

WUS COMMITTEE

Bharati College, University Of Delhi



*In Collaboration with
Sri Sathya Sai Seva Organisation*

LIFE IS A GAME, PLAY IT

HOLISTIC LIFE MANAGEMENT PROGRAM FOR COLLEGE YOUTH

LEARN ABOUT

- Life Skills: Playing the game
- Personality development
- Key to relationships
- Managing Negativity, Stress & Time
- Community Service Project
- Ceiling on desires
- Leadership
- The power of One



Bharti Dudeja
Life Coach



Anindya Das Gupta
FedEx Express

Introductory session on life skills

10:00 A.M. - 11:00 A.M.

28 October, 2023

Seminar room

Prof. Saloni gupta
(Principal)

Dr. Purnima Loomba
(Medical officer)

Dr. Poonam
(Convener)

Dr. Madhuri sharma
(Co-Convener)

Kriti pandey
(Student
Coordinator)