

## **Extension and Outreach Report 2021-2022**

Against the backdrop of fear and resurrecting ourselves from the worst ever disaster of pandemic volunteers visited Ayudham Society an old age home on the outskirts of Delhi. As we planted saplings in the memory of loved ones donated by friends and families of volunteers, we spent qualitative time with the residents. The residents shared their life experiences, their beautiful memories related to their friends and children and their creative and lively life in the old age home. It was an experience whereby our students expressed their desire to visit homes of elders and gain insights from their life experiences and inculcate responsive attitude towards elders needing emotional and psychological support.

Our students soon got involved in an NGO UMEED whereby their regular visit to a slum to counsel children on life skills and helped them to manage their learning and cope up with the studies after a gap of almost two years from regular school learning. It started with a few volunteers and as the year progressed more students from our college joined the bandwagon.





Our strive towards reaching out to the needy, deprived groups continues. However, we did not restrict to activities initiated at the college. Our volunteers fostered the spirit of giving a helping hand be it in public space helping an old lady to cross the road or guiding domestic help with financial literacy in managing her bank account with the help of mobile app. We hope to create an awareness not amongst a few but to involve every student of our college to contribute their bit in making the space we inhabit better for all.

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