

Frequently asked questions (FAQ) : B.A. (Honours) Psychology

Q.1 What is the importance of an Honours degree in Psychology?

Answer: Psychology is a fascinating area of study. It will help you understand human behaviour and mental processes and allow you to better understand how we think, act and feel. Some of the important questions addressed are: why do people act the way they do? What shapes our personality? How do we learn and change throughout our lives? If you are interested in a deeper understanding of the human condition you should consider studying psychology.

Q.2 Does one need to have studied Psychology as a subject until Class XII to be eligible for BA (Hons) Psychology?

Answer: No. The admission criteria clarify that.

Q.3 What are the courses one studies in BA (Hons) Psychology?

Answer: Like other UG programmes in the University of Delhi, the BA (Hons) Psychology course was revised in 2019, adopting a Learning Outcome-based Curriculum Framework (LOCF). Semesters I & II include introduction to psychology, statistical methods, biopsychology, psychology of individual differences. Semesters III & IV include development of psychological thoughts, psychological research, social psychology, understanding psychological disorders, statistical methods for psychological research, applied social psychology. The core courses in Semesters V & VI are understanding and dealing with psychological disorders, developmental psychology, organizational behaviour, counseling psychology.

Q.4 Are there any elective courses?

Answer: The discipline specific elective (DSE) courses for the third year include positive psychology, human resource management, health psychology, community psychology, cultural and indigenous psychology, projects, psychological perspectives in education, psychology of disability, psychology of peace, forensic psychology, introduction to Indian psychological thought, environmental psychology, cognitive psychology.

Q.5 What are the skills one acquires in this course?

Answer: Students gain disciplinary knowledge, communication skills, develop critical thinking, analytical reasoning, problem solving, research related skills, and scientific reasoning. They undergo training to learn the American Psychological Association (APA) ethics code, understand issues of plagiarism, and learn to appreciate the dignity of participants as researchers.

Q.6 Are there any opportunities for project work or internship?

Answer: Students carry out project work, case analyses, role play, individual or collaborative research, experiential activities, simulation exercises etc. as part of their assessment. They also

undergo internship programmes at NGOs, visit mental hospitals, research organizations, counseling centres, special schools, to develop necessary skills as mental health professionals.

Q.7 What is the infrastructure available to Psychology students at Bharati College?

Answer: There is a well-equipped Psychology Laboratory. More equipment is expected to be added during this year. The College Library has a good collection of books. The Computer Laboratory provides Internet connectivity.

Q.8 Are there any student activities for Psychology students at Bharati College?

Answer: The Mental Health Club Anvaya organizes events that provide students with novel learning experiences, such as, it organized a Music Therapy Session wherein music specialists came to the College and delivered an enlightening session. It also organized a parade to make the general population aware of mental health issues.

In addition, the College has a number of vibrant societies for extra-curricular activities which any student can be part of.

Q.9 What are the avenues for further study after a Psychology degree?

Answer: Once you complete your BA (Honours) in Psychology you can complete further graduate training in areas such as: Organisational Psychology, Educational Psychology, Forensic Psychology, Clinical Psychology, and Counseling Psychology, all specialisations in MA Psychology. You can also do a M A (Social Work or Human Development), or enroll in a Diploma programme.

Q.10 What are the career options for a Psychology Honours graduate?

Answer: A psychology degree is increasingly valued by employers who value the analytical and reasoning skills it helps develop. Please see the Table below.

Vocational area	Opportunities for higher education	Job opportunities after advanced course
Clinical psychology	MA and MPhil in clinical psychology, PhD	Clinical psychologist, project assistant, researcher, project coordinator, scientist, professor, psychotherapist
Military psychology	MA in psychology or military psychology	Scientist, research assistant, researcher
Human research development	MSc in human development, MA in social work; diploma of special educator	Social worker, supervisor, counselor, lecturer, project assistant, HR manager
School counselor	MA; diploma in vocational guidance from NCERT, diploma of special educator	School counselor, special educator

