	Position
HOBNOB'22	13-04-2022	JMC	Inter College	Yes	Only participated
UMANG	11-11-2022	IBS Gurgaon College	Inter University	Yes	1
Ignite '23	17-02-2023	JLN Stadium	Inter University	Yes	Participated
Khelo india	10-03-2023	Participation	Open	Yes	Participation
Spardha (Amity)	27-03-2023	Amity University Noida	Inter University	Yes	Only participated
Samagrah (IP)	23-03-2023	Common Wealth Games Village	Inter University	Yes	Only Participated
Agaaz 23 (Maitreyi Sports Fest)	17th to 19th April 2023	Maitreyi college Chanakyapuri	Inter College	Yes	Participated

Special Achievement in Another Sports

Sr. No.	Name	Sports	Position	State Whether Open/ National/Inter College/ Inter Univ. etc	Vanue	Proof
1.	Komal Kukreti	Tic Tac Toe	I	Inter University	IBS, Gurugram	Yes
2.	Aditi Tokas	Tug of War	Ш	Inter University	IBS, Gurugram	Yes

Best Player Name:-

Sr. No.	Name	Course	Semester		
1. Volleyba	1. Volleyball				
1.	Raksha Singh	B.A History Hons.	6th Sem		
2.	Gauri Gowali	B.Com Hons.	6th Sem		
2. Football					
1.	Komal Kukreti	B.A English Hons.	4th Sem		
2.	Garima Gusain	B.Com Program.	4th Sem		



Sr. No.	Name	Course	Semester
3. Cricket			
1.	Shalini	B.A Program (Com Sc. + Political Science.)	4th Sem
2.	Charu Pal	B.A Political Science Hons.	6th Sem
4. Boxing			
1.	Megha	B.A Hindi Hons.	4th Sem
2.	Kumkum Baghel	B.A Program (History+ Pol. Science)	4th Sem
5. Taekwo	ndo		
1.	Triveni Hritika	B.A English Hons.	4th Sem
2.	Isha Pandey	B.A History Hons.	6th Sem
6. Hockey			
1.	Nidhi	B.A Program	6th Sem
2.	Aanchal	B.A Sanskrit Hons.	4th Sem
7. Kho-kh	0		
1.	Shalini	B.A Political Science Hons.	4th Sem
2.	Kr Neelam	B.A Political Science Hons.	4th Sem

































Core Team of Sports Club

	or oborto erab					
S. No.	Name	Post				
1	Raksha singh	President				
2	Shalvi shukla	Vice President				
3	Pragati	Social media coordinator				
4	Shalini	Secretary				
5	Chru Pal	Coordinator				
6	Triveni Hritika	Graphic Designer				
7	Khiulamwi	Content Writer				

Coaches Details

Name	Post
Football	Harish
Kho-Kho, Athletics	Amit Kumar
Hockey	Subodh Nautiyal
Cricket	Soni Kumar
Tackwond and Boxing	Sajiv Kumar
Valleyball	Jasprinse Singh
GYM	Robert
Table Tennis	Ashutosh



Independence Day Celebration















IQAC: Internal Quality Assessment Cell



The IQAC (Internal Quality Assessment Cell) of Bharati College is geared towards developing a system for conscious, consistent and catalytic action to improve the academic and administrative performance of the institution. The IQAC has successfully instituted several measures to enhance the stature of the institution for all its stakeholders –the students, teaching faculty and members of the non - teaching staff. In consequence of its first cycle of NAAC inspection, the college went for the second cycle in March 2022. The National Assessment and Accreditation Council (NAAC) peer team visited the college in March, 2022 and granted a B++ grade.

The College celebrated its Golden Jubilee on completion of 50 years of college in the academic year 2020-2021 through year- round events. The college has improved its ranking from 42 (2022) to 40 (2023) out of 225 colleges of India in Commerce stream. We endeavor to strive for greater excellence. On this World Environment Day, the college has been awarded for environmental education and awareness by the Indian Institute of Ecology and Environment. In the QS I-GAUGE rating, the college has been recognized as an Institution of Happiness (IOH) in the University and College Category for the year 2021-2022. The rating institution applauded our college for its effective implementation of an ideal learning environment and ensuring optimal happiness for developing the right attitudes, perspectives and emotional stability among the students. The college has been selected for award under BWG (Bulk Waste Generator) Category in West Delhi by MCD.

The IQAC promoted the inclusion of short-term courses which are job oriented. MOUs have been signed with various organisations for courses like 'Life and Leadership Coaching', 'Psychoanalysis in Practice', 'Move Mint Medicine'', Life and Leadership Coaching', 'Intellectual Property in Business', 'Dream Spark: Creative Writing for College Students', 'Psychiatry as Clinical Neuroscience', 'Design Thinking' with different durations to enhance and evolve students with varied concepts which impact mental and physical health. The course on E-accounting enables students to learn Tally, E-Filing of Income Tax, TDS and GST. A bilingual Diploma on Digital Marketing and Social Media Advertising is also being offered.



To keep improving the Teaching-Learning Process, the IQAC takes feedback at the end of every Academic Session from the following stakeholders: 1. Students on teachers, college administration, and Principal 2. Faculty members 3. Office Staff 4. Parents 5. Alumni. The purpose is to improve the teaching-learning process. Feedback received on other parameters is also promptly acted upon.

The Happiness Club of Bharati College, Ananda under IQAC aims at spreading positivity and happiness everywhere. The focus is on searching ways and means to build an environment that is surrounded with positivity and happiness.

The college has recently started the LGBTQPIA+ community named IRIS in 2022. Through Iris, we aim to provide a safe space for the LGBTQPIA+ community and eliminate any feelings of alienation that the students may face because of their sexuality or gender identity.

Girl Up Agni, a non-governmental organization (club) affiliated with the United Nations Foundation works on two main pillars; intersectionality and fulfillment of Sustainable Development Goals 5 (gender equality) and Goal 10 (reducing inequalities). Till now, Girl Up Agni has covered issues like violence against women, body shaming, sexism, bias against the female child, racism, etc.

The IQAC has assiduously promoted research in college for both the teaching faculty and the students. The Research blog (A Palanquin of Thoughts) was launched in 2020-21 to promote diverse ideas. It respects the freedom of expression. The research committee, to encourage interdisciplinary research in social sciences and humanities, launched its journal, The Research Post - An International Journal of Social Sciences (Biannual Double-Blind Peer Reviewed). The college has N-LIST membership and the passwords for the same are shared with administrative staff and the faculty of the college to access e-resources through the N-List program. The IQAC organized Online Short-Term Faculty Development Program and workshops for the college faculties, non-teaching staff and students.







Counseling Center

Introduction

The Counseling Centre at Bharati College was set up in 2002. In fact, Bharati College was one of the pioneering colleges of Delhi University to have a Counseling Centre that was open on all working days. The Centre is supported by a team of teachers. It works with students and staff to provide free counseling, and to offer a contained and safe space in the service of all in the College.

Each one of us experiences difficult emotions that have to be remembered, repeated and worked through. Somewhere we have to take personal responsibility and surrender our pain for depth and richness in life as we move on.

The Counseling Centre is one step in this direction. It is in the service of students, faculty and the non-teaching staff. In recent years, a number of students, some from violent and dysfunctional families, and others depressive, with a suicidal bent, have been coming to the Centre. Some had severe difficulties in interpersonal relationships, and felt comforted in a safe and containing space. Detailed records have been maintained for each case.

Empathy, trust and neutrality go a long way in containing emotional frailty. It must be mentioned that short term work has yielded results in enhancing the emotional health of quite a few over the years.

Common difficulties that are encountered are:

- Stress due to unhelpful parenting strategies
- Sexual abuse and incest
- Moderate anxiety and depression
- Panic attacks
- Nightmares
- Separation anxiety and fear of independence
- Taking recourse to drugs
- Gender identity crisis and fear of accepting it
- Withdrawal and prolonged sadness
- Academic failure, inability to concentrate
- Loss of appetite/overeating or excessive dieting as a way to manage difficult feelings
- Rage
- Sibling rivalry
- Conflicts around intimacy

Operational Details

Counseling is the first step in the direction of Mental Health. The Counsellor, Dr. Nitin Kumar Verma (BA, MA, PhD and PDF in Psychology) Counsellor of India Co-Win Action Network (I-CAN) wellness, (RMP) trained under the guidance of expert team of National Institution of Mental Health and Neuro Science (NIMHANS) for outstanding contribution in Project SAMVEDNA tele counseling a unique initiative of National Commission for Protection of Child Rights (NCPCR) for providing psychological first-aid and emotional support to children affected during COVID 19 pandemic.

Rules

Rules of the Centre are as follows:

- The Centre is available to all students, faculty and staff members of the College.
- Sessions are of 45 minutes duration, twice a week, by prior appointment.
- Total confidentiality is assured.
- All counseling is free.



Internal Complaint Committee (ICC)



The Internal Complaint Committee (ICC) was established in Bharati College, in 2015 under the University Grants Commission (Prevention, Prohibition and Redressal of Sexual Harassment of Women Employees and Students in Higher Education Institutions) Regulations Act 2015.

ICC, Bharati College deals with cases of sexual harassment of the students or employees in the college and provides mechanism of dispute redressal. It advocates the empowerment of women and has zero tolerance for any kind of sexual harassment. ICC diligently works towards providing a secure environment to students, teaching and non-teaching staff. Complaint boxes have been placed in the college premises.

We envision a safe environment and protection against sexual harassment of women at Bharati College, University of Delhi, for redressal of complaints of sexual harassment and to provided healthy environment for the staff and students of Bharati College.

Mission

- We commit ourselves to a zero-tolerance policy towards sexual harassment and reinforce our commitment to making our campus free from discrimination, harassment, retaliation or sexual assault at all levels. If a student, faculty member or non-faculty staff member face any discomfort under the above-mentioned heads, he or she can directly approach the committee.
- To provide a safe environment for our college staff and students. To uphold the commitment of the Institute to provide a harassment free environment and to prevent Social, Verbal, Physical harassment.
- To develop a zero tolerance policy against sexual harassment for women at Bharati College.
- Our aim is to promote a social and psychological environment to raise awareness on sexual harassment in its various forms.
- To evolve a permanent mechanism for the prevention and redressal of sexual harassment cases in Bharati College.

Committee Members

- Prof. Anupama Mahajan (Presiding Officer)
- Dr Kalpana Kataria (Member Secretary)
- Dr Nitin Verma (Assistant Professor)
- Dr. Bhawna Sivan (Assistant Professor)
- Mr. Charanjeet Singh (Prof. Assistant Library)
- Ms. Preeti Vats (Prof. Assistant Library)
- Ms. Kirti Dua (External Member)
- Ms. Laiba(Third Year Representative)
- Ms. Aliza Arif (Second Year Representative)
- Ms. Garima Sharma(First Year Representative)



Opus Training and Placement Cell, Bharati College

OPUS, the Training and Placement Cell of Bharati College, is a budding student-driven professional body formed in the session of 2017-18. The Cell strives to bridge the gap between students and recruiters by inviting various companies to our campus to provide career opportunities to our students. Not only does the Cell act as a mediator between recruiters and students, but it also aims at polishing the amateur skills of the students to make them industry ready.

Members of OPUS work diligently round the year to bring better opportunities for Bharati College students irrespective of their subjects. Our aim is to provide the best placements and training to students of Bharati College and to provide equal and fair opportunity to each and every young woman of the college. We host regular webinars, workshops, and training sessions to acquaint students with different career options and how to work on acquiring new skills.

Achievements:-

The Cell has provided internships to students across all years and all courses of Bharati College. The year saw an onslaught of 33 companies that recruited from the campus, providing internships to students in various profiles like HRM, Sales and Marketing, Digital Marketing Intern, Marketing Associate, Supply Chain Intern, Anchor Intern, Contact Curator Intern, Content Writer Intern, Podcast Production Assistant (Intern), Content Writing, HR, Production Team Member, Canva Post Designer, Growth Hacker, Business Development Intern. Students that interned in these profiles came from varied departments, like Commerce, English, Sociology, Hindi, Journalism, Math, History, and Political Science.

For the placements, final-year students across different streams and courses got placed in companies like Atomz –Contrarian Ventures LLP, Nerdy Turtlez Career, Bloombrain Learning Solutions, Zucol, SPSG Tophire Private limited, PB Financial ltd, Proschool Skill Development Pvt Ltd, Pel Softlabs Pvt Ltd-Kit-19.com. The offered profiles included Sales and Operations (PPO), Associate Operations, Business Development Executive, Customer Relationship Leader, Associate, Talent Acquisition, Assistant Manager Sales, Executive-Marketing, Executive- Client Acquisition and Retention Sales, with an average package of INR 3 LPA.

Initiatives- OPUS, Training and Placement Cell organized: Pal-to-Pal Sessions, a webinar in collaboration with 'NEXT IAS' on Civil Services, a seminar in collaboration with DIAS IAS on Personal Interviews, Soft skill and Placement Workshop in collaboration with Elios Healthcare, Seminar on Python Course in collaboration with IACT Education and a seminar on 'How to do well in Personal Interviews' in collaboration with T.I.M.E Institute, Seminar on 'Preparation Strategy for UPSC' in collaboration with NextIAS, Seminar on 'Career Prospects at Reserve Bank of India' in collaboration with Reserve Bank of India, Seminar on 'Investment Awareness' in collaboration with ICAI, Seminar on 'Career Path For Higher Education In Overseas' in collaboration with Global Alliance, Seminar on 'How to Hunt for a Job' in collaboration with IILM, PG Education Fair.







JAGRITI: Women Development Cell

Women Development Cell, Bharati College, University of Delhi aims for encouraging womens' studies, ensuring equity and addressing social, political and economic issues related to women in the society and at the university level.

Mission

- Our focus is to educate students about the women-centric issues and the significance of the differences between feminists and the feminazi. Jagriti comprises faculty and student coordinators from across sections and disciplines. Our student coordinators are expected to actively engage with issues of gender mainstreaming, and coordinate all the events on various platforms.
- We encourage women to be self-reliant and economically independent. We are nurturing young minds and paving their way to grow into balanced and better human beings.

Members

The Women Development Cell comprises faculty members of the College. Currently its members are:

Convenor - Dr. Aruna Jain

Co-Convenor - Ms. Looke Khanna

Dr. Indu Baghel

Dr. Aateka Khan

Ms. Princy Jain

Mr. Kunal Anand

Dr. Bhawna Shiyan

Achievements

- Jagriti, on the occasion of International Women's Day organized a distinguished lecture series keynote session by Dr. Vijay Laxmi Singh (Department of History, DU) on the topic titled 'Searching Gender Equality on changing Social Milieu and internalizing the Revolution Past to Present' and Prof. Meena Sharma (PGDAV College, DU) on the topic titled 'Miscellaneous Dimension of Women: Legal Context'. The intercollege 'Short Story Writing' competition titled "Women Day Special Stories" and the Logo making competition was also organized by Jagriti, on 8th March 2022 in the college premises. The event provided an ample amount of space for the different subjective experiences of the participants.
- An essay writing competition was organised by Jagriti, Women Development Cell of Bharati College, in order to raise the consciousness among students following the relevance of 'Gender Sensitization Week' in their lives.
- FREAKONOMICS in collaboration with Women Development Cell organized an interactive workshop to create awareness about various kinds of eating disorders and their Impact on women. Understanding the relationship between emotions and eating. The session was conducted by Freed: a non-profit organization focused on awareness generation, intervention, and advocacy for eating disorders in India.
- 3-days Self Defense Training Program for Women. The first day began with the welcoming of the
 esteemed guests, Professor Avneesh Mittal (Principal of Bhaskaracharya College of Applied Science),
 Mr.Praksheet Dagar (Young Vice Chairman of Delhi Public Library and the Head of Udankaar NGO,
 Mr. Ashish Pokhriyal, our respected Principal Prof. (Dr.) Saloni Gupta and all our members Dr. Aruna
 Jain, Dr. Indu Baghel, Ms. Princy Jain, and Dr. Bhawna Shivan.



- A lecture on 'Women Empowerment and Saving Girl Child'. Women Development Cell in collaboration with IQAC, Bharati College present a lecture on 'Women Empowerment and Saving Girl Child' on 21st February and welcomed ACP Hari Kishan (Crime against Women Cell), Addl. DCP Divya (West district) and Inspector Usha Sharma (Crime against Women Cell).
- Parliament House visit organised by WDC-Bharati College Jagriti organized a visit to the public gallery of the Parliament House on 24th March 2023. The visit was made possible with the kind courtesy and cooperation of the honorable Member.













AREYA: The Leadership Cell

The Leadership Cell has a history dating back to decades in the colleges of Delhi University, shaping and enhancing its students' leadership attributes. The Leadership Cell under the umbrella and guidance of Bharati college provides a holistic personality development to its students.

Our objective lies in crafting a leader out of each student, to have credence and we adhere to our goal. Being a leadership cell, we aim towards foregrounding core principles of courage, responsibility and accountability and believe in projection of our operations rather than saying it by demonstrating aspiring leaders the way leaders work.

We also aim at inculcating a sense of leadership and courage in our students by providing them appropriate guidance and mentorship and use of different means for our students to drive them through acquiring some leadership skills and put them in interaction with inspirational figures.

It was founded by Ananya Gaur, a student of B.A Program.

Members

Faculty Advisor: Prof. Anupama Mahajan

President: Soni Aggarwal

Co-president: Mrigna Khurana Vice president: Harshita Joshi

Events

- Webinar by Ms. Mitali Nikore (Economist and Gender expert) on key aspects of leadership webinar in collaboration with department of commerce by Palakh Khanna (CEO of Break.the.ice) on women leadership and associated with it.
- Workshsop in collaboration with ICC by Pooja Mandala (Project manager and legal consultant at project Nyari) on legal aspects of women empowerment and leadership.
- Webinar by Rishav Agarwal (Founder, Pixcele) on 'Youth leadership and entrepreneurship a way'.
- Webinar by Sonal Goel,IAS (Resident commissioner, BRICS CCI YOUNG LEADERS FORUM) on women leadership and social development.
- Webinar by Suresh Prabhakar Prabhu (former union minister with 10 portfolios) on women leadership and social upliftment.





SAHYOG: Academic Support Cell

Academic Support Cell is a dedicated initiative aimed at fostering a supportive academic environment. With a primary focus on providing assistance to individuals, Sahyog takes pride in offering a unique blend of language expertise and peer teaching. Through the commitment to academic support and specialized language instruction, many individuals have achieved remarkable progress in their educational journey.

Sahyog believes in growth through mutual help and assistance where students help their fellow counterparts who are willing to learn subjects such as English and Spanish at a basic level. With Sahyog, we aim to provide support to those enthusiastic students who are eager to learn but are unable for some reason. By asking students to teach their peers, we wish to create an environment of support and helpfulness in the college.

Members

Faculty Advisor - Dr. Anupama Mahajan

Student Members

English: Ananya Dutta and Maria Darngawn

Spanish: Disha Gupta

WUS Committee

The WUS Committee is committed to provide adequate health services to the students and staff of Bharati College. It not only takes care of all health-related issues that our students face while being in college, but also provides medical advice and guidance telephonically while they are at their home as and when they need it. The committee comprises of Dr Poonam as its convener and Prof. Rajni as co-convener. Dr Poornima Loomba is the medical officer and her services are available from Monday to Friday 9 am to 1 pm. WUS committee organized health camps, seminars and workshops on relevant health-related topics namely, Hygiene, Gynae Issues, ENT, Eye, Dentistry, Cancer, Nutrition among others.

Major Events organized by WUS Committee (Indian Cancer Society) The detection of early symptoms of cancer, how to screen them and the medical consultations required. The representatives of Indian Cancer Society distributed pamphlets containing information related to cancer and contact details of persons to be contacted in case of need. Students were also encouraged to lend a helping hand to cancer patients.

Health Talk on Menstrual Hygiene : A successful attempt to create awareness about menstrual hygiene. It was a good learning experience for all.

Free Health check-up camp in collaboration with Venkateshwara Hospital, Dwarka: In this health check-up camp, ENT specialist, orthopaedician, gynaecologist and general physician provided their expert services.

Free Eye check-up camp and Gynae consultation in collaboration (Centre for Sight and Manipal Hospital): In this health check-up, eye specialist checked students' eyesight by 'Visual acuity test'.

Women Health and Hygiene and BLS Training in collaboration with Manipal Hospitals: BLS activity is a life saving activity which is done to save life of a human being in times of emergencies. Students were given practical training through a demonstration by medical experts and then hands on practice by students to take care of the unconscious person till the medical services arrive at the place which may prove to be a life saving activity for the unconscious person. Knowledge about the Seven rules to save a life in such a situation is crucial.

Health Camp in collaboration with Gandhi Hospital: In this free health check-up camp students



consulted with Dental specialist, ENT specialist, Orthopaedic and general physician etc.

Distribution of free sanitary napkins by WUS and NIINE Foundation: The speaker explained about the importance of menstrual hygiene and how the use of a good quality sanitary napkin prevents a girl from contracting many diseases. A Sanitary Pad dispensing machine was gifted by NIINE Foundation to Bharati College.

The WUS committee strives to serve students and staff in the best possible manner with the medical officer and nurse to resolve students' daily health related issues in our college. It is our pleasure to share that medical services are also provided to hostel inmates on a regular basis to ensure their stay in the hostel hassle free. The committee is thankful to the unconditional support from principal, Prof Saloni Gupta and AO accounts and Admin.





Connecting Dreams Foundation

Connecting Dreams Foundation (CDF) - Bharati College is a non-profit organization, a youth-led entrepreneurship initiative to create change. CDF works along the lines of 17 Sustainable Development Goals (SDGs) as defined by the United Nations. CDF, through its changemaker network, uses entrepreneurial action to empower people to improve their livelihoods in an economically, socially, and environmentally sustainable way, thus, converting their dreams into reality.

Members

Convenor - Dr. Poonam

Co-Convenor - Dr. Kalpana Kataria

President - Vanshika Garg

Vice-President - Manya Khurana

It was founded by Ms. Sadhvi Mendiratta with Dr. Poonam as its Convener and Dr. Kalpana Kataria as co-convener in the difficult times of the COVID pandemic and it was started in September 2020.

Connecting Dreams Foundation Bharati Chapter aims to empower young women in rural India through connectivity and entrepreneurship. CDF Bharati Chapter mission is to bring forth educational and social entrepreneurship.

Initiatives by CDF Bharati

Project Warrioress empowers acid attack survivors by helping them in enhancing their talents and skills through various online and offline training sessions.

Project Spectrum is an initiative aiming to boost the educational and entrepreneurial skills of the LGBTQ+ community and make them tech-savvy with advanced computer skills.

Project Pariskar is an initiative to conduct regular cleanliness drives and collect plastic to be sent for recycling every week in collaboration with BISLERI.

Events:

CDF Bharati organized numerous seminars under **Project Heal** to boost the morale and mental health of students with anxiety issues on topics such as 'Hustle called life', 'Recovering from Unhealthy Relationships: The Road To Self Discovery', 'Emotional intelligence: How to cultivate it'. A workshop on mental health CATHARSIS '23 was also organized which left the spirits of students energetic and high.

The team visited the communities of Vinobapuri and designed earthen lamps to sell in stores under **Project Empower** and set up a stall at DTU under Project Empower where team members sold earthen lamps and other Diwali decorative items made by our beneficiaries from Vinobapuri, Nikshay Foundation.

Under Project Pariskar, as part of the Bottles for Change Project, the society partnered with Bisleri to collect and segregate waste plastic that is generated on the college premises. Under Project Sambhav, CDF Bharati in collaboration with Divine Basic Needs NGO educated underprivileged girls and women who work in households to earn their livelihood keeping education aside. CDF Bharati has dispensed more than 15000+hours of classes to unprivileged students.

CDF Bharati and Transformation Team has joined hands under Project Spectrum to help Trans fellows from Satrangi Samaj, the LGBTQ+ community by equipping them with entrepreneurial skills that lead to financial independence. Under Project Warrioress, CDF Bharati students visited the Cafe Sheroes. Unlike other cafes, Sheroes is entirely run by acid attack survivors. From SHE and HERO, Sheroes was created.











IRIS: The Queer Collective

Iris, the Queer Collective of Bharati College was found freshly out of the pandemic-induced lockdown. Iris was established to bring attention and awareness to the queer populace of our college, provide support through their journey of self-discovery, and most importantly, provide a safe space to the queer people on campus. It was founded by the students Ekta Singh and Divyanshi Dash in the year 2021.

It focuses on creating a supportive and inclusive environment for LGBTQ+ individuals. This may include: Providing a safe space, education and awareness, advocacy, support, community building and representation.

Members

Convenor - Prof. Mala Rani

President - Ekta Singh

Vice President - Divyanshi Dash

Achievements

Iris was appreciated by the media for the event, Horizon'22 and was featured in both Times of India and Hindustan Times.

Events

- **Enigma-** Iris organized 'Enigma' to celebrate International Asexuality Day. The team distributed informative pamphlets about Asexuality.
- **Horizon'22-** On the occasion of Pride Month, the team of Iris celebrated the annual event 'Horizon'. The theme chosen for the celebration was 'Creating a Safe Space for the Marginalized Communities'.



- **Persona-** To celebrate Bi Visibility Day, Iris Queer Collective organized an intercollege monologue competition Persona.
- **Transparent-** To celebrate Transgender Awareness Week, Iris put together a two-day event "Transparent".
- **No Name Calling Week-** In an effort to raise awareness about the basic dos and don'ts of how to use language inclusively and address a person without confining them to heteronormative, cisgender terms, the team of Iris coordinated an awareness campaign for 'No Name Calling Week'.
- **Seminar on HIV/AIDS** Iris conducted a seminar-cum-workshop on the topic HIV/AIDS and how it has impacted the Queer community. Dr. Aparna Bhattacharya communicated the difference between HIV and AIDS, its symptoms, how it can be cured and various other aspects related to it.
- **Gender Sensitization Session-** Iris contacted Naz Foundation India to conduct a sensitization seminar on LGBTQ+ issues. The aim was to bring forth the issues faced by the community on a daily basis into limelight and for them to provide solutions and insights on these issues.









KAVYA - Abhivyakti Ka Sanjha Manch



FACULTY MEMBERS:-

Convenor: - Ms. Sunita

President:- Manisha

Vice-President:- Vanshika

Kavya is a group of logophiles who share a passion for literature and writing. It aims to nurture the budding poetic talent and creativity among its members. The society is dedicated to providing a platform for students to express their literary interests and hone their talents in writing, reading, poetry, and critical analysis.

The aim of this society is to promote and encourage interest in poetry, literature and language among students. It provides a platform for creative writing, critical analysis, and intellectual exchange on literature and related disciplines through various activities such as workshops, seminars, debates, book clubs, guest lectures, poetry, and drama events.

The society was founded by the students Manisha and Vanshik in the year 2023.

- The society serves as a community of like-minded students who appreciate the power of the written word and participate in enriching cultural experiences. We seek to foster a creative and inclusive environment for students to express themselves confidently and meaningfully.
- The society is open to all students across all backgrounds and disciplines and especially welcomes those who
 are interested in exploring the world of literature and creative writing
- Kavya endeavors to foster a vibrant literary community. Besides Knowledge, the society focuses on Poetry as it believes that Poetry is the soul's essence.
- The goal is to encourage and support emerging writers to achieve their full potential by providing them with the resources, feedback, and mentorship they need, to hone their craft.

Events of the Year 2022 - 23

- Kavya organizes various events, such as book launches, poetry slams, open-mic nights, and writing workshops, bringing students and writers together to share their work and open opportunities for sharing each other's passions and techniques.
- A Kavi Sammelan was organised on the Independence Day. Kavya invited well known poets and the event witnessed a large audience that also comprised teachers of the college as well as the principal.



Marchioness: The Marketing and Advertising Society



FACULTY MEMBERS:-

Convenor: - Mrs. Sunita

Co - Convenor: - Dr. Rakhi Jain

President:- Anmolika Saxena

Marchioness is a marketing and advertising society that works holistically. The society embraces marketing strategies to tackle business competition, developing a deeper understanding of market realities, and revive start-up ideas to propel them to new heights at Bharati College, University of Delhi. It was founded in 2022 by Ananya Gaur and co-founded by Anmolika Saxena. Marchioness aims to:

- Strengthen the concept of personal branding for successful entrepreneurship.
- Inculcate marketing skills and abilities and give experience and in-depth knowledge about marketing and advertising.
- Develop a community of like-minded people who would work laboriously to make marketing and advertising a powerful tool and explore marketing issues.

The society gathered students with a marketing aptitude and a creative bent to participate in case workshops, idea exchanges, market research, live projects, content production, and everything else the field of marketing has to offer. Our main focus is on revolutionizing the idea and concept of marketing and advertising as a whole.

Events

Marchioness organised an inauguration ceremony in the Seminar Room of Bharati College under the guidance of the convener, Ms. Sunita and co-convenor, Dr. Rakhi Jain.

Marchioness X Mercadeo - The Marketing Society of College of Vocational Studies (CVS) sent six offline contingents to INCENDO: The two-day event began in CVS Seminar Hall and featured jamming sessions, musical acts, and competitions. Two Marchioness members qualified for the 1st and 2nd rounds of Game of Life on the first day and the 3rd round on the second day, a genuine accomplishment.

Webinar-Marchioness conducted its first online event, "How to get into Marketing with no experience".



MANTHAN: The Nukkad Natak Society



FACULTY MEMBERS:-

Convenor:- Dr. Bindia Trivedi President:- Suhani Sabharwal

Vice-President:- Tanu Rao

Manthan, the Nukkad Natak Society at Bharati College focuses on creating a voice and effort through performance which can be applied to make a difference in the world. It aims at supporting the community and reconnect with it through performance and opportunities. The society has evolved over the past 12 years through consistent hard work, creativity and innovation.

Over the years, Manthan has been known for its sensitive selection of socio- political topics, bold voices and opinions, binding acting, writing and the zeal to perform with positive energy.

The society aims at making socio-political impact through our art and it believes that the magic lies within the periphery.

Mission

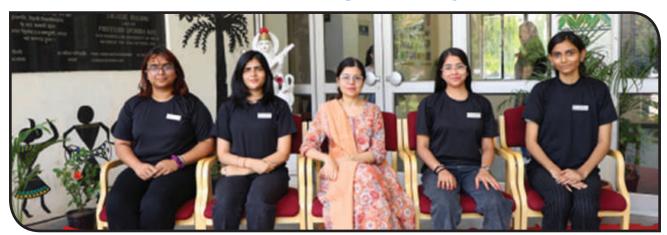
Manthan envisions a vibrant tapestry of creativity and social awareness, woven through the powerful medium of street theater. It aspires to ignite minds, challenge norms, and foster dialogue on pertinent issues that shape our society. Through the performances, we aim to captivate hearts, spark change, and leave an indelible mark on the community.

Events of the Academic Year 2022 - 23

- Manthan, collaborated with Palaash, the eco club of college and performed a street play "RED LIGHT ON GAADI OFF" in order to spread awareness on traffic rules. The aforementioned initiative was taken up by the Delhi Government.
- Manthan organized a WINTER CARNIVAL-FLAKES'23. The event occurred in the Central Lawn of Bharati college with a footfall of over 500 people.
- Manthan performed an act on Anti-Ragging in collaboration with the Anti-Ragging Committee of Bharati College. It was conducted to raise awareness against ragging which is a common crime that a student may face in college.
- Manthan organized TAMAASHEBAAZI'23, an inter college street play competition.



CHINTAN: The Debating Society



FACULTY MEMBERS:-

Convenor:- Dr. Anavisha Banerjee President:- Suhani Sabharwal Vice-president:- Sujata Sharda

CHINTAN was founded with the aim of providing students a platform to express their ideas in a constructive manner. The society believes in the philosophy of a quote by Joseph Joubert - "It is better to debate a question without settling it than to settle a question without debating it." The society members work together to polish their debating skills and reasoning and develop their arguments.

Achievements 2022-23

- The Vice- President Suhani Sabharwal did live shows with Akashvani, All India Radio [FM Rainbow] on the Impact of westernization on Indian Society and got featured on 102.6 FM Rainbow on a programme about youth icon and role model in culture on the occasion of Azaadi Ka Amrit Mahotsav. She also won second position in a debate competition organised by Deshbandhu College, University of Delhi.
- The treasurer, Shruti Singh, won the first prize in an open mic competition organised by Apeejay School of Management on the topic of Human Rights.
- The Secretary, Nandini Dang, won the second prize in an open mic competition organised by Apeejay School of Management on the topic of Substance Abuse. She also won the third prize in an open mic competition on the topic- Equity in the Workplace.
- Prarthana Mishra won first prize in speech competition by the Political Science department in Bharati College and second prize in Youth Parliament in Bharati college.
- Arushi Saxena won consolation prize in Speech competition organised by Political Science Department (Bharati College) and third prize in open mic

competition organised by Chintan (Bharati College).

 Ananya Sacheti won third position in the open mic competition at Hansraj College, University of Delhi and first position in open mic competition by department of Psychology, Bharati College.

• Lara Gautam won first position in open mic competition by Lady Irwin College, University of Delhi.





MRIDANG: Music and Dance Society



FACULTY MEMBERS:-

Convenor: – Dr. Sarita Pathak Yajurvedi

President:- Shaheen Grace

Vice-President:- Nidhi Jha

Mridang, the Music and Dance Society of Bharati College was formed on September 1, 2014. This society is dedicated to Music and Dance and it is all about exploring and innovating new forms of art in the respective field. Its aim is to learn, explore, experience, grow and to provide a platform to know themselves. It strives to improve the skills of students and to polish and shape the present talents to bring out the best artists.

Shivangi Srivastava was the founder and the first president of Mridang and a student of Hindustani Classical Music Vocals. She is the disciple of Dr. Sarita Pathak Yajurvedi and is being trained under the Guru Shishya Parampara of Rampur Gharana.

Mission

The main objective of the society is to give a platform for the young talents in our college in the vast arena of performing arts. The society lets the students explore their horizons and discover the artist in them. Mridang is a platform to showcase the talents of young artists. It strives to connect with other societies and institutions and tries to learn new and exciting forms of arts.

Achievements of the year 2022 - 23

- Sai Archana won 1st prize in DDU and in Vivekanand College.
- Vanshika won 2nd prize (2023) and Ravina won 3rd prize in folks song competition organized by Kudiyan Di Phulkari (2023).
- Khushi Singh won 1st prize in open mic in the Winter Carnival Fest and won 2nd prize in singing competition organized by NSS.



Events of the year 2022-23

- Performed in NAAC Visit, Phagun fest, ABVP session and Annual Cultural Fest.
- Collaborated with Vanijya, the Commerce Society for organising a jamming session for Valentine's .
- Organised the Battle of Bands and solo singing competition for the Annual Cultural Fest and Dance Events.
- Performed at the Garba fest, Yuva Mahotsav, Winter Carnival and Diwali fest.
- Collaboration with Artvilla at the Halloween event.
- Organised solo and group dance competition in the Annual Cultural Fest.





Kudiyan Di Phulkari

Department of Punjabi launched its Punjabi cultural society 'Kudiyan Di Phulkari' in December 2017. Our society is aiming to infuse Punjabi culture values to the students with training in Punjabi Folk Dance like Bhangra, Giddha, Sammi etc and Folk Music, Poetry, Painting, Declamation, Debate, Gurbani Shabad etc. It was founded by Dr. Shalu Kaur who is also the Convener of the society.

The students who join the society are exposed at College as well as University level and are able to explore their hidden talent. These extracurricular activities help shape their personality in a noble way.

Events

The society organized a Folk-Song and Folk-Dance competition on 10th February 2023. In this many students participated and won exciting cash prizes. Kudiyan Di Phulkari also gives free Bhangra and Giddha coaching to our college students. We also encourage students to learn the Punjabi language.

Achievements/Initiatives

- Ankita Vashishth won 2nd prize in the Poetry competition held at S.G.N.D Khalsa College.
- Komal Bakshi won 2nd prize in inter college online poster making competition held at Maitreyi College.
- Palak won 2nd prize in Folk song competition held at S.G.N.D Khalsa College.
- Harman kaur and Komal Bakshi won 1st prize in the Rangoli making competition held at Bharati College.
- Ekta won 1st position in Poster/ Model presentation on the World Environmental Day.









ANANDA: Positivity Unfolded The Happiness Club



"Happiness can be found even in the darkest of times if only one remembers to turn on the inner lights."

Ananda: Positivity Unfolded, is a selfless initiative that believes in giving students a reason to smile and feel positive. The happiness club of Bharati College under IQAC aims at spreading positivity and happiness everywhere. Amidst the ravaging pandemic, hectic schedule of classes, assignments and the infinite chaos of life, something that makes one pause and ponder, cheer life, that is 'Ananda'.

With Ananda, we aim at making the college campus a more emboldened and positive space for students, so that they feel elated and confident. In Ananda, the focus is entirely on searching the ways and means to make the students happier and build an environment that is surrounded by positivity and happiness.

Prof. Anupama Mahajan founded the Happiness Club with her unwavering dedication and enthusiasm. She has taken the lead in the Happiness Club within Bharati college, which aims to foster the comprehensive development of students. Her vision goes beyond the confines of the campus, as she strives to create awareness about mental health and promote happiness in the wider community.

Ananda diligently organizes and conducts a wide range of activist activities both within and beyond the college premises with the primary aim of propagating happiness and fostering mental well-being. These activities are consistently scheduled and conducted regularly.

This society was born from the stigma surrounding mental health and to promote a space where students take a hiatus from the pressure put upon them by the society. So far, the feedback and response from the students has been overwhelming. We received positive feedback from students about how Ananda helped them become better versions of themselves.

Ananda holds pride in the fact that it is the recipient of 'Institution of Happiness' award conferred by the prestigious QS I-GAUGE for the year 2021-22. Bharati college is the only college of University of Delhi that has been conferred with this award.

LET US EXTEND HELP AND SUPPORT TO EACH OTHER AND BE HUMANE AND HAPPY THEREAFTER...





North-East Cell



FACULTY MEMBERS:-

Convenor: – Kangkana Roy

President: – Judith Touthang

Vice-President: – Juliana L. Sailo

The "North-East Cell" is a society for students from the eight states that make up the North-Eastern region of India, including Arunachal Pradesh, Manipur, Mizoram, Assam, Nagaland, Tripura, Meghalaya, and Sikkim. This region is renowned for its cultural diversity and abundant natural beauty. The society aims to showcase the rich traditions of North-East India and provide a platform for North-Eastern students at Delhi University to express themselves. It was founded in December 2018 under the leadership of the convenors Kangkana Roy and Chansa Makan.

It provides a platform for students to express their opinions and exhibit their talents. The cell also envisions to provide a stage for discussions on the socio, political and cultural issues faced by the region.

Events:

Cheraw dance or bamboo dance was performed by the society in the Cultural Dance Competition held by North-East society of Miranda House at their annual festival Leirang'23.

The North-East cell of our college performed a cultural fusion dance in the annual fest of Bharati College, Abhivyakti'23.

The society members enthusiastically performed Bihu dance in the debut NEC Annual Event of Shaheed Sukhdev College for Business Studies .

Achievements:

The Bamboo Dance Troupe of the society secured the first position at DDU North East Fest.

One of the members of northeast society, Sanjeevni Kalikotay secured 2nd position in the NE Cultural Solo dance competition at Maharaja Agrasen College.









Palaash: The Eco Club

Palaash, the eco club is the environmental society of Bharati college which works for the welfare of nature and curbing the negative impact of degradation of nature by human beings.

Palaash aims at creating awareness among people and pushes them towards working for nature. Our prime objective lies in our tagline which says "Serving Nature Polishing the Future". Through this our main focus is taking a step towards sustainable development which ensures a better future. We bring awareness for environment protection among students, college staff and other people as well. Thus, our society looks forward to dedicating itself completely for the service of mother nature.

Palaash intervenes with its innovative workforce. We conduct various events through which we look forward to Sustainable development. Furthermore, we thoroughly believe that each and every individual can be of great help for nature, so everyone must take a step forward for its preservation.

Members

Convenor - Prof. Harikishni President- Manisha Vice - President - Anjali Malik

Event

Cleanliness Drives: We conduct regular cleanliness drives in the District park, Janakpuri and inside the college premises to ensure a breathable environment.

Donation Drives: We believe that in order to empower a person towards serving nature it is important to ensure that he is equipped with basic necessities like food and clothing.



Plantation Drives: It is a crucial step for a better environment and we take it as the primary step for development of our nature. We conduct plantation drives in the college premises on the occasion of World Environment Day every year.

Feeding the Fauna: We conduct animal feeding drives in order to create a feeling of love and compassion for the neglected stray animals.

Achievements/ Initiatives

Palaash was awarded by the Confederation of Indian Universities on the 44th Foundation Day of Indian Institute Of Ecology and Environment, New Delhi with National Environmental Education and Awareness Award.

Palaash joined hands with the Save Soil Movement initiated by Sadhguru for the alarming situation of soil degradation.

Palaash has taken an initiative to celebrate the annual Earth Summit on the occasion of Earth Day. We celebrated our first summit as Paakhi'23 where we organized a lot of fun activities related to nature.



DONATION DRIVE



FEEDING THE FAUNA



CLEANLINESS DRIVE IN DISTRICT PARK



CHILMAN: The Dramatics Society

FACULTY MEMBERS:-

Convenor: - Dr. Sonali Jain

Co-Convenors:- Prof. Mala Rani

President:- Mansi Narain

Vice President:- Drishti Rao

The Dramatics Society of the College became active in the year 2001. The society fosters talent for theater and to promote in the college a vibrant theater culture. For this purpose, it stages productions, mimes and mono-acting performances. Its activities can be categorized under three heads: theater workshops, major productions, and minor and experimental productions.

Theater and performance are cultural phenomena for self-expression and the process of mirroring the society. Through them, we can represent social issues and concerns, and come together as a community attempting to move toward social change. In university spaces, they provide an opportunity to students, boost their morale, enhance communication skills, and raise appreciation for various art forms existing in the world.

Achievements and Initiatives

- Chilman shot a production on "BEETLE JUICE" released on Chilman's official social media handles.
- Chilman was praised for its performance on "MACBETH" in NAAC and on "CYBER SECURITY" in the cyber safety awareness program organized by Delhi Police.
- Chilman participated in the preliminary round of IIT Kanpur and IIM Lucknow, where and submitted a short online production namely "Devi," which was a short play centered upon sexual harassment.
- Chilman got shortlisted for the stage play competition Antarnaad, organized by IIM-Lucknow, where the team performed the play on "HIV AIDS."
- Chilman participated in an online film making competition on the theme "Light and Darkness," organized by Delhi College of Arts and Commerce, DU. Chilman also organized a stage play Competition namely "Manch Utsav," where the dramatics societies of colleges across Delhi participated.













UPKRAM: Entrepreneurship Cell



Upkram was inaugurated and started with the release of a book on "Entrepreneurship" written by Prof. Saloni Gupta, Principal, Bharati College, she is the main driving force behind it. She has constantly encouraged the students to create a culture of Entrepreneurship by motivating them, guiding them and disseminating knowledge about business environment and enabling the conduct of skill development training programmes leading to self-employment. Upkram was established with the aim of transforming student creativity into Entrepreneurship.

Upkram aims to develop and enhance entrepreneurship skills among the students by providing them opportunities to present their ideas and views before UPKRAM. It brings together aspiring entrepreneurs and supports them with mentoring, consultancy, and networking. It often invites renowned entrepreneurs to deliver seminars and educate students about the ups and downs of entrepreneurship and to assist them in realizing their ideas. Upkram strives to generate entrepreneurial spirit and passion among students to bring their ideas to life, and to inculcate a culture of entrepreneurship amongst the students and faculties with a firm understanding of the need to build more job providers in our country as well as the option of considering start-ups and entrepreneurship as a career option.

Events (Academic Year 2022-23)

- Under the aegis of Career Development Centre, University of Delhi, Upkram, the Entrepreneurship Cell of Bharati College, organized an Entrepreneurship and Innovation Summit, GET SET PITCH on 19th May 2023. This was an endeavour to give a platform to enthusiastic students, who have business ideas but need guidance and support to bring them into action. The honourable guest of the event was Shri Bharat Bhushan Arora, the chief architect of Samarth Bharat Career Development Centres. He motivated the students to embrace their entrepreneurship spirit and incorporate technology into their business ideas to ensure mass reach and scaling. The event ended with a vote of thanks to the guest and the participants.
- The Entrepreneurship Cell of Bharati College organised Sustainable Entrepreneurship Seminar and Workshop on 8th February 2023, to learn from industry leaders to build businesses that are sustainable yet profitable. Mr. Manil Agarwal, founder of Sustenable and Col. Prakash Tewari, Board of directors,



Grameen Impact Ventures shared insights of the topic. Followed by active participation of members and audience and their discussions with the speaker, the seminar turned out to be a fruitful one.

• **Project Kitaab:** The E-cell of Bharati College operates on the approach of 'learning by doing'. Therefore, after successful implementation of student led small business ventures- project Chiraag, Rang-de-Poshak, and Jaiva Gulaal, the students of E-cell initiated Project Kitaab, which is a business model capturing the untapped market of used books. Under this project, the team offers an in-house bookstore to the students of Bharati college for sale of old/used books or readings and purchase of both used and new books and readings. The E-cell team endeavours to serve as one stop shop for all the student needs related to study materials at an optimized cost, also generating a sufficient margin for keeping the business model profitable. Use of debit and credit notes is a technique that students have learned in this project to avoid holding up finances in stocks and reduce financial risk. In addition to this, students have learned product cataloguing, and stock maintenance through this project. The team has got a fairly positive response from the students both in terms of supply and demand of books. The project was initiated in November 2022 and is ongoing.

ADVAITA: Western Dance Society

Advaita is the western dance society of Bharati College. Since 2016, the society mainly focuses on urban hip-hop as its main forte. The society prepares its own annual productions which are performed at competitions organised by different colleges. The society mainly focuses on learning dance and giving students the opportunity to perform and represent the college in the Delhi Dance Circuit. Besides this, the society focuses on enhancing the personalities and confidence of the team members. Advaita was founded in 2012 by Vashali Patwal.

This society is deeply interested in bringing forward a platform for everyone interested in the western dance forms in our college. We aim to set the stage for everyone to bring out the dancer in them and to be able to have opportunities to perform and excel in the field of dance.

Dancing can bring people together; it's that form of expression that can strongly put forward the ideas, feelings, and emotions of an individual, and we strive to do exactly that to spread a bit of happiness and energy in the crowds through our dancing. To bring people together and closer, we strive to take the society to higher levels and perform like no one's watching.

Important Event:

Important events organised by Advaita are "The Plug" (a street dance event) and "Tanzen" (a group dance event). There are some other important events where Advaita performs, like AIIMS DELHI, IIT (Delhi and Varanasi), and DU and IP college fest.







Vitt 'N' Nivesh



FACULTY MEMBERS:-

President: - Nikita Garg

Co- President:- Mahika Khanna **Vice - President:-** Aradhya Jha

Vitt 'N' Nivesh, the Finance and Investment Cell (FIC) of Bharati College, was founded with the aim of imparting the knowledge of investment and preparing students to make informed decisions around personal finance to enable them to lead a financially secure life in today's competitive world. The FIC cell strives to do so by sharing insights on key financial concepts. The cell shares the latest economic and financial news and recent topics relating to finance on its social media platforms for mass reach. The cell aims to achieve the shared ambition of spreading financial literacy among women and contribute to their financial independence by organising workshops, webinars, competitions and other events. The Cell was founded under the guidance of Dr. Poonam and Dr. Kamini in the year 2022.

Events

- K-League Competition, a mock stock competition in collaboration with a leading stock market application to familiarize and sharpen students' trading skills by providing them with a risk-free platform that simulates the actual stock market.
- Vitt-Verse Conclave The cell launched its first annual event, Vitt-Verse Conclave. Extensively shared their vast experience in the field of finance, wealth creation, and about various careers in the field of finance.
- Workshop on Blockchain and its impact on the finance industry- The workshop helped students know about the recent blockchain revolution and how it is relevant to students.
- Webinar on Lucrative career options in finance- The webinar helped students clear their doubts regarding what career field to go for in the future.
- Workshop on Financial Planning This event helped students understand the need of planning their finances in advance and how to make optimum plans according to their needs.





Girl Up Agni



Girl Up Agni aims to work for equality. It is an organization which is affiliated with the United Nations and situated at Bharati College. It works on two pillars, intersectionality and Sustainable Development Goals, gender equality and reducing inequalities. The aim is to create a space for feminist leadership to grow capacity building. Soumya Varma is the founder of Girl Up Agni.

Achievements/Initiatives

- On the occasion of International Women's Day, an Open Mic Competition was organized. The intent of this event was to give women a space to express themselves through narratives.
- Girl Up Agni organised a seminar on Sexual Harassment to highlight the Sexual Assault Awareness Month.
- Girl Up Agni organized a Period Parade with the aim of normalizing the conversation and to spread awareness about period poverty.
- On the occasion of Women's History Month organized a seminar titled, "Women in Indian History-Growing consciousness for education among women in colonial India." Dr. Madhuri spoke on "Women's History and history of women in India."
- To promote conversation around periods and to make girls between the age of 10 to 20 more aware of the stigma around periods and other related myths, Girl Up Agni in collaboration with the Society for the promotion of women & child welfare conducted an awareness drive and distributed 7000 pads to the girls. A seminar was also organized by the team of Girl Up Agni in collaboration with the WUS committee, on the topic of 'Menstrual Health Awareness.'









DASTAAN: The Film and Photography Society



Dastaan is the Film and Photography Society of Bharati College, University of Delhi. Dastaan, which literally translates to "story" in Persian, is a community which was established in 2022 under the aegis of the Department of English of Bharati College, with the aim of telling stories through films and photographs.

Convenor: Dr. Khushee Chaudhary

President: Archana Aggarwal **Vice President:** Ishita Sharma **Treasurer:** Prachi Sharma

Dastaan was established with the aim of telling stories through films and photographs. Dastaan fosters creativity and self-expression. Budding photographers, filmmakers, designers, animators, cinephiles and scriptwriters are all welcomed and provided a platform to create and share their work. The most significant purpose to form this society is to be able to tell stories- stories that are happening all around us, stories which bear witness to the past, and also to retell and propagate the stories which have already been told through cinema- and hence the name Dastaan.

Dastaan, does not just witness events; it witness the becoming of stories, and witnesses life as a series of events, having its past and its consequential future.

Important Events

Dastaan organized its first event on 14 November 2022, where it screened director Neeraj Ghaywan's renowned work, Masaan, arguably one of the best movies Bollywood has ever given to its audience.

On 24 November 2022, Dastaan held its Orientation Programme wherein the President spoke in detail about Dastaan, its aim, vision, and mission.

The team of Dastaan went on its first ever photo walk to Chandini Chowk on 9th January 2023, despite the dense and almost blinding fog at 9 in the morning. Our team explored and captured the raw beauty of one of the oldest and busiest markets in Old Delhi.

Dastaan held its first movie screening and discussion of the year 2023 on 24th January, where it screened four exemplary works of short film cinema namely, Two (Dir. Satyajit Ray), Human Form (Dir. Doyeon Noh), Juice (Dir. Neeraj Ghaywan) and Purgatory (Dir. Jack Stockley). The event witnessed a turnout of more than 150 students as well as faculty members across departments. The discussion following the screenings was the major highlight of the event, wherein numerous students shared their personal stories and experiences over the themes explored in the films: disparity between the rich and the poor, body image issues, gender roles, domestic abuse and the trauma it entails.



On the occasion of valentine's day Dastaan organized an open mic competition where students from different colleges of Delhi-NCR participated and shared their pyar bhari dastaan with all the 'lovely' emotions, which included love at first sight, heartbreak, unrequited love, filial love, and self-love.

Dastaan conducted a movie screening of the film, 'A Photographer Who Clicks Blur Photographs' on 24 March 2023, which was followed by a Filmmaker Talk with the director of the film, Utkarsh Chaturvedi, who is an internationally acclaimed filmmaker. He has been nominated for "Best Standalone Director Award in Lockdown Films" in the Prestigious Standalone Film Festival and Awards, Los Angeles for his documentary "Walking under the Sun".

Artvilla

Artvilla, the Art and Aesthetic Society, of our college was established in 2020 during the Covid pandemic. A lot of people began their artistic journey during covid times while being stuck at home and this society was established to give a creative and fun learning experience during stressful times. Art came as a boon for students to overcome boredom. Artvilla in its current state has managed to garner a lot of attention from people through various activities and managed to achieve a significant popularity on social media.

Nithyashree, a BA English (Hons.) student is the president of the society.

The Society aims at the holistic development of the students by giving them a platform to nurture their artistic talent away from the conventional sense and encourages students to participate in various art related activities inside and outside the college.

The vision of the society is one of inclusion and creativity. Artvilla is all about learning, inspiring and giving a free space to young artists to express themselves.

Important Events

Hell O' Queen – the Halloween Celebration!

"Hell O' Queen" was organized by the Artvilla Society of Bharati College to observe Halloween to provide a fun and exciting experience through various art related activities, games, delicacies and a lot more.

Doodle with Delight - Doodle Competition

Doodle is the feeling of being understood. Our intuitions guide us how to express our thoughts and the flaws add a new array of lines and circles. Every form of art is aimed at bringing out one's inner potential and doodle is one of the widely known expressions of thought. Students from various colleges participated in the competition. The sheets were provided by the sponsors along with refreshments. With a soothing background score and occasional interaction with the participants we managed to create a positive environment for everyone.

Paint your Kicks - Shoe Painting competition

The Shoe Painting competition organised by Artvilla during the Annual Fest of our college 'Abhivyakti', was a fantabulous success. Students across different colleges enthusiastically embraced their artistic skills by participating in the competition.









ELANTRÈ: The Fashion Society



Elantrè is the fashion society which was established in 2014 at Bharati College to give girls a platform to display their skills in the field of fashion. The fashion society has established itself as a cornerstone of our college's social fabric, providing a platform for students to express themselves, showcase their talents, and explore the ever-evolving world of fashion. With a passion for design, innovation, and self-expression, this society embodies the essence of sartorial artistry while fostering a sense of community and collaboration among its members.

Achievements

- First position in makeup competition at Rajdhani college.
- First position at Shivaji college for Solo competition.
- First runner up position at Dyal Singh College for Solo competition .

Elantrè bagged first position at Shivaji college and first runner up position at Dyal Singh College for their excellent performance in Solo Competitions.

- Secured 1st position in the Face Painting Competition at Rajdhani College, Delhi University.
- Participated in inter-college competition: Reverbe'23 at Indraprastha Institute of Technology, Delhi.
- CAPRICIEUX: The fashion society did a closing performance for the ramp walk competition in the Bharati college annual fest Abhivyakti. It was a great success accompanied by a lot of cheering and encouragement.





NCWEB Report 2022-23



The academic session of NCWEB Bharati College Center 2022-23 started with a lot of enthusiasm after the Covid-19 Pandemic. The In-charge of the center is Prof. Mala Rani. After a gap of two years, seniors welcomed their juniors with a vibrant Fresher's Party which was held on 15th January 2023. To provide opportunities to our students and a wholesome college experience and to help their overall personality development, more than fifteen co-curricular activities were conducted during a short span of time. Various extra-curricular events and competitions were announced which commenced from 3rd December 2022 with the Youth Parliament.

Events:

The following competitions were held with overwhelming participation of students and winners from each were chosen; Solo Singing, Painting, Poetry, Short Story Writing, Solo Dance, Youth Parliament, Picturesque, Ad-Mad, Crack a Mystery and Rangoli to name a few. Apart from these, Sports Day was celebrated on 25 February 2023. Students and faculty members participated with great fervor. The events held included Sack Race, 100m Race, Lemon Race, Chess, 400 m Relay Race and 100m Race of staff members.

The enthusiastic participation of our students is a testimony of the success of these events. An educational trip was also arranged on 12th February to 14th February, 2023 to Amritsar where students visited the Golden Temple, Jalianwala Bagh and Wagah Border.

During *Azadi ka Amrit Kaal,* our students also participated in 5th National Poshan Maah Competitions, organized by NCWEB in collaboration with National Commission for Women on 26 September 2022. Students and staff members participated in Poster Making Competition and Healthy Recipe Contest and Nidhi Jha of B.A. 2nd year won the third prize in Healthy Recipe Contest. Our students and faculty members also participated in Global Millets Conference *Shree Ann* organized by the Ministry of Agriculture and Farmer Welfare on 18-19 March 2023. Our student Khushi Yadav, B.A. 2nd year participated in district level Poetry Competition organized by Nehru Yuva Kendra, South-West District, Ministry of Youth and Sports, Govt. of India, and won the third prize.

Other curricular and co-curricular events organized during this academic session were a Seminar on "CFX Chartered Financial Expert" on 13 January 2023, E-Accountant Course: Seminar *Skill Hai to Job Hai* in association with Sardar Patel Academy and Research Centre on 8 January 2023, Talk on Water Question:



Abundance or Scarcity on 5 March 2023, a Workshop on Personality Development and Stress Management through Sahaj Yoga Meditation on 12 March 2023.

Our students were selected to perform at the main NCWEB Annual Day held at Shankar Lal Hall, North Campus, University of Delhi on 6th April 2023. The performances of both the group dance and group singing teams were lauded, and the group dance team won the third prize. Two students from the Bharati NCWEB Center made it to the list of toppers from the overall NCWEB 26 Centers, and were felicitated at the Annual Day. Mishra Mausmee of B. Com III year and Anjali Kumari of B. A. III year got the First prizes.

Utmost dedication and sincere efforts of staff and students keep us motivated on the path to realizing vision of Non-Collegiate Women's Education Board, University of Delhi, and enable us to scale new heights.

Prof. Mala Rani Teacher-in-Charge Bharati College Center

Non-Teaching Staff



Mr. Parmanand Singh (AO), Mr. Indra Kant Mishra (AO), Mrs. Poonam Khosla (SPA), Mrs. Lajwanti (SO), Mr. Akshay Rajput (SA), Ms. Preeti Kapahi (STA), Mr. Nikhil Malhotra (TA), Ms. Geeta (SA), Mrs. Tanveer Dureja (Asst.), Mr. Jitender Dabas (Asst.), Mr. Rajiv Kasana (Asst.), Mr. Kalendra Kumar (J. Asst.), Mr. Siddharth Gaur (J. Asst.), Mr. Sajjan Kumar Upadhyay (J. Asst.), Mr. Ashok Kumar Poddar (J. Asst.), Mr. Gavish Chandra (Asst.), Ms. Seema (S. Asst.), Mr. Naresh Kumar Sah (Asst.), Mr. Prashant Singh (J. Asst.), Mrs. Vinita Singh (J. Asst.), Mr. Hemant Kumar (Com. Lab. Asst.), Mr. Charanjeet Singh (Prof. Asst.), Mrs. Preeti Vats (Prof. Asst.), Mr. Mahendra Kumar Rawat (Sem. Prof. Asst.), Mrs. Mamta Sharma (Sem. Prof. Asst.), Mr. Gopal Singh (Lib. Asst.), Mr. Kailash Kumar (Lib. Asst.), Mr. Neeraj Yadav (Lib. Asst.), Mr. Manish Kumar (Lib. Asst.), Shri Kant Dogra (Lib. Asst.), Rohit Kumar (Lib. Asst.), Mr. Padam Charan Nayak (MTS), Mr. Vinod Kumar (MTS), Mr. Subhash Prasad (MTS), Mrs. Anjali Kumar Jha (MTS), Mr. Himanshu Panwar (MTS), Rishi Kumar (MTS), Sunil Kumar (MTS), Dr. Purnima Looba (MO), Deepak Sharma (MTS), Ram Asare (Mali), Dinesh Kr. Kaushik (MTS), Prithvi Raj (Lib Att), Pardeep (MTS), Meenu (MTS), Shailendra Kumar Mishra (J. Asst.), Rajesh Kumar (Mali), Ram Awadh (Mali), Gopal (Sports Att.), Pani Ram (Mali), Neha Bagri (Nurse), Sant Ram (Mali), Ashish Sharma (MTS),



ENGLISH SECTION



Editorial



VASUDHAIVA KUTUMBAKAM which means "One Earth, One Family, One Future" is not merely the theme of the G20 Summit that India is hosting this year but it actually encompasses the mindset which is the need of the hour. From the dedication of the success of Chandravaan-3 as the "achievement of the whole world and not India's alone", the honorable Prime Minister Sri Narendra Modi's remarks has set the tone of "Inclusivity" as the key to move ahead. In the light of the various crisis that the world is currently going through, the attitude of "Inclusivity" can perhaps be considered as one of the keys to move forward with strength. To consider and account for one's own individual action as one's responsibility is also important because the consequence is not for the individual alone but for the larger human race.

The Indian educational sector is also one of the many institutions which has come to the throes of change and focuses on the mindset of "inclusivity". The New Education Policy which not only promises the coming generation of students to be industry ready but also enables them to cope with the changing need of the hour. The NEP seeks to achieve "inclusive, equitable quality of education and the promotion of lifelong learning opportunities for all". The focus is more on the wholistic development of students where emphasis is more on creativity, multidisciplinary, critical thinking, research-oriented approach to education. One of the core values of the NEP is to prepare the students to operate in the current world which is changing rapidly.

Author and Professor Yuval Noah Harari rightly pointed out that in the current world which is changing fast the modern pedagogy must focus more on teaching "general-purpose life skills" rather than only focusing on technical skills. He emphasized upon pedagogy to focus on the four Cs- Critical thinking, communication, collaboration and creativity, as the way forward into the future of teaching- learning process. He also highlights the fact that in a world where there is no limit to the access of information, the need of the hour is for the students to learn the skills of discerning the world of information. These are some of the life skills and pedagogy concerns that NEP seeks to impart. Bharati College, on this front, has embraced and promoted the change not only in terms of pedagogy and it is also reflective in the ways students at Bharati College have imbibed and responded to the changes that have been implimented.

Students and faculty members of the college have contributed for the English section of the annual magazine 2023 and their engagement with the world at large is reflective of the currency of creativity and critical thinking that has been used in their articles. While the poetry entries by the students talk about their engagement with nature and raise several questions ranging from institutions like marriage, gender, relationships and hope of a positive outcome from events G20 under India's leadership. It talks about our student's creative take on issues. The articles on G20 by the students reflect on their ability to critically engage on the concept of G20 and how strategically it is one of India's pivotal attempts at emerging as a potential nation capable of world leadership.

Kangkana Roy

Assistant Professor Department of English Bharati College





Azadi Ka Amrit Mahotsav, also known as the Festival of Freedom, is a significant event in India's history. It commemorates the 75th anniversary of India's independence from British colonial rule. This celebration aims to honor the sacrifices made by our freedom fighters and to reflect upon the progress and achievements of our nation since gaining independence.

The festival holds great importance as it serves as a reminder of the struggles and hardships endured by our ancestors to secure our freedom. It is an opportunity for us to pay tribute to the countless individuals who fought selflessly for the cause of independence. By acknowledging their contributions, we pay homage to their sacrifices and ensure that their legacy lives on. Their steadfast determination and courage continues to inspire generations.

Azadi Ka Amrit Mahotsav is not just a celebration of the past; it is also a time to reflect on the present and envision a brighter future for our nation. It encourages us to evaluate the progress we have made in various fields such as education, technology, healthcare, and infrastructure. It is a moment to acknowledge our achievements and identify areas where further development is needed. By doing this, we work towards a better future for our country.

This festival also serves as a platform to promote unity and diversity. India is a land of diverse cultures, languages, and traditions. Azadi Ka Amrit Mahotsav provides an opportunity to showcase and celebrate this rich heritage. It encourages people from different backgrounds to come together and embrace the spirit of unity that our freedom fighters fought for.

Furthermore, Azadi Ka Amrit Mahotsav is not limited to a single day or event. It is a year-long celebration that involves various activities and initiatives. These include exhibitions, cultural programs, seminars, and discussions that highlight the significance of our freedom struggle and its impact on our nation's development.

The festival serves as a reminder of the values and principles that were fought for. It reinforces the importance of democracy, equality, and justice in our society. By commemorating this historic event, we renew our commitment to upholding these ideals and ensuring a better future for all citizens.

In conclusion, the importance of Azadi Ka Amrit Mahotsav lies in its recognition of India's independence and the sacrifices made by our freedom fighters. It allows us to reflect on our progress, promote unity, and uphold the values that our nation was built upon. This celebration serves as a reminder of our collective history and inspires us to work towards a brighter and more inclusive future for India.

Jiya Gahlot B.A Eng (Hons.)



G20: Next Global Power Through Soft Power?



"Soft power is the ability to shape the preferences of others through appeal and attraction." - Joseph Nye, Former United States Assistant Secretary of Defence for International Security Affairs.

In recent years, India has incredibly increased its soft power on global platforms through its political strength, cultural diversity and strategic foreign policy. The presidency of G20 for the year 2023 to India not only allows India to represent a key platform for promoting international economic cooperation and addressing global economic challenges but also provides an opportunity to leverage India's growing strategic and economic heft. This also gives way to India to increase its soft power which will possibly be leading India on the path to becoming the next global soft power after the USA.

Why Only India?

The growing anti–China movement across the globe, especially by the USA and the formation of QUAD creates the way for India to unfold its geopolitical importance in the post-covid era. The Invasion of Russia in Ukraine in 2022 and sanctions by different countries on Russia led to sluggish economic growth around the globe, but India's economy gets less impacted by the invasion and remains one of the fastest expanding economies, luring companies like Apple and so on. Along with this, political transparency, cultural diversity, military advancement, highly skilled demography, strategic foreign policy and so on are regarded as the key factors which pave the way for Global soft power to India.

How Is India Increasing Its Soft Power Through G20?

The financing issue after post Covid-19 and in the period Russia-Ukraine war hitting hard many developing and developed economies across the globe especially developing countries; hence, India is seeking to use its soft power by championing issues important to struggling nations such as debt relief and becoming voice for many countries in the meetings of G20.

Even before kicking off key G20 gatherings, New Delhi organized a virtual Global South summit in mid-January where Modi said: "As far as India is concerned, your voice is India's voice. Your priorities are India's priorities"



As poorer nations face debt distress, India is pushing that conversation into the mainstream. G20 Sherpa, Amitabh Kant, publicly pressured China to be more transparent on its loans to low-income countries and to take some losses.

The aim of India through G20 is to ensure everyone's welfare across the world which already can be seen in its theme which is "Vasudhaiva Kutumbakam" meaning "The world is one family".

Hence, ensuring the welfare of each member of the family is lawful duty. Apart from the economic arena, One of India's focuses is to promote regional and multilateral cooperation with diplomacy and engagement groups. Reforming multilateral institutions, assistance for low- and middle-income countries on debt vulnerability and climate initiatives are among India's priorities.

Nirmala Sitharaman, in an address to fellow finance ministers from across 14 economies as far-flung as Belize and Sierra Leone during that summit, said that as G20 host, India seeks to "rebuild trust in multilateralism" and greater inclusion of struggling nations in the discussion.

The active participation of India in G20 reduces the threat to global governance and multilateralism which are often witnessed as many nations started to breach multi-lateral agreements.

Another focus of India is to develop secure and resilient supply chains with the private sector as the supply chains of consumer goods hit worst during covid-19, disrupting chains of consumer goods, insufficient supply in the market and so on. India's G20 also covers the private sector into its developing arena ensuring a strong and responsive supply chain for the consumers across the world.

What's In The Future?

India's self-nomination as the leader of the Global South is the culmination of messaging on the global stage that it will not simply play by the rules and norms of more powerful nations.

To this day, India already holds 54 meetings across different states in the country. India's soft power can be seen increasing with every meeting and the possibility of the next global soft power is not so far.

India G20 Sherpa Amitabh Kant said that Sherpa's meetings have arrived at 99 per cent agreement on substantive issues on Finance Ministers and Central Bank Governors (FMCBG) deliberations held recently out, also admitted that there was not much progress on Russia- Ukraine issue. The world is hoping that India's presidency of G20 will bring a full stop to this war and if India achieves bringing a full stop to this war, then the position of global soft power will tilt towards in the favour of India.

Sudipta Khara3rd year
B.A Hons Political Science



Azadi Ka Amrit Mahostav

Rising from the ashes of a cruel past just like Phoenix, India left behind a brutal past and chose a path of freedom, perseverance, and dedication to become a nation representing "Unity in Diversity." From being a nation on the verge of collapse in 1947 due to its colonial past, India withstood all its differences and has transformed itself into a nation of bright and young minds striving to create an even brighter future.

Beginning as a closed economy to develop indigenous manufacturing, India has grown to become one of the world's fastest-growing economies, according to the World Bank, while successfully sustaining democratic values despite the sheer size of its overlapping diversity. It has taken decades of consistent hard work for India to be able to celebrate the 75th anniversary of its people's independence, culture, and achievements. And this is precisely what "Azadi Ka Amrit Mahostav" represents. Deriving from Hindi, the term refers to the elixir of freedom, self-reliance, and innovation. As the nation progressed, the government took this initiative of a 75-week countdown to August 15, 2023, to celebrate a "Nectar Festival of Independence."

Today, India has become a symbol of being the World's Largest Democracy and an emerging power as well. The dynamics of international relations and economics have evolved to the point where India has emerged as a major player on the global stage, owing to its burgeoning youth population, which not only generates innovative ideas but also serves as a market for foreign investment. As India moves forward in multiple spheres of development, it also becomes an inspiration for other developing nations to do well. A recent example is the launch of Chandrayaan 3, which received praise from all over the world, especially from countries that are still developing. The launch also became significant to show India's initiation into becoming self-reliant in important sectors such as the space industry. Examples like these create a youth that is inspired to contribute to society. And although the journey is still ongoing, demonstrating a progressive start is always a positive symbol for India, particularly in a sector that has long been dominated by Western Powers.

With initiatives like Make In India and Startup India, a step has been taken in the direction of promoting self-reliance and manufacturing in the country. While the country still has problems, it is not an exaggeration to say that it is on a path of development, which is why the Prime Minister is correct when he says that when India reforms, the world transforms. Hence, on this 15th of August, we aim to commemorate the history, present and future of an emerging and young India through the theme of Azadi Ka Amrit Mahostav.

Aditi VasisthB.A Political Science (Hons.)
3rd Year



India's G20 leadership and motto "Vasudhaiva Kutumbakam"



The year 2023 will be a momentous year for India as it holds the Presidency of the G20 assembly from 1st December 2022 to 30th November 2023. India's G20 presidency has the theme: "Vasudhaiva Kutumbakam" which translates as "The whole world is one big family". This principle believes in inclusivity of all living beings as one and a part of a single family. It recognizes the interconnectedness of all living beings including humans, animals, plants and other organisms as part of one larger whole which ultimately sustains the very life on earth. The motto of "Vasudhaiva Kutumbakam" is not just an expression of the theme of India's G20 leadership to be an inclusive event but also a value that our college magazine 2023 will try to uphold and promote in principle.

The G20 or the Group of twenty countries' forum which engages in international economic cooperation, was founded in the year 1999 after the Asian Financial crisis of 1997-1998 as an informal forum for the finance Ministers and central Bank governors to discuss global economic and financial issues. It is made up of 19 countries and European Union. The counties are- India, China, Australia, Japan, Saudi Arabia, Mexico, South Africa, United States, Russia, Turkey, Canada, Italy, Argentina, Indonesia, Germany, France, United Kingdom, South Korea and Brazil. The leaders of the G20 have been meeting for the annual G20 summit since 2008 and the forum focuses majorly on the economic cooperation between all of the countries which constitutes the G20. The G20 presidency 2022 was held in Bali, Indonesia and the leadership was passed on to India which will lead and host the same for the year 2023.

The G20 is a unique grouping of countries which has world's most populous as well as the world's largest economies. It is a unique collaboration between both the developing and the developed nations which can be seen in the presence of the Asian as well as the European nations. The G20 assembly helps to support global frameworks and governance and all major international economic issues. The countries which constitutes G20 forum are the countries which has about 60 percentage of the world's population living in it and therefore they form a voice representative of the world's population, these are the countries which contributes about 80 percentage of the global GDP and further about 75 percentage of the international trade. Therefore, strategically all these countries which forms the G20 uniquely have a lot of contribution to the economic growth of the world. Amongst the various issues that will be addressed in India's Presidency



of the G20 several issues will be taken up for instance- women empowerment, digital-public infrastructure, health, agriculture, education, culture, tourism, green hydrogen, disaster-risk reduction and resilience, climate financing, circular economy, global food security, multi-lateral reforms and green hydrogen, etc.

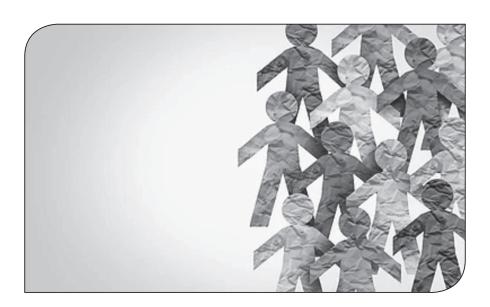
Indian leadership of the G20 in year 2023 is a very significant one because of the very important transitions that the world is currently going through. The world in the recent years has gone through an enormous change in both geo-political and geo-economical dimensions as can be seen in the backdrop of the ongoing events like the Russian-Ukraine war, a world which is still recovering or has recovered from the recent covid pandemic, which has created various challenges worldwide effectively in terms of economy, job recessions and so on. India's role as a Presidency at such a crucial juncture in the time of world history will be a pivotal one in terms of giving out effective decisions and strategic ways of handling various economic challenges faced globally. It is a factor that will be marked upon by the world. Such strategic leadership by India not only showcases the responsibility that India is bound by but strategically India will also be seen as a force to reckon with, which is noteworthy. It is essential to point out that in its 75 years of Independence India will be recognized as one of the important nations in the world which is seen as capable of giving out strong messages of management at the global forum of G20.

In the light of India's active association as a nation geared to strengthen and solve global economic issues, the theme of our editorial for the college magazine 2023 is an extension of the ideas and values that India as a nation exudes and the future of India as a globally and economically responsible nation. "Vasudhaiva Kutumbakam" is not just a principle of approaching the world as one but also actively imbibing the sense of one's own self as one with the world. It is a force that compels us not just to extend one's inner consciousness but also an attempt to live to the fullest with harmony in spite of all existing odds.

Kangkana Roy Assistant Professor Department of English



Pioneering Progress: Weaving India's Tapestry of Gender Equality and Empowerment



In the grand tapestry of human history, the 21st century stands as an era of profound transformation, illuminated by the radiant resilience of women who have taken the helm across every facet of society. In this intricate mosaic of cultures and traditions, India emerges as a land poised at the crossroads of change, gracefully navigating the labyrinthine path towards a horizon of gender equality and women's empowerment. From the hallowed halls of education to the corridors of legislation, and from the vibrant threads of socio-cultural dynamics to the intricate weaves of economic participation, India's expedition unfolds like a canvas where the vivid hues of progress blend with the intricate challenges that lie therein. Education, a beacon of empowerment, resonates as not merely a path to enlightenment, but as a key to unlocking the shackles of liberation for Indian women. Over the past few decades, strides have been taken to bridge the gender chasm in education. Yet, amidst the echoes of uneven progress, rural areas still bear the weight of disparity. Amidst this narrative, stories of unwavering resolve emerge as young girls script tales of triumph against the tempestuous odds of society. Among them is Geeta, a radiant star hailing from a remote village, whose journey epitomizes the transformative power of education, transcending barriers and weaving destinies anew.

Legislation, the cornerstone of societal metamorphosis, stands resolute in India's realm. A testament to this commitment lies in landmark laws such as the Prohibition of Child Marriage Act and the Domestic Violence Act, which resonate as reverberating affirmations of safeguarding women's rights. Amidst this legal landscape, the saga of Ayesha unfurls an embodiment of an indomitable spirit, battling against the chains of child marriage. Her story reverberates as an ode to the capacity of legislation to amplify individual voices, forging a symphony of change that reverberates through the collective consciousness. And yet, the melody of effective implementation struggles to find its crescendo, beckoning for unified action to harmonize the chords of progress. Socio-cultural transformation, the warp and weft of metamorphosis, dances as the heartbeat of change. The currents of modernity ripple through the loom of traditional gender roles, redefining the very fabric of society. It is within the crucible of grassroots movements that ordinary women script extraordinary tales of resurgence. Among these tales, the narrative of Jyoti emerges as a testament to the prowess of women, challenging stereotypes and excelling in domains historically dominated by men. Yet, within the echoes of progress, stubborn norms persist, veiling women in the antiquated guise of tradition. The pursuit of an inclusive society beckons us to not only celebrate the Jyotis but to also unravel the layers that confine countless souls.



Participation in decision-making stands as the linchpin of empowerment. India's political landscape has witnessed the meteoric rise of women, with luminaries like Indira Gandhi and Pratibha Patil etching their names in history. Despite these beacons, the tableau of representation remains a realm skewed in favor of gender disparity. In this symphony of transformation, the narrative of Shalini emerges, a young student leader shattering boundaries and sculpting a new narrative. Her journey resounds as a clarion call to embrace the transformative potential of women's leadership, crafting policies that resonate with the pulsating needs of every soul.

Economic empowerment stands as the bridge between aspiration and actualization, weaving dreams into reality. The dawn of entrepreneurship has unfettered women's potential, illuminating pathways towards financial independence. Amidst this sunrise, Pooja's voyage from micro-entrepreneur to employer radiates as a constellation of possibilities, a testament to the heights women can reach when unshackled from economic dependence. However, the haunting specter of gender wage gaps still casts shadows upon holistic progress, reminding us that the journey towards equality is a marathon, not a sprint.

India's odyssey towards gender equality and women's empowerment evolves as an unceasing saga, with countless individuals as its protagonists. Geeta, Ayesha, Jyoti, Shalini, and Pooja stand as luminous beacons, encapsulating the multi-dimensional essence of this transformation. They symbolize the amalgamation of education, legislation, socio-cultural shifts, women's participation in decision-making, and economic independence. The evaluation of India's progress in nurturing gender equality reveals both triumphant strides and enduring setbacks. While legislative enforcement and educational endeavors have paved avenues, societal paradigms often manifest as intricate knots that impede progress.

As a female student etching my aspirations into this narrative, these stories resonate as more than mere words; they become threads interwoven with my own dreams. The transformation of India into an inclusive society calls for a holistic symphony of change - a transformation where laws not only exist but flourish through implementation, where education penetrates every corner, where tradition coalesces with equality, where leadership transcends the confines of gender, and where economic avenues spread like constellations across the night sky.

Equality for women is progress for all, it's a radiant lighthouse, channeling the collective yearning for change, extending an open invitation to every voice, every story, and every aspiration to contribute to the forging of a new dawn. Together, we weave a tapestry where Geeta's, Ayesha's, Jyoti's, Shalini's, and Pooja's stories are not exceptional deviations but rather the rhythmic cadence of a society where gender equality and women's empowerment reverberate not just in words, but in the resounding heartbeat of an all-embracing community. Let's celebrate the power of her. Together, we unfurl the banner of change, stitching our dreams into the very fabric of our nation's story. We sew in the lessons of history, the aspirations of today, and the promise of tomorrow. Let our voices rise in unison, like a chorus of determination, echoing through time and space. Let us be the weavers of a future where every woman's potential is nurtured, where every dream is a possibility, and where the tapestry of gender equality and empowerment becomes the masterpiece of our shared humanity. Listen closely, and you'll hear the whispers of the women who fought for the rights we wield today and the echoes of the girls who dream of a world free from limitations. Our voices rise not as solitary notes, but as a symphony that crescendos in unity, as we harmonize our intentions into action, creating melodies of empowerment that reverberate across continents and time zones. As we stand in this pivotal moment, we're more than mere spectators of change – we're its architects. With every stitch, every choice, every act of solidarity, we become the weavers of hope. The loom of equality stretches before us, and our hands intertwine threads of justice, diversity, and acceptance. Let our tapestry depict a future where the achievements of women are celebrated not as exceptions but as the natural course of progress. Let it portray a world where the dreams of a young girl are given the same wings as those of a young boy, where opportunities don't discriminate but multiply with every open door. In this masterpiece of shared humanity, woven with love and passion, may the stories of empowerment etch themselves onto the fabric of our collective consciousness. And as we stand back to admire our work, let us find solace in knowing that we've stitched not just cloth but the very essence of change, transforming a canvas of challenges into a radiant portrait of possibility.



G 20 – Cultural Pride and Identity of India



The milestone of G 20 summit which is to be hosted in New Delhi on September 9-10, 2023, started its preparation nearly a year ago. The logo of "One Earth, One Family, One Future" translated from the Sanskrit phrase "Vasudhaiva Kutumbakam" (from the Maha Upanishad) truly manifested itself in many ways in representing India's alliance with the G 20 countries.

With the Prime Minister Narendra Modi's visit to the US, Canada and Australia, he strikes a chord with the diasporic Indians as well as the citizens of that country. The cultural diversity of India allows the thriving community of Indians to be connected to their motherland and welcome their leader in the foreign land. Whether it is the Australian PM's chanting of "Who's the boss" and applauding the stadium full of people who came to welcome the Indian icon; to the Defense deal of Raphael fighter jets with France, the progressive image of India and its leader sweeps across the continents.

The military strength of India is something to be reckoned with, especially with its hi-tech missiles, tanks and fighter jets displayed during the Republic Day parade. Needless to say that the women led contingent of paramilitary and military forces, pilots and even pyramid bike formations uplift the image of Indian women. The entry of women into various arenas of Armed Forces, have given a clear indication that "nari shakti" is no longer limited within domestic boundaries. Moreover, the Agnivir Yojana has also given the youth of the nation an option to serve their nation by choosing a career in the Armed Forces from a very young age.

The pride of the nation is further highlighted by respecting the sacrifices of the freedom fighters. Delhi, being the National Capital of India and the prime location of G 20 summit has recreated many markers of cultural pride. The National War Memorial is constructed in memory of the sacrifice of the Indian soldiers in various battles including the Galwan valley skirmish with China. The Central Vista with the statue of the stalwart leader of "Azad Hind Fauj-" Subhash Chandra Bose and the renaming of Raj Path (Kings Way) to Kartavya Path, reminds us of our "Kartavya" (Duty) as reiterated in Bhagvat Gita, thus, trying to erase the scars of a colonial hangover. The Shaheedi Park, a Memorial Park, has sculptures of freedom fighters and captures the significant moments of their struggles. The National Flag flying high at various intersections including educational and other premiere institutions, and boundary walls painted with the history of battles, worli paintings and flowerpots (especially Delhi Cantonment Roads) or other traditional murals, for example, the Pragati Maidan tunnel among other places, highlight the cultural pride and becomes



a common sight. The decorations with stone sculptures related to Indian history and culture is seen in Bhairon Singh Marg and other radial roads. The main location of the Summit led to the creation of the Bharat Mandapam International Exhibition-Conventional Centre at Pragati Maidan and its welcome symbol was the transport of Natraj statue from Tamil Nadu, also believed to be the highest statue in the World standing 22 feet tall. These underline the grandeur of Delhi in its efforts to showcase its cultural pride and identity to the delegate of the G 20 countries. The national capital also shows its full preparedness and alertness in its security measures with more than fifty thousand police personnel being deployed to help the delegates in any kind of need or emergency.

Apart from the cultural pride and identity, the month of August has also been celebrating a yearlong "Azadi ka Amrit Mahotsav" on the completion of 75 years of India's Independence. The audio drama series "Azad Hind" narrated by Ashutosh Rana (in Hindi) recollects the tales of bravery from Rani Laxmibai to Chandrashekhar Azad. It goes with the tag line "Radio ab dikhai dega" and connects the sentiments of the masses with its narrative mode in the FM radio station. The other visible steps by the Ministry of Cultural Affairs and others have led to the promotion of tribal culture and food grains such as millets, through various cultural exhibitions. Also, International tie-ups such as International Food Festival led G 20 countries like Turkey, Japan and China to showcase their culinary cuisines to attract Indian taste buds. The Tulip Festival with the tulip bulbs from Netherlands (primarily grown on Shanti Path) and the G 20 Festival of flowers in "The Garden of 5 senses" also underline the nature-culture ties between the countries.

Moreover, University of Delhi marked its Centenary Celebrations by inviting PM Narendra Modi and his enlightening speech for the youth underlined his attempt at revamping the Institutions of Higher Education with the introduction of NEP (New Education Policy) and skill based education. The introduction of various courses including SEC (Skill Enhancement Course) and VAC (Value Addition Course) aim at the holistic development of students and familiarize them with the Indian knowledge systems. Some of the DU colleges will represent the G 20 countries and it is a proud moment for Bharati College to host Russia as its choice of G 20 country.

Indian identity and cultural pride not only becomes the focus of the new education system but also harbours the possibility of going across the space with the successful landing of Chandrayan (to the moon) and the promising journey of Aditya (to the sun). Thus, the growth and development of India will reach new heights with its successful promotional ties with the G 20 countries during the summit. Consequently, the pride of Indian identity will be reflected in the slogan of Jai Hind and Jai Bharat.

Dr. Anavisha BanerjeeAssistant Professor
Department of English
Bharati College



A Century Evolution

She, a solivagant was nomading in dusky coloured apparel,
As if she wasn't abused, discriminated,
Violated, broken and agitated in parallel,
Singing ballads of distorted harmony,
Loud enough in mind to be heard by a partisan outside,
But turning around she found no one beside

She, unheard, unspoken was taking a bath,
Piecemeal reparation controlling her wrath,
She fragmented, disoriented goes on to cook,
With her mind, body and muscle deeply shook,
Here comes a news carrier from neighbourhood,
Telling her to spruce up to die as she should

Not being much amazed with these social conundrums, She wearily tugs in a blazing red saree,
Not knowing she was departing to be just another Sati,
Seeing her husband's funeral pyre among the folk,
She goes down her knees being evoke,
"No, I want to live", said that heartless widow

Being unheard, she was burnt alive with her shadow,
But what stayed static was the mind of Roy,
Who among this folk wanted to be her sepoy,
Well, oppressed and resisted he held down,
His easily visible hyper anxious frown,
All he wanted to give her was her legitimate crown

In the other end of this state dwelled Vidyasagar,
Who thought how widowhood stigmatised a women's life,
Before this trigger was hit and it created a high tide,



A neap thread of remarriage was injected from the side, Wanted to shatter the typecast of 'She' being submissive and servile, But social transformation was not an issue this fragile.

But unwavering and steadily the policies evolved,

Every evil banned just empowerment provoked,

Someone said around give me a good mother and she will give a good nation,

Had it not been for these two critically acclaimed men,

The women would have resided on the very same station,

And emancipation of women would still have been on vacation.

Surbhi B.A English (Hons.)

A Mother's Love

A love so pure, more precious than gold
A melody of love, an eternal song
She helps us find where we belong
With warm words and soothing song
A love so deep, forever to keep
A bond of motherhood, selfless and true
A guiding light in all that we pursue
A mother's love is a place called home
Her love heals each pain,
A guiding light through storms and rains
With gentle love and nurturing care,
her love is always there
She fights each battle with a smiling face
In every sunrise a promise of grace,
A mother's love, a warm embrace.



Khushboo SinghBA Political Science (Hons.)



My story of Survival

I was raised in a world of competition growing and burning with ambition be it a metro, be it an exam you have to come first madame this world is full of male dominance but you have to achieve prominence two women cannot be friends because every friendship story ends.

Every woman is your direct competitor you can only be victorious if you are a predator "you will be left behind if you don't act smart" but does it mean you need to grow apart?

We had lost the battle from "divide and rule" even now, all we can do to succeed is ridicule? what's the world with no pain no gain but by crushing others, what is the gain you attain?

It is the 76th year of independence but let's make it the year of interdependence In this fierce world, lets develop together by not pushing down, but pulling up each other because in this story, we are not rivals we are the supporters of survival.



NishthaAssistant professor
Department of Psychology



Displacement

Marionnette sits inside the closet

Adorning a white satin dress

Red polished shoes fit for tiny feet

A wondrous piece crafted by a master

Born from a beautiful mess

Conscious:

Bony fingers and veiny hands

I feel a light caress on my wood

Functioning as a live thigh

Slash

No wonder I release a sigh

It cut deep through my flesh

I bled through my white dress

Which is a mere piece of fabric

To cover my figure and fatigue

I feel traces on my clavicle

They are supposed to be at the base of the neck

Burning as the cold tips drop

Below the hem of my halter back

Master has awakened

A pull on my arms

I'd raise my palms

To push him away

Snap

Strings have been cut

By the shattered Ego

Which is now in a million pieces

Before me

The window pane is now shut.

Unconscious:

Moving with the puppeteer's thumb



Stringing to a rhythm of melody

1....2....3 and jump

Up goes my satin skirt

Revealing my insanity

Stone cold wind hits slashes and snaps

Accompanied with sighs and gasps

Why, aren't these just cuts?

Repressed memory turned flashbacks

I don't belong there

Marionnette sits inside the closet

The Red of her shoes now gracing

The White of her Satin

A shoe is lost

A single tear drops

Not a single peep

Antiseptic on her slits

Band-aid skin and stapled lips

Master has cut the thread to her voice

Marionnette sits inside the closet.

Marionnette is a personification of a victim of a shadow person. Characterized by bony fingers and veiny hands, the Marionnette is an object of displacement where the Shadow person. Master uses her as a defense mechanism as a result of their own darkness. This poem tries to depict the inflicted trauma upon an innocent life which has resulted from an even bigger trauma of the inflictor which is an unfortunate cycle in today's world. It is a small attempt to showcase how the abuser also might have been a victim in the past. Marionnette represses the old memory as her strings were cut and continues doing her job (dance to the rhythm of the puppeteer). The window pane and closet represent her coping stages and the pathway of disconnecting and reconnecting with the outside world.

Shatabhisha Purkayastha

B.A Psychology (Hons.)



Hestia

"What did you get this Christmas?"
A recurring question
Holding the porcelain dolls close to them
It was safe to say they were spoiled enough.

I was fortunate enough to be taken in at Father's mercy No one else would want a child as sickly as me Instead of whispering our prayers before bed, We would worry about the day Father runs out of funds.

Why would they want their kids around me?
A child from the orphanage,
Surely to be a low-bred
I knew it from the way they looked at me:
Disgust and repugnance.

"Look at your soiled clothes"

"Mother says no one fancies girls with unruly hair"

A fan in their gloved hands as they lift their petticoats

Of silk and lace,

It was later that I learnt, it wasn't me
It was Father they despised all along.

Mariage d'amour,
a tradition they were taught
imprinted in their essence.

However, Father never did marry.

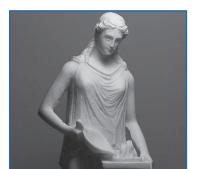
Her white fur cloak draped over her shoulders,
and pearls around her neck

As the daylight faded,

She would sit with a glass of sparkling wine

Reading to the children who lovingly called her

"Father Hestia"



Taarini B.A. English (Hons.)



Chandrayaan 3

In the cosmic dance of stars and night,
A tale of triumph takes its flight,
Chandrayaan 3, a vision grand,
Guided by science, a steady hand.

Through boundless space, it boldly soared,
A journey that left our spirits soared,
Landing on lunar soil with grace,
A monumental feat for the human race.

In shadows of craters, secrets unfold, A saga of exploration, brave and bold, Chandrayaan 3, a beacon of light, Unveiling mysteries, day and night.

With engines roaring, engines calm,
It touched the moon with tranquil aplomb,
A symphony of teamwork and skill,
Echoing through valleys and over every hill.

Oh, Chandrayaan 3, you remind us anew, That dreams and aspirations, they do come true,

Through challenges faced, you stood your ground,

A testament to science, unbound.

So let us celebrate this triumph high,
As Chandrayaan 3 graces the sky,
A symbol of human endeavor and might,
Guiding us onward through endless nights.

Ankit Gupta

Assistant Professor Department of Maths



The Circle of Life

Changing the pace of my life,

And getting into the race of life,

Felt pressurized to enter the world,

Which is bogus and unwantedly glamourised,

What to do what not to do, heart saying the tired eyes

At last finding myself anxiously getting empty handed

Getting through the pace, the race again

All alone standing once again next day

To find myself through this life okay we'll!

this is the circle we are going through to survive

Losing the inner you and struggling for useless most of the time

This is the circle of the life which is making us deprived.



Anushka Dwivedi B.A Journalism (Hons.)

The Symphony

The symphony starts to play,

As I look at the clouds while it takes my anxiety away.

It's new but not unfamiliar,

Like I have known it for years.

She sings it so slow,

As if making my mind flow.

The story goes on and on,

And the melody lasts so long.

I feel myself in a different dimension,

In the midst of the story trying to know the pattern.

Listening to the words as she sings,

Like I have known these things.





She holds my hand taking me somewhere far, Far from all the feelings that I have felt bizarre. And there I stand with her, Holding on tight to her.

In the midst of the dimension,
Her telling me the pattern.
I listen and listen as the music takes over me,
Knowing the words, the melody that she mean.

Now I look at the clouds as I lay,
While she has taken my anxiety away.
It feels familiar,
But nothing like I have known it for years.

Saloni B.A History (Hons.)

Rainfall

There are clouds in the sky,

Forming the bars,
Containing the moon,
And hiding the stars.
The cold wind blew,
Spreading the sweet scent,
All over the city,
And acknowledging the trees that bent.
Some say the rain depicts,
That the sky is weeping,
Oh! But I feel the rain is,
The prize that we are reaping.
It is true that the rain could,
Only wash your tears and not your sorrow,
But it looks like the clouds just,



Return the favour they borrow. The thunder comes rumbling, The lightning strikes the sky,

But oh, it seems like

Angles coming down to say "Hi".

Nityanjali Bulsu

B.A Journalism (Hons.)

Reshaping Tomorrow

In a world where climates ebb and flow, The poor bear burdens, as winds do blow. Disproportionately, they suffer the brunt, As temperatures rise, their struggles confront.

Oh, G20, a beacon of global might, Can you make the wrongs of climate right? In this tale of warmth and woe, Let your actions as grand as oceans flow.

The destitute toil, their dreams held tight, Yet climate change dims their guiding light. With floods and droughts, their lives unfold, In nature's grip, they're left in the cold.

But G20, with power untold, Can craft a future, resilient and bold. Investing green, in sustainable grace, Lift the poor to a better place.

Promote clean tech, in every nation, Unlock green jobs, a new foundation. Through climate deals and shared ambitions, Alleviate the poor's dire conditions.

So G20,in your hands lies the key, To sculpt a world where all are free. In the dance of climate's grand ballet, Help the poor find a brighter day.

Gungun Singh

B.A English (Hons.)



HINDI SECTION



सम्पादकीय



भारत प्राचीन समय से विश्व को ज्ञान, शांति और प्रगतिशीलता का संदेश देता आया है। जी-20 सम्मेलन का भारत में होना इस बात की आहट है कि भारत अब विश्व में अपना परचम लहराने के लिए तैयार है। भारती महाविद्यालय की वार्षिक पत्रिका 'भारती' परिचायक है युवा कदमों के विश्व की ओर अग्रसर होने की। इस वर्ष हमारी पत्रिका का केंद्रीय विषय आज़ादी का अमृत महोत्सव एवं जी-20 सम्मेलन है। पूरे वर्ष सम्पूर्ण महाविद्यालय इनसे सम्बंधित विभिन्न प्रकार की गतिविधियों का आयोजन करता रहा जिनकी झलक हमें हमारी वार्षिक पत्रिका में भी देखने के लिए मिलती है। पूरा विश्व आज "वसुधैव कुटुम्बकम" सूक्ति से गुंजायमान है। "वसुधैव कुटुम्बकम" यह शब्द संस्कृत में है और इसका अर्थ होता है "पूरी पृथ्वी हमारा

परिवार है"। यह शब्द भारतीय संस्कृति और दर्शन का महत्वपूर्ण हिस्सा है और यह दर्शाता है कि हम सभी मानव एक ही परिवार के सदस्य हैं। भारत एक ऐसा देश है जिसने "वसुधैव कुटुम्बकम" के मूल मान्यताओं को अपनाया है और इसके आधार पर अपने बाहरी संबंध बनाए हैं। हमारा देश एक ऐसी समृद्ध धरोहर है जो विभिन्न धर्मों, भाषाओं, और जातियों के लोगों को एक साथ जीने और साथ मिलकर प्रगति करने का उदाहरण प्रस्तुत करता है। भारती पत्रिका इस वर्ष इन सभी सांस्कृतिक मूल्यों का प्रतिनिधित्व करती नज़र आती है। भारती परिवार जिसमें शिक्षक, विद्यार्थी तथा सभी अन्य कर्मचारियों का बहुमूल्य योगदान देखने को मिलता है। इस पत्रिका को समृद्ध बनाने में प्रत्यक्ष अथवा अप्रत्यक्ष रुप से अपनी भूमिका निभाते हैं। हिंदी भाग जहाँ एक ओर युवा सपनों को अवसर प्रदान करता है अपनी लेखनी के माध्यम से खुले आकाश में अपना नाम अंकित करने का वहीं शिक्षकों को अवसर प्रदान करता है अपने मन के भावों को भाषा के बंधनों से मुक्त करने का। आज भारत चंद्रमा तक अपने चिन्ह छोड़ चुका है, इस गर्व की अनुभूति की प्रतिछिव हम भारतीय युवा मन और उनकी लेखनी दोनो में स्पष्ट रूप से देख सकते है।

वसुधैव कुटुम्बकम के माध्यम से, हमारे देश ने विश्व को यह सिखाया है कि विभिन्नता का सम्मान करना और सहयोग करना बेहद महत्वपूर्ण है। हम दुनिया के सभी भागों के लोगों के साथ एक सदस्यता का भाव रखते हैं और साथ मिलकर वैश्विक समस्याओं का समाधान ढूंढने का प्रयास करते हैं। मैं आशा करता हूँ कि भारती पत्रिका इसी प्रकार सदैव पाठकों के लिए तथा अपने विद्यार्थीयों के लिए नवीन सम्भावनाओं और सामाजिक जिज्ञासाओं की ओर श्रेष्ठ मार्गों का निर्माण करती हुई अपने प्रवाह को बनाए रखेगी।

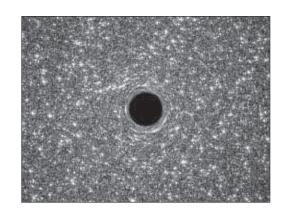
डॉ. अभिषेक पुनीत सहायक प्राध्यापक हिंदी विभाग



शून्य

शून्य से शुरू कथा और शून्य पर ही अंत है जीवन है एक विडम्बना चरित्र एक ढंग है जो मिट गया वो क्या लिखा जो थम गया वो क्या चला जो चल पडा वो रम गया स्वर स्वरूप संग है शून्य से शुरू कथा और शून्य पर ही अंत है जीवन है एक विडम्बना चरित्र का ढंग है कर भला तो हो भला में सुनते सुनते कर गया वो दैत्य थे या दिव्य थे चरित्र उनका छन गया शौर्य से कहंगा जैसे विजय हुई एक जंग है शून्य से शुरू कथा और शून्य पर ही अंत है जीवन है एक विडम्बना चरित्र एक ढंग है विकल्प भी बचा नहीं संकल्प अभी सजा नहीं पड़ाव जैसे नृत्य है वो नृत्य ही तो सत्य है अब नहीं रूकूँगा जब ये ध्वनि मेरे संग है शून्य से शुरू कथा और शून्य पर ही अंत है जीवन है एक विडम्बना चरित्र एक ढंग है अश्रु जैसे रक्त का मैं भोले का हूँ भक्त सा प्रचंड सा ये धैर्य जैसे लाल रक्त रंग है शून्य से शुरू कथा और शून्य पर ही अंत है जीवन है एक विडम्बना चरित्र एक ढंग है

कल्पना इतिहास विशेष तृतीय वर्ष





एक आम लड़की वाला डर

एक आम लड़की वाला डर है जो भगाना है मुझको, एक खौफ है जो मिटाना है मुझको, आज रात अकेले रोड पर गई तो माहौल बेहाल था पर जो भी हो कल सुनसान रास्तों पर जाना है मुझको, आज किसी ने बोला ये वो सच्चाई है जो सदियों से चलती आई है। मान जाओ नहीं तो किसी दिन महँगा पड़ेगा यह कदम तुमको रो रही हूँ पर रूकी नहीं हूँ अभी तो एक बड़ा बदलाव लाना है मुझको। रोड सिर्फ लड़कों के नहीं होते यह बात अलग है कि जब्त कर लिया है उनको।

> अनामिका यादव बी. ए. (प्रोग्राम) तृतीय वर्ष



रिश्ते

मेरे शब्दों में रिश्ते का अर्थ है प्यार मुस्कुराहट, हँसीं, दुख-तकलीफ़ में जो आप के साथ रहे और साथ दे। रिश्ता एक ऐसा बंधन है जो हमें एक दूसरे के साथ जोड़े रखता है। माता पिता की बहुत सारी नोक - झोंक और उसमे छुपा हुआ प्यार का रिश्ता, माँ का प्यार और बच्चे की शरारत का रिश्ता दादा का डर और पोते की मस्ती का रिश्ता, देवरानी - जेठानी में तकरार और अपनेपन का रिश्ता, पति और पत्नी में पति के बिना कुछ बोले पत्नी का समझ जाना, प्रेम का रिश्ता, माँ और बेटी का भावनाओं का रिश्ता, रिश्तेदारों को ताना मार कर हँसना, खट्टा-मीठा रिश्ता नानी का छुपके से जेब में पैसे रखना मुस्कुराहट का रिश्ता पापा का गुस्से से देखना और मेरी आँखो से आँसू आ जाना डर और प्यार का रिश्ता, ये सारे रिश्ते मेरे जीवन के रंग, जो कि एक मज़बूत पेड़ की तरह मुझे संभाले हुए है। रिश्ते हमें दुःख और सुख दोनों में साथ रह कर तकलीफ़ या परेशानी को समझते हुए साथ रहते हैं। रिश्ते हमारे जीवन के अनमोल रत्न हैं। लेकिन पता नहीं क्यों आज के समय में रिश्ते का मोल ख़त्म सा हो रहा है। रिश्तों का एक रूप जहाँ हमें प्रेम, स्नेह अपनापन देखने को मिलता है। वहीं आज के समय में रिश्तों में मिलावट आ गई है। जहाँ पहले भाई राम और लक्ष्मण की तरह रहते थे उन भाइयों का आपस में प्रेम खत्म सा दिखता है। दोनों के बीच में जलन की भावना आने लगी है। माता-पिता जिनको भागवान से भी ऊपर का दर्जा दिया है, आज के समय में उनके बच्चे उन्हें वृद्धाश्रम छोड़ देते है। पित - पत्नी जिन्हें कहा जाता है कि यह एक गाड़ी के दो पहिए हैं वो तक अलग हो जाते हैं। पता नहीं आज के समय में वह प्यार, अपनापन कहा चला गया है। जब बच्चा छोटा होता है तो वह माता के द्र जाने पे रोने लगता है। ठीक वही बच्चा जब बड़ा होता है तो माँ का आँचल छोड़ ना जाने कहाँ चला जाता है। बेटा पिता के जहाँ पैर छू कर स्कूल जाता था अब घर आने के बाद भी पिता के साथ नहीं बैठता एक पुरुष और स्त्री जो कि एक अच्छे जीवन के सपने सजा कर शादी करते हैं, फिर उनके बच्चे होते हैं, बच्चे की होने की ख़ुशी से वह फूले नहीं समाते उसे पालते हैं बड़ा करते हैं उसे चलना बोलना, जीवन में आगे बढ़ना सिखाते हैं लेकिन उस आगे बढ़ने की चाह में बच्चा कब इतना आगे बढ़ जाता है कि पीछे मुढ़ कर अपने माता-पिता को देख नहीं पाता न ही चलता है। आज रिश्ते टूट रहे हैं, क्योंकि उन में प्यार कम हो रहा है, गलतियों को मानना, बड़ों का आदर, सबके साथ रहना एक दूसरे को समझना, दूसरों की मदद करना परेशानी समझना कम सा हो गया है। रिश्ते वो होते हैं जो हज़ार ग़लतियाँ भुला कर माफ कर देते हैं इसलिए हमें रिश्तों में प्रेम बनाए रखना चाहिए, क्योंकि धागे ट्रट जाते हैं मगर रिश्तों का धागा हो तो वो और मजबूत हो जाता है।

प्रेरणा राय इतिहास विशेष द्वितीय वर्ष





महिलाओं की बदलती स्थिति

महिलाओं को मिली उड़ान से उनके द्वारा फैलाए गए पंखों को काटने की कोशिश तो बहुत की गई परंतु महिलाओं ने अपनी कामयाबी का परचम चारों ओर फैलाया और ऊंची उड़ान भरी पुराने समय की महिलाओं की स्थिति से वर्तमान की महिलाओं की स्थिति में बदलाव तो सब ने ही देखा है परंतु उसके पीछे का संघर्ष जो एक आम महिला ने सहा है वो एक महिला से अधिक समझ पाना संभव नहीं। जब एक महिला ही महिला को आगे बढ़ने, पढ़ने लिखने अपने पैरों पर खडे होने से रोकने का प्रयास करती है, उसके पैरों पर बेड़ियाँ डालने का प्रयास करती है उससे अधिक बुरा कभी नहीं हो सकता। हमारा समाज तो शुरुआत से ही पुरुष प्रधान समाज रहा है, जहाँ महिलाओं को केवल अपने घर की लाज, भोग विलास की वस्तु, आदि समझा जाता था। उस समाज से बाहर निकल पाना जो सदियों से रूढ़ियों में उलझा हुआ है, वो अपने आप में ही एक विजय है और महिलाओं ने यूँ ही विजय प्राप्त ही नहीं कि बल्कि अपने कामों से इसका प्रमाण भी दिया कि यदि अवसर मिले तो वो सब कुछ कर सकती है। आज के युग में महिलाओं का नाम राजनीति, शिक्षा, विज्ञान आदि सभी क्षेत्रों मे रोशन है। इसका उदाहरण हमारी वर्तमान राष्ट्रपति द्रौपदी मुर्मू स्वयं है। इसी प्रकार हमें कई उदाहरण देखने को मिलते हैं। महिलाओं की स्थिति में सुधार ने देश के आर्थिक, राजनैतिक और सामाजिक सुधार के मायने भी बदल कर रख दिए हैं। जब एक महिला का विकास होता है तो उसके साथ देश का भी सही मायनों मे विकास होता है, जिस प्रकार एक महिला के शिक्षित होने से उसकी पूरी पीढ़ी का विकास होता है। यदि महिलाओं की स्थिति में एक छोटे से सुधार से पूरे देश की गतिविधि पर इतना असर पड़ रहा है, तो जब महिलाओं की स्थिति में पूर्ण रूप से सुधार आ जाएगा तो देश का भविष्य तरक्की के उच्चतम स्तर पर होगा। महिलाओं की स्थिति में सुधार को गति तो पहले से मिल रही थी, परंतु इसे और गतिशीलता सरकार द्वारा महिलाओं की स्थिति पर दिये गए ध्यान तथा उनके लिए बनाई गई योजनाओं ने दी है। हमारे वर्तमान के प्रधानमंत्री नरेंद्र मोदी जी ने " बेटी बचाओ बेटी पढ़ाओ", जैसे नारे का अर्थ लोगों को समझाते हुए लड़कियों की स्थिति को बेहतर बनाने का कार्य किया। जिससे लोग प्रभावित हुए और महिलाओं की स्थिति में सुधार देखने को मिला और आशा है कि यह सुधार की प्रक्रिया निरंतर आगे बढ़ती रहेगी और एक दिन महिलाओं की स्थिति में पूर्ण रूप से सुधार हमें देखने को मिलेगा।

पूजा पांडे हिंदी विशेष द्वितीय वर्ष





अरे! छोड़ो दुनियादारी

अरे ! छोड़ो दुनियादारी,
प्यार- व्यार सब मोह माया है ।
सच बताऊं,
तुम्हारा सगा वो ही है,
जिसने बुरे वक़्त में तुम्हारा साथ निभाया हैं ।
दुनिया बड़ी बेगैरत है साहिब,
यहां कौन किसी के काम आया हैं ।
सफलता के ही साथी हैं सब,
यहीं हैं वो,
जिन्होंने वक़्त बदलते ही अपना असली रंग दिखाया है ।
ज़्यादा भरोसा मत कर इन पे ए -गालिब,
क्यूंकि इन्होंने आज तेरी कामयाबी देख कर सिर झुकाया है ।
और
बहुत कम उम्र में ही
दुनियाँ ने मुझे बहुत कुछ सिखाया है ।



निकिता चौहान हिंदी विशेष पूर्व छात्रा

सब रिश्तेदार साथ थे मेरे

सब रिश्तेदार साथ थे मेरे, पर ये तो बताओ.... बुरे वक़्त में कौन काम आया है। मेरी मौत पर हज़ारों लोगों का काफिला बना है, पर मेरे ज़िंदा रहने पर लोगों को मेरी आँखों में आँसू नहीं.... महज़ पानी नज़र आया है। आज बताते हो मुझे अपना सगा, जानी पहले ये तो बताओ.... तुमने भी कभी किसी का साथ निभाया है। कुछ दोस्त भी बस नाम के लिए है, कुछ अपनों ने भी मेरा दिल बहुत दुखाया है। वैसे ज़िन्दगी में जब भी किसी के साथ की ज़रूरत थी, मैंने हर मोड़ पर खुद को अकेले पाया है। मेरा वक़्त बदलने पर लोगों ने भी बदलना शुरू कर दिया, क्योंकि उन्होंने ही गिरगिट की तरह रंग बदलना सिखाया है। और......

पर ज़िंदा रहने पर कौन मेरे दर्द को समझ पाया हैं।

निकिता चौहान हिंदी विशेष पूर्व छात्रा



क्योंकि ...

जीवन का सच

राह में मुश्किलें हजार होगी, पर तू उनसे घबराना मत। तू गिर कर उठना सीख, तू यूं ही रुक जाना मत। तू हार कर ही तो जीतना सीखेगा, तू इस हार से डर जाना मत। लोगों का काम है बुरे वक्त में साथ छोड़ देना, तू उसको दिल से लगाना मत। अरे ! चल छोड़ भी इनको, तू चिंता मत कर, तेरी कामयाबी पर तालियां बजाने आ जाएंगे सब पर जिन्होंने तेरा साथ दिया है, तू उन्हें भूल जाना मत। तेरी कामयाबी की छाप इतिहास में अमर रह जाएगी, पर तेरा वजूद क्या है, तू उसे भूल जाना मत।

> **निकिता चौहान** हिंदी विशेष पूर्व छात्रा

मेहनत करके तो देख

मेहनत करके तो देख,
तेरी किस्मत बदल जाएगी।
एक दिन तेरी ज़िद,
तेरे हौसले को देख...
ये दुनिया भी तेरे आगे सिर झुकाएगी।
तेरे अंदर कुछ बनने,
कुछ अलग कर जाने के जुनून से ही,
देखना तेरी मेहनत एक दिन ज़रूर रंग लाएगी।
मुश्किलें चाहे कितनी हो,
लेकिन उन मुश्किलों को अपनी ताकत बना कर जीत जाएगी।
दुनिया तेरी कामयाबी देख,
फिर से तेरे करीब आना चाहेगी।
तेरी बरसों की मेहनत लगन को कोई नहीं देखेगा,
लेकिन दुनिया सिर्फ तुझसे झट से कामयाब होने का मंत्र
जानना चाहेगी।

निकिता चौहान हिंदी विशेष पूर्व छात्रा



नारी नर की खान है

नारी नर की खान है और नारी नर की शान है। उस नारी की दशा-दिशा से, मानव क्यों अनजान है? नारी है जग की उत्पत्ति, नारी जग की भाषा है नारी है सारा प्रपंच, और नारी ही परिभाषा है नारी से ही जल, थल, नभ और नारी से इन्सान है। उस नारी की दशा- दिशा से मानव क्यों अनजान है? नारी से ही तो इस जग में, सुबह-सवेरा होता है। सच कहती हूँ, नारी से ही द्र अँधेरा होता है। नारी को क्या पहचानोगे? नारी खुद पहचान है उस नारी की दशा- दिशा से मानव क्यों अनजान है?

वंशिका





जिंदगी

जिंदगी की दौड़ में न जाने हम कहाँ खो गए पता न चला हम कहा खो गए सही किया जो रास्ता चुन लिया न जाने फिर कहा होते ना दिन का पता होता ना शाम का फिर भी चाहते काश कुछ कर सकते,

मुसीबतों से तू ना डर सके ऐसा काम करे जा जो तुझे पाना है उस पर काम करे जा मिलेंगी मंजिल तुझे तेरी यह सोच कर बढ़े जा अपनी क़ाबिलियत पर भरोसा रख जो मन में है उसे हासिल कर

अपने उद्देश्य को पूरा कर जीवन मिला है कुछ तो उपयोग कर जीवन को व्यर्थ करो या जीवन मे व्यस्त रहो मर्जी तुम्हारी है, मुश्किल है मगर हार नही मानी है।

> कशिश नागर हिंदी विशेष द्वितीय वर्ष



दिल्ली विश्वविद्यालय

दिल्ली विश्वविद्यालय का एक बड़ा नाम है। इसके नाम का ही सम्मान है। छात्रों की आन बान शान है। हर छात्र की दिल्ली विश्वविद्यालय ही पुकार है। ये डीयू है जनाब, यहां का हर छात्र है नवाब, यहाँ हर राज्य से आता है बच्चा। कहता है किरोडीमल ही था मेरा सपना नार्थ कैंपस हो या साउथ कैंपस दोनों का सफर यादगार है, क्योंकि हर कॉलेज शानदार है हर वह छात्र जो लेकर आता है अपना सपना उसे ये सब लगने लगता है अपना- अपना किरोड़ीमल, हंसराज, शहीद भगत सिंह इन कॉलेजों का नाम है। क्योंकि अमिताभ, शाहरुख, सिद्धार्थ जैसे सितारों की वजह से ही तो दिल्ली विश्वविद्यालय की पहचान है।

> कशिश नागर हिंदी विशेष द्वितीय वर्ष

जीने की ख्वाहिश

जीने की ख्वाहिश जरूरी या मरने का साज था
अधूरा सा लमहा खड़ा दूर दिल के ना पास था
रूस के चली जाती थी वह मामूली सी बातों पर
क्या पता था उसको मैं नाराज ना हुआ कभी उससे,
बस हालातों से हार कर ये मेरा दिल उदास था।
अनुष्का द्विवेदी
पत्रकारिता विशेष
तृतीय वर्ष





गया की महिमा

गौतम बुद्ध की ये ज्ञान स्थली है बोधि वृक्ष का मान है जहां सीता ने दशरथ जी को पिंड दिया था गया इसी का नाम है जी हाँ गया इसी का नाम है सारी दुनिया शीश झुकाती पूर्वजों का सम्मान है गौतम बुद्ध की ये तपोभूमि है ज्ञान की यह खान है पाटलिप्त्र से जुड़ा हुआ स्थल है ये महारानी सुदक्षिणा की पहचान है। सारी दुनिया शीश झुकाती गया इसी का नाम है। इतिहास में इसकी अपनी जगह है अहिल्या का यह मान है। विष्णु का यह चरण स्थल विष्णुपद इसका नाम है, जहाँ रानी ने मंदिर का निर्माण किया था दुनिया का यह सम्मान है। इतनी कथाएं इतिहास में बनी है मगध का यह पहचान है। आओ मां मंगला का दर्शन कराए मंगला गौरी इसका नाम है। मनोकामना यहां पूर्ण होती है भक्तों का यह मान है। बुद्ध की यह तपोभूमि है गया इसी का नाम है। सौभाग्य है सुबह की यह जन्म भूमि है शुभ्रा जिसका नाम है। प्यार से मुझे रूही कहते हैं, यही मेरी पहचान है। सारी दुनिया जिसको शीश झुकाती गया इसी का नाम है जी हाँ गया इसी का नाम है।

शुभा प्रियदर्शनी इतिहास विशेष तृतीय वर्ष



जशने-ए-हिन्द: उत्सव आज़ादी का नया सवेरा

अंग्रेजों के बंधन में बंधकर देश वसियों ने जुल्म झेला है। क्रांतिकारियों ने जो चिंगारी लगाई॥ अब बना आग का गोला है। कुर्बान हुए कई देश वासी, पर अब एक क्षण भी लेना है। केवल आजादी देश की नहीं।। रूढ़ीवादी सोच से भी छुटकारा लेना है। भारत की नई बेला है। जशने-ए-हिन्द का यह मेला है। विभिन्न संस्कृतियों के रंग में ढल कर तिरंगा लाल किला पर फेरा है। इस 77वीं आज़ादी के वर्ष पर राष्ट्र पहले, हमेशा पहले के साथ एक नया सवेरा है। ये केवल आज़ादी का महोत्सव नहीं। जश्न-ए-हिन्द का नया सवेरा है।

शोभा राय समाजशास्त्र विशेष द्वितीय वर्ष



इंसानियत

इंसानियत को अब और ढूंढू मैं कहाँ, हृदय परिवर्तन रोज होते हैं यहाँ। दिलासा की कमी में आशा रोज मरती है यहाँ, फिक्र की कमी में नम आंखें लाल हो जाती है यहाँ, वो चार आतंकवादी या डाकू बने उसने सोचा था कहाँ, शैतानों की हैवानियत का कहर भारी था यहाँ, तो फिर वो भी उनके चंगुल से बचकर आखिर जाता कहाँ, अब बोलो इंसानियत को ढूंढू मैं कहाँ, काश कि उसे कोई सहारा मिल जाता तो इंसानियत की एक और शख्सियत होती यहाँ।

अनामिका यादव बी. ए. (प्रोग्राम)

ए. (प्राम्नाम) तृतीय वर्ष

घर छोड़कर निकले हैं सनम

घर छोड़कर निकले हैं सनम, मरने मिटने की कसम खाए हैं हम, ना झुकने देंगे सिर कभी इस वतन का हम, हर एक कढ़ी के लिए अपनी यह जान दे देंगे हम, पर शान से लिपटेंगे इस तिरंगे से हम, क्योंकि मान भी वतन जान भी वतन और शान भी वतन।

> दृष्टि पांडे बी ए (प्रोग्राम) तृतीय वर्ष

फौजी द हीरो

मैं नौकरी नहीं करता मैं सिर्फ अपना फर्ज निभाता हूँ मैं देश से गद्दारी नहीं करता मैं उस पर अपनी जान लुटाता हूँ हर रोज खून पसीना बहता हूँ हर रोज चुनौतियों को स्वीकार करता हूँ तब जाकर मैं फौजी कहलाता हूँ, डर से मैं जीत जाता हँ आग से मैं खेल जाता हूँ, दुश्मनों के सामने मैं चट्टान बन जाता हूँ तब जाकर लाखों की दुआओं में मैं अपना नाम कमाता हूँ , मेरी जाति से नहीं मेरी जन्म भूमि से नहीं मेरी दौलत से नहीं, मैं तो केवल अपनी वर्दी से पहचाना जाता हूँ , मैं अपनों के लिए अपनों से दूर चला जाता हूँ मैं अपनों के खातिर खून की गंगा में तैर जाता हूँ मैं पूजनीय नहीं ये वर्दी पूजा की हकदार है जिस शरीर से लिपटे उसे स्वार्थ रहित बना देती है. उसे निडर बना देती है। मैं नौकरी नहीं करता मैं सिर्फ अपना फर्ज निभाता हूँ।

> **सौम्या** हिंदी विशेष तृतीय वर्ष

कुछ करो तो सही

कुछ करो तो सही, बड़ा ना सही छोटा ही सही, अपने लिए नहीं दूसरों के लिए ही सही, बाहर निकलो तो सही इस जिंदगी को जियो तो सही कुछ करो तो सही।

> **दृष्टि पांडे** बी ए (प्रोग्राम) तृतीय वर्ष

यह जो शोर

यह जो शोर मेरे अंदर चल रहा है
क्या किसी को इसका पता चल रहा है,
यह जो आज मैं अपनों से ही लड़ रहा हूँ
कोई बताएगा क्या मैं सही कर रहा हूँ
जिंदगी की उलझनों में उलझ रहीं हूँ
हर एक बात पर बेहतर बनने की कोशिश कर रहा हूँ
खुद को ही यू मैं खो रहा हूँ
कोई बताएगा क्या मैं सही कर रहा हूँ।

दृष्टि पांडे बी ए (प्रोग्राम) तृतीय वर्ष

हमारे देश की गाथा

हमारे देश की गाथा विरासत की निशानी है। नहीं ये चंद पन्नों की ये लम्बी सी कहानी है। ये लम्बी सी कहानी है। हमारे घर के सिरहाने कोई भूखा नहीं सोया हमारी संस्कृतियों ने सदा ही पुष्प ये बोया भले रह जाएं हम प्यासे साधू की प्यास मानी है नहीं ये चंद पन्नों की ये लम्बी सी कहानी है। हमारे देश की गाथा विरासत की निशानी है घिरे अज्ञान के तम से विश्व में ज्ञान लाया है वेद का वृक्ष भारत की धरा ने ही उगाया है

यहाँ चारों दिशाओं में गूँजती वेद वाणी है। नहीं ये चंद पन्नों की ये लम्बी सी कहानी है। हमारे देश की गाथा विरासत की निशानी है। यहाँ वचनों की रक्षा में कोई सब त्याग जाता है। प्रेम का मान इतना कि विदुर का घर सुहाता है। यहीं पर बुद्ध के तप मे बुद्धि में ज्योति सानी है। नहीं ये चंद पन्नों की ये लम्बी सी कहानी है। हमारे देश की गाथा विरासत की निशानी है।

> **डेजी शर्मा** मनोविज्ञान विशेष द्वितीय वर्ष



लम्हे

लम्हों का सब खेल है बाकी सब बे-मेल है, उन लम्हों को बसाए अपनी आँखों में, हम खो गए उन कुछ ख्वाबों में। जो थे कभी नायाब हमारे लिए रह गए ख्वाब बस हमारे लिए। कुछ लम्हों की यादें इतनी गहरी होती है, कि जीवन भर हम उन लम्हों में खो जाते हैं, पर अंत में वह लम्हे भी बस लम्हे बन कहीं गुम हो जाते हैं।

> **पूजा पांडे** हिंदी विशेष द्वितीय वर्ष



मोक्ष

मोक्ष क्या है क्या वह मृत्यु है ? या मृत्यु के बाद का जीवन है? क्या वह मानव जीवन का अंत है? या अंत के बाद की अवस्था है?, यह मोक्ष वह है जब सारा संसार, सारा शृंगार, सारे संबंध, सारा सुख छूट जाता है? क्या है वह मोक्ष? नहीं मोक्ष मृत्यु नहीं है, जीवन नहीं है अंत नहीं है। वह शृंगार का, संबंध का सुख का त्याग भी नहीं है, वह तो आनंद है। वह आनंद जो प्रेम से क्षमा से करुणा से प्राप्त होता है, मोक्ष तो वह विचार है, जो कल्याण से श्रद्धा से, कृतज्ञता से युक्त होता है। आवश्यक नहीं की मानव अवस्था ही मोक्ष हो वह तो आत्मा का ज्ञान है। शृंगार है आत्मा तो सर्वव्यापी है, वस्तुत मोक्ष प्रकृति के कण कण में है। पुष्पों के खिलने में, नव पल्लव के सृजन में, नदियों की बाहों में मेघों की वर्षा में, जो आनंद है वह मोक्ष ही तो है हाँ मोक्ष ईश्वर ही तो है।

> **ख़ुशबू** पूर्व छात्र



आजादी का अमृत महोत्सव

रंगोली, दीपक, आरती की थाल सजाओ री, देश का आयो अमृत महोत्सव, धरती का शृंगार बढ़ाओ री वर्तमान में चलकर गांधी जी के पदचिन्हों पर. फिर से दांडी यात्रा की. साबरमती से उठे हजारों पग 91 साल पुरानी गाथा लिखी। मार्च 12, 2021 से शुरू हुआ यह अमृत कलश, संकल्पित हृदय, राष्ट्रीय उदय ठान कर पाया हमने सुयश, विज्ञान सर्वत्र का प्रण लेकर. चंद्रयान 3 तक गए, घर-घर तिरंगा, नदी उत्सव, 75 सूर्य नमस्कार अनेकों अभियान किए। इतिहास बंगाल का अकाल धरकर, सन्यासी वेश, 1770 ई॰ में क्रांतिकारियों ने जगाई लौ बदलकर भेष, 1847 में नरसिम्हा रेड्डी ने उठाई उसी लौ की मिसाल, दशक बीता और रानी लक्ष्मीबाई ने उठाया आज़ादी का भार। वर्षों की अविरत गणना,

प्राणों की माला, त्याग के पुष्प राष्ट्रीयता के आगे सब कुछ तुच्छ, रक्त से संचित है यह स्वर्ण गाथा, बिलदानों से हुआ है मातृभूमि का उज्जवल माथा। कुछ खास आओ चले उत्सवों की ओर, जन प्रतिभाग की है होड़। उमंग रंगोली, अमर चित्र कथा और डिजिटल, लोकगीत, नृत्य, चित्रकला ने जगाई जोत, उमंग और उत्साह से है जनमानस ओत प्रोत। अमृतवास देशभिक्त की लौ जगा 75 वे आज़ादी को निरस्त प्रभेदों महान भारतोहम, अस्मिता रहित, एक भारत, मैं हूँ बताने को, वाद विवाद सांस्कृतिक विवेचन और सृजनात्मकता के साथ, सम्मिलित हो, राष्ट्रीयता के महोत्सव में थामे बंधुओं का हाथ।

> **प्राची मौर्य** गणित विशेष तृतीय वर्ष

फुसफुसाहट

कहने को यहां बात होती एक हजार है द्निया की बातें यहां धोखो का बाजार है। बोलने का लोग करते पीठ पीछे बातें पीछे कुछ और आगे कुछ और दिखाते। माना यह दनिया है बहुत बड़ा मेला क्यों हर कोई यहां है अकेला। जीने की बात छोड़ो होते यहां मरने के वादे मुसीबत में तू देख ना रहेंगे इनमें से आधे। बोलने को बातें बड़ी लंबी चौड़ी करते हैं मुंह पर बोलने को कहो तो सब डरते हैं। सामने न कर पीछे बुराई वाली अदा निराली जो सामने तारीफ करें पीछे देते गाली। काम काम तू बस खुद ही करता जा आगे तुझे बढ़ाना खुद ही बढ़ता जा। देखने को लोग तेरी हार लाख आएंगे मुंह पर अच्छे बनेंगे पर मुड़ के फुसफुसाएगें।





बेटी की विदाई

कन्यादान हुआ जब पूरा, आया समय विदाई का, हंसी खुशी सब काम हुआ था, सारी रस्म अदाई का। बेटी के उस कातर स्वर ने, बाबुल को झकझोर दिया, पूछ रही थी पापा तुमने क्या सचमुच में छोड़ दिया।

अपने आंगन की फुलवारी, मुझको सदा कहा तुमने, मेरे रोने को पल भर भी बिल्कुल नहीं सहा तुमने।

क्या इस आंगन के कोने में मेरा कुछ स्थान नहीं, अब मेरे रोने का पापा बिल्कुल भी तुम्हें ध्यान नहीं।

नहीं रोकते चाचा ताऊ, भैया से भी आस नहीं ऐसी भी क्या उदासी है, कोई आता पास नहीं।

बेटी की बातों को सुनकर पिता नहीं रह सका खड़ा, उमड पड़े आंखों से आंसू बदहवास सा दौड़ पड़ा।

मां को लगा गोद से कोई, मानो सब कुछ छीन चला, फूल सभी घर की फुलवारी से कोई ज्यों बीन चला।

बेटी के जाने पर घर ने जाने क्या-क्या खोया है, कभी न रोने वाला पिता भी आज, फूट-फूट कर रोया है।







G-20 और भारत

G-20 बीस देशों के समूह के रूप में जाना जाता है। भारत की G-20 अध्यक्षता का विषय वसुधैव कुटुंबकम् है, जिसका अर्थ है एक कुटुंब एक भविष्य 1999 में G-20 का गठन किया गया और जी-20 वैश्विक आर्थिक, वित्तीय संकट को हल करने के लिए बनाया गया। G-20 देश के नेताओं की बैठक को G-20 शिखर सम्मेलन कहा जाता है।

G-20 समूह अंतरराष्ट्रीय आर्थिक सहयोग और कुछ महत्वपूर्ण मुद्दे जैसे आतंकवाद मानव तस्करी ग्लोबल वार्मिंग इत्यादि।

G-20 की जरूरत क्यों पड़ी

G-7 में विकसित कंट्री होती थी लेकिन पश्चिमी देश अपने रुचि के बारे में अपनी अर्थव्यवस्था को समझते हैं। 2008 का वित्तीय संकट जो अमेरिका में हुआ था लेकिन मंदी पूरी दुनिया में आई तो फिर समझ गया की और देशों की जरूरत है, इसलिए जी-20 बनाया गया। G-20 देश अर्जेंटीना, ऑस्ट्रेलिया, ब्राजील, कनाडा, चीन, फ्रांस, जर्मनी, भारत, इंडोनेशिया, जापान, इटली, कोरिया गणराज्य, रूस, सऊदी अरब, मेक्सिको, दक्षिण अफ्रीका, यूनाइटेड किंगडम, तुर्की, संयुक्त राज्य अमेरिका, यूरोपीय संघ। इन 20 देशों में 60 प्रतिशत जनसंख्या प्रदर्शित होती है तथा 75% वर्ल्ड व्यापार होता है 85% जीडीपी इन्हीं देशों के पास है।

G-20 काम कैसे करता है

G-20 दो तरीके से काम करता है फाइनेंशियल इसमें अलग-अलग देशों के केंद्रीय बैंक वित्त मंत्री नीति पर विचार विमर्श करते हैं जैसे वैश्विक आर्थिक विकास सूचना विनिमय वित्तीय समावेशन हरित वित्त इत्यादि। विदेशी मुद्दे जैसे फॉरेन पॉलिसी पर विचार विमर्श किया जाता है जैसे रोजगार, जलवायु परिवर्तन, कृषि और खाद्य सुरक्षा, स्वास्थ्य देखभाल में वृद्धि आदि। G-20 में भारत को 1 साल की अध्यक्षता मिलने का यह फायदा है कि वह किसी भी शक्तिशाली देश को G-20 में शामिल होने के लिए बोल सकता है। G-20 से भारत यह दिखा सकता है कि वह किसी से कम नहीं है तथा अपनी प्रगति संस्कृति को दिखा सकता है। हमारे वित्त मंत्री ने कहा कि भारत दुनिया के ग्लोबल साउथ का लीडर बनकर उभरा है ग्लोबल साउथ में वह देश है जो धीरे-धीरे विकास कर रहे हैं। ग्लोबल साउथ के देशों में शिक्षा और स्वास्थ्य देखभाल में काफी समानताएँ हैं।अंतरराष्ट्रीय मंचों पर इन देशों का प्रतिनिधित्व बहुत ही कम रहा है इसलिए भारत की-20 की अध्यक्षता प्राप्त करने के साथ ही विदेश मंत्री ने वैश्विक दक्षिण देशों की आवाज के रूप में भारत की भूमिका पर बल दिया है।

G-20 का उद्देश्य

व्यापार ,स्वास्थ्य, जलवायु और अन्य मुद्दों पर चर्चा करना है।

रितु इतिहास विशेष तृतीय वर्ष



दिल्ली विश्वविद्यालय

कितना अद्भुत था तो अनुभव जिसे करते-करते बीत गए सौ वर्ष हमारे, जिसमें कितने आए कितने गए कितनों के सपनों को आकाश मिला और कितनों को कुछ कर गुजरने का आत्मविश्वास मिला। यह दास्ताँ है दिल्ली विश्वविद्यालय की. हर युवा के उन सपनों की, उन अरमानों की, जिसका एकमात्र लक्ष्य उसमे दाखिला पाना है। डीयू के उन प्रसिद्ध कॉलेजों के नामों को अपने नाम के साथ जुड़वाना है। इस दौड़ में दौड़ते-दौड़ते बीत गए सौ वर्ष हमारे. बीत गए वो अनमोल पल हमारे जिससे संजोया था, बडे नाजों से हमने। पर जनाब, यह दौड़ नही आसान है, इसलिए तो चारों तरफ प्रसिद्ध डीयू का नाम है। सौ वर्ष पूरे होने पर हो रहा जग भर मे जिसका सम्मान है, 'दिल्ली विश्वविद्यालय' उसका नाम है। दिल्ली विश्वविद्यालय उसका नाम है।।

> पूजा पांडे हिंदी विशेष द्वितीय वर्ष

मैं लौटता हूँ

मैं अब लौटता हूँ लेकिन उस तरह नहीं जैसे नेता लौटतें हैं, दिकयानूसी दलों की ओर

जैसे खड़गधारी वाहनी लौटती है युद्ध-शिविरों की ओर या जैसे सांप्रदायिकता लौटती है झुग्गी झोपड़ियों की ओर

में लौटता हूँ, मैं लौटता हूँ ऐसे जैसे भँवरा लौटता है कलियों की ओर जैसे कविता लौटती है भाषा की ओर

लहू–लुहान प्रेमी विजय पताका फहराए लौटते है महबूब के मुखड़े की ओर

ओ मेरे कर्म ओ मेरे तप मैं लौटता हूँ तुम्हारी ओर

जैसे कीका लौटता है घाटी—मैदान की ओर चीटियां रेंगती है बिलों की ओर सड़कों की धूल थामे मजदूर—बिटिया घर की ओर

ओ मेरी मां ओ मेरे महबूब मैं लौटता हूँ तुम्हारी ओर जैसे रक्त दौड़ता है धमनियों की ओर जैसे आत्मा लौटती है शरीर की ओर

गोपाल जिंगर

(सहायक प्राध्यापक, हिंदी विभाग)



चाँद और मैं

एक संवाद हैं, चाँद को परवाह नहीं कि वो प्रतिबिंबित हो, न ही जल को इस बात की चिंता कि वह कोई बिम्ब ग्रहण करे, फिर भी चाँद लहरों पर स्पन्दित होकर अनायास ही एक संवाद स्थापित कर लेता है।

चाँद नहीं चाहता कभी
कि उसके नूर से कोई प्रकाशित हो
या उसको देखकर
किसी की ठहरी हुई संवेदना में
कभी कोई कंपन आ जाए,
वावजूद इसके
वह ऋषियों की ऋचाओं का
एक प्रत्यक्ष प्रमाण बन जाता है।

मैंने तो यह भी एहसास किया कि बनते बिगड़ते आकार और निराकार होते बादलों के बीच चाँद का मुझसे कुछ कहना, और मेरी थमती-सी जिंदगी को थोड़ी रफ़्तार दे देना, बिना कुछ कहे
मेरी आत्मा को छूकर
मुझमें जीवन प्रवाहित कर देना
ये शायद कुछ ऐसा ही है जैसे
अनिश्चित प्रेम में निश्चित सीमा का
परिसीमन करना
जैसे कोई गुरु जिसके होने
और न होने दोनों से
जीवन का प्रत्युत्तर मिल जाता है।

ये चाँद शायद ऐसा ही एक संवाद है जो नई नवेली दुल्हन-सा प्रतिपल सजता है, या हिमालय की सौंदर्यता के जैसा हर पल नवीन-सा लगता है, यह कभी आँखों पर नमी बनकर सुशोभित होता, तो कभी ख़ुशियों में नर्तन बनकर आभासित होता, ये चाँद और चाँद से मेरा संवाद ही है जिसने किसी को किसी क्षण में चाँद कहा और मैंने चाँद और ख़ुद को एक संवाद कहा।

> अनुप्रिया (सहायक प्राध्यापक, हिंदी विभाग)









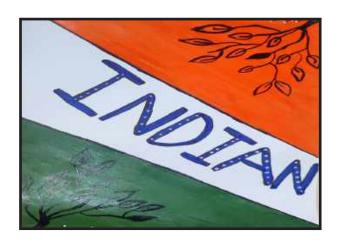






















SANSKRIT SECTION



सम्पादकीयम्



या देवी सर्वभूतेषु बुद्धिरूपेण संस्थिता। नमस्तस्यै, नमस्तस्यै, नमस्तस्यै नमोनमः।।

वयम् आद्यां शक्तिं जगद्धात्रीं प्रणमामः, सैव अखिल वाङ्मये वागधिष्ठात्री रूपेण विलसति, अस्माकं बुद्धिं विमली करोति, हृद—गहवरे प्रविश्य सरसभावान् विचारान् च प्रकाशयति, भगवत्याः प्रसादेन एव जनः चिन्तनस्य, मननस्य, निदिध्यासनस्य च सामर्थ्यं आप्नोति, कवित्वशक्तिं प्राप्य स्वविचारान् भावान् च बहिर्जगति प्रसारियतुं सक्षमो भवति।

सत्यमिदं यत् कविसृष्टिः तु अलौकिकी

वर्तते। यथोक्तेन अग्निपुराणकारेण-

अपारे एव संसारे कविरेकः प्रजापतिः। यथास्मै रोचते विश्वं तथैव परिवर्तते।।

काव्यजगित कविरेव प्रजापितः, ये शाश्वतिनयमाः ब्रह्मसृष्ट्याः कृते सन्ति, तेषां पालनं कविसृष्टौ नावश्यकम्, अतः अस्माकं मनिस, अस्माकं छात्राणां मनिस कवित्वबीजवपनं भवेत्, ईदृशं तपः अस्माभिः साधनीयम्।

आचार्यमम्मटेनपि उक्तम्-

काव्यं यशसेऽर्थकृते व्यवहारविदे शिवेतरक्षतये। सद्यः परनिवृत्तये कान्ता सम्मितयोपदेशयुजे।।

अर्थात् काव्यरचना वर्तते यशप्राप्त्यर्थे, धनप्राप्त्यर्थे, सम्यग् व्यवहारज्ञानार्थे, अमंगलानां दूरीकरणार्थे, झटिति आनंदप्राप्त्यर्थे एवं सम्यक्तया कर्त्तव्याकर्त्तव्यस्य अवबोधनार्थे। इतोऽपि अधिकं कान्ता / प्रेयसी सदृशं सरस–सरलरीत्या उपदेश प्राप्त्यर्थे।

अनया दृष्ट्या यदि छात्रजीवने मनिस लेखनं प्रति प्रेरणा जाग्रता भवति, तर्हि कालान्तरे श्रद्धया सतत अभ्यासेन् च ईदृशी प्रेरणा बलवती सति कवित्वशक्तिं प्रददाति, नास्त्यत्र संशयः।

महतो हर्षस्य विषयोऽयं यतो हि भारती महाविद्यालयस्य वार्षिकी पत्रिका "भारती" इदानीं प्रकाश्यते, छात्राणां कृते सुअवसरम् उद्घाटितम् अनया पत्रिकया, येन ताः स्वरचनाकौशलं योजयित्वा समयसदुपयोगेन स्वजीवने सफलाः भवेयुः, समयोऽस्ति सर्वोत्तमं साधनं साधनायाः कृते। लेखनमपि साधना वर्तते, अतः प्रतिक्षणस्य अवधानचित्तेन जीवननिर्माणे उपयोगं वयं कुर्याम इति प्रार्थयामहे भगवत्याः चरणयोः।

सर्वचैतन्य रूपां तामाद्यां शक्तिं च धीमहि। बुद्धिं या नः प्रचोदयात्।। ऊँ तत् सत्।।

> **डॉ**. आशा तिवारी सहाचार्या, संस्कृत विभागतः



आधुनिकविज्ञानस्य प्राचीनवेदैः सह सम्बन्धः

ऊँ पूर्णमदः पूर्णमिदं पूर्णाद्पूर्णमुदुच्यते। पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते।।

यदा सः वेदानाम् अध्ययनम् आरब्धवान् तदा सः ज्ञातवान् यत् पाश्चात्यदेशानां वैज्ञानिकानां नामधेयेन ये विज्ञानस्य अधिकांशसिद्धान्ताः पिठताः ते सर्वे सहस्रवर्षेभ्यः पूर्वं वेदेषु एव प्रदत्ताः आसन्। के. यू. सिनेट् हॉल इत्यत्र आयोजितव्याख्यानानान्तरं दैनिकभास्कर—इत्यनेन सह विशेषवार्तालापेन सः अवदत् यत् गत 16 वर्षेषु शोधकार्यं कृत्वा तेन ज्ञातम् न्यूटनस्य गुरुत्वाकर्षणसिद्धान्तः न्यूटनस्य न अस्ति अपितु 6000 ई.पू. वर्षे ऋग्वेदे एव लिखितम्— अपरं संयोग अभावे गुरुत्वात् पतने इति, पृथिव्याः गुरुत्वाकर्षणबलस्य विषये कथयति। एतदितिरिक्तं पृथिव्याः गोलत्वस्य उदाहरणं ऋग्वेदे— चक्राणास परिणहं पृथिव्याः इत्यत्र दृश्यते।

तत्रैव पृथिव्याः भारविषये 1600 शङ्खमण इति वेदेषु लिखितम्, यत् सर्वथा सम्यक् अस्ति। नासा इत्यस्य अनुकरणं कुर्वन् अस्ति। या परियोजना नासासंस्थया 50 वर्षपूर्वं सम्पन्नं कृतम् अधुना तिसम् क्षेत्रे भारतं गच्छति, एतत् अनुकरणिचन्तनं परिवर्तनीयम्। सः अवदत् यत् सः इस्स्रोसंस्थायाम् आसीत् कदापि वेदं न पिठतवान् यदि सः पिठतवान् स्यात् तिर्हं तत्र अपि सः उत्तमं कार्यं कर्तुं शक्नोति स्म। इस्रोसंस्था सौरमण्डलस्य अन्तं प्राप्तवान् सौरमण्डलस्य ग्रहेषु अपि कार्यं कुर्वन् अस्ति।

अतः अस्माकं पूर्वजाः अर्थात् ऋषयः विज्ञानस्य अग्रणीः आसन् इति सिद्धम्। विज्ञानक्षेत्रे यत् वस्तु आविष्कृतं भवति वेदेषु तु पूर्वमेव वर्तते।

संस्कृति मिश्रा बी.ए. ऑनर्स,संस्कृत, तृतीय वर्ष

छात्रजीवनं कीदृशं भवेत् विद्या ददाति विनयं विनयाद् याति पात्रताम्। पात्रत्वाद्धनमाप्नोति धनाद्धर्मं ततः सुखम्।।

छात्रजीवनं अस्माकं सर्वेषां जीवने महत्वपूर्णः चरणः अस्ति, यतः अत्रैव वयं उचितस्य अनुचितस्य च शिक्षणं प्राप्नुमः। जीवने उत्थान—अवस्था अपि छात्रजीवनेन एव आरभ्यते। छात्रजीवने तस्य मार्गदर्शने छात्रस्य शिक्षकस्य बहूत्तमा भूमिका भवति। छात्रजीवने अस्माकं प्रत्येकस्य सुखस्य दुःखस्य च सहचरः सन्मित्रम् अवश्यमेव भवति। छात्रजीवने वयं अध्ययनस्य, अनुशासनस्य, समयस्य च महत्वं ज्ञास्यामः, तथैव क्रीडामः, मनोविनोदं च कुर्मः।

छात्रस्य जीवने अनुशासनस्य महत्वम् अस्ति, छात्रः तदा एव साफल्यं प्राप्नोति यदा सः अनुशासनेन अध्ययनं करोति। यदि कश्चन व्यक्तिः अनुशासनेन अध्ययनं करोति, तर्हि सः अवश्यमेव सफलः भविष्यति, आगामिकाले सः सुखी जीवनं यापयिष्यति। यदि व्यक्तिः अनुशासनं न स्वीकरोति तर्हि तेन जीवनपर्यन्तं कष्टान् अनुभूयते।

छात्रः स्वदैनन्दिनकार्यकमं स्वस्य व्यवहारे स्थापयितव्यम्। छात्रजीवने भवन्तः संस्कृतभाषां वक्तुं शिक्षन्ति। छात्रजीवनं सर्वदा स्वतन्त्रया जीवितव्यम्। छात्रः स्वजीवनस्य केचन सुवर्णक्षणाः स्वतन्त्रया जीवेत्।



केचन छात्राः अपि क्रीडया भागं गृहीत्वा स्वसमस्यां सम्बद्धान् प्रश्नान् च शिक्षकान् पृष्टुं शक्नुवन्ति परन्तु छात्रः एवं न भवेत् यत् सः स्वमनसा मुक्तया किमपि वक्तुं शक्नुयात्, मनसः अनुशासनम् आवश्यकम्। छात्रेषु उत्साहेन अध्ययनस्य भावना सर्वदा भवितुमर्हति। कस्यापि देशस्य भविष्यं यूनाम् उपरि भवति। एते छात्राः एव भविष्ये देशं महतीं ऊर्ध्वतां नेतुम् कार्यं कुर्वन्तः नेतारः भविष्यन्ति।

संस्कृति मिश्रा

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गुरोः महत्त्वम् गुकारस्त्वन्धकारस्तु रुकारस्तेज उच्यते। अन्धकारं निरोधत्वात् गुरुरित्यभिधीयते।।

जीवनस्य सर्वेषु क्षेत्रेषु गुरोः आवश्यकता अस्ति। अज्ञानेन आवृत नेत्रे गुरुः ज्ञानशलाकया उद्घाटयति। यद्यपि ग्रन्थाः गुरवः इव ज्ञानं वितरन्ति तथापि ग्रन्थेभ्यः ज्ञानं निःसन्दिग्धं न भवति। एतादृशेन ज्ञानेन आत्मविश्वासः न जायते। गुरुमुखाद् आगता विद्या निःसन्दिग्धा आत्मविश्वासकरी च सम्पद्यते। अध्यात्मशास्त्रे तु गुरोः माहात्म्यं देवस्य माहात्म्याद् अपि अधिकम् उक्तम्। व्यवहारे अपि गुरोः ऋणस्य अपाकरणं कथम् अपि न शक्यं यतः अन्नेन क्षणिका तृप्तिः भवति परं विद्यया आजीवनं तृप्तिः भवति।

यः ज्ञानं यच्छति शास्त्राणि शिक्षयति च सः शिक्षकः। ऋषिः आचार्यः गुरुः, अध्यापकः इति अपि तस्य नामानि। भारतवर्षे प्राचीनकालादेव शिक्षकाय अति महत्वं प्रदत्तम्। तस्य स्थानं राज्ञः अपि उच्चतमः वर्तते। शिक्षकं विना ज्ञानप्राप्तिः न सम्भवा। कवयः तम् ईश्वरात् अपि श्रेष्ठः मन्यन्ते।

शिक्षकाः अस्माकं जीवने अतीव महत्त्वपूर्णाः सन्ति। ते अस्मान् अभ्यासम् अनुशासनं च पाठयन्ति, तस्मात् अधिकं च जीवनमूल्यानि पाठयन्ति।

गुरुः शिष्येभ्यः साक्षात् परब्रह्मवत् भवति। गुरुः शिष्येभ्यः विद्यां ददाति, कर्तव्याकर्तव्यं च बोधयति।

निशा

बी.ए. ऑनर्स, संस्कृत द्वितीय वर्ष

प्रयत्नो विधेयः

प्रयत्नेन कार्ये सुसिद्धिर्जनानाम्, प्रयत्नेन सद्बुद्धिवृद्धिर्जनानाम्। प्रयत्नेन युद्धेः जयः स्याज्जनानाम, प्रयत्नो विधेयः प्रयत्नो विधेयः।।

> प्रयत्नेन धीराः समुद्रं तरन्ति, प्रयत्नेन वीराः गिरीन् लङ्घयन्ति। प्रयत्नेन विज्ञाः वियत्युप्तन्ति, प्रयत्नो विधेयः प्रयत्नो विधेयः।।



कठोरः प्रयत्नान्मृदुत्वं प्रयाति, प्रयत्नादसाध्यं भवत्येव साध्यम्। प्रयत्नादयोग्याः सूयोग्याः भवन्ति, प्रयत्नो विधेयः प्रयत्नो विधेयः।। प्रयत्नेन मुक्तिं श्रिताः भारतीयाः, प्रयत्नेन ऋद्धिं गताः भारतीयाः।

प्रयत्नेन विश्वप्रियाः भारतीयाः प्रयत्नो विधेयः प्रयत्नो विधेयः।।

> तन् बी.ए. ऑनर्स, संस्कृत द्वितीय वर्ष

गणतन्त्र दिवस:

जनवरीमासस्य षड्विंशे दिवसे अस्माकं देशः गणतन्त्रः अभवत् भारतीयसंविधानं च क्रियान्वितं जातम्। तस्यैव महत्त्वपूर्णदिवसस्य स्मृतौ प्रतिवर्षमेतद्दिनं राष्ट्रियपर्वरूपेण समायोज्यते। अस्मिन् दिवसे विशिष्टः समारोहो राजधान्यां दिल्ल्यां समायोज्यते। प्रमुखेषु नगरेषु राष्ट्रियध्वजारोहणं भवति, राजकीय भवनानि च दीपमालाभिर्दीप्यन्ते मेलकानि आयोज्यन्ते। प्रातरेव राष्ट्रपतिभवननिकटरथे विजयचतुष्पथे विशिष्टे मंचे राष्ट्रपतिः भारतीयसेनायाः त्रिभ्य एव जलस्थलवायुसेनाङ्गेभ्यो अभिवादनं स्वीकरोति। अस्मिन् अवसरे शोभायात्रा भवति इमामेव द्रष्टुं भारतस्था विविधदेशानां राजदूता अन्ये च विशिष्टा वैदेशिकातिथयोऽपि राजपथं समवयन्ति ।

वैविध्यमयं भारतीय लोकजीवनं तत्रैकत्रैव वयं द्रष्टुं पारयामः। प्रतिवर्षमेतानि शोभायात्रादृश्यानि मनोहरतराणि नेत्रयोरुत्सवं जनयन्ति। अत एव महति शीतेऽपि आप्रत्यूषादेव जनाः स्वस्थानं गृह्णन्ति। सुमधुरसैनिकवाद्यसंगीतसंवलिता इयं शोभायात्रा सर्वेषां चेतासि आन्दोलयति। अन्ते चाकाशे विमानैस्त्रिवर्णभारतीयध्वजो विशिष्टधुमोद्गमैर्निर्मीयते यद्धि दृष्ट्वा जनाश्चिकतचकिता इव भवन्ति।

सुमधुरसैनिकवाद्यसंगीतसंवलिता इयं शोभायात्रा सर्वेषां चेतांसि आन्दोलयति। सर्वं तत्र सुन्दरं सर्वशोभाढ्य भारतं नृत्यतीव पुरतः प्राचीनं वा नृतनं वा निकटस्थं वा दूरस्थं वा सर्वं तत्र साक्षाद् भवति भारतगौरवम्।

नीतु ठाकुर बी.ए. ऑनर्स, संस्कृत द्वितीय वर्ष



सनातनधर्मः

सनातनधर्मस्य शाब्दिकः अर्थः अस्ति– ''शाश्वतधर्मः'' ''शाश्वतक्रमः''। अपि च

- विना सम्प्रदायभेदेन ''सर्विहिन्दुजनानाम् उपिर 'शाश्वत' अथवा निरपेक्षकर्तव्यसमूहस्य अथवा धार्मिकरूपेण निर्धारितप्रथानां समुच्चयं सूचयित इति पदम्।
- हिन्दुधर्मस्य "शाश्वतं" सत्यं, शिक्षां च निर्दिशति। "प्राकृतिकः शाश्वतः च जीवनमार्गः इति अपि अनुवादियतुं शक्यते। सनातनधर्मस्य अनुयायिनः सामान्यतया स्वं सनातनी इति निर्दिशन्ति।

सनातनधर्म इति पदं अद्यत्वे वयं यत् हिन्दुधर्मं वदामः तस्य मूलं उपयुक्ततमं च नाम अस्ति। सनातनधर्मः नीतिसंहिता, मानवमूल्यव्यवस्था जीवनस्य सिद्धान्ताः, बोधस्य मुक्तेः च मार्गः अस्ति। सनातनधर्मः विश्वस्य प्राचीनतमः अपि च जीवन्ताः जीवपरम्पराः सन्ति। इदं कस्यापि धर्मस्य अपेक्षया अधिकं व्यापकं समग्रं च अस्ति यत् एतत् स्वस्य अनुयायिभ्यः सम्पूर्णं विश्वदृष्टिम् तर्कसंगतं च दृष्टिकोणं च प्रदाति।

धर्म एव हतो हन्ति
धर्मो रक्षति रक्षितः।
तरमाद्धर्मो न हन्तव्यो
मा नो धर्मो हतोऽवधीत्।।
अर्थात्–तू धर्म की रक्षा कर
धर्म तेरी रक्षा करेगा।
तू धर्म को नष्ट न कर,
धर्म तुझे नष्ट कर देगा।

इसलिए मारा हुआ धर्म कभी हमको न मार डाले, इस भय से धर्म का हनन कभी न करे। अस्माकं वैदिकं उत्तराधिकारं ज्ञातुं कुंजी धर्मः, कर्म, मोक्षः च अस्ति। अस्माकं देशे भिक्तः ज्ञानेन पूरिता न भवित, सा च संशोधितव्या। मनः यत् अस्मिन् जगित शुभं दुष्टं कुरूपं च मन्यते तस्य समृद्धं टेपेस्ट्री आत्मनः अतिरिक्तं न भिवतुं शक्नोति। जगित यित्किमिप भवित तत् सर्वशक्तिमान् इच्छा इति श्रेष्ठम्। अतीत दैवं भिवष्यं तु अवसरः। दिव्यः अनुग्रह' तस्य प्रवेशं उद्घाटयित। आत्मा एव वास्तविकः अस्ति। अत एव वयं तस्य साक्षात्कारं कर्तुं प्रेरिताः स्मः। सनातनधर्मस्य अवगमनस्य कुंजी इति एतत्।

सत्यम शिवानी बी.ए. ऑनर्स, संस्कृत द्वितीय वर्ष





''संस्कृत–भाषायाः महत्त्वम्''

व्याकरणसम्बन्धिदोषरहिता व्यवस्थितक्रियाकारकसमन्विता या भाषा सा संस्कृतभाषा कथ्यते। सम्प्रति अस्माकं देशे अनेकाः भाषाः प्रचलिताः सन्ति। यथा— हिन्दी—बंगाली—मराठी—गुजराती—उडिया—आसामी —प्रभृतयः सर्वासां भाषाणां जननी संस्कृतभाषा एव उच्यते। संस्कृतभाषाया एव एतासां भाषाणाम् उत्पत्तिः।

अस्माकं भारतीयानां समस्तं साहित्यमपि संस्कृतभाषायामेव वर्तते। अस्माकं सर्वप्राचीनग्रन्थाः— चत्वारो वेदाः, उपवेदाः वेदाङ्गानि, दर्शनशास्त्राणि, धर्मशास्त्रम्, अर्थशास्त्रम्, कामशास्त्रम्, पुराणानि, उपपुराणानि, काव्यम्, नाटकं च समग्रमपि विशालं ज्ञानविज्ञानवैभवं संस्कृतभाषायामेव निबद्धं वर्तते। अपि च जैनधर्मस्य बौद्धधर्मस्य च महत्वपूर्णाः ग्रन्थाः संस्कृतभाषायामेव लिखिताः सन्ति।

भारतस्य सम्पूर्णं इतिहासः संस्कृतभाषायामेव निबद्धो वर्तते। देवानाम् अवताराणां कथाः महापुरुषाणां चिरेत्राणि, राजनैतिका वृतान्ताः, वंशोपवंशानां विस्तृतं वर्णनं भारतीयानां विदेशेषु गमनं, स्वसंस्कृतेः प्रचारश्चेति सर्वमि भारतीयमितिवृत्तं संस्कृतस्यैव रामायणमहाभारतपुराणप्रभृतिषु ग्रन्थेषु समुल्लिखितं वर्तते।

महर्षिवाल्मीकिविरचितस्य रामायणस्य द्वैपायनवेदव्यासविरचितस्य महाभारतस्य च लोकोत्तरं महत्त्वं वर्तते संसारे साहित्ये च। संस्कृतम् ऋते भारतीयेतिवृत्तपरिज्ञानाय न अन्यः कोऽपि पन्था विद्यते।

यस्य संस्कृतस्य ज्ञानं न भवति, तस्य भारतीयतायाः किमपि ज्ञानं नैव भविष्यति।

कालिदासः, अश्वघोषः, भवभूतिः, भासः, माघः, धन्वन्तरिप्रभृतयो महाकवयः संस्कृतभाषायामेव ग्रन्थान् निर्माय धन्याः संजाताः।

आयुषि गौड़

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वेदेषु नारीणां स्थानम्

यथा लक्ष्मी धनदेवीत्यभिधया लोके प्रसिद्धा दुर्गादेवी शक्तेः सरस्वती च विद्याया अधिष्ठातरः सन्ति, तथैव वेदे अदितिः, ऊषा, इन्द्राणी, इत्येताः देव्यः, अनेकासां तत्वानां अधिष्ठातरः ऋषिभिः वैदिकवाङ्मये मन्यन्ते।

'नृ' इति शब्देन नरः नारी च द्वाविप निष्पद्येते। भवति च एतयोः प्रयोगः वैदिकवाङ्मये वीरतायाः सम्पादनाय दानाय समाजे युद्धे च नेतृत्वाय जनानाम्।

लोके नारी त्रिषु रूपेषु अस्माकं दृष्टिपथे आगच्छति – पुत्री, पत्नी माता च। जीवनस्य प्रथमावस्थायां पुत्रीरूपेण भवति नारी समाजे स्थिता। वैदिक काले पुत्रीपुत्रयोः मध्ये नासीत् भेदबुद्धिः अध्ययनविषये ऋषिषु।

वेदे कन्या नेतृरूपेणासीत् प्रतिष्ठिता, तासां मनिस नासीत्, भयस्य स्थानम् प्राप्यते च एतस्य उल्लेखः ऋग्वेदे। तथा हि—

'अग्र एति युवतिरहयाणा'।

वैदिक समाजे कन्या विवाहात् पूर्वं पितृगृहम् एव तिष्ठति तथा हि ज्योक पितृष्वास्ताम्'।

तस्मिन् समये आसीत् 'कन्या' कुलस्य रक्षिकाऽपि सा कुलस्य मर्यादायाः पालनं कुर्वती स्वकीयं वंशं रक्षति स्म। तथा हि—

''कुटीरं छन्द ओपशः'

अथ च 'शुद्धाः पूता योषितो यज्ञिया इमा।''



वेदे एकस्मिन् स्थले एकः पतिः वदति 'सामाहमस्मि ऋकृत्वम्'। अत्राऽपि यज्ञकर्मणि तासां सहभागित्वं प्रभावी भवति।

वस्तुतस्तु नारी एव गृहमस्ति। यथा गृहिणी गृहमुच्यते लोके तथैव 'जायदेस्तम्' इति वेदे ऋषयः कल्पितवन्तः तस्मिन् काले वधू एव गृहस्वामिनी आसीत्।

सलोनी मीणा

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आयुर्वेदस्य महत्वम्

आयुर्वेदस्य इतिहासः वैदिककालादेव आरभ्यते। अतः पश्चातहस्रवर्षभ्योऽपि प्राचीनोऽयं इतिहासः। विशेषतः क्रिस्तपूर्वचतुर्थशतकादारभ्य क्रिस्तशकस्य 11 शतकपर्यन्तम् आयुर्वेदस्य उत्कृषृपरम्पराः न केवलं प्रचारे आसन् अपि तु तात्कालीनेषु प्रख्यातेषु नालन्दा विक्रमशीला, वलभी इत्यादिषु विश्वविद्यालयेषु प्रमुखविषयेत्वेन पाठ्यन्ते स्म। भारतीयैः सह विदेशीयच्छात्रा अपि अस्य प्रयोजनमं प्राप्तवन्त आसन्।

स्वास्थ्यरक्षणे आयुर्वेदस्य प्राधान्यमभिलक्ष्य आयुर्वेदः अथर्ववेदस्य उपवेदत्वेन प्रथां भजते। मतमिदं चरकसुश्रुतवाग्भट्टादिभिः प्रमुखायुर्वेदाचार्येरिव प्रकाशितम्।

आयुर्वेदानुसारेण आयुः चतुर्विधम् – हितायुः, अहितायुः सुखायुः, दुखायुश्चेति।

''हिताहितं सुखं दुःखं आयुस्तस्य हिताहितम्। मानं च तच्च यत्रोक्तं आयुर्वेदः स उच्यते।।

मानसिकशारीरकरोगरहितस्य ज्ञानिनः सुदृढ़वतः मानवस्य आयुः सुखायुः। एतद्विपरीतं दुःखायु। अरिषड्वर्गविजितस्य सर्वभूतहितेरतस्य आयुः हितायुः, तद्विरोधे अहितायुः भवति।

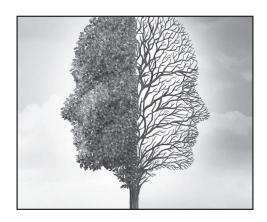
आयुश्च शरीरेन्द्रियसत्त्वात्मसंयोगः। इत्थं हि शरीरं तु नानाविध—आधिव्याधिनाम् आगारमेव। अतः व्याध्युपसृष्टां व्याधिपरिमोक्षः, स्वस्थस्य स्वास्थ्यरक्षणं च आयुर्वेदस्य द्वे प्रयोजने।

चरकाचार्यविचरिता चरकसंहिता सुश्रुताचार्यप्रणीता सुश्रुतसंहिता वाग्भट्टग्राथितम् 'अष्टाङ्गहृदयम्', माधवकरस्य माधवनिदानम् शार्ङ्गधरस्य 'शार्ङ्गधरपद्धतिः' इत्यादयः आयुर्वेदस्य प्रमुखग्रन्थाः। चरकसंहितायां 341 सस्यजन्यद्रव्याणां 177 प्राणिजन्यद्रव्याणां 64 खनिजद्रव्याणां च उल्लेखः कृतोऽस्ति। ग्रन्थस्यास्य महत्वमभिलक्ष्य अस्य नैकानि व्याख्यानानि रचितानि। चरकसाहिंतायां 8 स्थानानि सन्ति।

मूलतः एषा अग्निवेशेन रचिता संहिताः। तत्र चरकमहार्षिणा प्रतिसंस्कारः कृतः। ततः दृढबलनाम्ना अपरेण वैद्येन सम्पूर्णं कृतम्। एवम् अद्य उपलब्धायां चरकसांहितायाम् एषां त्रयाणां कृर्तत्वं विद्यते।

आराधना

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संस्कृतभाषायाः वैशिष्ट्यम

विश्वस्य प्राचीनतमा हृद्या, निरवद्या, सकलैरपेक्षितैः संस्कारै रससम्पन्ना साहित्य–काव्य–कोष–व्याकरणादि सर्वाङ्गैरसमन्विता संस्कृतभाषा। अस्यामेव भाषायां सहस्त्रवर्त्मा सामवेदः एकविंशतिधा, एकशतमध्वर्युशाखा नवधाऽयर्वाणः इति महाभोष्योक्तिभिः शाखाभिः समन्विताः 1131 ऋग्यूजः सामर्थवणि शिक्षाकल्पनिरुक्तछन्दोष्योतिर्व्याकरणारूपैः षड्भिंरङ्गैस्समेधिता विराजन्तेतराम्। संस्कृतभाषाया वेदानाम् वामदेववशिष्टविश्वामित्र बृहस्पतिगृत्समदप्रभृतयः क्रान्तदर्ष्टारो महर्षयः वेदमन्त्राणां द्रष्टारोऽभूवन्। ब्राह्मणारण्यकोपनिषद् गृह्य-सूत्रधर्मसूत्र-श्रौतसूत्र-प्रातिशाख्य-बृहद्देवता- प्रभृतयः सर्वे वैदिकवाङ्मयेन सम्बद्धा ग्रन्थाः वेदार्थानामेव स्पष्टीकरणं कुर्वन्ति। 'इतिहासपुराणाभ्यां समुपवृहयेत्।' इति सूक्तयनुसारेण मनुपराशरवसिष्ठविश्वामित्र मार्कण्डेयजाबालिहारीत-वृद्धहारीत-महर्षिभिः प्रणीतास्ताः स्मृतयः वेदार्थानामेवोपवृंहणे प्रवृत्तारसन्ति । संस्कृत—भाषयामेव आदिकविवाल्मीकिः चतुर्विंशतिसहस्त्रश्लोकात्मकं वालमीकीयं रामायणमादिकाव्यं व्यरचत्। अष्टादशपुराणैस्साकं सपादलक्षश्लोकात्मकस्य महाभारतस्य भारतीयैतिहासस्य प्रणयनमकार्षीत् व्यासः। संस्कृतभाषायामेव महाकविकालिदासः रघुवंश- कुमारसम्भवे-मेघदूतम्-ऋतुसंहार-विक्रमोर्वशीयम्-अभिज्ञा नशाकुन्तलायां महाकाव्यखण्डकाव्य—नाटकग्रन्थानां प्रणयनमकरोद् यान् पाठं—पाठं पौरस्त्याः पाश्चात्याश्च विद्वांसः काव्यानन्दसन्दोहे सम्मग्ना समानरूपेणप्रीयन्त। भासाश्वघोष भामहरुय्यकरुद्रट-वामन-विश्वनाथ-अभिनवगुप्त-जगन्नाथ-श्रीहर्ष-आनन्दवर्धन-भारवि-माघ-बाणभट्ट-सुबन्धु-अम्बिकादत्तव्यासप्रभृतयः काव्यानांमालोचकाश्च परस्सहस्त्रसंख्याकाः कृतिभिः संस्कृतसरस्वतीम् एव कवयस्सवीयै: तैस्वर्णमण्डनोपकरणैरलंकर्षुः। पाणिनि–पतंजलि–कपिल– काणाद–गौतम–जैमिनि–व्यासाः शास्त्राणामाद्यदर्शकाः संस्कृतभाषामेव व्यरचयन्।

> ज्योति यादव बी.ए. ऑनर्स, संस्कृत द्वितीय वर्ष

योग विद्या

योगविद्या भारतवर्षस्य अमूल्यनिधिः। पुराकालादेव अविच्छिन्नरूपेण गुरुपरम्परापूर्वकं प्रचलिताऽऽसीत्। वस्तुतः ऋषिमुनियोगिनामध्यवसायजनितं साधनालब्धं अन्तर्जगतो महत्वपूर्णमन्तर्विज्ञानं भवति अनेन योगसमाधिना ऋषयो मन्त्रान् द्रष्टुं समर्था आसन् श्रीमद्भगवद्गीतायां योगस्य द्विविधं वर्णितं श्रीकृष्णेन। यथा—ज्ञानयोगः, कर्मयोगश्च परम्परिनरपेक्ष मोक्षसाधनत्वेन कर्मज्ञानयोगरूपं निष्ठाद्वयमुक्तम्। योगदर्शनानुसारेण योगस्य अष्टौ अङ्गानि सन्ति।

तदुक्तम् योगदर्शनने यम्–नियम–आसन–प्राणायाम–प्रत्याहार–धारणा–ध्यान– समाधावाऽटाङ्गानि–इति। एतेषां बहिरङ्गान्तरङ्गभेदेन द्विविधत्वं कल्प्यते,



यम—नियम—आसन—प्राणायाम—प्रत्याहरादीनि पंचाङ्गानि विहरङ्गानि सन्ति। धारणा—ध्यान—समाधीति त्रीणि अन्तरङ्गाणि भवन्ति। यतो हि एतेषामन्तः करणेन साकमेव सम्बन्धो विद्यते। अतः एतेषामन्तरङ्गत्वम्। अष्टाङ्गयोदद्वारा प्रमाण—विपर्यय—विकल्प निद्रा—स्मृत्यादिपंचप्रवृतीनां निरोधं कृत्वा योगसमाधौ प्रविशति योगी। कर्मफलमनपेक्षमाणः सन् अवश्यं विहितं कर्म यः करोति स एव योगी भवति। इन्द्रियविषयेषु तत्साधनेषु च कर्मसु यदा आसिक्तं न करोति, सर्वान् भोगविषयान् परित्यजित तदा स योगरूढं उच्यते। स एकान्ते स्थितः सन् सङ्गशून्यो भूत्वा मनः वशीकृत्य आशां परिग्रहंच परित्यज्य सततमात्मानं समाहितां कुर्यात्। तत्रासनमुपविश्य एकाग्रं विक्षेपरिहतं मनः कृत्वा योगमभ्यसेत्। यस्य आहारः विहारश्च नियमितः सर्वेषु कर्मसु यस्य चेष्टा नियमिता, यस्या शयनः जागरणंच नियमितं तस्य दुःखनिवर्तको योगो।

अंकिता कुमारी बी.ए. ऑनर्स, संस्कृत द्वितीय वर्ष



PUNJABI SECTION



ਸੰਪਾਦਕੀ



2022-2023 ਦੀ ਭਾਰਤੀ ਕਾਲਜ ਦੀ ਸਾਲਾਨਾ ਪਤ੍ਰਿਕਾ ਵਾਸਤੇ ਸੰਪਾਦਕੀ ਲਿਖਣਾ ਮੇਰੇ ਵਾਸਤੇ ਬਹੁਤ ਮਾਣ ਅਤੇ ਖ਼ੁਸ਼ੀ ਦਾ ਵਿਸ਼ਾ ਹੈ ਕਿਉਂਕਿ ਕਾਲਜ ਵਿਚ ਸਥਾਈ ਨਿਯੁਕਤੀ ਹੋਣਾ ਆਪਣੇ-ਆਪ ਵਿਚ ਗੌਰਵਸ਼ਾਲੀ ਹੈ। ਅੱਜ ਦੇ ਦੌਰ ਵਿਚ 'ਰਾਸ਼ਟਰੀ ਸਿੱਖਿਆ ਨੀਤੀ' ਦੇ ਆ ਜਾਉਣ ਨਾਲ ਬਹੁਤ ਵੱਡੇ ਪੱਧਰ 'ਤੇ ਭਾਸ਼ਾਵਾਂ ਨੂੰ ਵਧਾਵਾ ਮਿਲਿਆ ਹੈ। ਪਹਿਲਾਂ ਜਿੱਥੇ ਸਿਰਫ਼ ਅੰਗ੍ਰੇਜ਼ੀ ਨੂੰ ਹੀ ਮਾਣ ਨਾਲ ਵੇਖਿਆ ਜਾਂਦਾ ਸੀ, ਉੱਥੇ ਹੁਣ ਮਾਤ-ਭਾਸ਼ਾ ਨੇ ਪਾਠ-ਪੁਸਤਕਾਂ ਵਿਚ ਸਥਾਨ ਪ੍ਰਾਪਤ ਕਰ ਲਿਆ ਹੈ। ਮਾਤ-ਭਾਸ਼ਾ ਵਿਚ ਸਿੱਖਿਆ ਨੇ ਨਾ ਕੇਵਲ ਪਾਠ-ਕ੍ਰਮ ਨੂੰ ਸੌਖਾ ਕੀਤਾ ਹੈ ਬਲਕਿ ਬੱਚਿਆਂ ਨੂੰ ਵੀ ਪੜ੍ਹਾਈ ਵੱਲ ਮੌੜਿਆ ਹੈ। ਨਵੀਂ ਸਿੱਖਿਆ ਨੀਤੀ ਕਰ ਕੇ ਬੱਚਿਆਂ ਨੂੰ ਵੀ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਪੜ੍ਹਨ ਦਾ ਅਵਸਰ ਮਿਲਿਆ ਹੈ। ਅੱਜ ਪੰਜਾਬੀ ਪੂਰੇ ਵਿਸ਼ਵ ਦੇ 150 ਤੋਂ ਵੱਧ ਮੁਲਕਾਂ ਵਿਚ ਬੋਲੀ ਜਾਂਦੀ ਹੈ। ਇਸ ਕਰ ਕੇ ਭਾਸ਼ਾ-ਸਿੱਖਿਆ ਰਾਹੀਂ ਰੋਜ਼ਗਾਰ ਦੇ ਅਵਸਰ ਵੀ ਵੱਧੇ ਹਨ।

ਭਾਰਤ ਆਜ਼ਾਦੀ ਦਾ ਅੰਮ੍ਰਿਤ ਮਹੋਤਸਵ ਮਨਾ ਰਿਹਾ ਹੈ। ਭਾਰਤ ਭਿੰਨ-ਭਿੰਨ ਸੰਸਕ੍ਰਿਤਿਆਂ ਨੂੰ ਨਾਲ ਲੈ ਕੇ ਤੁਰ ਰਿਹਾ ਹੈ ਅਤੇ ਵਿਸ਼ਵ-ਗੁਰੂ ਬਣ ਰਿਹਾ ਹੈ। ਭਾਰਤ ਦੀ ਅਰਥ-ਵਿਵਸਥਾ ਲਗਾਤਾਰ ਵੱਧ ਰਹੀ ਹੈ ਅਤੇ ਭਾਰਤ ਇੱਕ ਵੱਡੇ ਬਾਜ਼ਾਰ ਦੇ ਰੂਪ ਵਿਚ ਉਭਰ ਰਿਹਾ ਹੈ। ਇਸ ਦੌਰ ਵਿਚ ਸਾਡੇ ਯੁਵਾ ਵਰਗ ਨੂੰ ਸਸ਼ਕਤ ਰੂਪ ਵਿਚ ਸਾਹਮਣੇ ਆਉਣਾ ਚਾਹੀਦਾ ਹੈ। ਭਾਰਤ ਦੀ ਜ਼ਿਆਦਾਤਰ ਆਬਾਦੀ ਯੁਵਾ ਹੈ, ਇਸ ਦਾ ਇਸਤੇਮਾਲ ਭਾਰਤ ਦੀ ਤਰੱਕੀ ਵਿਚ ਹੋਣਾ ਚਾਹੀਦਾ ਹੈ। ਭਾਰਤ ਸਰਕਾਰ ਨੇ 'ਹੁਨਰ ਸਿੱਖਿਆ' (Skill Education) ਦੇ ਕਈ ਕੇਂਦਰ ਸਥਾਪਿਤ ਕੀਤੇ ਹਨ ਤਾਂ ਕਿ ਨੌਜੁਆਨ ਹੁਨਰ ਦੀ ਸਿੱਖਿਆ ਲੈ ਕੇ ਰੋਜ਼ਗਾਰ ਪ੍ਰਾਪਤ ਕਰ ਸਕਨ। ਇੰਨਾ ਹੀ ਨਹੀਂ, ਭਾਰਤ ਸਰਕਾਰ ਨੌਜੁਆਨਾਂ ਨੂੰ ਤਕਨੀਕੀ ਸਿੱਖਿਆ ਵਿਚ ਨਿਪੁੰਨ ਕਰਕੇ ਵਿਦੇਸ਼ਾਂ ਵਿਚ ਵੀ ਰੋਜ਼ਗਾਰ ਦੇ ਅਵਸਰ ਦੇ ਰਹੀ ਹੈ ਤਾਂ ਕਿ ਭਾਰਤ ਵਿਚ ਵਿਦੇਸ਼ੀ ਪੈਸਾ ਜ਼ਿਆਦਾ-ਤੋਂ-ਜ਼ਿਆਦਾ ਆ ਸਕੇ ਅਤੇ ਦੇਸ਼ ਤਰੱਕੀ ਕਰ ਸਕੇ।ਅਸੀਂ ਵਿਸ਼ਵ ਨਾਲ ਕਦਮ-ਤੋਂ-ਕਦਮ ਤਾਂ ਹੀ ਮਿਲਾ ਸਕਾਂਗੇ ਜਦੋਂ ਪੂਰਨ ਸਿੱਖਿਅਤ ਹੋਵਾਂਗੇ।

ਹਾਲ ਵਿਚ ਹੀ ਅਸੀਂ ਚੰਦਰਯਾਨ–3 ਦੇ ਜ਼ਰੀਏ ਚੰਨ ਤੱਕ ਵਿਜੈ ਪ੍ਰਾਪਤ ਕਰ ਲਈ ਹੈ। ਚੰਨ 'ਤੇ ਪੁੱਜਣਾ ਭਾਰਤ ਵਾਸਤੇ ਇੱਕ ਇਤਿਹਾਸਕ ਪ੍ਰਾਪਤੀ ਤੇ ਹੈ ਹੀ ਪਰ ਨਾਲ ਦੀ ਨਾਲ ਪੂਰੇ ਵਿਸ਼ਵ ਵਾਸਤੇ ਹੈਰਾਨੀ ਦਾ ਕਾਰਨ ਵੀ ਬਣਿਆ ਹੋਇਆ ਹੈ। ਭਾਰਤ ਨੂੰ ਅੱਜ ਤੱਕ ਇੱਕ ਪਿਛੱੜਿਆ ਹੋਇਆ ਦੇਸ਼ ਹੀ ਸਮਝਿਆ ਜਾਂਦਾ ਸੀ। ਅੱਜ ਭਾਰਤ ਵਿਸ਼ਵ ਵਾਸਤੇ ਪ੍ਰੇਰਣਾ–ਸ੍ਰੋਤ ਹੈ। ਚੰਦਰਯਾਨ–3 ਦੀ ਸਫ਼ਲਤਾ ਵਿਚ ਅਨੇਕਾਂ ਮਹਿਲਾ ਵਿਗਿਆਨਿਆਂ, ਇੰਜੀਨਿਅਰਾਂ ਅਤੇ ਵਿਸ਼ੇਸ਼ੱਗਾਂ ਦਾ ਵੀ ਹੱਥ ਹੈ। ਇੱਥੋਂ ਅਸੀਂ ਨਾਰੀ–ਸ਼ਕਤੀ ਦੀ ਅਪਾਰ ਸਮਰਥਾ ਦਾ ਅੰਦਾਜ਼ਾ ਲਗਾ ਸਕਦੇ ਹਾਂ। ਅੱਜ ਨਾਰੀ ਹਰ ਖੇਤਰ ਵਿਚ ਆਪਣਾ ਪਰਚਮ ਲਹਿਰਾ ਰਹੀ ਹੈ। ਇਤਿਹਾਸ ਗਵਾਹ ਹੈ ਕਿ ਭਾਰਤ ਵਿਚ ਹੋਏ ਲਗਭਗ ਹਰ ਅੰਦੋਲਨ ਵਿਚ ਔਰਤਾਂ ਨੇ ਖ਼ਾਸ ਭੂਮਿਕਾ ਨਿਭਾਈ ਹੈ। ਜੇਕਰ ਅਸੀਂ ਵਿੱਦਿਆ ਦੇ ਖੇਤਰ ਦੀ ਗੱਲ ਕਰੀਏ ਤਾਂ 'ਸਵਿਤਰੀ ਬਾਈ ਫੂਲੇ' ਦੀ ਜਗਾਈ ਲੋਅ ਅੱਜ ਤੱਕ ਕਰੋੜਾਂ ਔਰਤਾਂ ਦਾ ਜੀਵਨ ਰੌਸ਼ਨ ਕਰ ਰਹੀ ਹੈ। ਮੈਂ ਭਾਰਤੀ ਕਾਲਜ ਦੀ ਵਿਦਿਆਰਥਣਾਂ ਤੋਂ ਵੀ ਆਸ ਕਰਦੀ ਹਾਂ ਕਿ ਉਹ ਇਸ ਗਿਆਨ ਦੀ ਰੌਸ਼ਨੀ ਨੂੰ ਹਰ ਤਰਫ਼ ਫੈਲਾਉਣ।

ਭਾਰਤ ਜੀ-20 ਵਿਚ ਵਿਸ਼ਵ ਦੀ ਅਗੁਵਾਈ ਕਰ ਰਿਹਾ ਹੈ। ਇਹ ਭਾਰਤ ਵਾਸਤੇ ਸੁਨਹਿਰੀ ਕਾਲ ਹੈ। ਵਿਸ਼ਵ ਅੱਜ ਭਾਰਤ ਦੀ ਸ਼ਕਤੀ ਨੂੰ ਪਹਿਚਾਣ ਰਿਹਾ ਹੈ। ਕਾਲਜ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਤੋਂ ਮੇਰੀ ਆਸ ਹੈ ਕਿ ਉਹ ਵੀ ਵਿਕਾਸ ਦੇ ਇਸ ਯੱਗ ਵਿਚ ਆਹੂਤੀ ਦੇਣ ਅਤੇ ਦੇਸ਼ ਦੀ ਤਰੱਕੀ ਵਿਚ ਸਹਾਈ ਹੋਣ। ਆਪਣੀ ਸੰਸਕ੍ਰਿਤੀ ਨੂੰ ਜਾਨਣ ਅਤੇ ਗੌਰਵ ਮਹਿਸੂਸ ਕਰਨ।

ਮੈਂ ਭਾਰਤੀ ਕਾਲਜ ਦੀ ਧੰਨਵਾਦੀ ਹਾਂ ਜੋ ਪੰਜਾਬੀ ਦੇ ਪ੍ਰਸਾਰ-ਪ੍ਰਚਾਰ ਵਿਚ ਬਹੁਤ ਕੰਮ ਕਰ ਰਿਹਾ ਹੈ। ਉਮੀਦ ਹੈ ਕਿ ਆਉਣ ਵਾਲੇ ਸਮੇਂ ਵਿਚ ਵੱਧ–ਤੋਂ–ਵੱਧ ਵਿਦਿਆਰਥੀ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਨਾਲ ਜੁੜਣਗੇ।

> **ਡਾ. ਸ਼ਾਲੂ ਕੌਰ** ਸਹਾਇਕ ਪ੍ਰਫ਼ੈਸਰ ਪੰਜਾਬੀ ਵਿਭਾਗ



ਕੁਦਰਤ ਅਨਮੋਲ ਹੈ

'ਕੁਦਰਤ ਅਨਮੋਲ ਹੈ'। ਆਪਾਂ ਇਸ ਅਖਾਣ ਬਾਰੇ ਤਾਂ ਜ਼ਰੂਰ ਹੀ ਸੁਣਿਆ ਹੋਵੇਗਾ ਤੇ ਹੋ ਸਕਦਾ ਹੈ ਇਸ ਦੀ ਵਰਤੋਂ ਵੀ ਕਿਸੇ ਨਾ ਕਿਸੇ ਰੂਪ ਵਿਚ ਕੀਤੀ ਹੋਵੇ। ਕੁਦਰਤ ਅਨਮੋਲ ਇਸ ਲਈ ਆਖੀ ਜਾਂਦੀ ਹੈ ਜੋ ਕਿਉਂਕਿ ਇਹ ਪਰਮਾਤਮਾ ਵੱਲੋਂ ਬਖਸ਼ਿਸ਼ ਕੀਤੀ ਹੋਈ ਇਕ ਕੀਮਤੀ ਸੁਗਾਤ ਹੈ। ਪਰਮਾਤਮਾ ਨੇ ਇਹ ਦਾਤ ਇਸ ਲਈ ਦਿੱਤੀ ਤਾਂ ਕਿ ਮਨੁੱਖ ਇਸ ਨਾਲ ਆਪਣਾ ਜੀਵਨ ਸੁਚੱਜੇ ਢੰਗ ਨਾਲ ਬਤੀਤ ਕਰ ਪਾਏ। ਹੁਣ ਜੇ ਇਸ ਵਿਸ਼ੇ 'ਤੇ ਚਰਚਾ ਕਰ ਹੀ ਰਹੇ ਹਾਂ ਤਾਂ ਇਹ ਵੀ ਜਾਣ ਲਈਏ ਕਿ 'ਕੁਦਰਤ' ਸ਼ਬਦ ਕਿੱਥੋਂ ਆਇਆ ਹੈ। ਇਹ ਸ਼ਬਦ ਅਰਬੀ ਭਾਸ਼ਾ ਵਿਚੋਂ ਲਿਆ ਗਿਆ ਹੈ, ਜਿਸ ਤੋਂ ਭਾਵ ਹੈ ਸ਼ਕਤੀ ਜਾਂ ਊਰਜਾ। ਸਿੱਖ ਧਰਮ ਦੇ ਮਹਾਨ ਗ੍ਰੰਥ ਸ੍ਰੀ ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬ ਜੀ ਦੇ ਅੰਦਰ ਸ੍ਰੀ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ ਦੁਆਰਾ ਰਚਿਤ ਬਾਣੀ 'ਜਪੁਜੀ ਸਾਹਿਬ' ਵਿੱਚ ਇਸ ਮਹਾਨਤਾ ਪ੍ਰਗਟ ਕੀਤੀ ਗਈ ਹੈ। ਸ੍ਰੀ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ ਲਿਖਦੇ ਹਨ:

ਪਵਣੂ ਗੁਰੂ ਪਾਣੀ ਪਿਤਾ ਮਾਤਾ ਧਰਤਿ ਮਹਤੂ॥

ਦਿਵਸੂ ਰਾਤਿ ਦੁਇ ਦਾਈ ਦਾਇਆ ਖੇਲੈ ਸਗਲ ਜਗਤੁ॥ (ਸ੍ਰੀ ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬ, ਅੰਗ 8)

ਉਹਨਾਂ ਦੀਆਂ ਇਹਨਾਂ ਪੰਕਤੀਆਂ ਤੋਂ ਭਾਵ ਹੈ ਕਿ ਪਵਨ (ਭਾਵ ਹਵਾ) ਸਾਡਾ ਗੁਰੂ ਹੈ, ਪਾਣੀ ਪਿਤਾ ਵਾਂਗ ਹੈ, ਧਰਤੀ ਸਭ ਦੀ ਜਨਨੀ ਭਾਵ ਮਾਂ ਸਮਾਨ ਹੈ ਅਤੇ ਇਹ ਸਾਰਾ ਸੰਸਾਰ ਦਿਨ ਅਤੇ ਰਾਤ ਦੇ ਚੱਕਰ ਵਿੱਚ ਚੱਲਦਾ ਹੈ। ਜੇਕਰ ਇਨ੍ਹਾਂ ਪੰਕਤੀਆਂ ਦੀ ਗਹਿਰਾਈ ਨੂੰ ਸਮਝਿਆ ਜਾਵੇ ਤਾਂ ਪਤਾ ਚਲਦਾ ਹੈ ਕੀ ਸਾਨੂੰ ਕਦਰਤ ਦੇ ਤੱਤਾਂ ਦੀ ਮਹੱਤਤਾ ਨੂੰ ਸਮਝਦੇ ਹੋਏ ਇਹਨਾਂ ਨੂੰ ਉਹੀ ਸਤਿਕਾਰ ਦੇਣਾ ਚਾਹੀਦਾ ਹੈ, ਜੋ ਇੱਕ ਮਨੁੱਖ ਆਪਣੇ ਗੁਰੂ ਅਤੇ ਮਾਤਾ-ਪਿਤਾ ਨੂੰ ਦਿੰਦਾ ਹੈ। ਬਿਲਕੁੱਲ ਉਸੇ ਤਰ੍ਹਾਂ ਜਿਵੇਂ-ਜਿਵੇਂ ਇਹ ਸਮਾਂ ਲੰਘਦਾ ਚਲਾ ਜਾਂਦਾ ਹੈ ਇਹਨਾਂ ਤੱਤਾਂ ਦੇ ਸੁਭਾਅ ਨੂੰ ਆਪਣੀ ਜ਼ਿੰਦਗੀ ਵਿੱਚ ਜ਼ਰੂਰ ਅਮਲ 'ਚ ਲਿਆਉਣਾ ਚਾਹੀਦਾ ਹੈ। ਪਵਨ ਭਾਵ ਹਵਾ ਵਾਂਗ ਸ਼ੁੱਧ ਤੇ ਸਾਫ਼ ਹੋ ਕੇ ਅੱਗੇ ਵੱਧਦੇ ਹੋਏ ਸਭਨੂੰ ਆਪਣੇ ਨਾਲ ਲੈ ਕੇ ਚੱਲਣਾ ਹੈ, ਪਾਣੀ ਵਾਂਗ ਚਲਦੇ ਰਹਿਣਾ ਹੈ, ਤੇ ਧਰਤੀ ਵਾਂਗ ਚੀਜ਼ਾਂ ਨੂੰ ਆਪਣੇ ਅੰਦਰ ਸਮਾਂ ਕੇ ਉਹਨਾਂ ਦੀ ਵਰਤੋਂ ਕੁਝ ਨਾ ਕੁਝ ਸਹੀ ਬਣਾਉਣ ਵਿਚ ਕਰਨੀ ਹੈ। ਅੱਜ ਦੇ ਸਮੇਂ ਵਿੱਚ ਹਰ ਕੋਈ 'ਸਸਟੇਨਬਲ ਡਿਵੈਲਪਮੈਂਟ' ਦੀ ਗੱਲ ਕਰਦਾ ਹੈ। ਇਸ ਟਰਮ ਤੋਂ ਭਾਵ ਹੈ ਕਿ ਜੇਕਰ ਪਰਮਾਤਮਾ ਵੱਲੋਂ ਮਨੁੱਖੀ ਜੀਵਨ ਨੂੰ 'ਫ੍ਰੀ ਆਫ ਕੋਸਟ' ਤੋਹਫੇ ਮਿਲੇ ਹਨ, ਇਹਨਾਂ ਸਗਾਤਾਂ ਦੀ ਵਰਤੋਂ ਇਸ ਢੰਗ ਨਾਲ ਕਰੋ ਕੀ ਆਉਣ ਵਾਲੀ ਪੀੜ੍ਹੀ ਲਈ ਬੱਚ ਸਕਣ ਤੇ ਉਹ ਇਹਨਾਂ ਦਾ ਲਾਭ ਲੈ ਸਕਣ। ਗੁਰਬਾਣੀ ਦੀਆਂ ਤੁਕਾਂ ਵੀ ਸਾਨੂੰ ਇਹੀ ਸਿਖਾ ਰਹੀਆਂ ਹਨ। ਸਾਨੂੰ ਇਹਨਾਂ ਕੀਮਤੀ ਤੋਹਫਿਆਂ ਦੀ ਇੱਜ਼ਤ ਕਰਨੀ ਚਾਹੀਦੀ ਹੈ ਤੇ ਫਜ਼ੂਲ ਵਰਤੋਂ ਨਹੀਂ ਕਰਨੀ ਚਾਹੀਦੀ ਕਿਉਂਕਿ ਇਹ ਸਾਡੇ ਜੀਵਨ ਦਾ ਅਨਿੱਖੜਵਾਂ ਅੰਗ ਹਨ। ਹੁਣ ਵਾਲੇ ਸਮੇਂ ਵਿੱਚ ਜੋ ਸਭ ਤੋਂ ਜ਼ਰੂਰੀ ਚੀਜ਼ ਮੈਂ ਮਹਿਸੂਸ ਕਰ ਰਹੀ ਹਾਂ ਜ਼ਰੂਰ ਇਸ ਲਿਖਤ ਵਿੱਚ ਸਾਂਝੀ ਕਰਨਾ ਚਾਹਾਂਗੀ। ਉਹ ਇਹ ਕਿ ਜੇਕਰ ਆਪਾਂ ਕੁਦਰਤ ਦੀ ਮਹੱਤਤਾ ਦੀ ਕਦਰ ਨਹੀਂ ਕਰ ਰਹੇ ਤਾਂ ਇਹ ਵੀ ਕਿਸੇ ਨਾ ਕਿਸੇ ਤਰੀਕੇ ਨਾਲ ਆਪਣਾ ਗੱਸਾ ਕੱਢ ਰਹੀ ਹੈ ਤੇ ਇਸ ਖਲਕਤ ਨਾਲ ਬਦਲਾ ਲੈ ਰਹੀ ਹੈ ਕਿੳਂਕਿ ਆਪਣੀ ਜ਼ਿੰਦਗੀ ਇੱਕ ਗੋਲ-ਚੱਕਰ ਵਾਂਗ ਹੈ, ਜਿਸ ਵੀ ਬਿੰਦੂ ਤੋਂ ਆਪਾਂ ਆਪਣੇ ਕੰਮ ਦੀ ਸ਼ੁਰੂਆਤ ਕਰੀਏ ਤੇ ਅਖੀਰ ਉਸੇ ਹੀ ਬਿੰਦੂ 'ਤੇ ਆ ਕੇ ਰੂਕ ਜਾਂਦੇ ਹਨ। ਆਪਣੇ ਵੱਲੋਂ ਤਾਂ ਆਪਾਂ ਉਹ ਬਿੰਦੂ ਛੱਡ ਕੇ ਅੱਗੇ ਵਧ ਰਹੇ ਹੁੰਦੇ ਹਾਂ ਪਰ ਅਸਲ ਵਿੱਚ ਅਖੀਰ ਤਾਂ ਉੱਥੇ ਹੀ ਆ ਕੇ ਰੁਕਦੇ ਹਾਂ ਜਿੱਥੋਂ ਸ਼ੁਰੂ ਹੋਏ ਹੁੰਦੇ ਹਾਂ।

ਇਸ ਦੀ ਉਦਾਹਰਣ ਮੈਂ ਇਸ ਸਾਲ ਵਿੱਚ ਕੁਦਰਤ ਵੱਲੋਂ ਕੀਤੇ ਗਏ ਕਹਿਰ ਨਾਲ ਦੇਣਾ ਚਾਹਾਂਗੀ। ਸਭ ਨੇ ਦੇਖਿਆ ਹੀ ਹੈ ਕੀ ਹੈ ਕਿਸ ਤਰ੍ਹਾਂ ਕੁਦਰਤ ਨੇ ਸਮੇਂ ਸਮੇਂ 'ਤੇ ਇਨਸਾਨਾਂ ਨੂੰ ਚੇਤਾਵਨੀ ਦਿੱਤੀ ਹੈ। ਇਸ ਸਾਲ ਦੀ ਬੇ-ਮੌਸਮੀ ਬਰਸਾਤ ਨੇ ਕਿਸ ਤਰ੍ਹਾਂ ਹੜ੍ਹਾਂ ਦਾ ਰੂਪ ਲੈ ਕੇ ਇਨਸਾਨਾਂ ਨੂੰ ਰੋਣ ਲਈ ਮਜਬੂਰ ਕੀਤਾ, ਕੋਈ ਇਸ ਤੋਂ ਅਣਜਾਣ ਨਹੀਂ ਹੋਣਾ। ਲੋਕੀ ਅਪਣੇ ਖੇਤ, ਘਰ ਸਭ ਕੁਝ ਛੱਡਣ ਲਈ ਮਜ਼ਬੂਰ ਹੋਏ ਤੇ ਇਸ ਘੜੀ ਵਿਚ ਕਾਫੀ ਲੋਕਾਂ ਦੀ ਜਾਨ ਵੀ



ਚਲੀ ਗਈ। ਕੁਦਰਤ ਨੇ ਇਹ ਸਭ ਕਰਦਿਆਂ ਹੋਇਆ ਸਭ ਨੂੰ ਸਮਝਾਇਆ ਕਿ ਜੇਕਰ ਕੋਈ ਉਸਦੀ ਇੱਜ਼ਤ ਨਹੀਂ ਕਰੇਗਾ, ਬਰਬਾਦੀ ਕਰੇਗਾ ਤੇ ਉਹ ਵੀ ਬਦਲੇ ਵਿੱਚ ਅਜਿਹਾ ਹੀ ਕਰੇਗੀ। ਇਸ ਤੋਂ ਇਲਾਵਾ, ਇਸ ਸਾਲ ਵਿੱਚ ਲਗਾਤਾਰ ਆਉਣ ਵਾਲੇ ਭੁਚਾਲ ਦੇ ਝਟਕਿਆਂ ਨੇ ਸਭ ਨੂੰ ਹੈਰਾਨ ਕਰਕੇ ਰੱਖ ਦਿੱਤਾ। ਇਹਨਾਂ ਘਟਨਾਵਾਂ ਵਿੱਚ ਜੋ ਨੋਟਿਸ ਕਰਨ ਵਾਲੀ ਗੱਲ ਹੈ, ਉਹ ਇਹ ਕਿ ਕੁਦਰਤ ਨੇ ਇਹ ਸਭ ਕੁਝ ਬਹੁਤ ਹੀ ਯੋਜਨਾਪੁਰਕ ਢੰਗ ਨਾਲ ਕੀਤਾ ਹੈ। ਪਹਿਲਾਂ ਭੂਚਾਲ ਦੇ ਝਟਕਿਆਂ ਦੀ ਮਾਰ, ਜਿਨ੍ਹਾਂ ਨੇ ਘੱਟ ਮਾਤਰਾ ਵਿੱਚ ਨੁਕਸਾਨ ਕਰਕੇ ਚੇਤਾਵਨੀ ਦਿੱਤੀ ਤੇ ਫਿਰ ਅਚਾਨਕ ਹੜ੍ਹਾਂ ਦੀ ਮਾਰ ਜੋ ਬਹੁਤ ਭਾਰੀ ਮਾਤਰਾ ਵਿੱਚ ਨੁਕਸਾਨ ਕਰ ਗਈ। ਇਸੇ ਤਰ੍ਹਾਂ ਕੁਦਰਤ ਸਮੇਂ ਸਿਰ ਤੇ ਲੋੜ ਅਨੁਸਾਰ ਸਾਨੂੰ ਚੇਤਾਵਨੀ ਦਿੰਦੀ ਰਹਿੰਦੀ ਹੈ। ਪਰ ਮੈਨੂੰ ਲੱਗਦਾ ਕਿ ਇਹ ਤਾਂ ਜਗਜਾਹਰ ਹੈ ਕਿ ਸਾਨੂੰ ਕੁਦਰਤ ਦੇ ਤੱਤਾਂ ਦੀ ਸਹੀ ਢੰਗ ਨਾਲ ਵਰਤੋਂ ਕਰਨੀ ਚਾਹੀਦੀ ਹੈ ਤੇ ਇਸਨੂੰ ਫਜ਼ੂਲ ਨਹੀਂ ਗਵਾਉਣਾ ਚਾਹੀਦਾ ਹੈ। ਪਰ ਇਹ ਸਭ ਜਾਣਦੇ ਹੋਏ ਵੀ ਅਸੀਂ ਇਸ ਦੀ ਕਦਰ ਭੁੱਲ ਜਾਂਦੇ ਹਾਂ। ਕਿਉਂਕਿ ਅਕਸਰ ਆਖਿਆ ਜਾਂਦਾ ਹੈ ਕਿ ਮੁਫ਼ਤ ਮਿਲੀਆਂ ਵਸਤਾਂ ਦੀ ਕਦਰ ਨਹੀਂ ਕੀਤੀ ਜਾਂਦੀ, ਚਾਹੇ ਉਹ ਚੀਜ਼ ਕਿੰਨੀ ਵੀ ਕੀਮਤੀ ਕਿਉਂ ਨਾ ਹੋਵੇ। ਇਹ ਮਨੁੱਖੀ ਸੁਭਾਅ ਹੈ। ਲੋੜ ਹੈ ਇਸ ਸੋਚ ਨੂੰ ਬਦਲਣ ਦੀ ਕਿਉਂਕਿ 'ਕੁਦਰਤ ਅਨਮੋਲ ਹੈ।'

ਹਰਪ੍ਰੀਤ ਕੌਰ ਬੀ.ਏ.(ਆਨਰਜ਼) ਜਰਨਲਿਜ਼ਮ

ਮੈਂ ਮਿਲਿਆ

ਅੱਜ ਮੈਂ ਨੂੰ ਮੈਂ ਮਿਲਿਆ, ਲੰਬੀਆਂ ਬਾਤਾਂ ਚੱਲਿਆਂ ਨੇ, ਕੁੱਝ 'ਕ ਪੁਰਾਣੇ ਵਕਤ ਦੀਆਂ, ਅਸਾਂ ਯਾਦਾਂ ਠੱਲਿਆਂ ਨੇ। ਬੇਫਿਕਰਾ ਜਿਹਾ ਬਚਪਨ, ਕਿੱਥੇ ਉਡਾਰੀ ਮਾਰ ਗਿਆ, ਸਭ ਦੇ ਚਿਹਰੇ ਦੀ ਰੌਣਕ, ਪਤਾ ਨਹੀਂ ਕਿੱਥੇ ਹਾਰ ਗਿਆ। ਜਿਨ੍ਹਾਂ ਯਾਰਾਂ ਨਾਲ ਫਿਰਦੇ ਸੀ, ਕੰਮਾਂ ਕਾਰਾਂ 'ਚ ਰੁੱਝ ਗਏ ਨੇ, ਜਿਨ੍ਹਾਂ ਚਿਹਰਿਆਂ 'ਤੇ ਹਾਸੇ ਸੀ, ਅੱਜ ਉਹ ਚਿਹਰੇ ਬੁੱਝ ਗਏ ਨੇ।





ਬਚਪੰਨ ਸਾਥੋ ਖੁੰਜ ਗਿਆ, ਜ਼ਿੰਮੇਦਾਰੀਆਂ ਆ ਰਲਿਆਂ ਨੇ, ਅੱਜ ਮੈਂ ਨੂੰ ਮੈਂ ਮਿਲਿਆਂ, ਲੰਬਿਆਂ ਬਾਤਾਂ ਚਲਿਆਂ ਨੇ।

> ਗਗਨਦੀਪ ਕੌਰ ਬੀ. ਕਾਮ (ਪਾਸ)

ਬਾਲ ਸਾਹਿਤ : ਸਮੱਸਿਆ ਅਤੇ ਸੰਭਾਵਨਾਵਾਂ

ਅੱਜ ਵਿਗਿਆਨ ਅਤੇ ਤਕਨੀਕ ਦਾ ਯੁੱਗ ਹੈ। ਇਸ ਯੁੱਗ ਦੇ ਬੱਚੇ ਪੁਰਾਣੇ ਪੀੜ੍ਹੀ ਤੋਂ ਜ਼ਿਆਦਾ ਤਰਕਸ਼ੀਲ ਅਤੇ ਵਿਗਿਆਨਕ ਸੋਚ ਵਾਲੇ ਹਨ। ਉਹ ਸਮਾਂ ਹੁਣ ਬੀਤ ਗਿਆ ਜਦੋਂ ਬਾਲ ਸਾਹਿਤ ਬੱਚਿਆਂ ਨੂੰ ਸਿਖਾਉਣ ਅਤੇ ਉਪਦੇਸ਼ ਦੇਣ ਦਾ ਸਾਧਨ ਮੰਨਿਆ ਜਾਂਦਾ ਸੀ। 'ਪੰਚਤੰਤਰ ਦੀਆਂ ਕਹਾਣੀਆਂ', 'ਜਾਤਕ ਕਥਾਵਾਂ', 'ਲੋਕ ਕਥਾਵਾਂ' ਹੁਣ ਤੱਕ ਇਸ ਕਥਨ ਦੀ ਪੁਸ਼ਟੀ ਹੀ ਕਰਦੇ ਆਏ ਹਨ। ਦਰਅਸਲ ਸਾਡੇ ਬਜ਼ੁਰਗਾਂ ਦੀ ਇਹ ਧਾਰਨਾ ਰਹੀ ਹੈ ਕਿ ਬੱਚਾ ਇਕ ਕੋਰੀ ਸਲੇਟ ਦੀ ਤਰ੍ਹਾਂ ਹੁੰਦਾ ਹੈ। ਉਸਦੀ ਆਪਣੀ ਕੋਈ ਸ਼ਖ਼ਸੀਅਤ ਨਹੀਂ ਹੁੰਦੀ ਅਤੇ ਵੱਡਿਆਂ ਨੇ ਉਸ ਸਲੇਟ 'ਤੇ ਆਪਣੀ ਮਰਜ਼ੀ ਅਨੁਸਾਰ ਫੁੱਲ ਪੱਤੀਆਂ ਬਣਾ ਕੇ ਸੰਵਾਰਨਾ ਹੁੰਦਾ ਹੈ। ਇਸ ਤਰ੍ਹਾਂ ਵੱਡਿਆਂ ਤੋਂ ਬੱਚਿਆਂ ਨੂੰ ਸਿੱਖਿਆ ਮਿਲਣਾ ਇਕ ਅਟੱਲ ਸੱਚਾਈ ਹੈ। ਪਰ ਨਵੇਂ ਦੌਰ ਨੇ ਇਸ ਸੱਚ ਨੂੰ ਗ਼ਲਤ ਸਾਬਿਤ ਕਰ ਦਿੱਤਾ ਹੈ। ਮਨੋਵਿਗਿਆਨ ਦੀ ਨਵੀਂ ਖੋਜ ਨੇ ਇਹ ਸਾਬਿਤ ਕਰ ਦਿੱਤਾ ਹੈ ਕਿ ਬੱਚਾ ਖ਼ੁਦ ਵਿਕਾਸ ਕਰਨ ਦੇ ਲਈ ਉਤਸ਼ਾਹਿਤ ਹੁੰਦਾ ਹੈ। ਇਸ ਪ੍ਰਕਿਰਿਆ ਦੌਰਾਨ ਉਹਨੂੰ ਪੜ੍ਹਨ ਦੇ ਲਈ ਅਜਿਹੇ ਸਾਹਿਤ ਦੀ ਜ਼ਰੂਰਤ ਹੁੰਦੀ ਹੈ, ਜੋ ਉਸਦੀ ਜਿਗਿਆਸਾ ਨੂੰ ਸ਼ਾਂਤ ਕਰੇ ਅਤੇ ਉਸ ਨੂੰ ਉਪਦੇਸ਼ਾਤਮਕ ਸਿੱਖਿਆ ਤੋਂ ਮੁਕਤ ਕਰੇ। ਬੱਚੇ ਹੁਣ ਜ਼ਿਆਦਾ ਤਰਕਸ਼ੀਲ ਅਤੇ ਵਿਵਹਾਰਿਕ ਹੋ ਗਏ ਹਨ। ਇਸ ਲਈ ਰਚਨਾਤਮਕ ਸਾਹਿਤ ਹੀ ਉਨ੍ਹਾਂ ਦੀ ਸ਼ਖ਼ਸੀਅਤ ਨੂੰ ਨਿਖਾਰ ਸਕਦਾ ਹੈ। ਉਪਦੇਸ਼ਾਤਮਕ ਜ਼ਰੂਰਤਾਂ ਸਕੂਲ ਦੀ ਪਾਠ ਪੁਸਤਕ ਪੂਰਾ ਕਰ ਹੀ ਦਿੰਦੀਆਂ ਹਨ। ਤਦ ਹੀ ਬੱਚੇ ਪਾਠ ਪੁਸਤਕ ਦੇ ਇਲਾਵਾ ਕੁਝ ਨਵਾਂ ਰੌਚਕ ਪੜ੍ਹਨ ਦੇ ਲਈ ਲੱਭਦੇ ਹਨ। ਹੁਣ ਸਿੱਖਿਆ ਅੰਕਾਂ ਦਾ ਖੇਲ ਬਣ ਗਈ ਹੈ। ਪਾਠ ਪੁਸਤਕਾਂ ਨੂੰ ਰਟ ਰਟ ਕੇ ਬੱਚਾ ਇਨ੍ਹਾਂ ਪੁਸਤਕਾਂ ਤੋਂ ਨਫ਼ਰਤ ਕਰਨ ਲੱਗ ਜਾਂਦਾ ਹੈ। ਉਹ ਪੁਸਤਕਾਂ ਤੋਂ ਦੂਰੀ ਬਣਾਉਣ ਲੱਗਦਾ ਹੈ। ਇਸ ਲਈ ਉੱਤਮ ਅਤੇ ਵਧੀਆ ਬਾਲ ਸਾਹਿਤ ਹੀ ਬੱਚਿਆਂ ਦੀ ਸ਼ਖ਼ਸੀਅਤ ਨੂੰ ਨਿਖਾਰ ਸਕਦਾ ਹੈ।

ਵਧੀਆ ਬਾਲ ਸਾਹਿਤਕਾਰ ਨੂੰ ਬੱਚਿਆਂ ਦੇ ਮਨ ਦੇ ਮੁਤਾਬਿਕ ਚੱਲਣਾ ਪੈਂਦਾ ਹੈ। ਬੱਚਿਆਂ ਨੂੰ ਜੋ ਵੀ ਸਿਖਾਇਆ ਜਾਂ ਦੱਸਿਆ ਜਾਵੇ, ਉਹ ਰੌਚਕ ਹੋਣਾ ਚਾਹੀਦਾ ਹੈ। ਭਾਵੇਂ ਹੀ ਇਹ ਕਹਿਣ ਨੂੰ ਸੌਖਾ ਹੈ ਪਰ ਬੱਚਿਆਂ ਦੇ ਮਾਨਸਿਕ ਪੱਧਰ 'ਤੇ ਪਹੁੰਚ ਕੇ ਲਿਖਣਾ ਬਹੁਤ ਮੁਸ਼ਕਿਲ ਹੈ। ਬਾਲ ਸਾਹਿਤਕਾਰਾਂ ਦੇ ਲਈ ਸਭ ਤੋਂ ਵੱਡੀ ਮੁਸ਼ਕਿਲ ਕੰਮ ਹੁੰਦਾ ਹੈ ਸ਼ਬਦਾਂ ਦੀ ਚੋਣ। ਸ਼ਬਦਾਂ ਦੇ ਦੋ ਅਰਥ, ਲੇਖਕ ਦੇ ਮਨ ਵਿਚ ਹੁੰਦੇ ਹਨ ਪਰ ਕੀ ਬੱਚਾ ਉਨ੍ਹਾਂ ਦੇ ਅਰਥਾਂ ਨੂੰ ਸਮਝ ਪਾ ਰਿਹਾ ਹੈ? ਜੇਕਰ ਨਹੀਂ ਤਾਂ ਉਹ ਲੇਖਕ, ਬਾਲ ਲੇਖਕ ਨਹੀਂ ਹੋ ਸਕਦਾ। ਕਦੇ ਮਾਤਾਵਾਂ ਨੂੰ ਬੱਚਿਆਂ ਦੀ ਭਾਸ਼ਾ ਸਮਝਦੇ ਦੇਖਣਾ ਬੜਾ ਦਿਲਚਸਪ ਹੁੰਦਾ ਹੈ। ਗੋਦ ਵਿਚ ਉਠਾਏ ਅਮੁੱਕ ਅਬੋਧ ਬਾਲ ਦੇ ਲਈ ਮਾਂ ਦੀ ਭਾਸ਼ਾ ਹੋਰ ਹੁੰਦੀ ਹੈ। ਇਹੀ ਮਾਤਾ ਤੋਤਲੇ ਸ਼ਬਦਾਂ ਵਾਲੇ ਸਿੱਖਦੇ ਹੋਏ ਬੱਚੇ ਦੇ ਨਾਲ ਅਲੱਗ ਭਾਸ਼ਾ ਵਿਚ ਗੱਲ ਕਰਦੀ ਹੈ। ਉਸਦੀ ਗੁੱਸੇ ਜਾਂ ਪਿਆਰ ਦੀ ਭਾਸ਼ਾ ਦਾ ਅੰਤਰ ਸਮਝਣ ਵਿਚ ਬੱਚੇ ਨੂੰ ਦੇਰ ਨਹੀਂ ਲੱਗਦੀ। ਸਾਹਿਤਕਾਰ ਨੇ ਬੱਚੇ ਦੀ ਮਾਂ ਵਾਲਾ ਰੂਪ ਲੈ ਕੇ; ਉਸਦੇ ਸਾਥ ਦੀ ਭਾਸ਼ਾ ਦੀ ਤਲਾਸ਼ ਕਰਨੀ ਹੁੰਦੀ ਹੈ। ਲੇਖਕ ਨੇ ਦੇਖਣਾ ਹੁੰਦਾ ਹੈ ਕਿ ਉਸਦੇ ਪਾਠਕ ਦੀ ਉਮਰ ਕਿੰਨੀ ਹੈ; ਉਸਦੀ ਉਪ ਭਾਸ਼ਾ ਕਿਹੜੀ ਹੈ?



ਉਹ ਕਿਸ ਤਰ੍ਹਾਂ ਦੇ ਸਮਾਜ ਵਿਚ ਰਹਿ ਰਿਹਾ ਹੈ? ਕਿਉਂਕਿ ਸ਼ਹਿਰੀ ਅਤੇ ਗ੍ਰਾਮੀਣ ਬੱਚੇ ਲਈ ਸਾਹਿਤ ਦੀ ਭਾਸ਼ਾ ਅਲੱਗ ਅਲੱਗ ਹੋਏਗੀ। ਤਸਵੀਰਾਂ, ਪ੍ਰਤੀਕ, ਬਿੰਬ ਅਲੱਗ ਅਲੱਗ ਹੋਣਗੇ। ਜੇਕਰ ਬਾਲ ਸਾਹਿਤਕਾਰ, ਬੱਚਿਆਂ ਦੀ ਸੰਗਤ ਵਿਚ ਨਹੀਂ ਰਹਿੰਦਾ ਤਾਂ ਉਸਦੀ ਸੋਚ, ਅਨੁਭਵ ਗੌਰਵਸ਼ਾਲੀ ਨਹੀਂ ਹੋ ਸਕਦਾ। ਉਸਨੇ ਜਿਨ੍ਹਾਂ ਪਾਠਕਾਂ ਨੂੰ ਸਾਹਮਣੇ ਰੱਖ ਕੇ ਲਿਖਣਾ ਹੈ, ਜੇਕਰ ਉਨ੍ਹਾਂ ਦੀ ਸੰਗਤ ਵਿਚ ਕੁਝ ਸਮਾਂ ਗੁਜ਼ਾਰਿਆ ਜਾਵੇ ਤਾਂ ਉਹ ਬਾਲ ਵੀ ਉਸ ਲੇਖਕ ਦੀ ਭਾਸ਼ਾ ਦਾ ਘੇਰਾ ਨਿਸ਼ਚਿਤ ਕਰ ਦੇਣਗੇ।

ਜੇਕਰ ਭਾਸ਼ਾ ਬਾਲ ਪਾਠਕਾਂ ਦੀ ਉਮਰ ਅਤੇ ਸ਼ਬਦ ਗਿਆਨ ਦੇ ਅਨੁਸਾਰ ਹੋਣ ਤਾਂ ਸਵਾਲ ਇਹ ਉੱਠਦਾ ਹੈ ਕਿ ਬਾਲ ਮਨ ਨੂੰ ਪਰੋਸਿਆ ਕੀ ਜਾਏ? ਵਿਸ਼ਿਆਂ ਦੇ ਲਈ ਬਾਲਕਾਂ ਦੀ ਭੁੱਖ ਅਸੀਮਿਤ ਹੈ। ਜਿਸ ਤਰ੍ਹਾਂ ਬੱਚਾ ਅਬੋਧ ਉਮਰ ਵਿਚ ਕੰਮ ਕਾਜ (ਕਿਰਿਆਵਾਂ) ਸਿੱਖਦਾ ਹੈ, ਉਸੇ ਤਰ੍ਹਾਂ ਬਾਲ ਲੇਖਕ ਵੀ ਰਚਨਾ ਕਰਦੇ ਸਮੇਂ ਉਸ ਪ੍ਰਕਿਰਿਆ ਵਿਚੋਂ ਨਿਕਲਦਾ ਹੈ। ਉਦਾਹਰਣ ਦੇ ਲਈ ਬੱਚੇ ਜਦੋਂ ਚਮਚ ਨਾਲ ਖਾਣਾ ਸਿੱਖਦੇ ਹਨ ਤਾਂ ਉਹ ਪਲੇਟ ਤੋਂ ਬਾਹਰ ਖਿਲਾਰਦੇ ਹਨ ਜਾਂ ਚਮਚ ਮੂੰਹ ਵਿਚ ਪਾਉਣ ਦੇ ਲਈ ਸੰਘਰਸ਼ ਕਰਦੇ ਹਨ। ਹੌਲੀ ਹੌਲੀ ਸਿੱਖ ਜਾਂਦੇ ਹਨ। ਇਸ ਤਰ੍ਹਾਂ ਲੇਖਕ ਬਾਲਕਾਂ ਦੇ ਲਈ ਲਿਖਦਾ ਹੈ, ਕੱਟਦਾ ਹੈ ਅਤੇ ਇਹ ਪ੍ਰਕਿਰਿਆ ਉਦੋਂ ਤੱਕ ਚੱਲਦੀ ਰਹਿੰਦੀ ਹੈ; ਜਦੋਂ ਤੱਕ ਸੰਤੁਸ਼ਟੀ ਨਹੀਂ ਹੋ ਜਾਂਦੀ। ਜਦੋਂ ਤੱਕ ਸ਼ਬਦ ਵਾਕਾਂ ਵਿਚ ਤਰਤੀਬ ਅਨੁਸਾਰ ਚੱਲ ਨਹੀਂ ਜਾਂਦੇ। ਵਾਕਾਂ ਵਿਚ ਜਾਨ ਨਹੀਂ ਪੈ ਜਾਂਦੀ। ਬੱਚਿਆਂ ਦੇ ਲਈ ਲਿਖਦੇ ਸਮੇਂ ਬਾਲ ਸਾਹਿਤਕਾਰ ਦੇ ਲਈ ਇਹ ਜ਼ਰੂਰੀ ਹੁੰਦਾ ਹੈ ਕਿ ਉਹ ਘੰਟਿਆਂ ਬੱਧੀ ਵਿਚ ਹੋਰ ਸੰਦਰਭ ਵਿਚ ਲਿਖੇ। ਸੰਦਰਭ ਦੇ ਬਿਨਾਂ ਬੱਚਾ ਰਚਨਾ ਨਾਲ ਨਹੀਂ ਜੁੜੇਗਾ। ਜੇਕਰ ਗਲਪ ਵਿਚ ਹੋਵੇ ਤਾਂ ਬਿਰਤਾਂਤ ਨਿਰੰਤਰ ਨਹੀਂ ਹੋਣਾ ਚਾਹੀਦਾ। ਗੱਲ ਦੀ ਤਰਫ਼ ਟੁੱਟ ਟੁੱਟ ਕੇ ਜੁੜੇ ਤਾਂ ਬਾਲ ਪਾਠਕ ਮਹਿਸੂਸ ਕਰੇਗਾ ਕਿ ਕਦਮ ਕਦਮ 'ਤੇ ਨਵੀਂ ਗੱਲ ਹੋ ਰਹੀ ਹੈ। ਇਸ ਤਰ੍ਹਾਂ ਉਸਦੀ ਸੋਚ ਤੇਜ਼ ਹੋਵੇਗੀ ਅਤੇ ਉਸਦਾ ਭਾਸ਼ਾ ਗਿਆਨ ਮਜ਼ਬੂਤ ਹੁੰਦਾ ਹੈ।

ਬਾਲ ਸਾਹਿਤ ਦੇ ਲਈ ਰਚਨਾ ਦਾ ਆਕਾਰ ਛੋਟਾ ਹੋਣਾ ਚਾਹੀਦਾ ਹੈ। ਲੰਬੀ ਰਚਨਾ ਜਿੰਨੀ ਚਾਹੇ ਰੌਚਕ ਹੋਵੇ ਪਰ ਬਾਲ, ਬੋਰ ਹੋ ਕੇ ਸੌਂ ਜਾਵੇਗਾ।

ਤੀਸਰਾ, ਰਚਨਾ ਵਿਚ ਨਾਟਕੀ ਅੰਸ਼ ਹੋਵੇ ਤਾਂ ਰਚਨਾ ਜ਼ਿਆਦਾ ਸਾਰਥਕ ਹੋਵੇਗੀ। ਐਕਸ਼ਨ ਭਰਪੂਰ ਰਚਨਾ ਵਿਚ ਬੱਚਾ, ਰਚਨਾ ਦਾ ਪਾਤਰ ਬਣਨਾ ਚਾਹੁੰਦਾ ਹੈ। ਇਸ ਤੋ. ਬੱਚੇ ਦੇ ਅੰਦਰ ਹਰ ਕੰਮ ਨੂੰ ਖੇਲ ਵਿਚ ਬਦਲਣ ਦੀ ਪ੍ਰਕਿਰਤੀ ਜਾਗਰਿਤ ਹੁੰਦੀ ਹੈ। ਇਸ ਦਾ ਪ੍ਰਮਾਣ ਕਾਰਟੂਨ ਚੈਨਲਾਂ 'ਤੇ ਚੱਲਦੇ ਪ੍ਰੋਗਰਾਮ ਹਨ। ਤੁਸੀਂ ਬੱਚਿਆਂ ਨੂੰ ਇਹ ਪ੍ਰੋਗਰਾਮ ਦੇਖਦੇ ਹੋਏ ਇਨ੍ਹਾਂ ਦੇ ਨਾਲ ਘੁਲਦੇ ਮਿਲਦੇ ਦੇਖਦੇ ਹੋ। ਹਰ ਬੱਚਾ ਮੋਟੂ ਪਤਲੂ, ਛੋਟਾ ਭੀਮ ਵੀ ਬਣਨਾ ਚਾਹੁੰਦਾ ਹੀ ਨਹੀਂ, ਬਲਕਿ ਬਣਿਆ ਹੋਇਆ ਮਹਿਸੂਸ ਕਰਦਾ ਹੈ। ਇਸ ਪ੍ਰਕਾਰ ਜੇਕਰ ਕਿਸੇ ਸਾਹਿਤਕ ਰਚਨਾ ਵਿਚ ਬੱਚਾ ਅਭੇਦ ਹੋਇਆ ਮਹਿਸੂਸ ਕਰਦਾ ਹੈ ਤਾਂ ਇਹ ਰਚਨਾ ਯਕੀਨਨ ਸਫ਼ਲ ਮੰਨੀ ਜਾਏਗੀ।

ਬਾਲ ਸਾਹਿਤ ਦੀ ਪੁਸਤਕਾਂ ਦੀ ਪ੍ਰੋਡਕਸ਼ਨ ਅਰਥਾਤ ਪ੍ਰਕਾਸ਼ਨ ਦੀ ਤਰਫ਼ ਵੀ ਧਿਆਨ ਦੇਣਾ ਜ਼ਰੂਰੀ ਹੈ। ਜਿਸ ਤਰ੍ਹਾਂ ਅਸੀਂ ਉੱਪਰ ਜ਼ਿਕਰ ਕੀਤਾ ਹੈ ਕਿ ਬੱਚਿਆਂ ਲਈ ਕੀਤੀ ਗਈ ਰਚਨਾ ਐਕਸ਼ਨ ਭਰਪੂਰ ਹੋਣੀ ਚਾਹੀਦੀ ਹੈ, ਇਸੇ ਪ੍ਰਕਾਰ ਪ੍ਰਕਾਸ਼ਿਤ ਪੁਸਤਕਾਂ ਚਿੱਤਰ ਸਹਿਤ ਤੇ ਰੰਗਦਾਰ ਹੋਣੀ ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿ ਬੱਚੇ ਜ਼ਿਆਦਾ ਆਕਰਸ਼ਿਤ ਹੋਣ। ਆਕਰਸ਼ਿਤ ਕਰਕੇ ਹੀ ਉਨ੍ਹਾਂ ਨੂੰ ਸ਼ਬਦ ਗਿਆਨ ਨਾਲ ਜੋੜਿਆ ਜਾ ਸਕਦਾ ਹੈ। ਪੁਸਤਕ ਦਾ ਸਿਰਲੇਖ ਆਕਰਸ਼ਿਤ ਨਹੀਂ ਹੋਵੇਗਾ ਤਾਂ ਬੱਚਾ ਪਹਿਲਾਂ ਹੀ ਉਸ ਤੋਂ ਮੂੰਹ ਮੋੜ ਲਏਗਾ।

ਪੰਜਾਬੀ ਵਿਚ ਬਾਲ ਸਾਹਿਤ ਦੀ ਦਸ਼ਾ ਅਤੇ ਦਿਸ਼ਾ ਬਾਰੇ ਵਰਣਨ ਦੇ ਬਿਨਾਂ ਮੇਰੀ ਗੱਲ ਅਧੂਰੀ ਰਹੇਗੀ। ਪੰਜਾਬੀ ਵਿਚ ਬਾਲ ਸਾਹਿਤ ਦੀ ਪਰੰਪਰਾ ਬਹੁਤ ਪੁਰਾਣੀ ਨਹੀਂ ਹੈ। ਆਧੁਨਿਕ ਪੰਜਾਬੀ ਸਾਹਿਤ ਦੇ ਰਚਨਾਕਾਰ, ਬੜੇ ਸਾਹਿਤਕਾਰ, ਬਾਲ ਸਾਹਿਤ ਦੀ ਤਰਫ਼ ਤੋਂ ਉਦਾਸੀਹੀਣ ਹੀ ਰਹੇ ਹਨ। ਰਬਿੰਦਰ ਨਾਥ ਠਾਕੁਰ ਨੇ ਬੰਗਾਲੀ ਵਿਚ ਬੱਚਿਆਂ ਲਈ ਢੇਰ ਸਾਰੇ ਸਾਹਿਤ ਦੀ ਰਚਨਾ ਕੀਤੀ ਹੈ। ਪਰ ਉਨ੍ਹਾਂ ਦੇ ਸਮਕਾਲੀ ਪੰਜਾਬੀ ਸਾਹਿਤਕਾਰ ਭਾਈ ਵੀਰ ਸਿੰਘ, ਧਨੀ ਰਾਮ ਚਾਤ੍ਰਿਕ, ਪ੍ਰੋ. ਪੂਰਨ ਸਿੰਘ, ਗੁਰਬਖ਼ਸ਼ ਸਿੰਘ ਪ੍ਰੀਤਲੜੀ, ਨਾਨਕ ਸਿੰਘ ਆਦਿ ਨੇ ਬਾਲ ਸਾਹਿਤ ਦੀ ਕੋਈ ਰਚਨਾ ਨਹੀਂ ਕੀਤੀ। ਜਿਥੋਂ ਤੱਕ ਮੇਰੀ ਸਮਝ ਹੈ 1941 42 ਵਿਚ ਗੁਰਬਖ਼ਸ਼ ਸਿੰਘ ਪ੍ਰੀਤਲੜੀ ਨੇ 'ਬਾਲ ਸੰਦੇਸ਼' ਨਾਂ ਦਾ ਮੈਗ਼ਜ਼ੀਨ ਸ਼ੁਰੂ ਕੀਤਾ ਸੀ ਜੋ ਉਨ੍ਹਾਂ ਦੇ ਸਪੁੱਤਰ ਹਿਰਦੇਪਾਲ ਸਿੰਘ ਹੁਣ ਵੀ ਚਲਾ ਰਹੇ ਹਨ। 1971 ਵਿਚ ਪੰਜਾਬ ਸਕੂਲ ਸਿੱਖਿਆ ਬੋਰਡ ਨੇ ਬੱਚਿਆਂ ਲਈ 'ਪੰਖੜੀਆਂ' ਮੈਗ਼ਜ਼ੀਨ ਸ਼ੁਰੂ ਕੀਤਾ ਜਿਸ ਵਿਚ ਛੋਟੇ ਛੋਟੇ ਲੇਖਕਾਂ ਦੀਆਂ ਰਚਨਾਵਾਂ ਛਪਦੀਆਂ ਰਹੀਆਂ ਅਤੇ ਅੱਜ ਵੀ ਛਪ ਰਹੀਆਂ ਹਨ। ਪੰਜਾਬੀ ਦੇ ਨਾਟਕਾਂ ਦੀ ਰਚਨਾ ਸਾਰੇ ਸਾਹਿਤ ਰਚਨਾਕਾਰਾਂ ਦੇ ਬਾਅਦ ਸ਼ੁਰੂ ਹੋਈ ਅਰਥਾਤ 1913 ਵਿਚ ਆਈ. ਸੀ. ਨੰਦਾ ਨੇ ਪਹਿਲੇ ਪੰਜਾਬੀ ਨਾਟਕ 'ਕੁਲਹਨ' ਦੀ ਰਚਨਾ ਕੀਤੀ ਸੀ। ਸਨੇਹ ਲਤਾ ਸਾਨਿਆਲ ਨੇ ਨਾਟਕ ਵਿਚ 'ਬਾਂਦਰ ਦਾ ਵਿਆਹ' ਪਸਤਕ ਲਿਖੀ। ਪੰਜਾਬੀ ਵਿਚ ਬਾਲ ਨਾਟਕ ਖੇਲਣ ਅਤੇ ਦੇਖਣ ਦੀ ਲੰਮੀ ਪਰੰਪਰਾ ਰਹੀ ਹੈ।



ਇਸ ਵਿਚ ਲਗਭਗ ਸਾਰੇ ਬੜੇ ਨਾਟਕਕਾਰਾਂ ਨੇ ਆਪਣਾ ਯੋਗਦਾਨ ਦਿੱਤਾ ਹੈ। ਇਸ ਸਮੇਂ ਹਰ ਸਾਹਿਤ ਦੇ ਰੂਪ ਵਿਚ ਬੱਚਿਆਂ ਦੇ ਲਈ ਰਚਨਾਵਾਂ ਹੋ ਰਹੀਆਂ ਹਨ। ਨੋਬਲ ਕਹਾਣੀ ਦੇ (ਇਲਾਵਾ) ਸਫ਼ਰਨਾਮਾ ਆਦਿ ਵੀ ਲਿਖੇ ਜਾ ਰਹੇ ਹਨ। ਇਸ ਦਾ ਕਾਰਨ ਇਹ ਹੈ ਕਿ ਵੱਡੀ ਗਿਣਤੀ ਵਿਚ ਪੰਜਾਬੀ ਸਾਹਿਤਕਾਰਾਂ ਨੇ ਬੱਚਿਆਂ ਦੀਆਂ ਜ਼ਰੂਰਤਾਂ ਨੂੰ ਪਹਿਚਾਣਿਆ ਹੈ ਅਤੇ ਉਨ੍ਹਾਂ ਲਈ ਰਚਨਾਵਾਂ ਲਿਖਣ ਦੀ ਤਰਫ਼ ਧਿਆਨ ਦੇਣਾ ਸ਼ੁਰੂ ਕੀਤਾ ਹੈ। ਇਨ੍ਹਾਂ ਲੇਖਕਾਂ ਵਿਚ ਜਸਬੀਰ ਸਿੰਘ ਭੁੱਲਰ, ਮਨਮੋਹਨ ਸਿੰਘ ਦਾਊਂ, ਦਰਸ਼ਨ ਸਿੰਘ ਆਸ਼ਟ, ਕੇਵਲ ਧਾਲੀਵਾਲ, ਸਰਬਜੀਤ ਸਿੰਘ ਬੇਦੀ, ਬਚਿੰਤ ਕੌਰ, ਆਤਮਾ ਸਿੰਘ, ਜਗਦੀਸ਼ ਕੌਸ਼ਲ, ਤਾਰਾ ਸਿੰਘ ਅਨਜਾਣ ਆਦਿ ਅਨੇਕਾਂ ਨਾਮ ਜ਼ਿਕਰਯੋਗ ਹੈ।

ਪੰਜਾਬੀ ਦੇ ਇਕ ਹੋਰ ਲੇਖਕ ਕਮਲਜੀਤ ਨੀਲੋਂ ਦਾ ਇਸ ਖੇਤਰ ਵਿਚ ਕੰਮ ਵਿਸ਼ੇਸ਼ ਯੋਗਤਾ ਦਾ ਧਾਰਨੀ ਹੈ। ਨੀਲੋਂ, ਰਮਾ ਰਤਨ ਅਤੇ ਹੋਰ ਸਾਥੀ ਮਿਲ ਕੇ ਹਰ ਸਾਲ ਬੱਚਿਆਂ ਦੀ ਵਰਕਸ਼ਾਪ ਕਰਦੇ ਹਨ। ਬੱਚਿਆਂ ਦੀਆਂ ਕਵਿਤਾਵਾਂ, ਕਹਾਣੀਆਂ, ਨਾਟਕ ਆਦਿ ਦੀ ਪ੍ਰਫੋਰਮੈਂਸ ਕਰਕੇ ਉਨ੍ਹਾਂ ਦੇ ਅੰਦਰ ਨੈਤਿਕ ਮੁੱਲ, ਜੀਵਨ ਦੇ ਲਈ ਸੰਘਰਸ਼ ਅਤੇ ਸਭਿਆਚਾਰਕ ਮੁੱਲ ਨੂੰ ਭਰਨ ਦੀ ਕੋਸ਼ਿਸ਼ ਕਰਦੇ ਹਨ। ਕੁਝ ਸੰਸਥਾਵਾਂ ਨੇ ਵੀ ਬਾਲ ਸਾਹਿਤ ਦੀ ਤਰਫ਼ ਧਿਆਨ ਦਿੱਤਾ ਹੈ। ਭਾਸ਼ਾ ਵਿਭਾਗ ਪੰਜਾਬ ਅਤੇ ਪੰਜਾਬੀ ਅਕੈਡਮੀ, ਦਿੱਲੀ ਨੇ ਬੱਚਿਆਂ ਦੇ ਲਈ ਵਿਸ਼ੇਸ਼ ਪੁਸਤਕਾਂ ਲਿਖਵਾ ਕੇ; ਤਸਵੀਰ ਸਹਿਤ ਪ੍ਰਕਾਸ਼ਿਤ ਕੀਤੀਆਂ ਹਨ। ਪੰਜਾਬੀ ਅਕੈਡਮੀ ਦੀ ਤਰਫ਼ ਤੋਂ ਪ੍ਰਕਾਸ਼ਿਤ ਪੁਸਤਕਾਂ ਦੇ ਲੇਖਕ, ਨਾਮਵਰ ਰਚਨਾਕਾਰ ਹੈ ਜਿਸ ਵਿਚ ਜਸਵੰਤ ਸਿੰਘ ਨੇਕੀ, ਪ੍ਰੋਫ਼ੈਸਰ ਪ੍ਰੀਤਮ ਸਿੰਘ, ਬਚਿੰਤ ਕੌਰ, ਆਤਮਾ ਸਿੰਘ, ਗੁਰਬਚਨ ਸਿੰਘ ਭੁੱਲਰ ਆਦਿ ਦੇ ਨਾਮ ਵਰਣਨਯੋਗ ਹਨ। ਨੈਸ਼ਨਲ ਬੁੱਕ ਟਰੱਸਟ ਨੇ ਵੀ ਕੁਝ ਪੁਸਤਕਾਂ ਦਾ ਪ੍ਰਕਾਸ਼ਨ ਕੀਤਾ ਹੈ। ਸਾਹਿਤ ਅਕੈਡਮੀ ਨੇ ਕੁਝ ਰਾਸ਼ਟਰੀ ਮਹੱਤਵ ਦੀਆਂ ਬਾਲ ਪੁਸਤਕਾਂ ਦੇ ਪੰਜਾਬੀ ਅਨੁਵਾਦ ਪ੍ਰਕਾਸ਼ਿਤ ਕੀਤੇ ਹਨ।

ਅਗਲਾ ਪ੍ਰਸ਼ਨ ਇਹ ਉੱਠਦਾ ਹੈ ਕਿ ਇਹ ਪੁਸਤਕਾਂ ਬੱਚਿਆਂ ਤੱਕ ਕਿਵੇਂ ਪਹੁੰਚਣ ? ਪੁਸਤਕਾਂ ਦਾ ਪ੍ਰਚਲਣ ਹੁਣ ਖ਼ਤਰੇ ਵਿਚ ਹੈ। ਸੂਚਨਾ ਤਕਨਾਲੋਜੀ ਨੇ ਪੁਸਤਕਾਂ ਤੋਂ ਪਾਠਕ ਖੋਹ ਲਏ ਹਨ। ਬਾਲ ਪੁਸਤਕਾਂ ਲਈ ਪਾਠਕਾਂ ਵਿਚ ਆਕਰਸ਼ਣ ਕਾਇਮ ਕਰਨਾ ਇਕ ਹੋਰ ਬੜੀ ਲਲਕਾਰ ਹੈ। ਹੁਣ ਸਕੂਲਾਂ ਅਤੇ ਬਾਲ ਸਭਾਵਾਂ ਵਿਚ ਜਾ ਕੇ 'ਸੁਣੋ ਕਹਾਣੀ' ਜਾਂ ਕਵਿਤਾ ਪਾਠ' ਦੁਆਰਾ ਬੱਚਿਆਂ ਵਿਚ ਪੜ੍ਹਨ ਦੀ ਰੁਚੀ ਪੈਦਾ ਕਰਨੀ ਹੋਵੇਗੀ। ਸਕੂਲਾਂ ਅਤੇ ਘਰਾਂ ਵਿਚ ਬੱਚਿਆਂ ਨੂੰ ਤੋਹਫ਼ੇ ਸੰਬੰਧੀ ਪੁਸਤਕਾਂ ਭੇਂਟ ਕੀਤੀਆਂ ਜਾਣ। ਬੱਚਿਆਂ ਲਈ ਵਿਸ਼ੇਸ਼ ਲਾਇਬ੍ਰੇਰੀ ਬਣਾਈ ਜਾਵੇ। ਬੱਚਿਆਂ ਦੀ ਰੁਚੀ ਅਨੁਸਾਰ ਰਚਨਾ ਹੋਵੇ। ਇਹ ਚੁਣੌਤੀ ਸਾਨੂੰ ਸਭ ਨੂੰ ਸਵੀਕਾਰ ਕਰਨੀ ਹੋਏਗੀ। ਸਾਨੂੰ ਅਜਿਹੇ ਪਾਤਰ ਬੱਚਿਆਂ ਨੂੰ ਦੇਣੇ ਹੋਣਗੇ ਜੋ ਉਹ ਬਣਨਾ ਚਾਹੁਣ। ਜਿਸ ਨੂੰ ਉਹ ਹੀਰੋ ਮੰਨਣ। ਜੇਕਰ ਬੱਚੇ 'ਸ਼ਕਤੀਮਾਨ' ਸੀਰੀਅਲ ਦੇਖ ਕੇ ਛੱਤ ਤੋਂ ਕੁੱਦ ਸਕਦੇ ਹਨ, ਬਲੂ ਵੇਲ ਖੇਡ ਖੇਡ ਕੇ ਆਤਮ ਹੱਤਿਆ ਤੱਕ ਕਰ ਸਕਦੇ ਹਨ ਤਾਂ ਨਿਸ਼ਚਿਤ ਤੌਰ 'ਤੇ ਸਾਕਾਰਾਤਮਕ ਸਾਹਿਤ ਦੁਆਰਾ ਉਨ੍ਹਾਂ ਦੀ ਸੋਚ ਨੂੰ ਬਦਲਿਆ ਜਾ ਸਕਦਾ ਹੈ। ਅਸੀਂ ਬੱਚਿਆਂ ਨੂੰ ਡਾਕਟਰ, ਵਕੀਲ, ਇੰਜੀਨੀਅਰ ਬਣਾਉਣਾ ਚਾਹੁੰਦੇ ਹਾਂ ਪਰ ਵਧੀਆ ਨਾਗਰਿਕ ਬਣਨ ਦੀ ਸਿੱਖਿਆ ਨਹੀਂ ਦਿੰਦੇ। ਇਹੀ ਕਾਰਨ ਹੈ ਕਿ ਅੱਜ ਦਾ ਯੁਵਾ ਆਪਣੀਆਂ ਜ਼ਿੰਮੇਵਾਰੀਆਂ ਤੋਂ ਭੱਜਦਾ ਹੈ, ਘਰ ਟੁੱਟਦੇ ਹਨ ਅਤੇ ਮਾਂ ਬਾਪ ਬਿਰਧ ਆਸ਼ਰਮ ਵਿਚ ਪਹੁੰਚ ਰਹੇ ਹਨ। ਸਾਨੂੰ ਸੰਸਕ੍ਰਿਤੀ ਦਾ ਵਿਕਾਸ ਬੱਚਿਆਂ ਵਿਚ ਕਰਨਾ ਪਵੇਗਾ ਤਾਂ ਕਿ ਉਹ ਦੇਸ਼ ਦਾ ਭਵਿੱਖ ਬਣ ਸਕਣ। ਇਹ ਕੰਮ ਜਿੰਨਾ ਬਾਲ ਸਾਹਿਤ ਸਹੀ ਢੰਗ ਨਾਲ ਕਰ ਸਕਦਾ ਹੈ ਓਨਾ ਸ਼ਾਇਦ ਹੀ ਕੋਈ ਹੋਰ ਕਰ ਸਕੇ, ਸਾਨੂੰ ਵਿਦੇਸ਼ੀ ਤੌਰ ਤਰੀਕੇ ਛੱਡ ਕੇ ਆਪਣੀ ਸੰਸਕ੍ਰਿਤੀ ਨੂੰ ਅਪਣਾਉਣਾ ਪਵੇਗਾ ਤਾਂ ਹੀ ਸਾਡਾ ਭਵਿੱਖ ਸਰੱਖਿਅਤ ਰਹੇਗਾ।

ਜਿਵੇਂ ਜਿਵੇਂ ਵਿਗਿਆਨ ਅਤੇ ਤਕਨੀਕ ਦਾ ਵਿਕਾਸ ਹੋ ਰਿਹਾ ਹੈ, ਬੱਚੇ ਵੀ ਸਮੇਂ ਤੋਂ ਪਹਿਲਾਂ ਜਵਾਨ ਹੋ ਰਹੇ ਹਨ। ਇਹ ਚਿੰਤਾ ਅਤੇ ਚਿੰਤਨ ਦੋਨਾਂ ਦਾ ਵਿਸ਼ਾ ਹੈ। ਸਮਾਜ ਵਿਚ ਫੈਲੀਆਂ ਬੁਰਾਈਆਂ ਅਤੇ ਕੁਰੀਤੀਆਂ ਨੂੰ ਵਿਸ਼ਾ ਬਣਾਉਣਾ ਪਵੇਗਾ ਤੇ ਬੱਚਿਆਂ ਨੂੰ ਜਾਗਰੂਕ ਕਰਨਾ ਪਵੇਗਾ। ਬੱਚੇ ਆਤਮ ਹੱਤਿਆ ਕਰ ਰਹੇ ਹਨ। ਉਨ੍ਹਾਂ ਦੀ ਮਾਨਸਿਕਤਾ ਨੂੰ ਬਦਲਣਾ ਹੋਏਗਾ। ਬਾਲ ਸਾਹਿਤ ਨੂੰ ਸਨਮਾਨ ਤੇ ਮਹੱਤਵ ਦੇਣਾ ਪਵੇਗਾ।

ਅੱਜ ਸਮਾਜ ਵਿਚ ਬਿਰਧ ਆਸ਼ਰਮ ਤੇ ਬਾਲ ਸੁਧਾਰ ਗ੍ਰਹਿ ਸਮਾਨ ਰੂਪ ਨਾਲ ਵਧਦੇ ਜਾ ਰਹੇ ਹਨ। ਇਨ੍ਹਾਂ ਨੂੰ ਰੋਕਣਾ ਪਵੇਗਾ। ਬੱਚਿਆਂ ਨੂੰ ਸੰਸਕਾਰਾਂ ਦੀ ਸਿੱਖਿਆ ਦੇਣੀ ਪਵੇਗੀ। ਘਰੇਲੂ ਹਿੰਸਾ ਨੂੰ ਰੋਕਣਾ ਪਵੇਗਾ ਕਿਉਂਕਿ ਇਸ ਦਾ ਸਿੱਧਾ ਅਸਰ ਬੱਚਿਆਂ 'ਤੇ ਹੁੰਦਾ ਹੈ।

ਡਾ. ਸ਼ਾਲੂ ਕੌਰ ਸਹਾਇਕ ਪ੍ਰੋਫੈਸਰ



ਚੰਨ 'ਤੇ ਇਨਸਾਨ

ਹਜ਼ਰਤ ਸੁਲਤਾਨ ਬਾਹੂ ਨੇ ਲਿਖਿਆ ਸੀ : ਜੇ ਚੜ੍ਹ ਚੰਨਾਂ ਤੇ ਕਰ ਰੁਸਨਾਈ, ਜ਼ਿਕਰ ਕਰੇਂਦੇ ਤਾਰੇ ਹੂ। ਗਲੀਆਂ ਦੇ ਵਿੱਚ ਫਿਰਨ ਨਿਮਾਣੇਂ, ਲਾਲਾਂ ਦੇ ਵਣਜਾਰੇ ਹੂ। ਸਾਲਾਂ ਮੁਸਾਫ਼ਰ ਕੋਈ ਨਾ ਖੀਵੇ, ਕੱਖ ਜਿਨਾਂ ਤੇ ਭਾਰੇ ਹੂ। ਤਾੜੀ ਮਾਰ ਉਡਾ ਨਾ ਬਾਹੂ, ਅਸੀਂ ਆਪੇ ਉਡਣਹਾਰੇ ਹੁ।

ਕੁਦਰਤ ਅਤੇ ਇਨਸਾਨ ਦਾ ਬਹੁਤ ਪੁਰਾਣਾ ਰਿਸ਼ਤਾ ਹੈ। ਪ੍ਰਾਚੀਨ ਇਤਿਹਾਸ ਤੋਂ ਲੈ ਕੇ ਸਮਕਾਲੀਨ ਇਤਿਹਾਸ ਤੱਕ ਇਨਸਾਨ ਅਤੇ ਕੁਦਰਤ ਦੇ ਰਿਸ਼ਤੇ ਸਮੇਂ-ਸਮੇਂ ਅਨੁਸਾਰ ਬਦਲਦੇ ਰਹੇ। ਚੰਨ ਅਤੇ ਇਨਸਾਨ ਦਾ ਸਦੀਆਂ ਤੋਂ ਬੜ੍ਹਾ ਗਹਿਰਾ ਸੰਬੰਧ ਹੈ। ਪੰਜਾਬੀ ਸ਼ਾਇਰੀ ਵਿਚ ਚੰਨ ਹਰ ਥਾਂ ਮੌਜੂਦ ਹੈ। ਵਾਰਿਸ ਸ਼ਾਹ ਹੀਰ ਦੇ ਹੁਸਨ ਦੀ ਤਾਰੀਫ਼ ਚੰਨ ਦੇ ਬਿੰਬ ਨਾਲ ਸ਼ੁਰੂ ਕਰਦਾ ਹੈ। ਮਨੁੱਖ ਕੁਦਰਤ ਦੀ ਬਿਹਤਰੀਨ ਪੈਦਾਵਰ ਹੈ। ਕੁਦਰਤ ਨੇ ਇਨਸਾਨ ਨੂੰ ਅਣਗਿਣਤ ਨਿਆਮਤਾਂ ਬਖ਼ਸ਼ੀਆਂ ਹਨ। 500 ਤੋਂ ਜ਼ਿਆਦਾ ਵਰ੍ਹੇ ਪਹਿਲਾਂ ਉਜੈਨ ਦੇ ਵਿਗਿਆਨੀ ਵਰਾਹਮਿਹਰ ਨੇ ਲਿਖਿਆ, "ਚੰਦ ਹਮੇਸ਼ਾ ਸੂਰਜ ਦੇ ਹੇਠਾਂ ਰਹਿੰਦਾ ਹੈ, ਉਹ (ਸੂਰਜ) ਉਸ (ਚੰਦ) ਤੇ ਆਪਣੀਆਂ ਕਿਰਨਾਂ ਸੁੱਟਦਾ ਅਤੇ ਉਸ ਦੇ ਇੱਕ ਹਿੱਸੇ ਨੂੰ ਰੌਸ਼ਨ ਕਰਦਾ ਹੈ, ਜਦੋਂ ਕਿ ਦੂਸਰਾ ਹਿੱਸਾ ਹਮੇਸ਼ਾ ਹਨੇਰਾ ਅਤੇ ਪ੍ਰਛਾਵਾਂਮਈ ਰਹਿੰਦਾ ਹੈ।" ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ ਨੇ ਕੁਦਰਤ ਦੇ ਮਹਾਂ ਗੀਤ ਨੂੰ ਇਵੇਂ ਪਰੋਸਿਆ ਹੈ, "ਗਗਨ ਮੈ ਥਾਲ ਰਵਿ ਚੰਦ ਦੀਪਕ ਬਨੇ ਤਾਰਿਕਾ ਮੰਡਲ ਜਨਕ ਮੌਤੀ॥"

ਚੰਨ ਸਾਡੀਆਂ ਯਾਦਾਂ ਨਾਲ ਬਚਪਨ ਤੋਂ ਲੈ ਕੇ ਬੁਢੇਪੇ ਤੱਕ ਸਾਥ ਰਹਿੰਦਾ ਹੈ। ਟੁੱਟਦੇ ਹੋਏ ਤਾਰੇ ਨੂੰ ਦੇਖ ਕੇ ਬਿਸ ਮੋਹਣੀ ਚੰਨ ਹਨੇਰੇ ਦੀ ਜ਼ਿਦਗੀ ਵਿੱਚ ਅਲੱਗ-ਅਲੱਗ ਤਰ੍ਹਾਂ ਨਾਲ ਹੋਇਆ। ਪਰ ਹਿਸਾਬਦਾਨਾਂ ਅਤੇ ਤਾਰਾ ਵਿਗਿਆਨੀਆਂ ਨੇ ਇਸ ਦਾ ਗਣਿਤ, ਭੌਤਿਕ ਵਿਗਿਆਨ ਤੇ ਹੋਰ ਵਿਗਿਆਨਕ ਵਿਧੀਆਂ ਰਾਹੀਂ ਅਧਿਐਨ ਕੀਤਾ। 23 ਅਗਸਤ, 2023 ਬੁਧਵਾਰ ਦਾ ਦਿਨ ਭਾਰਤ ਦੇ ਇਤਿਹਾਸ ਵਿੱਚ ਇੱਕ ਵਿਸ਼ੇਸ਼ ਮਹੱਤਵ ਰੱਖਦਾ ਹੈ। ਭਾਰਤ ਦੇ ਮੂਨ ਮਿਸ਼ਨ-3 ਨੇ ਅੱਜ ਚੰਨ ਦੇ ਦੱਖਣੀ ਧਰੁੱਵ ਤੇ ਉਤਰ ਦੇ ਪੁਲਾੜ ਵਿੱਚ ਇਤਿਹਾਸ ਸਿਰਜ ਦਿੱਤਾ ਹੈ। ਅਮਰੀਕਾ, ਚੀਨ ਅਤੇ ਸੋਵੀਅਤ ਰੂਸ ਮਗਰੋਂ ਭਾਰਤ ਧਰਤੀ ਦੇ ਇੱਕ ਕੁਦਰਤੀ ਉਪਗ੍ਰਹਿ ਚੰਨ 'ਤੇ ਪਹੁੰਚਾਉਣ ਵਾਲਾ ਚੌਥਾ ਤੇ ਇਸ ਦੇ ਦੱਖਣੀ ਧਰੁੱਵ 'ਤੇ ਸਫ਼ਲ ਲੈਂਡਿੰਗ ਕਰਨ ਵਾਲਾ ਪਹਿਲਾ ਮੁਲਕ ਬਣ ਗਿਆ ਹੈ।

2008 ਤੋਂ ਇਸਰੋ ਨੇ ਚੰਦਰਮਾ ਵੱਲ ਉਡਾਣਾਂ ਭਰਨ ਦਾ ਸਿਲਸਿਲਾ ਆਰੰਭਿਆ। ਉਸ ਸਾਲ ਚੰਦਰਯਾਨ–1 ਭੇਜਿਆ ਗਿਆ। ਇਸ ਦਾ ਕੰਮ ਚੰਦਰਮਾ ਦੁਆਲੇ ਚੱਕਰ ਲਗਾਉਣਾ, ਖੋਜ ਕਰਨਾ ਅਤੇ ਤਸਵੀਰਾਂ ਭੇਜਣਾ ਸੀ। ਚੰਦਰਯਾਨ–1 ਦੀ ਵੱਡੀ ਸਫ਼ਲਤਾ ਇਹ ਸੀ ਕਿ ਇਸ ਦੁਆਰਾ ਭੇਜੇ ਗਏ ਡਾਟਾ ਰਾਹੀਂ ਪੁਸ਼ਟੀ ਹੋਈ ਕਿ ਚੰਦਰਮਾ 'ਤੇ ਪਾਣੀ ਮੌਜੂਦ ਹੈ।

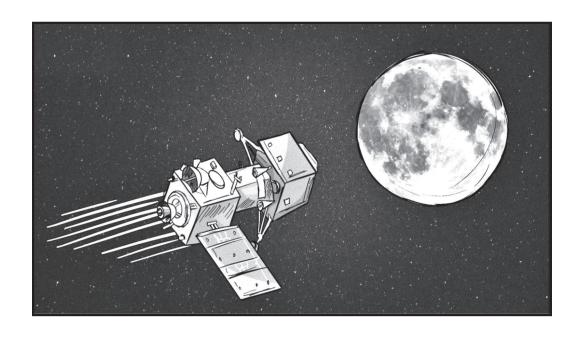
ਚੰਦਰਯਾਨ-2 ਇਸਰੋ ਦੁਆਰਾ ਚੰਦ ਵੱਲ ਭੇਜਿਆ ਗਿਆ ਦੂਸਰਾ ਮਿਸ਼ਨ ਸੀ। ਇਹ ਜੁਲਾਈ 2019 ਨੂੰ ਪੁਲਾੜ ਵਿੱਚ ਭੇਜਿਆ ਗਿਆ ਅਤੇ ਇਸ ਨੇ ਚੰਦ ਦੇ ਤਲ 'ਤੇ ਵਿਕਰਮ ਲੈਂਡਰ ਊਤਾਰਨਾ ਸੀ। ਉਸ ਸਮੇਂ ਸਾਰਾ ਸਫਰ ਸਹੀ ਹੋਇਆ ਪਰ ਆਖਰੀ ਸਮੇਂ ਵਿਕਰਮ ਲੈਂਡਰ ਸਫ਼ਲਤਾਪੂਰਵਕ ਚੰਦ 'ਤੇ ਨਹੀਂ ਸੀ ਉਤਰ ਸਕਿਆ। ਕਿਹਾ ਜਾਂਦਾ ਹੈ ਕਿ ਵਿਗਿਆਨ ਦੇ ਸਫ਼ਰ ਵਿੱਚ ਗ਼ਲਤੀਆਂ ਤੇ ਅਸਫ਼ਲਤਾਵਾਂ ਦਾ ਆਪਣਾ ਮਹੱਤਵ ਹੁੰਦਾ ਹੈ ਕਿਉਂਕਿ ਉਹ ਵਿਗਿਆਨੀਆਂ ਨੂੰ ਇਹ ਦੱਸਦੀਆਂ ਹਨ ਕਿ ਉਨ੍ਹਾਂ ਦੇ ਯਤਨਾਂ ਵਿੱਚ ਕਿੱਥੇ ਕਿੱਥੇ ਖ਼ਾਮੀਆਂ ਹਨ।



2019 ਤੋਂ ਹੀ ਚੰਦਰਯਾਨ–3 ਦੀਆਂ ਤਿਆਰੀਆਂ ਆਰੰਭੀਆਂ ਗਈਆਂ ਅਤੇ 14 ਜੁਲਾਈ, 2023 ਨੂੰ ਚੰਦਰਮਾ ਵੱਲ ਯਾਤਰਾ ਸ਼ੁਰੂ ਕੀਤੀ, ਜਿਹੜੀ 23 ਅਗਸਤ, 2023 ਦਿਨ ਬੁਧਵਾਰ ਸ਼ਾਮ 6:04 ਮਿਨਟ 'ਤੇ ਮੁਕੰਮਲ ਹੋਈ। ਧਰਤੀ ਦੁਆਲੇ ਚੱਕਰ ਲਾਉਣ ਤੋਂ ਬਾਅਦ ਚੰਦਰਯਾਨ ਨੇ ਚੰਦ ਵੱਲ ਸਫ਼ਰ ਸ਼ੁਰੂ ਕੀਤਾ ਅਤੇ ਬਾਅਦ ਵਿੱਚ ਚੰਦਰਮਾ ਦੇ ਗੁਰੂਤਾ ਖੇਤਰ ਵਿੱਚ ਦਾਖ਼ਲ ਹੋਇਆ।

ਯੂਨਾਨੀ, ਚੀਨੀ, ਮਿਸਰੀ, ਅਫ਼ਰੀਕੀ ਆਦਿ ਅਮਰੀਕੀ ਪਰੰਪਰਾਵਾਂ ਅਤੇ ਈਸਾਈ, ਯਹੂਦੀ, ਬੁੱਧ, ਜੈਨ ਅਤੇ ਸਿੱਖ ਅਤੇ ਧਰਤੀ ਦੇ ਵੱਖ–ਵੱਖ ਖਿੱਤਿਆਂ ਦੇ ਲੋਕ ਧਰਮਾਂ ਵਿੱਚ ਚੰਦ ਕਈ ਰੂਪਾਂ ਵਿੱਚ ਮੌਜੂਦ ਹੈ। ਬਦਲਾਅ ਕੁਦਰਤ ਦਾ ਨਿਯਮ ਹੈ। ਇਨਸਾਨ ਨੂੰ ਸਹੀ ਦਿਸ਼ਾ ਵੱਲ ਹਮੇਸ਼ਾ ਸੱਚੀ ਮਿਹਨਤ, ਇਮਾਨਦਾਰੀ ਅਤੇ ਲਗਨ ਨਾਲ ਸੰਘਰਸ਼ ਕਰਦੇ ਰਹਿਣਾ ਚਾਹੀਦਾ ਹੈ ਕਿਉਂਕਿ "ਸੋਚਾਂ ਗਰਮ ਚਾਹੀਦੀਐ ਨੇ ਜੋ ਮੰਜ਼ਿਲ 'ਤੇ ਤਖ਼ਤੀ ਲਾਉਣੀ"

ਡਾ. ਜਸਪਾਲ ਸਿੰਘ ਸਹਾਇਕ ਪ੍ਰੋਫ਼ੈਸਰ ਇਤਿਹਾਸ ਵਿਭਾਗ





ਸਫਲਤਾ ਦੀ ਕੂੰਜੀ

ਸੰਭਾਲ ਇਸ ਪਲ ਨੂੰ, ਚੇਤੇ ਨਾ ਕਰ ਕਲ੍ਹ ਨੂੰ, ਅਤੀਤ ਚੁਕਾ ਹੈ ਬੀਤ, ਭਵਿੱਖ ਨੂੰ ਨਾ ਉਡੀਕ। ਕੱਲ੍ਹ ਦੀ ਚਿੰਤਾ 'ਚ ਪਿਆ, ਅੱਜ ਤੂੰ ਰਿਹਾ ਹੈ ਗੁਆ, ਇਹ ਵੇਲਾ ਨਾ ਗੁਆ ਫਿਜ਼ੂਲ, ਭਲਕ ਅਜੇ ਹੈ ਬਹੁਤ ਦੂਰ। ਬੀਤੇ ਨੂੰ ਕਰ ਕੇ ਤੂੰ ਯਾਦ, ਨਾ ਕਰੀ ਵੇ ਅੱਜ ਬਰਬਾਦ, ਭੱਲਕ ਬਾਰੇ ਜੇ ਸੋਚੇਂਗਾ. ਆਪਣਾ ਆਪ ਹੀ ਨੋਚੇਂਗਾ। ਮਿਲਿਆ ਅੱਜ ਮੁਸ਼ਕਿਲ ਦਾ ਹੱਲ, ਕੰਮ ਕਰੋ ਬਸ ਇਸੇ ਪੱਲ, ਸਫਲ ਹੋਣ ਦੀ ਇਕੋ ਰੀਤ, ਪਾ ਲਓ ਸਾਰੇ ਅੱਜ ਨਾਲ ਪ੍ਰੀਤ।



ਹਰਪ੍ਰੀਤ ਕੌਰ ਬੀ.ਏ.(ਆਨਰਜ਼) ਜਰਨਲਿਜ਼ਮ









BEST PRACTICES

PROJECT NOOR

PROJECT SAMBHAV



Project Noor empowers victims of acid attack by providing them with a platform to showcase their talent and generate employment for them.



Commenced with an aim to bridge the gap between the streets and schools by connecting under privileged children to their basic right i.e education.





SUSTAINABLE PRACTICES



Bharati College has been using solar panels to meet its energy requirements in the College Hostel.



Project Pariskar aims to collect and segregate the waste "plastic" for the purpose of recycling.



Project S.O.R.T(Segregation of Organic Waste for Recycling and Treatment) to promote Waste Segregation and converting it into high quality manure.

COMMUNITY ENGAGEMENT AND OUTREACH INITIATIVES





NCC and NSS of Bharati College are engaged in various community-oriented activities such as visit to old-age home, made human chain to save Yamuna etc.









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