

## EXTENSION AND OUTREACH REPORT

- As a part of the 'Children with Special Need' practical the 3<sup>rd</sup> year students have worked extensively with organizations like Aashirwad, SARD, DCCW, Lakshya, Salam Balak Trust, Handicapped Children's Rehabilitation Association (HCRA) and has contributed to the cause in the best possible manner.
- 2<sup>nd</sup> year students interned with **Divya Jyoti Jagrati Sansthan** a NGO under the project named '**Manthan Education Program**' –that enables a child to reach out to his/her own self, realizing his latent potential. The organisation believes in strengthening the backbone of our country, helping in elimination of vices and laying a rock-like strong foundation for virtues.
- A series of workshops were conducted on '**Life Management Program for Youth**' in collaboration with IGVT Centre of Excellence for Life Management
- One day workshop on '**Promoting Intergenerational bonding**' in collaboration with the Department of HDFE, Bharati College and All India Women's Education Fund Association (AIWEFA) on 15th March, 2018
- A talk was organized on issues concerning "**Mental health in youth**" by Dr. Pradeep Chadha, Psychiatrist
- Workshops for students were organized on "**Story-telling**" by Ms. Ritika Bhatia and sessions on "**Stress Management**" by Dr. Ashish Bawa
- A workshop was organized on "**The Power of Unconscious Mind**" by Ms. Neerja Handa, Clinical Hypnotherapist
- A workshop for students was organized on "**Gender and Feminism**" related issues by Ms. Chitra Panchkaran, associated with
- Workshop was organized on 27<sup>th</sup> August 2018 on themes such as '**Status of Indian women in Socio Cultural context**' by Ms. Rajya Lakshmi, Assistant Professor, Janki Devi Memorial College, Delhi University and 2<sup>nd</sup> session on '**Domestic Violence Act 2005**' by Ms. Chitra Panchkaran who is associated with All India Association for Christian Higher Education.
- Movie screening '**Masaan**' for students was done on creating awareness on social issues.
- On the eve of inaugural of the empowerment cell 'Apara Antra' a talk was organized on "Empowerment and Gender" related issues by Ms. Veena Sharma, Councillor, Janakpuri The students collaborated with **SARD NGO** to enhance the skills pertaining to ECCE and engaged with NGO children by conducting playful activities and creating a joyful environment.(2018) Aparā Antra

- works as a counseling cell and provides guidance and counseling using cognitive and clinical hypnotherapy approaches.
- Aims to empower the individuals to face challenges in life such as: addiction, relationship issues, not able to sustain-job, pain management, phobias, examination anxiety, feelings of helplessness, migraine and related issues.

- UTKARSH- Inter College Annual function was organized on 24th April, 2018 to encourage creativity in the form of "Self composed poetry, rangoli, poster making and create from waste like competitions" and various current concerns and issues related to women and children.
- On UTKARSH- Inter College Annual function (24<sup>th</sup> April 2018) a session by **Pratham NGO** was organised for students to orient them about the initiatives the NGO is engaged in and how the students can work as volunteers. The two resource persons invited were Ms. Mihika and Ms. Annapoorni

- **Extension cell (DivyaJyoti Sansthan 26.3.19)**

Divya Jyoti sansthan group performed a ballet dance on a critical issue of women empowerment.

- Werment. DJS is an NGO committed to create awareness amongst the public through various platforms especially to sensitize the youth of today on some of the grave issues facing society, The ballet performance performed by young college students filled not only helped to raise awareness but also the spirituality of revered followers from the

sansthan inspired students to maintain higher standards of humanity,







Extension cell organized Blood stem cell awareness talk volunteer camp 26.9.19. Datari a leading non profit Organization ,the nation's largest unrelated blood stem cell registry organized an awareness cum volunteering workshop. Dr Ravinder Walia briefed students on Blood stem cell donorwhereby students voluntarily filled donor forms with the requisite details.













Students volunteered , in the Help this time to help Hari Ngr Police Station in their help desk set up at Mata Vaishno Devi Temple Tilak Nagar During The Navratras. Students were to give their services to come to the aid of any unattended child in the mandir premises and th inquire about the family details to help them locate their family members.(29 Sept-7 October 2019)



### **Spread the light of happiness**

Students from Bharati college volunteered to spread the light of happiness and amongst the children of Balika Greh an extension of Nirmal Chaya on 23.10.19 on the occasion of Diwali. It is an orphanage giving shelter to girls in the age gp6-18. Students organised various fun filled activities like games making poster dance and others. Students distributed light snacks candles and gifts which they bought form the money volunteered by them.



**Let's share learning**

Student shared their learning with the girls of Balika Greh in their studies to enable them to overcome with the difficulties faced by them in their academics.











2020

Aiding Someone:

The infectious Coronavirus gripped the country forcing complete lockdown of the country. With educational institutions shut down, people locked in their homes. With no work taking place the hard hit groups were the daily wagers or labourers working in the unrecognized sector of the economy,students tried to reach feeding the poor and helpless people or challenges faced by migrants leaving the city,or helping students with digital challenges ,sharing resource materials withschool students far off and facing internet connectivity issues.











06-16  
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NO MORE FEELINGS

Gibber Tunes  
fighting with  
Coronavirus

देखभारि...  
असुरत और अनखरती  
में अंतर तो समझो  
ये एक मर्यादा है इसे मनाना पड़े

FEELING  
MACHINE

TASTE

DO NOT PUT FROM  
DO NOT WILL TO







2020-2021

The academic year once again saw shut doors of colleges forcing us to stay in our homes and to adopt on line mode to connect ourselves. With limited contact in person students continued to help each other and wider community on virtual platforms or on social media. This year many students faced the problem of paying their annual fees and faced the challenge of withdrawing as the bread earner of the family were out of job due to lockdown, once again our students lend out their helping hands and this time they pooled in money to pay the fees of their friend though they were told not to do so as some of the students may be hesitant. However it was completely voluntary effort.

2021

**Name of Scheme: Let's share Learning**

With restrictions being eased on movement in the city students once again volunteered to teach undertrials women and children on the call of the call of the superintendent of Children Home for Girls in the vicinity of Tihar Jail.

**Name of Scheme: Save Life**

Once again the city saw the worst and the life threatening aspect of COVID 19 forcing lockdown of the city. This time people contracted with the disease faced shortages of covid related resources, volunteers braced up to the challenge by providing leads on the resources actively coordinating with others across the city/cities. Bharati College Covid Leads

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**EXTENSION & OUTREACH  
CELL  
BHARATI COLLEGE  
UNIVERSITY OF DELHI**



## **Bharati College Covid Leads**

**" In service to humanity  
we collectivise our efforts to provide  
verified leads on resources to Covid  
patients. "**

### **Volunteers**

- Niyati - Yamini
- Lekha - Ritika
- Khushi - Kaumudi
- Prachi - Soni

**Teacher Incharge :-  
Dr. Anuranjita  
Wadhwa**

The cell also initiated a plantation drive as the Second Wave of Covid 19 reminded us once again to be in one with nature. This time acute shortage of Oxygen in the city left some of us losing our dear ones to eternal peace. The irreparable loss reminded us once again to pay back to mother nature. With these ethos, the cell initiated a plantation drive as a living tribute to our dear ones and to preserve the greenery for the generations to come. The drive is to be organized at Ayudham Society an NGO kind enough to lend a space and maintenance to be taken care of by the management of the society.

Friends, we hope for your continued well being in these challenging times.

The pandemic has ravaged our lives by incurring irreparable loss of lives. May God give eternal peace to the departed souls.

To keep alive our loved ones and secure the greenery of the planet for the next generation, let's try to save mother earth. For this, we wish to start an initiative called PLANT A TREE, BOND A MEMORY.

Planting trees is a way to give back to the Mother Earth which sustain us.

Ayudham Society, an NGO, located in Delhi has been kind enough to provide us space for the plantation drive. The maintenance and nurturing of the plants would be taken care of by the staff of the society.

The place may be visited at one's convenience.

Let's join hands together for this noble and memorable cause and save the earth to save the future.

Anuranjita Wadhwa  
Extension and Outreach Cell  
Bharati College



**EXTENSION & OUTREACH  
CELL  
BHARATI COLLEGE  
UNIVERSITY OF DELHI**

**ORGANISES**

**PLANT A TREE BOND A MEMORY**

*A Plantation Drive  
as a living tribute to our loved  
ones and for future generations.*



**Teacher Incharge :-  
Dr. Anuranjita Wadhwa**

**Volunteers :-**

Anjali Negi - 88002 32273  
Khushi Arora - 98731 00373  
Niyati Rustagi - 9711386684  
Prachi - 85956 98623  
Lekha - 74280 62901





Student visited Home for children in Nirmal Chaya complex during March-April 2021



Save a Life volunteers formed self-help groups to provide verified leads on Covid related drugs, ambulance, availability of hospital beds to desperate families and Covid patients during April-June 2021

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**UNIVERSITY OF DELHI**

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Convenor  
Outreach Extension Cell  
Bharati College