WOMEN DEVELOPMENT CELL Bharati College, University of Delhi Annual Report Academic Year 2022-23

Convener- Dr. Aruna Jain Co-convener- Dr. Luke Kumari

Objective

Women Development Cell, Bharati College, University of Delhi aims for encouraging women studies, ensuring equity and addressing women social, political and economic issues in the society and at the university level.

Vision

Our focus is to aware students about the women centric issues and the significance of the differences between feminists and the feminazi. Jagriti comprise faculty and student coordinators from across sections and disciplines. Our student coordinators are expected to actively engage with issues of gender mainstreaming, and coordinate all the events on various platforms.

Mission

We encourage women to be self-reliant and economically independent. We are nurturing young minds and paving their way to grow into balanced and better human beings.

Events Academic Year 2022-23

1) The WOMEN DEVELOPMENT CELL in collaboration with the Freakonomics society of Bharati College organized an interactive **One-Day WORKSHOP** to create awareness about various kinds of *"Eating Disorders and their Impact on Women"*. The seminar was organized on 3rd February 2023 in the seminar room from 11 am to 1 pm. The session was conducted by Freed: a non-profit organization focused on awareness generation, intervention, and advocacy for eating disorders in India. Active participation from students made the event a success. Students received certificates of participation in the workshop from the FREED organization.





2) The cell conducted **3-days Self Defence Training Program for Women** in collaboration with NSS team from 13-15 February 2023. This workshop was a joint venture of three colleges- Bharati College being the host, in addition to Deen Dayal Upadhyay College and Bhaskaracharya College of Applied Sciences. The inaugural ceremony involved welcome of the esteemed guests, Professor Avneesh Mittal (Principal of Bhaskaracharya College of Applied Science), Mr.Pariksheet Dagar (Young Vice Chairman of Delhi Public Library and the Head of Udankaar NGO, Mr. Ashish Pokhriyal (Udankaar NGO). All three guests were then welcomed and presented with mementos by our respected Principal Prof. (Dr.) Saloni Gupta, which was then followed by the lighting of the lamp. Mr. Ashish, along with his team members, presented idol of Goddess Saraswati to the college and also other mementos to all the collaborators and conveners Dr. Aruna Jain, Dr. Asha Tiwari, Dr. Indu Baghel, Ms. Princy Jain, and Dr. Bhawna Shivan. A team of experts from the NGO Udankaar conducted the workshop for more than 100 girls in the college, where they trained the girls in different techniques to defend themselves in situations of distress. All the participants received certificates from the organization.



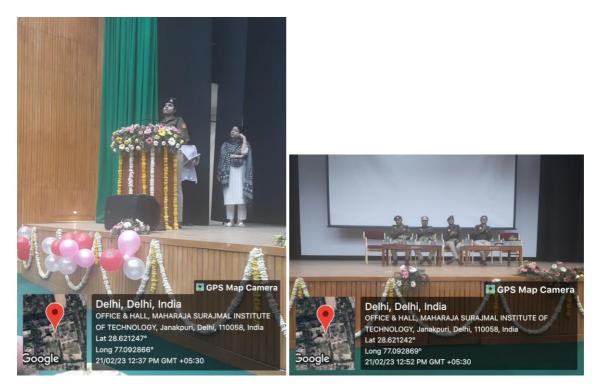


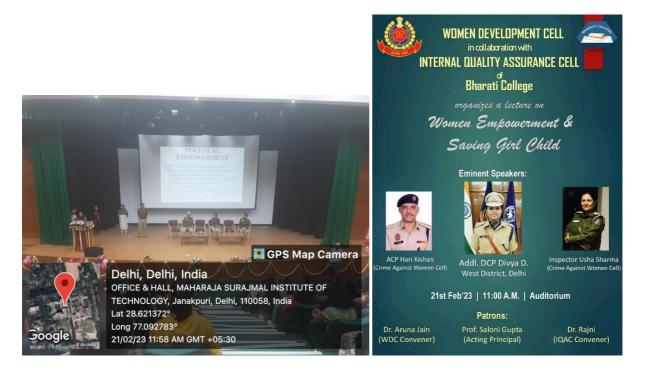






3) A **seminar** in collaboration with IQAC, Bharati College was conducted on the 21st February 2023 on **'Women Empowerment and Saving Girl Child'** to celebrate the **Delhi Police Week.** The eminent speakers included ACP Hari Kishan (Crime against Women Cell), Addl. DCP Divya (West district) and Inspector Usha Sharma (Crime against Women Cell). The girls interacted with the team from Delhi Police and received lot of vital information.





4) WDC and IQAC in collaboration with Mahatma Hansraj FDC, Hansraj College, University of Delhi under PMMMNMTT scheme organise one-week faculty development programme on Gender Contours and Biasness: Mapping pay disparity and its intrinsic and extrinsic challenges from 10-16 march, 2023. This FDP was interdisciplinary and organised for faculties (permanent, temporary, guest) and research scholars from the universities and colleges. This FDP was focussed on understanding the intricacies of the interdisciplinary aspect of the gender pay gap and also to examine the economic, legal, socio cultural, environmental, technical and political vertical emerging out of gender pay gap. This also help in explore the core reasons for existence of gender pay gap, policy prescription to mitigate gender pay gap in India in particular and the world in general. No of participant attended the session-68



5) The Cell organized a **student visit** to the public gallery of the **Parliament House** on 24th March 2023 (Friday) to witness live parliamentary session proceedings. A total of 91 students from different departments got the opportunity to witness the live proceedings of the parliamentary session on the same date along with a tour of the Parliament House. The visit was made possible with the kind courtesy and cooperation of the Honourable Member of Parliament (West Delhi), Shri Parvesh Sahib Singh. He imparted wisdom and some facts about how a bill becomes a law. A walk through the corridors of this eminent place was a great experience for the students. Besides, an unexpected rendezvous with the Head of the Ministry of Women and Child Development, honourable Smt. Smriti Zubin Irani and our Finance Minister Smt Nirmala Sitharaman, surely made the visit memorable for students. Their words of wisdom truly enriched the students with the spirit of women's empowerment.





Proof: Tweet by Shashi Tharoor about Bharati College students visit to parliament house. https://twitter.com/ShashiTharoor/status/1639181703276290048?s=20

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Shashi Tharoor 🤣 @ShashiTharoor

A group of Bharti College students visiting Parliament this morning spotted me and insisted on a couple of pictures. Wonderful to see their enthusiasm for the institutions of our democracy & to hear so many of them tell me that they follow my work. #WheresWaldo



1:55 PM · Mar 24, 2023 · 27.7K Views





5) WDC in collaboration with YUVA (keshavpuram vibhag) organised an informative **seminar** on "*PCOD - An Ayurvedic perspective*" on the 30th May, 2023. The event was graced by the presence of Dr. Richa Gupta B.A.M.S (M.D.) A.M. doctor and nutritionist at Ayusutras in Ayurvedic medicine, and Dr. Kamal Singh B.A.M.S (M.D.) Ksharsutra specialist in ano-rectal diseases. The event was initiated with lamp lighting and sapling was presented to the guest Dr. Richa by honourable principal.

Dr. Richa gave detailed explanation and advice to the girls about types and causes, symptoms, and cures of PCOD. The guest addressed the crowd with her humourful take on diet and lifestyle related topics that made everyone take greater interest in such important topic. She emphasized the poor lifestyle habits such as eating junk food, disturbed sleep cycle, and hormonal imbalances that lead to such disorders in females. Further she gave a brief account of how ayurvedic treatment is done with zero side effects. The audience actively participated in questions and responses. More than 100 students attended the seminar along with the teachers and staff.







